

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

1 - 1ª Jornada

18-11-2017 - 9:30

Prova 1		Femin., 4 x 50m Livres			Juniores
18-11-2017 - 9:30					Resultados
Rec Nac Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009
Rec Nac Jun	1:46.86	Sporting Clube de Portugal	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar				Tempo final	Pts
1.	Fundacao Beatriz Santos Jun	Fundacao Beatriz Santos		<b>1:55.39</b>	544
	Eva Fernandes, CARDOSO 01	29.80	Ana Rita, QUEIROZ 02		28.58
	Sara Caseiro, PORTUGAL 02	29.16	Alexandra Couto, FRAZAO 02		27.85
2.	Academica de Coimbra Jun	Academica de Coimbra		<b>1:58.07</b>	508
	Matilde Freitas, MOREIRA 01	28.56	Beatriz Costa, TEJO 02		28.31
	Maria Jose, MADEIRA 02	31.05	Barbara Azambujo, MELO 02		30.15

Prova 1		Femin., 4 x 50m Livres			Seniores
18-11-2017 - 9:30					Resultados
Rec Nac Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009
Rec Nac Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar				Tempo final	Pts
1.	Academica de Coimbra Sen	Academica de Coimbra		<b>1:53.82</b>	567
	<i>Rec Reg Sen</i>				
	Ana Carolina, NEVES 00	28.78	Mariana Pinto, ANGELO 99		29.11
	Madalena Nunes, PALMEIRA 99	27.95	Beatriz Neves, CRAVEIRO 97		27.98
2.	Nautico Coimbra Sen	Nautico Coimbra		<b>1:57.85</b>	511
	Matilde Domingues, GAMEIRO 97	29.67	Ana Miguel, REIS 00		28.93
	Maria Beatriz, JORGE 00	29.62	Rita Verissimo, DAMASCENO 98		29.63

Prova 2		Masc., 4 x 50m Livres			Juniores
18-11-2017 - 9:35					Resultados
Rec Nac Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009
Rec Nac Jun	1:35.76	Futebol Clube do Porto/Imperio Bonz	POR	Felgueiras	24-11-2006

Pontos: FINA 2017

Lugar				Tempo final	Pts
1.	Condeixa Clube Jun	Condeixa Clube		<b>1:41.01</b>	546
	Ricardo Marques, PEREIRA 01	25.96	Goncalo Pereira, CORREIA 00		25.91
	Rodrigo Ribeiro, GOMES 00	24.78	Jose Miguel, CUNHA 01		24.36
2.	Nautico Coimbra Jun	Nautico Coimbra		<b>1:47.87</b>	448
	Francisco Miguel, MENDES 01	25.75	Marcelo Silva, CLEMENTE 00		29.03
	Lucas Pereira, BASTOS 00	25.41	Joao Baptista, MARQUES 00		27.68
3.	Academica de Coimbra Jun	Academica de Coimbra		<b>1:48.40</b>	442
	Francisco Alberto, LUCAS 00	27.15	Francisco Miguel, CARVALHO 00		27.06
	Gabriel Jose, JULIO 01	26.01	Gabriel Jose, FIGUEIRA 01		28.18

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 2, Masc., 4 x 50m Livres

Prova 2  
18-11-2017 - 9:35 Masc., 4 x 50m Livres Seniores Resultados

Rec Nac Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009
Rec Nac Sen	1:29.97	Futebol Clube do Porto/Dolce Vita	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar					Tempo final	Pts
1. Academica de Coimbra Sen	Academica de Coimbra				<b>1:40.34</b>	557
Bernardo Santos, CLEMENTE	98	24.92	Maxim, KULIK	99	25.60	
Illya, YELISTRATKIN	96	24.81	Joao Filipe, LUCAS	94	25.01	
2. Nautico Coimbra Sen	Nautico Coimbra				<b>1:40.56</b>	554
Francisco Xavier, GONCALVES	97	25.16	Rodrigo Alexandre, PATRICIO	98	25.55	
Tomas Miguel, VELOSO	96	24.87	Tiago Moises, DINIS	98	24.98	
3. Condeixa Clube Sen	Condeixa Clube				<b>1:52.91</b>	391
Afonso Pedrosa, SALGADO	99	27.63	Pedro Daniel, MARTINS	99	29.61	
Pedro Ribeiro, SANTOS	98	26.57	Braulio Loreto, FLORENTINO	98	29.10	
EXH Fundacao Beatriz Santos Juv	Fundacao Beatriz Santos				<b>1:43.42</b>	509
Rec Reg Juv A						
Joao Neto, PEREIRA	02	25.68	Paulo Andre, FROTA	02	26.37	
Ricardo Jorge, DOMINGUES	02	25.98	Rodrigo Alexandre, TRAVASSOS	02	25.39	

Prova 3  
18-11-2017 - 9:35 Femin., 400m Estilos Miro Viagens Juniores Resultados

Rec Nac Absoluto	4:37.41	Victoria, KAMINSKAYA	POR	Porto	11-12-2015
Rec Nac Jun16	4:50.85	Diana Margarida, DURAES	POR	Silves	02-12-2011
Rec Nac Jun17	4:48.80	Victoria, KAMINSKAYA	POR	Silves	02-12-2011

Pontos: FINA 2017

Lugar	Ano				Tempo final	Pts
1. Ana Rita, QUEIROZ	02 Fundacao Beatriz Santos				<b>5:20.64</b>	529
50m: 34.16 34.16	150m: 1:53.76	42.66	250m: 3:21.51	45.95	350m: 4:44.79	36.63
100m: 1:11.10 36.94	200m: 2:35.56	41.80	300m: 4:08.16	46.65	400m: 5:20.64	35.85
2. Ines Pereira, SILVA	02 Condeixa Clube				<b>5:26.39</b>	502
50m: 31.54 31.54	150m: 1:49.88	42.14	250m: 3:19.08	48.49	350m: 4:48.04	39.72
100m: 1:07.74 36.20	200m: 2:30.59	40.71	300m: 4:08.32	49.24	400m: 5:26.39	38.35

Prova 3  
18-11-2017 - 9:35 Femin., 400m Estilos Miro Viagens Seniores Resultados

Rec Nac Absoluto	4:37.41	Victoria, KAMINSKAYA	POR	Porto	11-12-2015
Rec Nac Sen	4:37.41	Victoria, KAMINSKAYA	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar	Ano				Tempo final	Pts
1. Tatiana Filipa, SANTOS	95 Academica de Coimbra				<b>5:08.83</b>	592
50m: 32.96 32.96	150m: 1:50.39	39.03	250m: 3:13.27	46.06	350m: 4:34.85	35.87
100m: 1:11.36 38.40	200m: 2:27.21	36.82	300m: 3:58.98	45.71	400m: 5:08.83	33.98
2. Andreia Brito, PEREIRA	00 Condeixa Clube				<b>5:30.48</b>	483
50m: 34.16 34.16	150m: 1:55.85	41.48	250m: 3:26.39	49.27	350m: 4:53.49	37.34
100m: 1:14.37 40.21	200m: 2:37.12	41.27	300m: 4:16.15	49.76	400m: 5:30.48	36.99
DSQ Beatriz Castanheira, DIAS	99 Academica de Coimbra					
<i>a atleta não efetuou o movimento continuo na viragem a costas aos 175 m</i>						
50m: 35.49 35.49	100m: 1:18.53	43.04				

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 3, Femin., 400m Estilos

Lugar	Ano	Tempo final	Pts
EXH Maria Carlota, REBELO	03 União Coimbra	<b>5:08.31</b>	596
50m: 31.86 31.86	150m: 1:48.50 40.04	250m: 3:11.91 43.97	350m: 4:33.02 36.44
100m: 1:08.46 36.60	200m: 2:27.94 39.44	300m: 3:56.58 44.67	400m: 5:08.31 35.29
EXH Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>5:22.68</b>	519
50m: 34.11 34.11	150m: 1:57.46 41.97	250m: 3:22.54 43.39	350m: 4:45.46 38.71
100m: 1:15.49 41.38	200m: 2:39.15 41.69	300m: 4:06.75 44.21	400m: 5:22.68 37.22
EXH Matilde Alves, FLORENCIO	04 Fundacao Beatriz Santos	<b>5:29.10</b>	490
50m: 34.86 34.86	150m: 1:57.72 43.79	250m: 3:26.58 47.41	350m: 4:52.83 38.25
100m: 1:13.93 39.07	200m: 2:39.17 41.45	300m: 4:14.58 48.00	400m: 5:29.10 36.27
EXH Ines Matos, SOUSA	03 União Coimbra	<b>5:32.01</b>	477
50m: 35.64 35.64	150m: 1:59.63 43.89	250m: 3:30.70 48.18	350m: 4:55.77 36.83
100m: 1:15.74 40.10	200m: 2:42.52 42.89	300m: 4:18.94 48.24	400m: 5:32.01 36.24
EXH Bruna Filipa, PINTO	03 Fundacao Beatriz Santos	<b>5:33.27</b>	471
50m: 35.54 35.54	150m: 1:59.04 42.95	250m: 3:28.17 48.07	350m: 4:55.72 38.32
100m: 1:16.09 40.55	200m: 2:40.10 41.06	300m: 4:17.40 49.23	400m: 5:33.27 37.55
EXH Ana Carolina, MONTEIRO	04 União Coimbra	<b>5:33.84</b>	469
50m: 35.19 35.19	150m: 1:59.73 43.88	250m: 3:30.26 46.64	350m: 4:56.66 38.52
100m: 1:15.85 40.66	200m: 2:43.62 43.89	300m: 4:18.14 47.88	400m: 5:33.84 37.18
EXH Ana Catarina, SILVA	04 Fundacao Beatriz Santos	<b>5:40.50</b>	442
50m: 39.08 39.08	150m: 2:08.51 45.52	250m: 3:39.04 47.15	350m: 5:03.95 37.72
100m: 1:22.99 43.91	200m: 2:51.89 43.38	300m: 4:26.23 47.19	400m: 5:40.50 36.55
EXH Ana Pereira, SOUSA	03 Freguesia de Paiao	<b>5:41.69</b>	437
50m: 36.46 36.46	150m: 2:05.47 45.09	250m: 3:34.32 45.66	350m: 5:03.06 40.04
100m: 1:20.38 43.92	200m: 2:48.66 43.19	300m: 4:23.02 48.70	400m: 5:41.69 38.63
EXH Ines Dias, CRUZ	04 Fundacao Beatriz Santos	<b>5:44.06</b>	428
50m: 37.60 37.60	150m: 2:04.32 43.66	250m: 3:38.85 51.61	350m: 5:07.26 38.43
100m: 1:20.66 43.06	200m: 2:47.24 42.92	300m: 4:28.83 49.98	400m: 5:44.06 36.80
EXH Camila Ferreira, MARQUES	03 Fundacao Beatriz Santos	<b>5:45.75</b>	422
50m: 36.34 36.34	150m: 2:04.96 44.87	250m: 3:36.16 47.55	350m: 5:06.13 41.31
100m: 1:20.09 43.75	200m: 2:48.61 43.65	300m: 4:24.82 48.66	400m: 5:45.75 39.62
<b>EXH Daniela Portela, MENDES</b>	<b>04 Condeixa Clube</b>	<b>5:47.15</b>	<b>417</b>
<b>50m: 34.32 34.32</b>	<b>150m: 2:00.60 45.55</b>	<b>250m: 3:31.95 47.40</b>	<b>350m: 5:06.43 44.81</b>
<b>100m: 1:15.05 40.73</b>	<b>200m: 2:44.55 43.95</b>	<b>300m: 4:21.62 49.67</b>	<b>400m: 5:47.15 40.72</b>
EXH Sara Sofia, TEJO	03 Fundacao Beatriz Santos	<b>5:48.29</b>	413
50m: 37.06 37.06	150m: 2:05.73 43.07	250m: 3:39.38 50.66	350m: 5:09.50 39.73
100m: 1:22.66 45.60	200m: 2:48.72 42.99	300m: 4:29.77 50.39	400m: 5:48.29 38.79
EXH Sofia Tavares, JACINTO	03 Nautico Coimbra	<b>6:00.04</b>	374
50m: 39.69 39.69	150m: 2:11.24 45.74	250m: 3:47.55 52.36	350m: 5:21.35 41.12
100m: 1:25.50 45.81	200m: 2:55.19 43.95	300m: 4:40.23 52.68	400m: 6:00.04 38.69
EXH Leonor Horta, COSTA	04 Nautico Coimbra	<b>6:12.25</b>	338
50m: 39.39 39.39	150m: 2:14.33 46.00	250m: 3:56.37 56.98	350m: 5:31.11 41.75
100m: 1:28.33 48.94	200m: 2:59.39 45.06	300m: 4:49.36 52.99	400m: 6:12.25 41.14

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 4 Masc., 400m Estilos Juniores Resultados  
18-11-2017 - 9:55

Rec Nac Absoluto	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	11-12-2009
Rec Nac Jun17	4:21.93	Joao Alexandre, VITAL	POR	Porto	19-12-2014
Rec Nac Jun18	4:11.20	Joao Alexandre, VITAL	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Lucas Pereira, BASTOS		00	Nautico Coimbra				<b>4:42.12</b>	581
	50m:	29.55 29.55	150m:	1:38.80	35.59	250m:	2:55.04 40.86	350m:	4:09.47 33.12
	100m:	1:03.21 33.66	200m:	2:14.18	35.38	300m:	3:36.35 41.31	400m:	4:42.12 32.65
2.	Pedro Simoes, RODRIGUES		01	União Coimbra				<b>4:52.56</b>	521
	50m:	30.12 30.12	150m:	1:44.92	39.20	250m:	3:01.26 39.44	350m:	4:18.56 35.93
	100m:	1:05.72 35.60	200m:	2:21.82	36.90	300m:	3:42.63 41.37	400m:	4:52.56 34.00
3.	David Joao, TINOCO		01	Columbofila Cantanhedense				<b>5:04.07</b>	464
	50m:	31.77 31.77	150m:	1:47.35	39.63	250m:	3:08.88 43.17	350m:	4:29.58 35.79
	100m:	1:07.72 35.95	200m:	2:25.71	38.36	300m:	3:53.79 44.91	400m:	5:04.07 34.49

Prova 4 Masc., 400m Estilos Seniores Resultados  
18-11-2017 - 9:55

Rec Nac Absoluto	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	11-12-2009
Rec Nac Sen	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	11-12-2009

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Gabriel Jose, LOPES		97	Louzan Natacao				<b>4:22.71</b>	720
	50m:	27.60 27.60	150m:	1:32.65	33.20	250m:	2:44.14 37.86	350m:	3:52.86 30.85
	100m:	59.45 31.85	200m:	2:06.28	33.63	300m:	3:22.01 37.87	400m:	4:22.71 29.85
2.	Tomas Miguel, VELOSO		96	Nautico Coimbra				<b>4:37.98</b>	608
	50m:	29.04 29.04	150m:	1:37.73	36.16	250m:	2:52.60 39.40	350m:	4:05.77 33.45
	100m:	1:01.57 32.53	200m:	2:13.20	35.47	300m:	3:32.32 39.72	400m:	4:37.98 32.21
3.	Miguel Caridade, GASPAS		99	Academica de Coimbra				<b>4:45.38</b>	561
	50m:	31.56 31.56	150m:	1:46.84	38.67	250m:	3:01.58 37.70	350m:	4:13.27 33.74
	100m:	1:08.17 36.61	200m:	2:23.88	37.04	300m:	3:39.53 37.95	400m:	4:45.38 32.11
4.	Pedro Ribeiro, SANTOS		98	Condeixa Clube				<b>4:53.68</b>	515
	50m:	30.21 30.21	150m:	1:42.23	37.69	250m:	3:03.91 43.95	350m:	4:20.89 33.56
	100m:	1:04.54 34.33	200m:	2:19.96	37.73	300m:	3:47.33 43.42	400m:	4:53.68 32.79
EXH	Paulo Andre, FROTA		02	Fundacao Beatriz Santos				<b>4:56.54</b>	500
	50m:	32.01 32.01	150m:	1:47.07	38.46	250m:	3:07.62 42.60	350m:	4:23.97 33.60
	100m:	1:08.61 36.60	200m:	2:25.02	37.95	300m:	3:50.37 42.75	400m:	4:56.54 32.57
EXH	Rodrigo Alexandre, TRAVASSOS		02	Fundacao Beatriz Santos				<b>5:00.46</b>	481
	50m:	28.86 28.86	150m:	1:43.57	41.26	250m:	3:09.55 45.85	350m:	4:28.52 32.16
	100m:	1:02.31 33.45	200m:	2:23.70	40.13	300m:	3:56.36 46.81	400m:	5:00.46 31.94
EXH	Duarte Anastacio, SOUSA		02	União Coimbra				<b>5:00.71</b>	480
	50m:	31.83 31.83	150m:	1:49.66	40.18	250m:	3:09.08 39.54	350m:	4:25.90 37.39
	100m:	1:09.48 37.65	200m:	2:29.54	39.88	300m:	3:48.51 39.43	400m:	5:00.71 34.81
EXH	Joao Ventura, PAIS		02	Condeixa Clube				<b>5:01.61</b>	476
	50m:	33.23 33.23	150m:	1:53.34	41.11	250m:	3:12.62 39.28	350m:	4:27.71 35.33
	100m:	1:12.23 39.00	200m:	2:33.34	40.00	300m:	3:52.38 39.76	400m:	5:01.61 33.90
EXH	Bernardo Cardetas, CARDOSO		02	Columbofila Cantanhedense				<b>5:13.50</b>	423
	50m:	33.69 33.69	150m:	1:52.52	39.32	250m:	3:17.10 45.94	350m:	4:39.59 35.40
	100m:	1:13.20 39.51	200m:	2:31.16	38.64	300m:	4:04.19 47.09	400m:	5:13.50 33.91
EXH	Vitor Teixeira, OLIVEIRA		03	Columbofila Cantanhedense				<b>5:15.33</b>	416
	50m:	33.34 33.34	150m:	1:52.93	40.70	250m:	3:18.08 46.21	350m:	4:41.11 35.27
	100m:	1:12.23 38.89	200m:	2:31.87	38.94	300m:	4:05.84 47.76	400m:	5:15.33 34.22

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 4, Masc., 400m Estilos

Lugar			Ano					Tempo final	Pts
EXH	Filipe Apostolo, GASPAR		03	Freguesia de Paiao				<b>5:33.52</b>	352
	50m:	35.29 35.29	150m:	2:02.29	46.24	250m:	3:32.91 47.73	350m:	4:58.12 35.95
	100m:	1:16.05 40.76	200m:	2:45.18	42.89	300m:	4:22.17 49.26	400m:	5:33.52 35.40

Prova 5

Femin., 100m Livres

Juniores

18-11-2017 - 10:10

Resultados

Rec Nac Absoluto	55.43	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun16	56.78	Maria Carolina, ROSA	POR	Leiria	04-12-2009
Rec Nac Jun17	56.54	Diana Margarida, DURAES	POR	Porto	07-12-2012

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Alexandra Couto, FRAZAO		02	Fundacao Beatriz Santos				<b>59.91</b>	613
	50m:	29.40 29.40	100m:	59.91	30.51				
2.	Matilde Freitas, MOREIRA		01	Academica de Coimbra				<b>1:01.29</b>	573
	50m:	29.49 29.49	100m:	1:01.29	31.80				
3.	Sara Sofia, ALVES		01	Columbofila Cantanhedense				<b>1:02.05</b>	552
	50m:	30.91 30.91	100m:	1:02.05	31.14				
4.	Eva Fernandes, CARDOSO		01	Fundacao Beatriz Santos				<b>1:05.11</b>	478
	50m:	31.49 31.49	100m:	1:05.11	33.62				
5.	Sara Caseiro, PORTUGAL		02	Fundacao Beatriz Santos				<b>1:05.72</b>	464
	50m:	31.36 31.36	100m:	1:05.72	34.36				
6.	Carolina Ferreira, REIS		02	Nautico Coimbra				<b>1:10.72</b>	373
	50m:	33.85 33.85	100m:	1:10.72	36.87				

Prova 5

Femin., 100m Livres

Seniores

18-11-2017 - 10:10

Resultados

Rec Nac Absoluto	55.43	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Sen	55.43	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Teresa Miguel, VELOSO		00	Nautico Coimbra				<b>1:01.80</b>	559
	50m:	29.80 29.80	100m:	1:01.80	32.00				
2.	Madalena Nunes, PALMEIRA		99	Academica de Coimbra				<b>1:02.62</b>	537
	50m:	30.38 30.38	100m:	1:02.62	32.24				
3.	Ana Carolina, NEVES		00	Academica de Coimbra				<b>1:02.80</b>	532
	50m:	29.67 29.67	100m:	1:02.80	33.13				
4.	Rita Verissimo, DAMASCENO		98	Nautico Coimbra				<b>1:04.69</b>	487
	50m:	31.71 31.71	100m:	1:04.69	32.98				
5.	Matilde Domingues, GAMEIRO		97	Nautico Coimbra				<b>1:04.76</b>	485
	50m:	30.75 30.75	100m:	1:04.76	34.01				
6.	Beatriz Lopes, PINTO		99	Academica de Coimbra				<b>1:05.83</b>	462
	50m:	32.44 32.44	100m:	1:05.83	33.39				
7.	Maria Beatriz, JORGE		00	Nautico Coimbra				<b>1:06.44</b>	449
	50m:	31.17 31.17	100m:	1:06.44	35.27				
8.	Emilia Matos, PEREIRA		99	Fundacao Beatriz Santos				<b>1:06.66</b>	445
	50m:	32.26 32.26	100m:	1:06.66	34.40				

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 5, Femin., 100m Livres, Seniores

Lugar	Ano	Tempo final	Pts
9. Ana Teresa, NUNES	88 Fundacao Beatriz Santos	<b>1:12.72</b>	343
50m: 34.79 34.79	100m: 1:12.72 37.93		
10. Carolina Caetano, LOURENCO	94 APC Coimbra	<b>2:19.66</b>	48
50m: 1:06.64 1:06.64	100m: 2:19.66 1:13.02		

Prova 5 Femin., 100m Livres Juvenis  
18-11-2017 - 10:10 Resultados

Rec Nac Absoluto	55.43	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Juv B	59.09	Camila Rodrigues, REBELO	POR	Ponte da Barca	03-12-2016
Rec Nac Juv A	57.52	Raquel Gomes, PEREIRA	POR	Algés	10-05-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DNS Cintia Silva, VIEIRA	04 Freguesia de Paiao		
EXH Maria Miguel, GAMEIRO	03 Nautico Coimbra	<b>1:05.40</b>	471
50m: 31.50 31.50	100m: 1:05.40 33.90		
EXH Mariana Jacinto, SANTOS	03 Freguesia de Paiao	<b>1:05.47</b>	470
50m: 31.52 31.52	100m: 1:05.47 33.95		
EXH Milena Ferreira, JORDAO	03 Freguesia de Paiao	<b>1:07.62</b>	426
50m: 32.87 32.87	100m: 1:07.62 34.75		
EXH Ana Catarina, SANTOS	03 Condeixa Clube	<b>1:07.74</b>	424
50m: 32.05 32.05	100m: 1:07.74 35.69		
EXH Leonor Correia, CUNHA	04 Condeixa Clube	<b>1:08.16</b>	416
50m: 32.37 32.37	100m: 1:08.16 35.79		
EXH Bruna Cruz, CARVALHO	03 S. Pedro Alva	<b>1:08.25</b>	415
50m: 31.97 31.97	100m: 1:08.25 36.28		
EXH Sofia Tavares, JACINTO	03 Nautico Coimbra	<b>1:09.38</b>	395
50m: 33.76 33.76	100m: 1:09.38 35.62		
EXH Marta Domingues, GAMEIRO	04 Nautico Coimbra	<b>1:11.00</b>	368
50m: 33.99 33.99	100m: 1:11.00 37.01		
EXH Maria Ines, DIONISIO	04 Fundacao Beatriz Santos	<b>1:12.83</b>	341
50m: 33.97 33.97	100m: 1:12.83 38.86		
EXH Maria Francisca, GASPAS	04 Freguesia de Paiao	<b>1:14.03</b>	325
50m: 35.22 35.22	100m: 1:14.03 38.81		
EXH Joana Beatriz, RODRIGUES	04 Academica de Coimbra	<b>1:18.78</b>	269
50m: 38.59 38.59	100m: 1:18.78 40.19		
EXH Laura Rodrigues, MARGATO	04 Academica de Coimbra	<b>1:19.96</b>	258
50m: 39.03 39.03	100m: 1:19.96 40.93		
EXH Filipa Victor, VIEIRA	04 Academica de Coimbra	<b>1:21.33</b>	245
50m: 38.99 38.99	100m: 1:21.33 42.34		
EXH Beatriz Beja, AFONSO	04 Academica de Coimbra	<b>1:23.04</b>	230
50m: 40.14 40.14	100m: 1:23.04 42.90		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 6  
18-11-2017 - 10:20

Masc., 100m Livres

Juniores  
Resultados

Rec Nac Absoluto	47.64	Alexandre Escudier, AGOSTINHO	POR	Istambul (TUR)	11-12-2009
Rec Nac Jun17	49.87	Tiago Andre, VENANCIO	POR	estoril	14-02-2004
Rec Nac Jun18	48.38	Tiago Andre, VENANCIO	POR	Cantanhede	20-12-2004

Pontos: FINA 2017

Lugar				Ano			Tempo final	Pts
1.	<b>Rodrigo Ribeiro, GOMES</b>			00	<b>Condeixa Clube</b>		<b>54.16</b>	<b>571</b>
	50m: 25.61	25.61	100m: 54.16		28.55			
2.	Diogo Coelho, JOSE			01	Columbofila Cantanhedense		54.22	569
	50m: 26.39	26.39	100m: 54.22		27.83			
3.	<b>Jose Miguel, CUNHA</b>			01	<b>Condeixa Clube</b>		<b>54.40</b>	<b>563</b>
	50m: 26.43	26.43	100m: 54.40		27.97			
4.	Francisco Miguel, MENDES			01	Nautico Coimbra		55.53	530
	50m: 26.77	26.77	100m: 55.53		28.76			
5.	Miguel Diogo, AGOSTINHO			00	Fundacao Beatriz Santos		55.89	519
	50m: 26.44	26.44	100m: 55.89		29.45			
6.	<b>Ricardo Marques, PEREIRA</b>			01	<b>Condeixa Clube</b>		<b>57.32</b>	<b>481</b>
	50m: 27.34	27.34	100m: 57.32		29.98			
7.	Francisco Alberto, LUCAS			00	Academica de Coimbra		58.34	457
	50m: 28.12	28.12	100m: 58.34		30.22			
8.	Gabriel Jose, JULIO			01	Academica de Coimbra		58.45	454
	50m: 27.61	27.61	100m: 58.45		30.84			
9.	<b>Goncalo Pereira, CORREIA</b>			00	<b>Condeixa Clube</b>		<b>58.67</b>	<b>449</b>
	50m: 27.95	27.95	100m: 58.67		30.72			
10.	Joao Carvalho, DIZ			01	Columbofila Cantanhedense		59.04	441
	50m: 28.09	28.09	100m: 59.04		30.95			
11.	Diogo Miguel, PISCO			01	S. Pedro Alva		59.84	423
	50m: 28.13	28.13	100m: 59.84		31.71			
12.	Marcelo Silva, CLEMENTE			00	Nautico Coimbra		1:03.55	353
	50m: 30.59	30.59	100m: 1:03.55		32.96			
13.	<b>Adriano Fernandes, SIMOES</b>			00	<b>Condeixa Clube</b>		<b>1:04.22</b>	<b>342</b>
	50m: 29.56	29.56	100m: 1:04.22		34.66			
	Tiago Almeida, NUNES			00	Fundacao Beatriz Santos		1:04.22	342
	50m: 30.42	30.42	100m: 1:04.22		33.80			
15.	<b>David Vaz, RODRIGUES</b>			00	<b>Condeixa Clube</b>		<b>1:07.36</b>	<b>296</b>
	50m: 31.57	31.57	100m: 1:07.36		35.79			
16.	Joao Mendes, PESSOA			01	Columbofila Cantanhedense		1:15.03	214
	50m: 34.96	34.96	100m: 1:15.03		40.07			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 6, Masc., 100m Livres

Prova 6 18-11-2017 - 10:20	Masc., 100m Livres				Seniores Resultados
Rec Nac Absoluto	47.64	Alexandre Escudier, AGOSTINHO	POR	Istambul (TUR)	11-12-2009
Rec Nac Sen	47.64	Alexandre Escudier, AGOSTINHO	POR	Istambul (TUR)	11-12-2009

Pontos: FINA 2017

Lugar					Ano		Tempo final	Pts
1.	Gabriel Jose, LOPES				97	Louzan Natacao	<b>52.21</b>	637
	50m:	25.71	25.71	100m:	52.21	26.50		
2.	Francisco Xavier, GONCALVES				97	Nautico Coimbra	<b>53.92</b>	578
	50m:	26.09	26.09	100m:	53.92	27.83		
3.	Bernardo Santos, CLEMENTE				98	Academica de Coimbra	<b>54.52</b>	560
	50m:	26.30	26.30	100m:	54.52	28.22		
4.	Joao Nuno, PIRES				94	Academica de Coimbra	<b>56.40</b>	505
	50m:	27.86	27.86	100m:	56.40	28.54		
5.	Jose Antonio, FORTE				95	Academica de Coimbra	<b>58.59</b>	451
	50m:	27.78	27.78	100m:	58.59	30.81		
6.	Maxim, KULIK				99	Academica de Coimbra	<b>58.88</b>	444
	50m:	28.31	28.31	100m:	58.88	30.57		
7.	Afonso Pedrosa, SALGADO				99	Condeixa Clube	<b>1:00.77</b>	404
	50m:	28.43	28.43	100m:	1:00.77	32.34		
8.	Pedro Daniel, MARTINS				99	Condeixa Clube	<b>1:07.70</b>	292
	50m:	32.33	32.33	100m:	1:07.70	35.37		
9.	Braulio Loreto, FLORENTINO				98	Condeixa Clube	<b>1:09.64</b>	268
	50m:	31.07	31.07	100m:	1:09.64	38.57		
10.	Joel Alexandre, PEREIRA				92	APC Coimbra	<b>1:51.18</b>	66
	50m:	51.92	51.92	100m:	1:51.18	59.26		
11.	Ruben Jose, SANTOS				80	APC Coimbra	<b>1:56.40</b>	57
	50m:	54.10	54.10	100m:	1:56.40	1:02.30		
12.	Jose Antonio, COSTA				85	APC Coimbra	<b>2:19.86</b>	33
	50m:	1:06.44	1:06.44	100m:	2:19.86	1:13.42		

Prova 6 18-11-2017 - 10:20	Masc., 100m Livres				Juvenis Resultados
Rec Nac Absoluto	47.64	Alexandre Escudier, AGOSTINHO	POR	Istambul (TUR)	11-12-2009
Rec Nac Juv B	52.59	Diogo Gomes, SOUSA	POR	Ponte de Sôr	13-12-2009
Rec Nac Juv A	50.82	Tiago Andre, VENANCIO	POR	Braga	23-03-2003

Pontos: FINA 2017

Lugar					Ano		Tempo final	Pts
DSQ	Goncalo Andre, GOMES				03	Condeixa Clube		
	<i>Falsa partida</i>							
DNS	Vasco Pereira, BASTOS				02	Nautico Coimbra		
EXH	Joao Neto, PEREIRA				02	Fundacao Beatriz Santos	<b>55.11</b>	542
	50m:	26.60	26.60	100m:	55.11	28.51		
EXH	Tomas Pedrosa, MIGUEL				02	Condeixa Clube	<b>57.66</b>	473
	50m:	27.12	27.12	100m:	57.66	30.54		
EXH	Ricardo Jorge, DOMINGUES				02	Fundacao Beatriz Santos	<b>57.71</b>	472
	50m:	27.86	27.86	100m:	57.71	29.85		



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 6, Masc., 100m Livres

Lugar	Ano	Tempo final	Pts
EXH Joao Pedro, DIAS 50m: 28.80 28.80 100m: 59.21 30.41	02 Fundacao Beatriz Santos	<b>59.21</b>	437
EXH Alexandre Miguel, BRAS 50m: 29.20 29.20 100m: 1:00.37 31.17	03 S. Pedro Alva	<b>1:00.37</b>	412
EXH Claudio Rafael, CORDEIRO 50m: 29.52 29.52 100m: 1:01.09 31.57	02 S. Pedro Alva	<b>1:01.09</b>	398
EXH David Valdagua, COUTINHO 50m: 30.94 30.94 100m: 1:05.26 34.32	03 Columbofila Cantanhedense	<b>1:05.26</b>	326
EXH Diogo Serra, SILVA 50m: 31.49 31.49 100m: 1:05.54 34.05	03 Academica de Coimbra	<b>1:05.54</b>	322
EXH Tomas Alexandre, LARANJEIRA 50m: 33.54 33.54 100m: 1:09.14 35.60	03 S. Pedro Alva	<b>1:09.14</b>	274
EXH Jose Miguel, SILVA 50m: 34.39 34.39 100m: 1:09.91 35.52	02 Nautico Coimbra	<b>1:09.91</b>	265
EXH Ricardo Martins, CARVALHO 50m: 34.72 34.72 100m: 1:11.16 36.44	03 Fundacao Beatriz Santos	<b>1:11.16</b>	251

Prova 7

Femin., 50m Costas

Juniores

18-11-2017 - 10:45

Resultados

Rec Nac Absoluto	28.07	Ana Sofia, LEITE	POR	Algés	06-06-2015
Rec Nac Jun16	28.42	Ines Camacho, FERNANDES	POR	Porto	08-12-2012
Rec Nac Jun17	28.53	Ines Camacho, FERNANDES	POR	Felgueiras	21-12-2013

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>1. Joana Victorino, HENRIQUES</b>	<b>01 Condeixa Clube</b>	<b>31.36</b>	<b>548</b>
2. Barbara Azambujo, MELO	02 Academica de Coimbra	<b>33.92</b>	433
3. Carolina Vargas, RODRIGUES	02 Nautico Coimbra	<b>41.49</b>	236

Prova 7

Femin., 50m Costas

Seniores

18-11-2017 - 10:45

Resultados

Rec Nac Absoluto	28.07	Ana Sofia, LEITE	POR	Algés	06-06-2015
Rec Nac Sen	28.07	Ana Sofia, LEITE	POR	Algés	06-06-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, NEVES	00 Academica de Coimbra	<b>31.05</b>	565
2. Ana Miguel, REIS	00 Nautico Coimbra	<b>31.13</b>	560
3. Maria Beatriz, JORGE	00 Nautico Coimbra	<b>35.62</b>	374

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 8 Masc., 50m Costas Juniores Resultados  
18-11-2017 - 10:50

Rec Nac Absoluto	23.90	Alexis Manacas, SANTOS	POR	Porto	11-12-2015
Rec Nac Jun17	25.37	Gabriel Jose, LOPES	POR	Coimbra	11-05-2014
Rec Nac Jun18	25.01	Alexis Manacas, SANTOS	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Jose Miguel, CUNHA	01 Condeixa Clube	29.12	444
2. Bernardo Vinagre, ARZILEIRO	01 União Coimbra	29.18	441
3. Alberto Antonio, SANTOS	01 S. Pedro Alva	29.36	433
4. Joao Baptista, MARQUES	00 Nautico Coimbra	32.50	319
5. Marcelo Silva, CLEMENTE	00 Nautico Coimbra	33.20	299
6. David Vaz, RODRIGUES	00 Condeixa Clube	39.89	172

Prova 8 Masc., 50m Costas Seniores Resultados  
18-11-2017 - 10:50

Rec Nac Absoluto	23.90	Alexis Manacas, SANTOS	POR	Porto	11-12-2015
Rec Nac Sen	23.90	Alexis Manacas, SANTOS	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joao Filipe, LUCAS	94 Academica de Coimbra	28.76	461
2. Afonso Pedrosa, SALGADO	99 Condeixa Clube	34.91	257
3. Bruno Miguel, NUNES	99 Nautico Coimbra	36.48	225
4. Pedro Daniel, MARTINS	99 Condeixa Clube	37.76	203
5. Braulio Loreto, FLORENTINO	98 Condeixa Clube	41.58	152
6. Joel Alexandre, PEREIRA	92 APC Coimbra	55.77	63
7. Ruben Jose, SANTOS	80 APC Coimbra	1:05.48	39
8. Jose Antonio, COSTA	85 APC Coimbra	1:07.62	35

Prova 9 Femin., 200m Mariposa Juniores Resultados  
18-11-2017 - 10:50  
Holiday Travel

Rec Nac Absoluto	2:08.54	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	15-12-2010
Rec Nac Jun16	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	11-02-1996
Rec Nac Jun17	2:10.12	Sara Francisco, CRUZ	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ines Pereira, SILVA	02 Condeixa Clube	2:23.49	579
50m: 32.68 32.68	100m: 1:08.79 36.11	150m: 1:45.82 37.03	200m: 2:23.49 37.67
2. Ana Rita, QUEIROZ	02 Fundacao Beatriz Santos	2:26.48	544
50m: 33.43 33.43	100m: 1:10.14 36.71	150m: 1:47.81 37.67	200m: 2:26.48 38.67
3. Beatriz Costa, TEJO	02 Academica de Coimbra	2:33.41	473
50m: 33.84 33.84	100m: 1:12.37 38.53	150m: 1:52.25 39.88	200m: 2:33.41 41.16
4. Ana Sequeira, FLORINDO	02 União Coimbra	2:39.00	425
50m: 32.70 32.70	100m: 1:12.03 39.33	150m: 1:55.09 43.06	200m: 2:39.00 43.91
DSQ Maria Jose, MADEIRA	02 Academica de Coimbra		
<i>Falsa partida</i>			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 9, Femin., 200m Mariposa

Prova 9 18-11-2017 - 10:50	Femin., 200m Mariposa Holiday Travel				Seniores Resultados
Rec Nac Absoluto	2:08.54	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	15-12-2010
Rec Nac Sen	2:08.54	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	15-12-2010

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
1. Beatriz Neves, CRAVEIRO	97	Academica de Coimbra	<b>2:23.98</b>		573
50m: 32.28 32.28	100m: 1:08.73	36.45	150m: 1:46.24	37.51	200m: 2:23.98 37.74
DSQ Teresa Miguel, VELOSO	00	Nautico Coimbra			
<i>batimento alternado de pernas, após a viragem aos 25 m</i>					

Prova 9 18-11-2017 - 10:50	Femin., 200m Mariposa Holiday Travel				Juvenis Resultados
Rec Nac Absoluto	2:08.54	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	15-12-2010
Rec Nac Juv B	2:19.06	Susana Patricia, MIGUEL	POR	Penafiel	20-03-2004
Rec Nac Juv A	2:17.51	Raquel Maria, FELGUEIRAS	POR	Algés	05-03-1995

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
<b>DSQ Ana Catarina, SANTOS</b>	<b>03</b>	<b>Condeixa Clube</b>			
<i>Falsa partida</i>					
EXH Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos	<b>2:38.42</b>		430
50m: 33.64 33.64	100m: 1:13.42	39.78	150m: 1:56.38	42.96	200m: 2:38.42 42.04
EXH Bruna Filipa, PINTO	03	Fundacao Beatriz Santos	<b>2:38.66</b>		428
50m: 35.77 35.77	100m: 1:16.12	40.35	150m: 1:58.00	41.88	200m: 2:38.66 40.66
EXH Ines Matos, SOUSA	03	União Coimbra	<b>2:39.59</b>		421
50m: 36.09 36.09	100m: 1:16.23	40.14	150m: 1:58.82	42.59	200m: 2:39.59 40.77
EXH Ines Dias, CRUZ	04	Fundacao Beatriz Santos	<b>2:47.20</b>		366
50m: 38.20 38.20	100m: 1:20.88	42.68	150m: 2:04.12	43.24	200m: 2:47.20 43.08
EXH Mariana Jacinto, SANTOS	03	Freguesia de Paiao	<b>2:51.42</b>		339
50m: 37.07 37.07	100m: 1:19.96	42.89	150m: 2:05.99	46.03	200m: 2:51.42 45.43
EXH Maria Miguel, GAMEIRO	03	Nautico Coimbra	<b>2:54.46</b>		322
50m: 37.46 37.46	100m: 1:21.50	44.04	150m: 2:07.71	46.21	200m: 2:54.46 46.75
EXH Mafalda Vestia, FIDALGO	04	União Coimbra	<b>2:59.32</b>		296
50m: 38.23 38.23	100m: 1:22.09	43.86	150m: 2:09.77	47.68	200m: 2:59.32 49.55
EXH Sara Sofia, TEJO	03	Fundacao Beatriz Santos	<b>3:02.25</b>		282
50m: 38.55 38.55	100m: 1:26.14	47.59	150m: 2:15.63	49.49	200m: 3:02.25 46.62
EXH Maria Ines, DIONISIO	04	Fundacao Beatriz Santos	<b>3:07.71</b>		258
50m: 38.86 38.86	100m: 1:26.41	47.55	150m: 2:19.25	52.84	200m: 3:07.71 48.46
EXH Leonor Horta, COSTA	04	Nautico Coimbra	<b>3:09.06</b>		253
50m: 38.39 38.39	100m: 1:25.36	46.97	150m: 2:17.28	51.92	200m: 3:09.06 51.78

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 10 Masc., 200m Mariposa Juniores  
18-11-2017 - 11:05 Resultados

Rec Nac Absoluto	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12-12-2009
Rec Nac Jun17	1:59.93	Diogo Filipe, CARVALHO	POR	Mealhada	05-03-2005
Rec Nac Jun18	1:58.64	Diogo Filipe, CARVALHO	POR	Tomar	09-12-2005

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Lucas Pereira, BASTOS	00 Nautico Coimbra	<b>2:15.92</b>	509
50m: 29.95 29.95	100m: 1:04.05 34.10	150m: 1:39.27 35.22	200m: 2:15.92 36.65
2. Gabriel Jose, FIGUEIRA	01 Academica de Coimbra	<b>2:21.46</b>	451
50m: 31.14 31.14	100m: 1:06.80 35.66	150m: 1:44.03 37.23	200m: 2:21.46 37.43
3. David Joao, TINOCO	01 Columbofila Cantanhedense	<b>2:22.78</b>	439
50m: 31.48 31.48	100m: 1:07.31 35.83	150m: 1:44.82 37.51	200m: 2:22.78 37.96
4. Bernardo Vinagre, ARZILEIRO	01 União Coimbra	<b>2:34.83</b>	344
50m: 32.51 32.51	100m: 1:10.69 38.18	150m: 1:52.59 41.90	200m: 2:34.83 42.24

Prova 10 Masc., 200m Mariposa Seniores  
18-11-2017 - 11:05 Resultados

Rec Nac Absoluto	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12-12-2009
Rec Nac Sen	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Tomas Miguel, VELOSO	96 Nautico Coimbra	<b>2:06.64</b>	629
50m: 28.55 28.55	100m: 1:01.06 32.51	150m: 1:33.34 32.28	200m: 2:06.64 33.30
2. Francisco Xavier, GONCALVES	97 Nautico Coimbra	<b>2:13.84</b>	533
50m: 29.64 29.64	100m: 1:03.61 33.97	150m: 1:38.45 34.84	200m: 2:13.84 35.39
3. Illya, YELISTRATKIN	96 Academica de Coimbra	<b>2:15.62</b>	512
50m: 29.92 29.92	100m: 1:03.96 34.04	150m: 1:38.74 34.78	200m: 2:15.62 36.88
4. Pedro Ribeiro, SANTOS	98 Condeixa Clube	<b>2:20.54</b>	460
50m: 30.83 30.83	100m: 1:05.58 34.75	150m: 1:41.94 36.36	200m: 2:20.54 38.60
5. Rodrigo Alexandre, PATRICIO	98 Nautico Coimbra	<b>2:20.98</b>	456
50m: 30.07 30.07	100m: 1:05.77 35.70	150m: 1:44.33 38.56	200m: 2:20.98 36.65
6. Jose Miguel, VENTURA	97 Fundacao Beatriz Santos	<b>2:24.82</b>	421
50m: 32.06 32.06	100m: 1:08.53 36.47	150m: 1:46.23 37.70	200m: 2:24.82 38.59
EXH Ricardo Jorge, DOMINGUES	02 Fundacao Beatriz Santos	<b>2:20.73</b>	459
50m: 30.54 30.54	100m: 1:06.49 35.95	150m: 1:44.36 37.87	200m: 2:20.73 36.37
EXH Rodrigo Alexandre, TRAVASSOS	02 Fundacao Beatriz Santos	<b>2:21.47</b>	451
50m: 29.54 29.54	100m: 1:05.40 35.86	150m: 1:45.74 40.34	200m: 2:21.47 35.73
EXH Manuel Baptista, SIMOES	03 União Coimbra	<b>2:26.33</b>	408
50m: 30.07 30.07	100m: 1:07.46 37.39	150m: 1:46.57 39.11	200m: 2:26.33 39.76
EXH Rui Joao, MARQUES	02 Nautico Coimbra	<b>2:30.16</b>	377
50m: 32.59 32.59	100m: 1:09.36 36.77	150m: 1:49.38 40.02	200m: 2:30.16 40.78
EXH Paulo Andre, FROTA	02 Fundacao Beatriz Santos	<b>2:30.76</b>	373
50m: 33.65 33.65	100m: 1:12.37 38.72	150m: 1:51.99 39.62	200m: 2:30.76 38.77
EXH Joao Neto, PEREIRA	02 Fundacao Beatriz Santos	<b>2:31.45</b>	368
50m: 32.28 32.28	100m: 1:10.35 38.07	150m: 1:51.05 40.70	200m: 2:31.45 40.40
EXH Miguel Freitas, OVIEDO	02 Academica de Coimbra	<b>2:32.53</b>	360
50m: 33.02 33.02	100m: 1:12.33 39.31	150m: 1:52.37 40.04	200m: 2:32.53 40.16

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 10, Masc., 200m Mariposa

Lugar	Ano	Tempo final	Pts
<b>EXH Joao Ventura, PAIS</b>	<b>02 Condeixa Clube</b>	<b>2:36.24</b>	<b>335</b>
50m: 34.58 34.58 100m: 1:15.60 41.02 150m: 1:55.91 40.31 200m: 2:36.24 40.33			
EXH Vitor Teixeira, OLIVEIRA	03 Columbofila Cantanhedense	2:36.68	332
50m: 34.53 34.53 100m: 1:14.57 40.04 150m: 1:55.60 41.03 200m: 2:36.68 41.08			
EXH Filipe Apostolo, GASPAS	03 Freguesia de Paiao	2:41.98	301
50m: 35.33 35.33 100m: 1:16.10 40.77 150m: 1:59.26 43.16 200m: 2:41.98 42.72			
EXH Goncalo Pires, LOURENCO	03 Fundacao Beatriz Santos	2:48.44	267
50m: 35.84 35.84 100m: 1:17.71 41.87 150m: 2:02.97 45.26 200m: 2:48.44 45.47			
<b>EXH Goncalo Andre, GOMES</b>	<b>03 Condeixa Clube</b>	<b>2:48.89</b>	<b>265</b>
50m: 33.56 33.56 100m: 1:16.35 42.79 150m: 2:02.80 46.45 200m: 2:48.89 46.09			

Prova 11  
18-11-2017 - 11:15

Femin., 200m Bruços

Juniores  
Resultados

Rec Nac Absoluto	2:25.87	Diana Duarte, GOMES	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun16	2:26.87	Raquel Gomes, PEREIRA	POR	Porto	11-12-2015
Rec Nac Jun17	2:26.47	Raquel Gomes, PEREIRA	POR	Funchal	10-12-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>1. Joana Victorino, HENRIQUES</b>	<b>01 Condeixa Clube</b>	<b>2:43.50</b>	<b>557</b>
50m: 36.11 36.11 100m: 1:17.84 41.73 200m: 2:43.50 1:25.66			
2. Ines Cacao, GONCALVES	02 Nautico Coimbra	3:03.82	392
50m: 41.01 41.01 100m: 1:26.88 45.87 150m: 2:14.85 47.97 200m: 3:03.82 48.97			

Prova 11  
18-11-2017 - 11:15

Femin., 200m Bruços

Seniores  
Resultados

Rec Nac Absoluto	2:25.87	Diana Duarte, GOMES	POR	S. António Cavaleiros	20-12-2009
Rec Nac Sen	2:25.87	Diana Duarte, GOMES	POR	S. António Cavaleiros	20-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Beatriz Castanheira, DIAS	99 Academica de Coimbra	2:47.03	522
50m: 38.61 38.61 100m: 1:21.72 43.11 200m: 2:47.03 1:25.31			
2. Barbara Ines, GOMES	91 APC Coimbra	5:02.59	87
50m: 1:11.15 1:11.15 100m: 2:28.28 1:17.13 150m: 3:46.32 1:18.04 200m: 5:02.59 1:16.27			
3. Carolina Caetano, LOURENCO	94 APC Coimbra	5:15.84	77
50m: 1:12.83 1:12.83 100m: 2:34.57 1:21.74 150m: 3:55.98 1:21.41 200m: 5:15.84 1:19.86			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 11, Femin., 200m Bruços

Prova 11  
18-11-2017 - 11:15

Femin., 200m Bruços

Juvenis  
Resultados

Rec Nac Absoluto	2:25.87	Diana Duarte, GOMES	POR	S. António Cavaleiros	20-12-2009
Rec Nac Juv B	2:34.51	Diana Duarte, GOMES	POR	Reboleira	28-06-2003
Rec Nac Juv A	2:32.36	Diana Duarte, GOMES	POR	Alcobaça	07-02-2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DNS Petra Lopes, COELHO	04 Academica de Coimbra		
EXH Maria Carlota, REBELO	03 União Coimbra	<b>2:44.74</b>	545
50m: 37.91 37.91 100m: 1:19.89 41.98 200m: 2:44.74 1:24.85			
EXH Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>2:45.23</b>	540
50m: 38.12 38.12 100m: 1:19.91 41.79 200m: 2:45.23 1:25.32			
EXH Filipa Almeida, PIRES	03 União Coimbra	<b>2:54.83</b>	456
50m: 39.60 39.60 100m: 1:24.23 44.63 150m: 2:10.27 46.04 200m: 2:54.83 44.56			
EXH Camila Ferreira, MARQUES	03 Fundacao Beatriz Santos	<b>2:58.86</b>	425
50m: 40.70 40.70 100m: 1:25.14 44.44 150m: 2:12.11 46.97 200m: 2:58.86 46.75			
<b>EXH Daniela Portela, MENDES</b>	<b>04 Condeixa Clube</b>	<b>2:59.00</b>	<b>424</b>
<b>50m: 39.85 39.85 100m: 1:24.74 44.89 200m: 2:59.00 1:34.26</b>			
EXH Ana Pereira, SOUSA	03 Freguesia de Paiao	<b>3:00.46</b>	414
50m: 40.02 40.02 100m: 1:24.98 44.96 200m: 3:00.46 1:35.48			
EXH Ana Catarina, SILVA	04 Fundacao Beatriz Santos	<b>3:03.44</b>	394
50m: 43.04 43.04 100m: 1:30.65 47.61 200m: 3:03.44 1:32.79			
EXH Marta Domingues, GAMEIRO	04 Nautico Coimbra	<b>3:07.80</b>	367
50m: 42.81 42.81 100m: 1:30.24 47.43 150m: 2:19.04 48.80 200m: 3:07.80 48.76			
EXH Bruna Cruz, CARVALHO	03 S. Pedro Alva	<b>3:09.41</b>	358
50m: 38.74 38.74 100m: 1:25.56 46.82 200m: 3:09.41 1:43.85			
EXH Ines Mariana, PINHEIRO	03 Academica de Coimbra	<b>3:11.58</b>	346
50m: 41.30 41.30 100m: 1:31.37 50.07 150m: 2:24.32 52.95 200m: 3:11.58 47.26			
<b>EXH Leonor Correia, CUNHA</b>	<b>04 Condeixa Clube</b>	<b>3:12.68</b>	<b>340</b>
<b>50m: 42.58 42.58 100m: 1:30.76 48.18 150m: 2:21.10 50.34 200m: 3:12.68 51.58</b>			
EXH Filipa Victor, VIEIRA	04 Academica de Coimbra	<b>3:33.15</b>	251
50m: 49.50 49.50 100m: 1:43.26 53.76 150m: 2:38.74 55.48 200m: 3:33.15 54.41			

Prova 12  
18-11-2017 - 11:30

Masc., 200m Bruços

Juniores  
Resultados

Rec Nac Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012
Rec Nac Jun17	2:16.24	Jorge Jesus, SILVA	POR	Funchal	10-12-2016
Rec Nac Jun18	2:13.22	Andre Goncalo, SANTOS	POR	Porto	19-12-2014

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Pedro Simoes, RODRIGUES	01 União Coimbra	<b>2:33.57</b>	482
50m: 34.65 34.65 100m: 1:13.44 38.79 150m: 1:53.74 40.30 200m: 2:33.57 39.83			
2. Francisco Miguel, MENDES	01 Nautico Coimbra	<b>2:39.81</b>	428
50m: 36.01 36.01 100m: 1:16.69 40.68 150m: 1:58.23 41.54 200m: 2:39.81 41.58			
3. Miguel Diogo, AGOSTINHO	00 Fundacao Beatriz Santos	<b>2:44.04</b>	395
50m: 36.70 36.70 100m: 1:17.85 41.15 150m: 2:00.66 42.81 200m: 2:44.04 43.38			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 12, Masc., 200m Bruços

Prova 12 Masc., 200m Bruços Seniores  
18-11-2017 - 11:30 Resultados

Rec Nac Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012
Rec Nac Sen	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012

Pontos: FINA 2017

Lugar	Ano		Tempo final				Pts
1. Gabriel Jose, LOPES	97	Louzan Natacao	<b>2:21.25</b>				619
50m: 32.27 32.27	100m: 1:08.13	35.86	150m: 1:44.04	35.91	200m: 2:21.25	37.21	
2. Joao Andre, NEVES	95	Academica de Coimbra	<b>2:26.92</b>				550
50m: 32.79 32.79	100m: 1:09.75	36.96	150m: 1:47.86	38.11	200m: 2:26.92	39.06	
3. Miguel Caridade, GASPAS	99	Academica de Coimbra	<b>2:26.99</b>				550
50m: 34.37 34.37	100m: 1:11.88	37.51	150m: 1:49.40	37.52	200m: 2:26.99	37.59	
4. Tiago Moises, DINIS	98	Nautico Coimbra	<b>2:28.72</b>				531
50m: 33.55 33.55	100m: 1:11.08	37.53	150m: 1:49.54	38.46	200m: 2:28.72	39.18	
DNS Ricardo Luis, AGOSTINHO	96	Fundacao Beatriz Santos					

Prova 12 Masc., 200m Bruços Juvenis  
18-11-2017 - 11:30 Resultados

Rec Nac Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012
Rec Nac Juv B	2:20.22	Andre Goncalo, SANTOS	POR	Braga	03-03-2012
Rec Nac Juv A	2:18.22	Andre Goncalo, SANTOS	POR	Felgueiras	08-03-2013

Pontos: FINA 2017

Lugar	Ano		Tempo final				Pts
DSQ Diogo Alves, DIAS	02	Fundacao Beatriz Santos					
<i>movimento alternado de pernas durante o percurso</i>							
DNS Vasco Pereira, BASTOS	02	Nautico Coimbra					
<b>EXH Tomas Pedrosa, MIGUEL</b>	<b>02</b>	<b>Condeixa Clube</b>	<b>2:45.30</b>				<b>386</b>
50m: 37.53 37.53	100m: 1:20.21	42.68	150m: 2:02.20	41.99	200m: 2:45.30	43.10	
EXH Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>2:46.93</b>				375
50m: 35.56 35.56	100m: 1:18.24	42.68	150m: 2:02.98	44.74	200m: 2:46.93	43.95	
EXH Claudio Rafael, CORDEIRO	02	S. Pedro Alva	<b>2:57.23</b>				313
50m: 40.51 40.51	100m: 1:26.41	45.90	150m: 2:12.61	46.20	200m: 2:57.23	44.62	
EXH David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>3:09.48</b>				256
50m: 43.95 43.95	100m: 1:32.81	48.86	150m: 2:21.45	48.64	200m: 3:09.48	48.03	
EXH Jose Miguel, SILVA	02	Nautico Coimbra	<b>3:11.08</b>				250
50m: 43.92 43.92	100m: 1:32.14	48.22	150m: 2:22.55	50.41	200m: 3:11.08	48.53	
EXH Tomas Alexandre, LARANJEIRA	03	S. Pedro Alva	<b>3:18.10</b>				224
50m: 44.33 44.33	100m: 1:34.84	50.51	150m: 2:26.48	51.64	200m: 3:18.10	51.62	

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 13 Femin., 4 x 100m Estilos Juniores Resultados  
18-11-2017 - 11:50

Rec Nac Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun	4:16.94	Sporting Clube de Portugal	POR	Leiria	04-12-2009

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Fundacao Beatriz Santos Jun		Fundacao Beatriz Santos		<b>4:42.90</b>	504
	Alexandra Couto, FRAZAO	02	33.93	1:10.30	Eva Fernandes, CARDOSO	01 31.05 1:08.09
	Ana Rita, QUEIROZ	02	37.47	1:20.86	Sara Caseiro, PORTUGAL	02 30.69 1:03.65
2.	Academica de Coimbra Jun		Academica de Coimbra		<b>4:56.36</b>	438
	Barbara Azambujo, MELO	02	35.62	1:14.93	Beatriz Costa, TEJO	02 31.70 1:08.94
	Ana Carolina, VENTURA	02	40.55	1:28.24	Matilde Freitas, MOREIRA	01 30.39 1:04.25

Prova 13 Femin., 4 x 100m Estilos Seniores Resultados  
18-11-2017 - 11:50

Rec Nac Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	POR	S. António Cavaleiros	19-12-2009
Rec Nac Sen	4:06.14	Futebol Clube do Porto/Dolce Vita	POR	S. António Cavaleiros	19-12-2009

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Academica de Coimbra Sen		Academica de Coimbra		<b>4:34.34</b>	553
	Ana Carolina, NEVES	00	32.60	1:07.32	Beatriz Neves, CRAVEIRO	97 30.68 1:05.80
	Beatriz Castanheira, DIAS	99	37.15	1:18.42	Tatiana Filipa, SANTOS	95 30.28 1:02.80
2.	Nautico Coimbra Sen		Nautico Coimbra		<b>4:43.10</b>	503
	Ana Miguel, REIS	00	33.39	1:08.40	Rita Verissimo, DAMASCENO	98 32.93 1:11.94
	Teresa Miguel, VELOSO	00	36.95	1:18.19	Matilde Domingues, GAMEIRO	97 30.88 1:04.57
EXH	União Coimbra Juv		União Coimbra		<b>5:11.57</b>	377
	Joana Carla, MARQUES	04	41.91	1:26.31	Mafalda Vestia, FIDALGO	04 35.97 1:18.08
	Ana Carolina, MONTEIRO	04	37.88	1:22.20	Joana Francisca, RODRIGUES	04 31.23 1:04.98
EXH	Academica de Coimbra Juv		Academica de Coimbra		<b>5:40.47</b>	289
	Laura Rodrigues, MARGATO	04	43.64	1:27.83	Joana Beatriz, RODRIGUES	04 41.40 1:30.87
	Beatriz Beja, AFONSO	04	46.23	1:36.42	Ines Mariana, PINHEIRO	03 30.72 1:05.35

Prova 14 Masc., 4 x 100m Estilos Juniores Resultados  
18-11-2017 - 11:55

Rec Nac Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	POR	Porto	19-12-2014
Rec Nac Jun	3:51.87	Soc. Filarm. Uniao Artistica Piedens	POR	Mealhada	24-03-2000

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Condeixa Clube Jun		Condeixa Clube		<b>4:25.76</b>	420
	Jose Miguel, CUNHA	01	30.98	1:03.55	Ricardo Marques, PEREIRA	01 29.06 1:07.78
	Adriano Fernandes, SIMOES	00	36.91	1:20.78	Rodrigo Ribeiro, GOMES	00 24.88 53.65
2.	Nautico Coimbra Jun		Nautico Coimbra		<b>4:26.81</b>	415
	Lucas Pereira, BASTOS	00	31.12	1:03.42	Joao Baptista, MARQUES	00 31.23 1:07.59
	Francisco Miguel, MENDES	01	34.49	1:14.02	Marcelo Silva, CLEMENTE	00 29.66 1:01.78
DSQ	Academica de Coimbra Jun		Academica de Coimbra			
	<i>o atleta não efetuou movimento continuo de braçada na viragem aos 75 m</i>					
	Francisco Miguel, CARVALHO, Francisco Alberto, LUCAS, Gabriel Jose, FIGUEIRA, Gabriel Jose, JULIO					



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 14, Masc., 4 x 100m Estilos

Prova 14  
18-11-2017 - 11:55 Masc., 4 x 100m Estilos Seniores Resultados

Rec Nac Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	POR	Porto	19-12-2014
Rec Nac Sen	3:34.53	CCD Estrelas S. Joao de Brito	POR	Porto	19-12-2014

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Nautico Coimbra Sen				<b>4:03.26</b>	548
	98	30.66	1:02.60	Rodrigo Alexandre, PATRICIO	98	59.76
	96	31.64	1:06.37	Francisco Xavier, GONCALVES	97	54.53
2.	Academica de Coimbra Sen				<b>4:06.10</b>	529
	94	30.94	1:04.48	Ilyya, YELISTRATKIN	96	59.43
	95	31.14	1:07.70	Bernardo Santos, CLEMENTE	98	54.49
3.	Condeixa Clube Sen				<b>4:55.62</b>	305
	99	36.40	1:15.59	Pedro Ribeiro, SANTOS	98	
	99	39.72	1:25.02	Braulio Loreto, FLORENTINO	98	

Prova 15  
18-11-2017 - 12:00 Femin., 1500m Livres entrega medalhas (12 - 14) Juniores Resultados

Rec Nac Absoluto	16:11.67	Tamila Hryhorivna, HOLUB	POR	Porto	11-12-2015
Rec Nac Jun16	16:44.26	Tamila Hryhorivna, HOLUB	POR	Porto	19-12-2014
Rec Nac Jun17	16:11.67	Tamila Hryhorivna, HOLUB	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar					Ano					Tempo final	Pts	
1.	Sara Sofia, ALVES				01	Columbofila Cantanhedense				<b>17:31.46</b>	669	
	50m:	33.01	33.01	450m:	5:11.99	35.29	850m:	9:52.09	34.79	1250m:	14:35.26	35.52
	100m:	1:07.08	34.07	500m:	5:46.92	34.93	900m:	10:27.60	35.51	1300m:	15:10.87	35.61
	150m:	1:41.96	34.88	550m:	6:21.61	34.69	950m:	11:03.10	35.50	1350m:	15:46.40	35.53
	200m:	2:16.79	34.83	600m:	6:56.71	35.10	1000m:	11:38.50	35.40	1400m:	16:21.96	35.56
	250m:	2:51.63	34.84	650m:	7:32.06	35.35	1050m:	12:13.80	35.30	1450m:	16:57.09	35.13
	300m:	3:26.56	34.93	700m:	8:07.21	35.15	1100m:	12:48.99	35.19	1500m:	17:31.46	34.37
	350m:	4:01.76	35.20	750m:	8:42.19	34.98	1150m:	13:24.37	35.38			
	400m:	4:36.70	34.94	800m:	9:17.30	35.11	1200m:	13:59.74	35.37			
2.	Alexandra Couto, FRAZAO				02	Fundacao Beatriz Santos				<b>17:59.43</b>	618	
	50m:	33.23	33.23	450m:	5:18.69	36.52	850m:	10:08.74	36.24	1250m:	14:59.61	36.30
	100m:	1:08.88	35.65	500m:	5:54.73	36.04	900m:	10:44.95	36.21	1300m:	15:35.78	36.17
	150m:	1:44.20	35.32	550m:	6:30.98	36.25	950m:	11:21.54	36.59	1350m:	16:11.78	36.00
	200m:	2:19.62	35.42	600m:	7:07.29	36.31	1000m:	11:57.96	36.42	1400m:	16:47.84	36.06
	250m:	2:55.04	35.42	650m:	7:43.56	36.27	1050m:	12:34.42	36.46	1450m:	17:23.82	35.98
	300m:	3:30.69	35.65	700m:	8:19.90	36.34	1100m:	13:10.81	36.39	1500m:	17:59.43	35.61
	350m:	4:06.61	35.92	750m:	8:56.32	36.42	1150m:	13:47.11	36.30			
	400m:	4:42.17	35.56	800m:	9:32.50	36.18	1200m:	14:23.31	36.20			
3.	Ana Sequeira, FLORINDO				02	União Coimbra				<b>18:18.11</b>	587	
	50m:	33.01	33.01	450m:	5:22.47	36.79	850m:	10:18.28	36.98	1250m:	15:15.01	37.56
	100m:	1:07.90	34.89	500m:	5:59.16	36.69	900m:	10:55.27	36.99	1300m:	15:51.82	36.81
	150m:	1:43.51	35.61	550m:	6:36.11	36.95	950m:	11:32.47	37.20	1350m:	16:29.03	37.21
	200m:	2:19.74	36.23	600m:	7:12.97	36.86	1000m:	12:09.37	36.90	1400m:	17:06.33	37.30
	250m:	2:56.01	36.27	650m:	7:50.07	37.10	1050m:	12:46.47	37.10	1450m:	17:42.84	36.51
	300m:	3:32.60	36.59	700m:	8:27.05	36.98	1100m:	13:23.80	37.33	1500m:	18:18.11	35.27
	350m:	4:09.11	36.51	750m:	9:04.07	37.02	1150m:	14:00.56	36.76			
	400m:	4:45.68	36.57	800m:	9:41.30	37.23	1200m:	14:37.45	36.89			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 15, Femin., 1500m Livres

Prova 15 18-11-2017 - 12:00	Femin., 1500m Livres entrega medalhas (12 - 14)				Seniores Resultados
Rec Nac Absoluto	16:11.67	Tamila Hryhorivna, HOLUB	POR	Porto	11-12-2015
Rec Nac Sen	16:22.79	Angelica Maria, ANDRE	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
<b>1. Mariana Pinto, ANGELO</b>	<b>99</b>	<b>Academica de Coimbra</b>	<b>18:36.67</b>	<b>558</b>	
50m:	33.71	33.71	450m:	5:23.40	36.78
100m:	1:09.10	35.39	500m:	6:00.48	37.08
150m:	1:44.94	35.84	550m:	6:37.65	37.17
200m:	2:21.21	36.27	600m:	7:15.13	37.48
250m:	2:57.68	36.47	650m:	7:52.57	37.44
300m:	3:33.97	36.29	700m:	8:30.42	37.85
350m:	4:10.28	36.31	750m:	9:07.94	37.52
400m:	4:46.62	36.34	800m:	9:45.61	37.67
			850m:	10:23.57	37.96
			900m:	11:01.41	37.84
			950m:	11:39.45	38.04
			1000m:	12:17.68	38.23
			1050m:	12:55.59	37.91
			1100m:	13:33.54	37.95
			1150m:	14:11.37	37.83
			1200m:	14:49.34	37.97
			1250m:	15:27.39	38.05
			1300m:	16:05.53	38.14
			1350m:	16:43.92	38.39
			1400m:	17:21.90	37.98
			1450m:	17:59.52	37.62
			1500m:	18:36.67	37.15
<b>2. Andreia Brito, PEREIRA</b>	<b>00</b>	<b>Condeixa Clube</b>	<b>19:34.07</b>	<b>480</b>	
50m:	33.48	33.48	450m:	5:39.77	39.11
100m:	1:10.31	36.83	500m:	6:18.88	39.11
150m:	1:47.89	37.58	550m:	6:58.45	39.57
200m:	2:25.90	38.01	600m:	7:37.70	39.25
250m:	3:03.90	38.00	650m:	8:16.27	38.57
300m:	3:42.60	38.70	700m:	8:55.10	38.83
350m:	4:21.64	39.04	750m:	9:33.88	38.78
400m:	5:00.66	39.02	800m:	10:14.07	40.19
			850m:	10:54.26	40.19
			900m:	11:34.40	40.14
			950m:	12:14.66	40.26
			1000m:	12:54.54	39.88
			1050m:	13:34.52	39.98
			1100m:	14:14.67	40.15
			1150m:	14:54.86	40.19
			1200m:	15:35.23	40.37
			1250m:	16:15.25	40.02
			1300m:	16:55.22	39.97
			1350m:	17:35.27	40.05
			1400m:	18:14.42	39.15
			1450m:	18:55.10	40.68
			1500m:	19:34.07	38.97

Prova 16 18-11-2017 - 12:25	Masc., 800m Livres entrega medalhas (15)				Juniores Resultados
Rec Nac Absoluto	7:49.89	Rafael Lourenco, GIL	POR	Porto	11-12-2015
Rec Nac Jun17	8:00.80	Gustavo Manuel, SANTA	POR	Leiria	06-12-2009
Rec Nac Jun18	7:56.76	Guilherme Filipe, PINA	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
<b>1. Diogo Coelho, JOSE</b>	<b>01</b>	<b>Columbofila Cantanhedense</b>	<b>8:28.08</b>	<b>664</b>	
50m:	30.01	30.01	250m:	2:37.51	31.87
100m:	1:01.92	31.91	300m:	3:09.20	31.69
150m:	1:33.79	31.87	350m:	3:41.24	32.04
200m:	2:05.64	31.85	400m:	4:13.47	32.23
			450m:	4:45.29	31.82
			500m:	5:17.43	32.14
			550m:	5:49.72	32.29
			600m:	6:21.85	32.13
			650m:	6:53.73	31.88
			700m:	7:25.71	31.98
			750m:	7:57.66	31.95
			800m:	8:28.08	30.42
<b>2. Joao Carvalho, DIZ</b>	<b>01</b>	<b>Columbofila Cantanhedense</b>	<b>8:58.54</b>	<b>558</b>	
50m:	31.18	31.18	200m:	2:10.52	33.40
100m:	1:04.11	32.93	250m:	2:44.32	33.80
150m:	1:37.12	33.01	300m:	3:18.00	33.68
			350m:	3:51.76	33.76
			400m:	4:26.22	34.46
			450m:	5:01.41	34.23
			500m:	5:36.27	34.86
			550m:	6:11.17	34.90
			600m:	6:46.82	35.65
			650m:	7:21.55	34.73
			700m:	7:56.59	35.04
			750m:	8:33.84	37.25
			800m:	9:09.74	35.90
<b>3. Rodrigo Ribeiro, GOMES</b>	<b>00</b>	<b>Condeixa Clube</b>	<b>9:09.74</b>	<b>524</b>	
50m:	30.13	30.13	250m:	2:44.79	33.69
100m:	1:02.95	32.82	300m:	3:18.96	34.17
150m:	1:36.72	33.77	350m:	3:52.77	33.81
200m:	2:11.10	34.38	400m:	4:27.18	34.41
			450m:	5:01.41	34.23
			500m:	5:36.27	34.86
			550m:	6:11.17	34.90
			600m:	6:46.82	35.65
			650m:	7:21.55	34.73
			700m:	7:56.59	35.04
			750m:	8:33.84	37.25
			800m:	9:09.74	35.90
<b>4. Francisco Miguel, CARVALHO</b>	<b>00</b>	<b>Academica de Coimbra</b>	<b>9:10.46</b>	<b>522</b>	
50m:	31.11	31.11	250m:	2:48.56	34.31
100m:	1:05.16	34.05	300m:	3:23.31	34.75
150m:	1:39.73	34.57	350m:	3:58.09	34.78
200m:	2:14.25	34.52	400m:	4:32.70	34.61
			450m:	5:07.55	34.85
			500m:	5:42.81	35.26
			550m:	6:17.61	34.80
			600m:	6:52.39	34.78
			650m:	7:27.24	34.85
			700m:	8:02.27	35.03
			750m:	8:36.87	34.60
			800m:	9:10.46	33.59

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 16, Masc., 800m Livres

Prova 16 18-11-2017 - 12:25	Masc., 800m Livres entregua medalhas (15)				Seniores Resultados
Rec Nac Absoluto	7:49.89	Rafael Lourenco, GIL	POR	Porto	11-12-2015
Rec Nac Sen	7:49.89	Rafael Lourenco, GIL	POR	Porto	11-12-2015

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Tiago Moises, DINIS		98	Nautico Coimbra				<b>9:03.39</b>	543
	50m:	30.78 30.78	250m:	2:46.16	34.17	450m:	5:03.86 33.92	650m:	7:21.57 34.68
	100m:	1:03.83 33.05	300m:	3:20.74	34.58	500m:	5:38.31 34.45	700m:	7:56.12 34.55
	150m:	1:37.60 33.77	350m:	3:55.18	34.44	550m:	6:12.35 34.04	750m:	8:30.34 34.22
	200m:	2:11.99 34.39	400m:	4:29.94	34.76	600m:	6:46.89 34.54	800m:	9:03.39 33.05
2.	Jose Miguel, VENTURA		97	Fundacao Beatriz Santos				<b>9:25.50</b>	482
	50m:	32.73 32.73	250m:	2:51.82	35.16	450m:	5:13.94 35.51	650m:	7:38.02 35.83
	100m:	1:07.43 34.70	300m:	3:27.19	35.37	500m:	5:49.86 35.92	700m:	8:14.14 36.12
	150m:	1:41.95 34.52	350m:	4:02.68	35.49	550m:	6:26.33 36.47	750m:	8:50.20 36.06
	200m:	2:16.66 34.71	400m:	4:38.43	35.75	600m:	7:02.19 35.86	800m:	9:25.50 35.30

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

2 - 2ª Jornada

18-11-2017 - 16:30

Prova 17		Masc., 4 x 50m Estilos			Juniores
18-11-2017 - 16:30					Resultados
Rec Nac Absoluto	1:38.95	CCD Estrelas S. Joao de Brito	POR	Porto	20-12-2014
Rec Nac Jun	1:44.80	Futebol Clube do Porto	POR	Felgueiras	21-12-2013

Pontos: FINA 2017

Lugar			Tempo final	Pts	
<b>1. Condeixa Clube Jun</b>	<b>Condeixa Clube</b>		<b>1:58.82</b>	<b>441</b>	
Jose Miguel, CUNHA	01	29.41	Rodrigo Ribeiro, GOMES	00	27.43
Adriano Fernandes, SIMOES	00	36.37	Ricardo Marques, PEREIRA	01	25.61
<b>2. Nautico Coimbra Jun</b>	<b>Nautico Coimbra</b>		<b>2:00.11</b>	<b>427</b>	
Marcelo Silva, CLEMENTE	00	33.16	Joao Baptista, MARQUES	00	29.46
Lucas Pereira, BASTOS	00	31.89	Francisco Miguel, MENDES	01	25.60
<b>3. Academica de Coimbra Jun</b>	<b>Academica de Coimbra</b>		<b>2:04.12</b>	<b>387</b>	
Francisco Miguel, CARVALHO	00	34.20	Gabriel Jose, FIGUEIRA	01	29.71
Francisco Alberto, LUCAS	00	33.62	Gabriel Jose, JULIO	01	26.59

Prova 17		Masc., 4 x 50m Estilos			Seniores
18-11-2017 - 16:30					Resultados
Rec Nac Absoluto	1:38.95	CCD Estrelas S. Joao de Brito	POR	Porto	20-12-2014
Rec Nac Sen	1:38.95	CCD Estrelas S. Joao de Brito	POR	Porto	20-12-2014

Pontos: FINA 2017

Lugar			Tempo final	Pts	
<b>1. Academica de Coimbra Sen</b>	<b>Academica de Coimbra</b>		<b>1:48.27</b>	<b>584</b>	
Joao Filipe, LUCAS	94	28.25	Bernardo Santos, CLEMENTE	98	26.28
Illya, YELISTRATKIN	96	30.72	Gustavo Almeida, MADUREIRA	94	23.02
<b>2. Nautico Coimbra Sen</b>	<b>Nautico Coimbra</b>		<b>1:50.27</b>	<b>552</b>	
Tiago Moises, DINIS	98	28.57	Rodrigo Alexandre, PATRICIO	98	27.61
Tomas Miguel, VELOSO	96	29.61	Francisco Xavier, GONCALVES	97	24.48
<b>3. Condeixa Clube Sen</b>	<b>Condeixa Clube</b>		<b>2:10.27</b>	<b>335</b>	
Afonso Pedrosa, SALGADO	99	33.75	Pedro Ribeiro, SANTOS	98	29.11
Pedro Daniel, MARTINS	99	37.88	Braulio Loreto, FLORENTINO	98	29.53
<b>EXH Fundacao Beatriz Santos Juv</b>	<b>Fundacao Beatriz Santos</b>		<b>1:55.12</b>	<b>486</b>	
Joao Pedro, DIAS	02	28.94	Rodrigo Alexandre, TRAVASSOS	02	27.87
Paulo Andre, FROTA	02	32.91	Joao Neto, PEREIRA	02	25.40

Prova 18		Femin., 4 x 50m Estilos			Juniores
18-11-2017 - 16:35					Resultados
Rec Nac Absoluto	1:53.38	Futebol Clube do Porto	POR	Porto	08-12-2012
Rec Nac Jun	1:58.01	Sport Alges e Dafundo	POR	Felgueiras	21-12-2013

Pontos: FINA 2017

Lugar			Tempo final	Pts	
<b>1. Fundacao Beatriz Santos Jun</b>	<b>Fundacao Beatriz Santos</b>		<b>2:09.91</b>	<b>502</b>	
Alexandra Couto, FRAZAO	02	33.46	Eva Fernandes, CARDOSO	01	30.54
Ana Rita, QUEIROZ	02	37.04	Sara Caseiro, PORTUGAL	02	28.87
<b>2. Academica de Coimbra Jun</b>	<b>Academica de Coimbra</b>		<b>2:12.73</b>	<b>470</b>	
Barbara Azambujo, MELO	02	34.01	Beatriz Costa, TEJO	02	30.00
Ana Carolina, VENTURA	02	40.28	Matilde Freitas, MOREIRA	01	28.44

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 18, Femin., 4 x 50m Estilos

Prova 18 18-11-2017 - 16:35	Femin., 4 x 50m Estilos				Seniores Resultados
Rec Nac Absoluto	1:53.38	Futebol Clube do Porto	POR	Porto	08-12-2012
Rec Nac Sen	1:53.38	Futebol Clube do Porto	POR	Porto	08-12-2012

Pontos: FINA 2017

Lugar					Tempo final	Pts
1. Academica de Coimbra Sen <i>Rec Reg Sen</i>	Academica de Coimbra				<b>2:04.82</b>	566
Ana Carolina, NEVES	00	31.07	Beatriz Neves, CRAVEIRO	97		29.26
Beatriz Castanheira, DIAS	99	36.48	Madalena Nunes, PALMEIRA	99		28.01
2. Nautico Coimbra Sen	Nautico Coimbra				<b>2:09.26</b>	509
Ana Miguel, REIS	00	31.06	Rita Verissimo, DAMASCENO	98		32.04
Teresa Miguel, VELOSO	00	36.88	Maria Beatriz, JORGE	00		29.28

Prova 19  
18-11-2017 - 16:35

Masc., 400m Livres  
Zimez Sport - entrega medalhas (16)

Juniores  
Resultados

Rec Nac Absoluto	3:45.58	Fabio Manuel, PEREIRA	POR	Istambul (TUR)	10-12-2009
Rec Nac Jun17	3:56.54	Rui Filipe, COSTA	POR	Feigueiras	24-11-2007
Rec Nac Jun18	3:50.52	Adriano Miguel, NIZ	POR	Fafe	26-06-2004

Pontos: FINA 2017

Lugar					Ano					Tempo final	Pts
1. Diogo Coelho, JOSE					01	Columbofila Cantanhedense				<b>4:05.84</b>	643
50m:	28.82	28.82	150m:	1:30.42	31.10	250m:	2:32.59	31.24	350m:	3:35.37	31.32
100m:	59.32	30.50	200m:	2:01.35	30.93	300m:	3:04.05	31.46	400m:	4:05.84	30.47
2. Francisco Miguel, MENDES					01	Nautico Coimbra				<b>4:15.89</b>	570
50m:	29.51	29.51	150m:	1:34.39	33.24	250m:	2:39.46	32.16	350m:	3:45.30	32.72
100m:	1:01.15	31.64	200m:	2:07.30	32.91	300m:	3:12.58	33.12	400m:	4:15.89	30.59
3. Rodrigo Ribeiro, GOMES					00	Condeixa Clube				<b>4:22.99</b>	525
50m:	30.40	30.40	150m:	1:35.90	31.81	250m:	2:43.02	33.95	350m:	3:50.07	33.17
100m:	1:04.09	33.69	200m:	2:09.07	33.17	300m:	3:16.90	33.88	400m:	4:22.99	32.92
4. Francisco Miguel, CARVALHO					00	Academica de Coimbra				<b>4:23.92</b>	520
50m:	29.64	29.64	150m:	1:35.69	33.30	250m:	2:41.90	32.93	350m:	3:50.14	34.49
100m:	1:02.39	32.75	200m:	2:08.97	33.28	300m:	3:15.65	33.75	400m:	4:23.92	33.78
5. Joao Carvalho, DIZ					01	Columbofila Cantanhedense				<b>4:26.60</b>	504
50m:	30.45	30.45	150m:	1:35.37	32.59	250m:	2:42.05	33.27	350m:	3:51.52	34.94
100m:	1:02.78	32.33	200m:	2:08.78	33.41	300m:	3:16.58	34.53	400m:	4:26.60	35.08
6. Bernardo Vinagre, ARZILEIRO					01	União Coimbra				<b>4:28.40</b>	494
50m:	31.13	31.13	150m:	1:38.11	33.39	250m:	2:44.73	32.67	350m:	3:53.62	34.64
100m:	1:04.72	33.59	200m:	2:12.06	33.95	300m:	3:18.98	34.25	400m:	4:28.40	34.78

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 19, Masc., 400m Livres

Prova 19 18-11-2017 - 16:35	Masc., 400m Livres Zimez Sport - entrega medalhas (16)				Seniores Resultados
Rec Nac Absoluto	3:45.58	Fabio Manuel, PEREIRA	POR	Istambul (TUR)	10-12-2009
Rec Nac Sen	3:45.58	Fabio Manuel, PEREIRA	POR	Istambul (TUR)	10-12-2009

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
1. Gabriel Jose, LOPES	97	Louzan Natacao	<b>3:57.47</b>	714	
50m: 28.16 28.16	150m: 1:29.29	30.57	250m: 2:29.35	29.66	350m: 3:28.83
100m: 58.72 30.56	200m: 1:59.69	30.40	300m: 2:59.54	30.19	400m: 3:57.47
2. Tomas Miguel, VELOSO	96	Nautico Coimbra	<b>3:58.56</b>	704	
50m: 28.14 28.14	150m: 1:29.38	30.58	250m: 2:29.60	29.72	350m: 3:29.37
100m: 58.80 30.66	200m: 1:59.88	30.50	300m: 2:59.68	30.08	400m: 3:58.56
3. Francisco Xavier, GONCALVES	97	Nautico Coimbra	<b>4:15.06</b>	576	
50m: 28.57 28.57	150m: 1:31.14	31.50	250m: 2:34.90	32.02	350m: 3:41.39
100m: 59.64 31.07	200m: 2:02.88	31.74	300m: 3:07.66	32.76	400m: 4:15.06
4. Tiago Moises, DINIS	98	Nautico Coimbra	<b>4:16.91</b>	563	
50m: 29.99 29.99	150m: 1:34.43	32.42	250m: 2:39.72	32.46	350m: 3:45.24
100m: 1:02.01 32.02	200m: 2:07.26	32.83	300m: 3:12.62	32.90	400m: 4:16.91
5. Joao Andre, NEVES	95	Academica de Coimbra	<b>4:22.20</b>	530	
50m: 29.58 29.58	150m: 1:33.91	32.40	250m: 2:39.63	33.02	350m: 3:47.95
100m: 1:01.51 31.93	200m: 2:06.61	32.70	300m: 3:13.61	33.98	400m: 4:22.20
6. Pedro Ribeiro, SANTOS	98	Condeixa Clube	<b>4:24.94</b>	514	
50m: 29.56 29.56	150m: 1:36.02	33.66	250m: 2:43.57	33.39	350m: 3:51.59
100m: 1:02.36 32.80	200m: 2:10.18	34.16	300m: 3:17.38	33.81	400m: 4:24.94
7. Jose Miguel, VENTURA	97	Fundacao Beatriz Santos	<b>4:36.52</b>	452	
50m: 30.85 30.85	150m: 1:39.80	34.93	250m: 2:50.40	35.41	350m: 4:01.59
100m: 1:04.87 34.02	200m: 2:14.99	35.19	300m: 3:26.07	35.67	400m: 4:36.52

Prova 19 18-11-2017 - 16:35	Masc., 400m Livres Zimez Sport - entrega medalhas (16)				Juvenis Resultados
Rec Nac Absoluto	3:45.58	Fabio Manuel, PEREIRA	POR	Istambul (TUR)	10-12-2009
Rec Nac Juv B	4:03.22	Joao Pedro, GIL	POR	Algés	08-07-2012
Rec Nac Juv A	3:59.31	Joao Carlos, SANTOS	POR	Algés	08-07-2012

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
DNS Vasco Pereira, BASTOS	02	Nautico Coimbra			
DNS Martim Miranda, MACHADO	03	União Coimbra			
EXH Paulo Andre, FROTA	02	Fundacao Beatriz Santos	<b>4:16.13</b>	569	
50m: 29.68 29.68	150m: 1:33.22	31.95	250m: 2:37.86	32.32	350m: 3:43.77
100m: 1:01.27 31.59	200m: 2:05.54	32.32	300m: 3:10.49	32.63	400m: 4:16.13
EXH Joao Neto, PEREIRA	02	Fundacao Beatriz Santos	<b>4:16.25</b>	568	
50m: 29.03 29.03	150m: 1:34.31	33.26	250m: 2:39.52	32.10	350m: 3:45.97
100m: 1:01.05 32.02	200m: 2:07.42	33.11	300m: 3:13.04	33.52	400m: 4:16.25
EXH Ricardo Jorge, DOMINGUES	02	Fundacao Beatriz Santos	<b>4:18.36</b>	554	
50m: 29.37 29.37	150m: 1:36.04	33.90	250m: 2:41.51	31.66	350m: 3:47.39
100m: 1:02.14 32.77	200m: 2:09.85	33.81	300m: 3:14.14	32.63	400m: 4:18.36
EXH Rodrigo Alexandre, TRAVASSOS	02	Fundacao Beatriz Santos	<b>4:19.02</b>	550	
50m: 29.16 29.16	150m: 1:35.30	33.27	250m: 2:41.75	33.19	350m: 3:48.10
100m: 1:02.03 32.87	200m: 2:08.56	33.26	300m: 3:15.11	33.36	400m: 4:19.02
EXH Vitor Teixeira, OLIVEIRA	03	Columbifila Cantanhedense	<b>4:24.17</b>	518	
50m: 31.12 31.12	150m: 1:37.67	33.57	250m: 2:44.45	33.12	350m: 3:51.33
100m: 1:04.10 32.98	200m: 2:11.33	33.66	300m: 3:18.05	33.60	400m: 4:24.17

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 19, Masc., 400m Livres

Lugar	Ano	Tempo final	Pts
EXH Rui Joao, MARQUES	02 Nautico Coimbra	<b>4:30.23</b>	484
50m: 29.99 29.99 150m: 1:36.71 33.71 250m: 2:45.52 34.69 350m: 3:55.79 35.32			
100m: 1:03.00 33.01 200m: 2:10.83 34.12 300m: 3:20.47 34.95 400m: 4:30.23 34.44			
EXH Goncalo Andre, GOMES	03 Condeixa Clube	<b>4:34.60</b>	461
50m: 30.88 30.88 150m: 1:40.27 34.50 250m: 2:50.09 34.57 350m: 4:01.24 36.02			
100m: 1:05.77 34.89 200m: 2:15.52 35.25 300m: 3:25.22 35.13 400m: 4:34.60 33.36			
EXH Bernardo Cardetas, CARDOSO	02 Columbofila Cantanhedense	<b>4:35.83</b>	455
50m: 31.33 31.33 150m: 1:40.82 35.11 250m: 2:51.28 35.18 350m: 4:01.40 35.01			
100m: 1:05.71 34.38 200m: 2:16.10 35.28 300m: 3:26.39 35.11 400m: 4:35.83 34.43			
EXH Joao Ventura, PAIS	02 Condeixa Clube	<b>4:39.88</b>	436
50m: 31.69 31.69 150m: 1:41.87 35.32 250m: 2:53.26 35.40 350m: 4:04.84 35.75			
100m: 1:06.55 34.86 200m: 2:17.86 35.99 300m: 3:29.09 35.83 400m: 4:39.88 35.04			
EXH David Valdagua, COUTINHO	03 Columbofila Cantanhedense	<b>4:40.49</b>	433
50m: 31.33 31.33 150m: 1:41.88 35.88 250m: 2:53.20 35.47 350m: 4:05.48 36.25			
100m: 1:06.00 34.67 200m: 2:17.73 35.85 300m: 3:29.23 36.03 400m: 4:40.49 35.01			
EXH Filipe Apostolo, GASPAR	03 Freguesia de Paiao	<b>4:49.35</b>	394
50m: 32.80 32.80 150m: 1:44.41 36.12 250m: 2:58.20 36.91 350m: 4:12.85 37.42			
100m: 1:08.29 35.49 200m: 2:21.29 36.88 300m: 3:35.43 37.23 400m: 4:49.35 36.50			
EXH Goncalo Pires, LOURENCO	03 Fundacao Beatriz Santos	<b>5:14.12</b>	308
50m: 34.09 34.09 150m: 1:52.46 40.13 250m: 3:14.64 41.45 350m: 4:36.18 40.48			
100m: 1:12.33 38.24 200m: 2:33.19 40.73 300m: 3:55.70 41.06 400m: 5:14.12 37.94			

Prova 20  
18-11-2017 - 17:00

Femin., 400m Livres  
entrega medalhas (17)

Juniores  
Resultados

Rec Nac Absoluto	4:05.38	Diana Margarida, DURAES	POR	Moscow (RUS)	02-08-2017
Rec Nac Jun16	4:15.43	Tamila Hryhorivna, HOLUB	POR	Porto	20-12-2014
Rec Nac Jun17	4:10.52	Tamila Hryhorivna, HOLUB	POR	Porto	12-12-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Alexandra Couto, FRAZAO	02 Fundacao Beatriz Santos	<b>4:23.89</b>	701
50m: 30.90 30.90 150m: 1:36.56 32.80 250m: 2:43.34 33.38 350m: 3:51.15 33.79			
100m: 1:03.76 32.86 200m: 2:09.96 33.40 300m: 3:17.36 34.02 400m: 4:23.89 32.74			
2. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>4:29.34</b>	660
50m: 32.00 32.00 150m: 1:39.67 34.14 250m: 2:47.92 34.17 350m: 3:56.47 33.74			
100m: 1:05.53 33.53 200m: 2:13.75 34.08 300m: 3:22.73 34.81 400m: 4:29.34 32.87			
3. Ana Rita, QUEIROZ	02 Fundacao Beatriz Santos	<b>4:29.79</b>	656
50m: 32.76 32.76 150m: 1:40.92 34.01 250m: 2:49.37 34.34 350m: 3:57.27 33.67			
100m: 1:06.91 34.15 200m: 2:15.03 34.11 300m: 3:23.60 34.23 400m: 4:29.79 32.52			
4. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>4:44.38</b>	560
50m: 32.48 32.48 150m: 1:43.39 35.75 250m: 2:55.50 36.21 350m: 4:09.03 36.76			
100m: 1:07.64 35.16 200m: 2:19.29 35.90 300m: 3:32.27 36.77 400m: 4:44.38 35.35			
5. Beatriz Costa, TEJO	02 Academica de Coimbra	<b>4:46.50</b>	548
50m: 33.19 33.19 150m: 1:45.32 36.37 250m: 2:58.85 36.57 350m: 4:10.90 35.87			
100m: 1:08.95 35.76 200m: 2:22.28 36.96 300m: 3:35.03 36.18 400m: 4:46.50 35.60			
6. Carolina Ferreira, REIS	02 Nautico Coimbra	<b>5:10.33</b>	431
50m: 34.92 34.92 150m: 1:53.32 39.82 250m: 3:11.55 38.44 350m: 4:31.53 39.98			
100m: 1:13.50 38.58 200m: 2:33.11 39.79 300m: 3:51.55 40.00 400m: 5:10.33 38.80			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 20, Femin., 400m Livres

Prova 20  
18-11-2017 - 17:00

Femin., 400m Livres  
entrega medalhas (17)

Seniores  
Resultados

Rec Nac Absoluto	4:05.38	Diana Margarida, DURAES	POR	Moscow (RUS)	02-08-2017
Rec Nac Sen	4:05.38	Diana Margarida, DURAES	POR	Moscow (RUS)	02-08-2017

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Mariana Pinto, ANGELO		99	Academica de Coimbra				<b>4:40.47</b>	584
	50m:	32.78 32.78	150m:	1:43.55	35.54	250m:	2:54.51 35.49	350m:	4:05.88 35.74
	100m:	1:08.01 35.23	200m:	2:19.02	35.47	300m:	3:30.14 35.63	400m:	4:40.47 34.59
2.	Emilia Matos, PEREIRA		99	Fundacao Beatriz Santos				<b>4:44.44</b>	560
	50m:	32.76 32.76	150m:	1:44.77	36.46	250m:	2:57.70 35.99	350m:	4:09.25 35.45
	100m:	1:08.31 35.55	200m:	2:21.71	36.94	300m:	3:33.80 36.10	400m:	4:44.44 35.19
3.	Maria Beatriz, JORGE		00	Nautico Coimbra				<b>4:50.43</b>	526
	50m:	33.39 33.39	150m:	1:47.17	36.71	250m:	3:00.95 36.67	350m:	4:14.14 36.57
	100m:	1:10.46 37.07	200m:	2:24.28	37.11	300m:	3:37.57 36.62	400m:	4:50.43 36.29
EXH	Beatriz Almeida, PIRES		03	União Coimbra				<b>4:44.90</b>	557
	50m:	33.59 33.59	150m:	1:45.90	36.24	250m:	2:58.06 35.90	350m:	4:10.54 36.34
	100m:	1:09.66 36.07	200m:	2:22.16	36.26	300m:	3:34.20 36.14	400m:	4:44.90 34.36
EXH	Matilde Alves, FLORENCIO		04	Fundacao Beatriz Santos				<b>4:46.55</b>	548
	50m:	32.58 32.58	150m:	1:45.01	36.62	250m:	2:58.47 36.63	350m:	4:11.27 36.05
	100m:	1:08.39 35.81	200m:	2:21.84	36.83	300m:	3:35.22 36.75	400m:	4:46.55 35.28
EXH	Ines Mariana, PINHEIRO		03	Academica de Coimbra				<b>5:03.83</b>	459
	50m:	34.00 34.00	150m:	1:51.67	39.16	250m:	3:09.19 38.87	350m:	4:26.77 39.07
	100m:	1:12.51 38.51	200m:	2:30.32	38.65	300m:	3:47.70 38.51	400m:	5:03.83 37.06
EXH	Mariana Jacinto, SANTOS		03	Freguesia de Paiao				<b>5:05.54</b>	452
	50m:	34.72 34.72	150m:	1:51.82	38.89	250m:	3:10.49 39.64	350m:	4:28.65 39.06
	100m:	1:12.93 38.21	200m:	2:30.85	39.03	300m:	3:49.59 39.10	400m:	5:05.54 36.89
EXH	Ines Dias, CRUZ		04	Fundacao Beatriz Santos				<b>5:06.17</b>	449
	50m:	36.24 36.24	150m:	1:53.50	38.86	250m:	3:12.11 39.30	350m:	4:30.11 38.88
	100m:	1:14.64 38.40	200m:	2:32.81	39.31	300m:	3:51.23 39.12	400m:	5:06.17 36.06
EXH	Ana Pereira, SOUSA		03	Freguesia de Paiao				<b>5:06.30</b>	448
	50m:	34.19 34.19	150m:	1:51.13	38.77	250m:	3:09.40 39.22	350m:	4:28.01 39.25
	100m:	1:12.36 38.17	200m:	2:30.18	39.05	300m:	3:48.76 39.36	400m:	5:06.30 38.29
EXH	Leonor Correia, CUNHA		04	Condeixa Clube				<b>5:06.95</b>	446
	50m:	33.81 33.81	150m:	1:48.79	38.05	250m:	3:07.88 39.86	350m:	4:28.20 40.09
	100m:	1:10.74 36.93	200m:	2:28.02	39.23	300m:	3:48.11 40.23	400m:	5:06.95 38.75
EXH	Maria Ines, DIONISIO		04	Fundacao Beatriz Santos				<b>5:34.29</b>	345
	50m:	36.36 36.36	150m:	2:01.84	43.73	250m:	3:28.95 43.56	350m:	4:54.06 42.41
	100m:	1:18.11 41.75	200m:	2:45.39	43.55	300m:	4:11.65 42.70	400m:	5:34.29 40.23



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 21 Masc., 100m Bruços Juniores  
18-11-2017 - 17:20 Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22-11-2012
Rec Nac Jun17	1:02.99	Andre Goncalo, SANTOS	POR	Felgueiras	21-12-2013
Rec Nac Jun18	1:01.25	Pedro Miguel, AGOSTINHO	POR	S. António Cavaleiros	19-12-2009

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Lucas Pereira, BASTOS	00	Nautico Coimbra			<b>1:10.24</b>	496
	50m: 33.07 33.07	100m: 1:10.24	37.17				
2.	Pedro Simoes, RODRIGUES	01	União Coimbra			<b>1:11.23</b>	475
	50m: 33.90 33.90	100m: 1:11.23	37.33				
3.	David Joao, TINOCO	01	Columbofila Cantanhedense			<b>1:17.51</b>	369
	50m: 36.93 36.93	100m: 1:17.51	40.58				

Prova 21 Masc., 100m Bruços Seniores  
18-11-2017 - 17:20 Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22-11-2012
Rec Nac Sen	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22-11-2012

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Gabriel Jose, LOPES	97	Louzan Natacao			<b>1:04.66</b>	636
	50m: 30.60 30.60	100m: 1:04.66	34.06				
2.	Miguel Caridade, GASPAS	99	Academica de Coimbra			<b>1:09.28</b>	517
	50m: 33.44 33.44	100m: 1:09.28	35.84				
3.	Ricardo Luis, AGOSTINHO	96	Fundacao Beatriz Santos			<b>1:17.66</b>	367
	50m: 36.48 36.48	100m: 1:17.66	41.18				
4.	Jose Antonio, COSTA	85	APC Coimbra			<b>3:06.43</b>	26
	50m: 1:25.15 1:25.15	100m: 3:06.43	1:41.28				
EXH	Alexandre Miguel, BRAS	03	S. Pedro Alva			<b>1:17.10</b>	375
	50m: 35.53 35.53	100m: 1:17.10	41.57				
EXH	Claudio Rafael, CORDEIRO	02	S. Pedro Alva			<b>1:21.56</b>	316
	50m: 38.47 38.47	100m: 1:21.56	43.09				
EXH	Diogo Alves, DIAS	02	Fundacao Beatriz Santos			<b>1:25.76</b>	272
	50m: 40.38 40.38	100m: 1:25.76	45.38				
EXH	Diogo Serra, SILVA	03	Academica de Coimbra			<b>1:26.52</b>	265
	50m: 41.38 41.38	100m: 1:26.52	45.14				
EXH	Jose Miguel, SILVA	02	Nautico Coimbra			<b>1:28.75</b>	246
	50m: 42.96 42.96	100m: 1:28.75	45.79				
EXH	Tomas Alexandre, LARANJEIRA	03	S. Pedro Alva			<b>1:31.28</b>	226
	50m: 42.19 42.19	100m: 1:31.28	49.09				

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 22 Femin., 100m Bruços Juniores  
18-11-2017 - 17:25 Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun16	1:08.85	Ana Pinho, RODRIGUES	POR	Ponte de Sôr	13-12-2009
Rec Nac Jun17	1:08.02	Raquel Gomes, PEREIRA	POR	Funchal	09-12-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joana Victorino, HENRIQUES	01 Condeixa Clube	<b>1:15.18</b>	<b>570</b>
50m: 35.48 35.48	100m: 1:15.18 39.70		
2. Ines Cacao, GONCALVES	02 Nautico Coimbra	<b>1:25.17</b>	392
50m: 40.25 40.25	100m: 1:25.17 44.92		

Prova 22 Femin., 100m Bruços Seniores  
18-11-2017 - 17:25 Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Sen	1:07.17	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Beatriz Castanheira, DIAS	99 Academica de Coimbra	<b>1:18.84</b>	494
50m: 37.91 37.91	100m: 1:18.84 40.93		
2. Teresa Miguel, VELOSO	00 Nautico Coimbra	<b>1:19.76</b>	477
50m: 37.58 37.58	100m: 1:19.76 42.18		

Prova 22 Femin., 100m Bruços Juvenis  
18-11-2017 - 17:25 Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Juv B	1:11.76	Diana Duarte, GOMES	POR	Reboleira	28-06-2003
Rec Nac Juv A	1:09.59	Diana Duarte, GOMES	POR	Tomar	13-03-2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DNS Petra Lopes, COELHO	04 Academica de Coimbra		
DNS Cintia Silva, VIEIRA	04 Freguesia de Paiao		
EXH Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>1:18.87</b>	494
50m: 38.03 38.03	100m: 1:18.87 40.84		
EXH Daniela Portela, MENDES	04 Condeixa Clube	<b>1:22.24</b>	<b>435</b>
50m: 39.13 39.13	100m: 1:22.24 43.11		
EXH Bruna Cruz, CARVALHO	03 S. Pedro Alva	<b>1:23.28</b>	419
50m: 37.96 37.96	100m: 1:23.28 45.32		
EXH Filipa Almeida, PIRES	03 União Coimbra	<b>1:23.91</b>	410
50m: 40.35 40.35	100m: 1:23.91 43.56		
EXH Camila Ferreira, MARQUES	03 Fundacao Beatriz Santos	<b>1:24.12</b>	407
50m: 39.48 39.48	100m: 1:24.12 44.64		
EXH Marta Domingues, GAMEIRO	04 Nautico Coimbra	<b>1:27.08</b>	367
50m: 40.63 40.63	100m: 1:27.08 46.45		
EXH Ana Catarina, SILVA	04 Fundacao Beatriz Santos	<b>1:28.03</b>	355
50m: 41.93 41.93	100m: 1:28.03 46.10		
EXH Milena Ferreira, JORDAO	03 Freguesia de Paiao	<b>1:34.05</b>	291
50m: 44.85 44.85	100m: 1:34.05 49.20		
EXH Maria Francisca, GASPAS	04 Freguesia de Paiao	<b>1:35.48</b>	278
50m: 45.20 45.20	100m: 1:35.48 50.28		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 22, Femin., 100m Bruços

Lugar	Ano	Tempo final	Pts
EXH Beatriz Beja, AFONSO 50m: 46.74 46.74 100m: 1:36.59 49.85	04 Academica de Coimbra	<b>1:36.59</b>	269
EXH Filipa Victor, VIEIRA 50m: 47.18 47.18 100m: 1:39.21 52.03	04 Academica de Coimbra	<b>1:39.21</b>	248

Prova 23  
18-11-2017 - 17:35

Masc., 50m Livres

Juniores  
Resultados

Rec Nac Absoluto	21.64	Alexandre Escudier, AGOSTINHO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun17	23.14	Tiago Andre, VENANCIO	POR	Reboleira	26-06-2004
Rec Nac Jun18	22.24	Miguel Duarte, NASCIMENTO	POR	Porto	08-12-2012

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Rodrigo Ribeiro, GOMES	00 Condeixa Clube	<b>25.02</b>	<b>530</b>
2. Jose Miguel, CUNHA	01 Condeixa Clube	<b>25.56</b>	<b>498</b>
3. Miguel Diogo, AGOSTINHO	00 Fundacao Beatriz Santos	<b>25.64</b>	493
4. Alberto Antonio, SANTOS	01 S. Pedro Alva	<b>25.88</b>	479
5. Francisco Miguel, MENDES	01 Nautico Coimbra	<b>26.01</b>	472
6. Gabriel Jose, JULIO	01 Academica de Coimbra	<b>26.48</b>	447
7. Ricardo Marques, PEREIRA	01 Condeixa Clube	<b>26.63</b>	<b>440</b>
8. Goncalo Pereira, CORREIA	00 Condeixa Clube	<b>26.73</b>	<b>435</b>
9. Diogo Miguel, PISCO	01 S. Pedro Alva	<b>27.29</b>	409
10. Marcelo Silva, CLEMENTE	00 Nautico Coimbra	<b>28.78</b>	348
11. Tiago Almeida, NUNES	00 Fundacao Beatriz Santos	<b>29.10</b>	337
12. Adriano Fernandes, SIMOES	00 Condeixa Clube	<b>29.25</b>	<b>332</b>
13. David Vaz, RODRIGUES	00 Condeixa Clube	<b>29.76</b>	<b>315</b>
14. Joao Mendes, PESSOA	01 Columbofila Cantanhedense	<b>33.30</b>	225

Prova 23  
18-11-2017 - 17:35

Masc., 50m Livres

Seniores  
Resultados

Rec Nac Absoluto	21.64	Alexandre Escudier, AGOSTINHO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Sen	21.64	Alexandre Escudier, AGOSTINHO	POR	S. António Cavaleiros	20-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Gustavo Almeida, MADUREIRA	94 Academica de Coimbra	<b>23.57</b>	635
2. Bernardo Santos, CLEMENTE	98 Academica de Coimbra	<b>24.74</b>	549
3. Jose Antonio, FORTE	95 Academica de Coimbra	<b>26.04</b>	470
4. Joao Nuno, PIRES	94 Academica de Coimbra	<b>26.13</b>	466
5. Maxim, KULIK	99 Academica de Coimbra	<b>26.60</b>	441
6. Afonso Pedrosa, SALGADO	99 Condeixa Clube	<b>27.14</b>	<b>415</b>
7. Ricardo Luis, AGOSTINHO	96 Fundacao Beatriz Santos	<b>29.47</b>	324
8. Pedro Daniel, MARTINS	99 Condeixa Clube	<b>29.77</b>	<b>315</b>
9. Bruno Miguel, NUNES	99 Nautico Coimbra	<b>30.17</b>	302
10. Jose Antonio, COSTA	85 APC Coimbra	<b>1:08.37</b>	26
DSQ Braulio Loreto, FLORENTINO <i>Falsa partida</i>	98 Condeixa Clube		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 24  
18-11-2017 - 17:40

Femin., 50m Livres

Juniores  
Resultados

Rec Nac Absoluto	24.94	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun16	26.14	Maria Carolina, ROSA	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun17	25.95	Beatriz Mendes, VIEGAS	POR	Vila Real Stº Antonio	12-11-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>28.27</b>	555
2. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>28.78</b>	526
3. Sara Caseiro, PORTUGAL	02 Fundacao Beatriz Santos	<b>29.34</b>	496
4. Eva Fernandes, CARDOSO	01 Fundacao Beatriz Santos	<b>29.67</b>	480
<b>5. Ines Pereira, SILVA</b>	<b>02 Condeixa Clube</b>	<b>29.77</b>	<b>475</b>
6. Barbara Azambujo, MELO	02 Academica de Coimbra	<b>30.82</b>	428
7. Ana Carolina, VENTURA	02 Academica de Coimbra	<b>31.57</b>	398
8. Patricia Caldeira, FERREIRA	02 Freguesia de Paiao	<b>34.51</b>	305
9. Carolina Vargas, RODRIGUES	02 Nautico Coimbra	<b>39.86</b>	198

Prova 24  
18-11-2017 - 17:40

Femin., 50m Livres

Seniores  
Resultados

Rec Nac Absoluto	24.94	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009
Rec Nac Sen	24.94	Patricia Vilas, CONCEICAO	POR	S. António Cavaleiros	20-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, NEVES	00 Academica de Coimbra	<b>28.51</b>	541
2. Madalena Nunes, PALMEIRA	99 Academica de Coimbra	<b>28.99</b>	515
3. Matilde Domingues, GAMEIRO	97 Nautico Coimbra	<b>29.46</b>	490
4. Beatriz Lopes, PINTO	99 Academica de Coimbra	<b>30.21</b>	455
5. Rita Verissimo, DAMASCENO	98 Nautico Coimbra	<b>30.35</b>	448
6. Emilia Matos, PEREIRA	99 Fundacao Beatriz Santos	<b>30.36</b>	448
7. Ana Teresa, NUNES	88 Fundacao Beatriz Santos	<b>33.90</b>	322

Prova 25  
18-11-2017 - 17:55

Masc., 100m Costas

Juniores  
Resultados

Rec Nac Absoluto	52.03	Alexis Manacas, SANTOS	POR	Herning (DEN)	14-12-2013
Rec Nac Jun17	54.97	Gabriel Jose, LOPES	POR	Coimbra	11-05-2014
Rec Nac Jun18	53.88	Alexis Manacas, SANTOS	POR	Leiria	05-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Bernardo Vinagre, ARZILEIRO	01 União Coimbra	<b>1:02.98</b>	468
50m: 31.06 31.06 100m: 1:02.98 31.92			
2. Alberto Antonio, SANTOS	01 S. Pedro Alva	<b>1:03.40</b>	459
50m: 29.94 29.94 100m: 1:03.40 33.46			
3. Miguel Diogo, AGOSTINHO	00 Fundacao Beatriz Santos	<b>1:04.83</b>	429
50m: 31.69 31.69 100m: 1:04.83 33.14			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 25, Masc., 100m Costas

Prova 25 18-11-2017 - 17:55	Masc., 100m Costas				Seniores Resultados
Rec Nac Absoluto	52.03	Alexis Manacas, SANTOS	POR	Herning (DEN)	14-12-2013
Rec Nac Sen	52.03	Alexis Manacas, SANTOS	POR	Herning (DEN)	14-12-2013

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
1. Tomas Miguel, VELOSO	96	Nautico Coimbra	<b>1:01.31</b>	508
50m: 30.59 30.59	100m: 1:01.31	30.72		
2. Francisco Xavier, GONCALVES	97	Nautico Coimbra	<b>1:01.34</b>	507
50m: 29.92 29.92	100m: 1:01.34	31.42		
EXH Joao Pedro, DIAS	02	Fundacao Beatriz Santos	<b>1:04.13</b>	443
50m: 30.74 30.74	100m: 1:04.13	33.39		
EXH David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>1:11.14</b>	325
50m: 34.94 34.94	100m: 1:11.14	36.20		
<b>EXH Goncalo Andre, GOMES</b>	<b>03</b>	<b>Condeixa Clube</b>	<b>1:11.83</b>	<b>315</b>
<b>50m: 34.67 34.67</b>	<b>100m: 1:11.83</b>	<b>37.16</b>		
EXH Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos	<b>1:23.04</b>	204
50m: 40.80 40.80	100m: 1:23.04	42.24		

Prova 26  
18-11-2017 - 18:00

Femin., 100m Costas		Juniores Resultados
Rec Nac Absoluto	1:00.64 Ana Sofia, LEITE	POR Porto 12-12-2015
Rec Nac Jun16	1:01.55 Ines Camacho, FERNANDES	POR Porto 08-12-2013
Rec Nac Jun17	1:01.56 Ines Camacho, FERNANDES	POR Felgueiras 22-12-2013

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
1. Alexandra Couto, FRAZAO	02	Fundacao Beatriz Santos	<b>1:09.49</b>	496
50m: 33.93 33.93	100m: 1:09.49	35.56		
2. Ana Sequeira, FLORINDO	02	União Coimbra	<b>1:09.73</b>	491
50m: 34.12 34.12	100m: 1:09.73	35.61		
<b>3. Joana Victorino, HENRIQUES</b>	<b>01</b>	<b>Condeixa Clube</b>	<b>1:09.80</b>	<b>490</b>
<b>50m: 33.08 33.08</b>	<b>100m: 1:09.80</b>	<b>36.72</b>		
4. Barbara Azambujo, MELO	02	Academica de Coimbra	<b>1:12.57</b>	436
50m: 34.70 34.70	100m: 1:12.57	37.87		
5. Patricia Caldeira, FERREIRA	02	Freguesia de Paiao	<b>1:19.01</b>	337
50m: 38.14 38.14	100m: 1:19.01	40.87		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 26, Femin., 100m Costas

Prova 26 18-11-2017 - 18:00	Femin., 100m Costas				Seniores Resultados
Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	POR	Porto	12-12-2015
Rec Nac Sen	1:00.64	Ana Sofia, LEITE	POR	Porto	12-12-2015

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Tatiana Filipa, SANTOS		95	Academica de Coimbra		<b>1:06.18</b>	574
	50m: 32.93 32.93	100m: 1:06.18		33.25			
2.	Beatriz Neves, CRAVEIRO		97	Academica de Coimbra		<b>1:06.47</b>	567
	50m: 32.47 32.47	100m: 1:06.47		34.00			
3.	Ana Miguel, REIS		00	Nautico Coimbra		<b>1:07.79</b>	534
	50m: 33.00 33.00	100m: 1:07.79		34.79			
4.	Ana Carolina, NEVES		00	Academica de Coimbra		<b>1:10.35</b>	478
	50m: 33.58 33.58	100m: 1:10.35		36.77			
5.	Andreia Brito, PEREIRA		00	Condeixa Clube		<b>1:14.35</b>	405
	50m: 35.70 35.70	100m: 1:14.35		38.65			
6.	Maria Beatriz, JORGE		00	Nautico Coimbra		<b>1:17.23</b>	361
	50m: 36.81 36.81	100m: 1:17.23		40.42			
EXH	Mariana Jacinto, SANTOS		03	Freguesia de Paiao		<b>1:13.37</b>	421
	50m: 36.18 36.18	100m: 1:13.37		37.19			
EXH	Ana Catarina, SANTOS		03	Condeixa Clube		<b>1:13.71</b>	416
	50m: 35.73 35.73	100m: 1:13.71		37.98			
EXH	Sara Sofia, TEJO		03	Fundacao Beatriz Santos		<b>1:16.02</b>	379
	50m: 36.68 36.68	100m: 1:16.02		39.34			
EXH	Sofia Tavares, JACINTO		03	Nautico Coimbra		<b>1:16.47</b>	372
	50m: 37.04 37.04	100m: 1:16.47		39.43			
EXH	Maria Miguel, GAMEIRO		03	Nautico Coimbra		<b>1:19.37</b>	333
	50m: 38.28 38.28	100m: 1:19.37		41.09			
EXH	Leonor Horta, COSTA		04	Nautico Coimbra		<b>1:21.79</b>	304
	50m: 39.02 39.02	100m: 1:21.79		42.77			
EXH	Ana Pereira, SOUSA		03	Freguesia de Paiao		<b>1:21.81</b>	304
	50m: 40.17 40.17	100m: 1:21.81		41.64			
EXH	Laura Rodrigues, MARGATO		04	Academica de Coimbra		<b>1:25.06</b>	270
	50m: 42.19 42.19	100m: 1:25.06		42.87			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 27 Masc., 100m Mariposa Juniores  
18-11-2017 - 18:10 Resultados

Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	11-11-2009
Rec Nac Jun17	53.97	Tiago Andre, VENANCIO	POR	Alapraia	15-02-2004
Rec Nac Jun18	53.87	Tiago Andre, VENANCIO	POR	Cantanhede	19-12-2004

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Lucas Pereira, BASTOS		00	Nautico Coimbra		<b>1:00.61</b>	499
	50m: 28.62 28.62	100m: 1:00.61		31.99			
2.	Jose Miguel, CUNHA		01	Condeixa Clube		<b>1:02.96</b>	445
	50m: 29.86 29.86	100m: 1:02.96		33.10			
3.	Rodrigo Ribeiro, GOMES		00	Condeixa Clube		<b>1:03.00</b>	444
	50m: 28.40 28.40	100m: 1:03.00		34.60			
4.	Francisco Alberto, LUCAS		00	Academica de Coimbra		<b>1:03.35</b>	437
	50m: 29.35 29.35	100m: 1:03.35		34.00			
5.	Gabriel Jose, FIGUEIRA		01	Academica de Coimbra		<b>1:06.14</b>	384
	50m: 31.19 31.19	100m: 1:06.14		34.95			
6.	Joao Baptista, MARQUES		00	Nautico Coimbra		<b>1:08.34</b>	348
	50m: 30.73 30.73	100m: 1:08.34		37.61			
7.	Goncalo Pereira, CORREIA		00	Condeixa Clube		<b>1:08.60</b>	344
	50m: 31.73 31.73	100m: 1:08.60		36.87			
8.	Ricardo Marques, PEREIRA		01	Condeixa Clube		<b>1:08.98</b>	338
	50m: 31.97 31.97	100m: 1:08.98		37.01			
9.	Adriano Fernandes, SIMOES		00	Condeixa Clube		<b>1:10.82</b>	312
	50m: 33.12 33.12	100m: 1:10.82		37.70			
10.	Diogo Miguel, PISCO		01	S. Pedro Alva		<b>1:13.48</b>	280
	50m: 32.40 32.40	100m: 1:13.48		41.08			
11.	Marcelo Silva, CLEMENTE		00	Nautico Coimbra		<b>1:15.30</b>	260
	50m: 33.42 33.42	100m: 1:15.30		41.88			

Prova 27 Masc., 100m Mariposa Seniores  
18-11-2017 - 18:10 Resultados

Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	11-11-2009
Rec Nac Sen	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	11-11-2009

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Gabriel Jose, LOPES		97	Louzan Natacao		<b>56.11</b>	629
	50m: 26.34 26.34	100m: 56.11		29.77			
2.	Bernardo Santos, CLEMENTE		98	Academica de Coimbra		<b>58.18</b>	564
	50m: 27.13 27.13	100m: 58.18		31.05			
3.	Rodrigo Alexandre, PATRICIO		98	Nautico Coimbra		<b>1:00.16</b>	510
	50m: 27.86 27.86	100m: 1:00.16		32.30			
4.	Illya, YELISTRATKIN		96	Academica de Coimbra		<b>1:00.26</b>	507
	50m: 28.97 28.97	100m: 1:00.26		31.29			
5.	Pedro Ribeiro, SANTOS		98	Condeixa Clube		<b>1:04.00</b>	423
	50m: 30.16 30.16	100m: 1:04.00		33.84			
6.	Jose Miguel, VENTURA		97	Fundacao Beatriz Santos		<b>1:09.13</b>	336
	50m: 31.57 31.57	100m: 1:09.13		37.56			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 27, Masc., 100m Mariposa

Prova 27 18-11-2017 - 18:10	Masc., 100m Mariposa				Juvenis Resultados
Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	11-11-2009
Rec Nac Juv B	57.32	Diogo Filipe, CARVALHO	POR	Estarreja	10-06-2003
Rec Nac Juv A	55.60	Diogo Gomes, SOUSA	POR	Porto	05-12-2010

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
DNS Vasco Pereira, BASTOS	02	Nautico Coimbra		
EXH Ricardo Jorge, DOMINGUES	02	Fundacao Beatriz Santos	<b>1:04.28</b>	418
50m: 30.43 30.43	100m: 1:04.28	33.85		
EXH Miguel Freitas, OVIEDO	02	Academica de Coimbra	<b>1:08.29</b>	348
50m: 32.18 32.18	100m: 1:08.29	36.11		
EXH Rui Joao, MARQUES	02	Nautico Coimbra	<b>1:08.61</b>	344
50m: 31.74 31.74	100m: 1:08.61	36.87		
<b>EXH Tomas Pedrosa, MIGUEL</b>	<b>02</b>	<b>Condeixa Clube</b>	<b>1:09.55</b>	<b>330</b>
<b>50m: 31.10 31.10</b>	<b>100m: 1:09.55</b>	<b>38.45</b>		
EXH Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>1:12.74</b>	288
50m: 33.11 33.11	100m: 1:12.74	39.63		
EXH Filipe Apostolo, GASPAS	03	Freguesia de Paiao	<b>1:16.45</b>	248
50m: 35.08 35.08	100m: 1:16.45	41.37		
EXH Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos	<b>1:18.40</b>	230
50m: 36.06 36.06	100m: 1:18.40	42.34		
EXH Jose Miguel, SILVA	02	Nautico Coimbra	<b>1:22.25</b>	199
50m: 38.36 38.36	100m: 1:22.25	43.89		

Prova 28  
18-11-2017 - 18:20

Femin., 100m Mariposa		Juniores Resultados
Rec Nac Absoluto	58.31 Sara Freitas, OLIVEIRA	POR Dubai (UAE) 18-12-2010
Rec Nac Jun16	1:01.56 Filipa Vilas, TIAGO	POR S. António Cavaleiros 20-12-2009
Rec Nac Jun17	59.65 Sara Francisco, CRUZ	POR Leiria 05-12-2009

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
<b>1. Ines Pereira, SILVA</b>	<b>02</b>	<b>Condeixa Clube</b>	<b>1:04.60</b>	<b>604</b>
<b>50m: 30.57 30.57</b>	<b>100m: 1:04.60</b>	<b>34.03</b>		
2. Beatriz Costa, TEJO	02	Academica de Coimbra	<b>1:07.51</b>	529
50m: 31.49 31.49	100m: 1:07.51	36.02		
3. Carolina Ferreira, REIS	02	Nautico Coimbra	<b>1:20.38</b>	313
50m: 37.14 37.14	100m: 1:20.38	43.24		
DSQ Maria Jose, MADEIRA	02	Academica de Coimbra		
<i>Falsa partida</i>				



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 28, Femin., 100m Mariposa

Prova 28 18-11-2017 - 18:20	Femin., 100m Mariposa				Seniores Resultados
Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	18-12-2010
Rec Nac Sen	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	18-12-2010

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
1. Beatriz Neves, CRAVEIRO	97	Academica de Coimbra	<b>1:06.99</b>	541
50m: 31.64 31.64	100m: 1:06.99	35.35		
2. Rita Verissimo, DAMASCENO	98	Nautico Coimbra	<b>1:12.46</b>	428
50m: 34.38 34.38	100m: 1:12.46	38.08		
3. Matilde Domingues, GAMEIRO	97	Nautico Coimbra	<b>1:13.07</b>	417
50m: 33.61 33.61	100m: 1:13.07	39.46		

Prova 28 18-11-2017 - 18:20	Femin., 100m Mariposa				Juvenis Resultados
Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	18-12-2010
Rec Nac Juv B	1:03.39	Ana Margarida, GUEDES	POR	Estarreja	14-12-2014
Rec Nac Juv A	1:03.14	Ana Rita, FRANCISCO	POR	Algés	19-03-1995

Pontos: FINA 2017

Lugar	Ano		Tempo final	Pts
DNS Cintia Silva, VIEIRA	04	Freguesia de Paiao		
EXH Matilde Alves, FLORENCIO	04	Fundacao Beatriz Santos	<b>1:09.57</b>	483
50m: 32.87 32.87	100m: 1:09.57	36.70		
EXH Bruna Filipa, PINTO	03	Fundacao Beatriz Santos	<b>1:12.93</b>	419
50m: 34.01 34.01	100m: 1:12.93	38.92		
EXH Ines Dias, CRUZ	04	Fundacao Beatriz Santos	<b>1:13.61</b>	408
50m: 34.42 34.42	100m: 1:13.61	39.19		
<b>EXH Daniela Portela, MENDES</b>	<b>04</b>	<b>Condeixa Clube</b>	<b>1:14.30</b>	<b>397</b>
<b>50m: 34.48 34.48</b>	<b>100m: 1:14.30</b>	<b>39.82</b>		
EXH Ines Mariana, PINHEIRO	03	Academica de Coimbra	<b>1:15.68</b>	375
50m: 35.34 35.34	100m: 1:15.68	40.34		
<b>EXH Ana Catarina, SANTOS</b>	<b>03</b>	<b>Condeixa Clube</b>	<b>1:19.43</b>	<b>324</b>
<b>50m: 35.85 35.85</b>	<b>100m: 1:19.43</b>	<b>43.58</b>		
EXH Maria Ines, DIONISIO	04	Fundacao Beatriz Santos	<b>1:21.92</b>	296
50m: 36.92 36.92	100m: 1:21.92	45.00		
EXH Bruna Cruz, CARVALHO	03	S. Pedro Alva	<b>1:22.24</b>	292
50m: 36.48 36.48	100m: 1:22.24	45.76		
<b>EXH Leonor Correia, CUNHA</b>	<b>04</b>	<b>Condeixa Clube</b>	<b>1:24.40</b>	<b>270</b>
<b>50m: 38.55 38.55</b>	<b>100m: 1:24.40</b>	<b>45.85</b>		
EXH Maria Francisca, GASPAS	04	Freguesia de Paiao	<b>1:29.65</b>	226
50m: 40.55 40.55	100m: 1:29.65	49.10		
EXH Joana Beatriz, RODRIGUES	04	Academica de Coimbra	<b>1:29.79</b>	224
50m: 41.67 41.67	100m: 1:29.79	48.12		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 29 Masc., 200m Estilos Juniores  
18-11-2017 - 18:25 Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04-12-2015
Rec Nac Jun17	2:02.96	Diogo Filipe, CARVALHO	POR	Mealhada	06-03-2005
Rec Nac Jun18	2:00.59	Gabriel Jose, LOPES	POR	Coimbra	10-05-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Diogo Coelho, JOSE	01 Columbofila Cantanhedense	<b>2:14.18</b>	545
50m: 29.51 29.51 100m: 1:04.78 35.27 150m: 1:45.85 41.07 200m: 2:14.18 28.33			
2. Pedro Simoes, RODRIGUES	01 União Coimbra	<b>2:17.83</b>	503
50m: 30.15 30.15 100m: 1:06.14 35.99 150m: 1:45.00 38.86 200m: 2:17.83 32.83			
3. Joao Carvalho, DIZ	01 Columbofila Cantanhedense	<b>2:22.97</b>	450
50m: 30.82 30.82 100m: 1:07.80 36.98 150m: 1:50.90 43.10 200m: 2:22.97 32.07			
4. David Joao, TINOCO	01 Columbofila Cantanhedense	<b>2:23.12</b>	449
50m: 30.49 30.49 100m: 1:08.67 38.18 150m: 1:50.94 42.27 200m: 2:23.12 32.18			

Prova 29 Masc., 200m Estilos Seniores  
18-11-2017 - 18:25 Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04-12-2015
Rec Nac Sen	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04-12-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Tiago Moises, DINIS	98 Nautico Coimbra	<b>2:13.90</b>	548
50m: 29.50 29.50 100m: 1:04.48 34.98 150m: 1:43.13 38.65 200m: 2:13.90 30.77			
2. Miguel Caridade, GASPAR	99 Academica de Coimbra	<b>2:19.30</b>	487
50m: 31.17 31.17 100m: 1:09.30 38.13 150m: 1:46.73 37.43 200m: 2:19.30 32.57			

Prova 29 Masc., 200m Estilos Juvenis  
18-11-2017 - 18:25 Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04-12-2015
Rec Nac Juv B	2:08.27	Diogo Filipe, CARVALHO	POR	Fafe	10-05-2003
Rec Nac Juv A	2:05.34	Diogo Filipe, CARVALHO	POR	Aveiro	15-05-2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>DSQ</b> Joao Ventura, PAIS	<b>02</b> Condeixa Clube		
<i>na viragem de costas aos 75 m não realizou movimento contínuo de braços</i>			
EXH Vitor Teixeira, OLIVEIRA	03 Columbofila Cantanhedense	<b>2:31.42</b>	379
50m: 33.57 33.57 100m: 1:13.86 40.29 150m: 1:59.82 45.96 200m: 2:31.42 31.60			
EXH Claudio Rafael, CORDEIRO	02 S. Pedro Alva	<b>2:32.87</b>	368
50m: 32.81 32.81 100m: 1:13.86 41.05 150m: 1:58.90 45.04 200m: 2:32.87 33.97			
EXH Bernardo Cardetas, CARDOSO	02 Columbofila Cantanhedense	<b>2:33.96</b>	361
50m: 33.92 33.92 100m: 1:12.37 38.45 150m: 1:59.25 46.88 200m: 2:33.96 34.71			
EXH Diogo Serra, SILVA	03 Academica de Coimbra	<b>2:49.30</b>	271
50m: 36.75 36.75 100m: 1:21.40 44.65 150m: 2:11.17 49.77 200m: 2:49.30 38.13			
EXH Ricardo Martins, CARVALHO	03 Fundacao Beatriz Santos	<b>2:53.17</b>	253
50m: 38.01 38.01 100m: 1:23.38 45.37 150m: 2:13.73 50.35 200m: 2:53.17 39.44			
EXH Tomas Alexandre, LARANJEIRA	03 S. Pedro Alva	<b>2:55.03</b>	245
50m: 38.32 38.32 100m: 1:21.98 43.66 150m: 2:14.91 52.93 200m: 2:55.03 40.12			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 30 Femin., 200m Estilos Juniores Resultados  
18-11-2017 - 18:35

Rec Nac Absoluto	2:12.37	Victoria, KAMINSKAYA	POR	Netanya (ISR)	05-12-2015
Rec Nac Jun16	2:14.94	Maria Carolina, ROSA	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun17	2:16.22	Raquel Gomes, PEREIRA	POR	Algés	19-11-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ana Rita, QUEIROZ	02 Fundacao Beatriz Santos	<b>2:30.13</b>	534
50m: 32.48 32.48	100m: 1:11.68 39.20	150m: 1:55.34 43.66	200m: 2:30.13 34.79
2. Ana Sequeira, FLORINDO	02 União Coimbra	<b>2:31.79</b>	517
50m: 33.14 33.14	100m: 1:11.46 38.32	150m: 1:56.92 45.46	200m: 2:31.79 34.87

Prova 30 Femin., 200m Estilos Seniores Resultados  
18-11-2017 - 18:35

Rec Nac Absoluto	2:12.37	Victoria, KAMINSKAYA	POR	Netanya (ISR)	05-12-2015
Rec Nac Sen	2:12.37	Victoria, KAMINSKAYA	POR	Netanya (ISR)	05-12-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Teresa Miguel, VELOSO	00 Nautico Coimbra	<b>2:27.42</b>	564
50m: 32.64 32.64	100m: 1:10.31 37.67	150m: 1:53.19 42.88	200m: 2:27.42 34.23
2. Tatiana Filipa, SANTOS	95 Academica de Coimbra	<b>2:27.66</b>	562
50m: 32.76 32.76	100m: 1:09.24 36.48	150m: 1:53.96 44.72	200m: 2:27.66 33.70
3. Beatriz Castanheira, DIAS	99 Academica de Coimbra	<b>2:38.96</b>	450
50m: 36.12 36.12	100m: 1:20.61 44.49	150m: 2:02.61 42.00	200m: 2:38.96 36.35
4. Andreia Brito, PEREIRA	00 Condeixa Clube	<b>2:40.97</b>	433
50m: 34.60 34.60	100m: 1:14.95 40.35	150m: 2:04.15 49.20	200m: 2:40.97 36.82

DSQ Barbara Ines, GOMES 91 APC Coimbra  
na viragem aos 75 m não efetuou movimento continuo de braços

Prova 30 Femin., 200m Estilos Juvenis Resultados  
18-11-2017 - 18:35

Rec Nac Absoluto	2:12.37	Victoria, KAMINSKAYA	POR	Netanya (ISR)	05-12-2015
Rec Nac Juv B	2:20.93	Susana Patricia, MIGUEL	POR	Penafiel	20-03-2004
Rec Nac Juv A	2:18.48	Ana Sofia, PINA	POR	Mealhada	20-05-2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DNS Petra Lopes, COELHO	04 Academica de Coimbra		
EXH Ana Catarina, SILVA	04 Fundacao Beatriz Santos	<b>2:45.62</b>	398
50m: 37.75 37.75	100m: 1:21.74 43.99	150m: 2:08.96 47.22	200m: 2:45.62 36.66
EXH Marta Domingues, GAMEIRO	04 Nautico Coimbra	<b>2:46.64</b>	391
50m: 37.67 37.67	100m: 1:23.03 45.36	150m: 2:09.50 46.47	200m: 2:46.64 37.14
EXH Sofia Tavares, JACINTO	03 Nautico Coimbra	<b>2:50.48</b>	365
50m: 39.01 39.01	100m: 1:21.77 42.76	150m: 2:12.76 50.99	200m: 2:50.48 37.72
EXH Maria Miguel, GAMEIRO	03 Nautico Coimbra	<b>2:52.75</b>	351
50m: 36.53 36.53	100m: 1:19.53 43.00	150m: 2:15.67 56.14	200m: 2:52.75 37.08
EXH Leonor Horta, COSTA	04 Nautico Coimbra	<b>2:57.64</b>	322
50m: 39.56 39.56	100m: 1:23.77 44.21	150m: 2:18.09 54.32	200m: 2:57.64 39.55
EXH Filipa Victor, VIEIRA	04 Academica de Coimbra	<b>3:07.52</b>	274
50m: 41.51 41.51	100m: 1:28.42 46.91	150m: 2:25.23 56.81	200m: 3:07.52 42.29

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 30, Femin., 200m Estilos

Lugar	Ano	Tempo final	Pts
EXH Joana Beatriz, RODRIGUES	04 Academica de Coimbra	<b>3:10.35</b>	262
50m: 42.13 42.13 100m: 1:32.21 50.08 150m: 2:28.50 56.29 200m: 3:10.35			41.85
EXH Laura Rodrigues, MARGATO	04 Academica de Coimbra	<b>3:13.02</b>	251
50m: 46.04 46.04 100m: 1:32.36 46.32 150m: 2:29.15 56.79 200m: 3:13.02			43.87
EXH Beatriz Beja, AFONSO	04 Academica de Coimbra	<b>3:15.63</b>	241
50m: 45.10 45.10 100m: 1:37.47 52.37 150m: 2:31.52 54.05 200m: 3:15.63			44.11

Prova 31

Masc., 4 x 200m Livres

Juniores

18-11-2017 - 19:00

Resultados

Rec Nac Absoluto	7:15.07	Clube Natacao da Amadora	POR	S. António Cavaleiros	20-12-2009
Rec Nac Jun	7:35.58	Associacao Naval Amorense	POR	Felgueiras	22-12-2013

Pontos: FINA 2017

Lugar	Tempo final	Pts
<b>1. Condeixa Clube Jun</b>	<b>8:24.68</b>	<b>532</b>
Rodrigo Ribeiro, GOMES	00 27.41 58.18 1:30.75 2:03.59 2:03.59	
Jose Miguel, CUNHA	01 27.96 58.77 1:30.53 2:01.42 2:01.42	
Ricardo Marques, PEREIRA	01 28.53 1:01.24 1:35.56 2:09.97 2:09.97	
Goncalo Pereira, CORREIA	00 28.02 1:00.52 1:35.24 2:09.70 2:09.70	
<b>2. Nautico Coimbra Jun</b>	<b>8:40.08</b>	486
Francisco Miguel, MENDES	01 28.21 1:00.19 1:33.11 2:05.97 2:05.97	
Lucas Pereira, BASTOS	00 26.99 56.76 1:28.17 1:59.64 1:59.64	
Marcelo Silva, CLEMENTE	00 30.37 1:05.17 1:41.63 2:17.57 2:17.57	
Joao Baptista, MARQUES	00 31.16 1:05.81 1:41.80 2:16.90 2:16.90	
<b>3. Academica de Coimbra Jun</b>	<b>8:50.23</b>	459
Francisco Alberto, LUCAS	00 28.98 1:01.83 1:36.06 2:09.88 2:09.88	
Francisco Miguel, CARVALHO	00 28.83 1:02.04 1:36.46 2:10.54 2:10.54	
Gabriel Jose, FIGUEIRA	01 31.62 1:07.28 1:42.91 2:18.95 2:18.95	
Gabriel Jose, JULIO	01 27.97 1:00.98 1:35.86 2:10.86 2:10.86	

Prova 31

Masc., 4 x 200m Livres

Seniores

18-11-2017 - 19:00

Resultados

Rec Nac Absoluto	7:15.07	Clube Natacao da Amadora	POR	S. António Cavaleiros	20-12-2009
Rec Nac Sen	7:15.07	Clube Natacao da Amadora	POR	S. António Cavaleiros	20-12-2009

Pontos: FINA 2017

Lugar	Tempo final	Pts
<b>1. Nautico Coimbra Sen</b>	<b>8:03.41</b>	<b>605</b>
Tiago Moises, DINIS	98 27.74 58.63 1:29.99 2:01.01 2:01.01	
Francisco Xavier, GONCALVES	97 26.77 57.12 1:28.20 1:59.04 1:59.04	
Rodrigo Alexandre, PATRICIO	98 27.71 59.88 1:32.90 2:05.08 2:05.08	
Tomas Miguel, VELOSO	96 27.21 56.20 1:26.73 1:58.28 1:58.28	
<b>2. Academica de Coimbra Sen</b>	<b>8:16.70</b>	<b>558</b>
Bernardo Santos, CLEMENTE	98 27.83 59.56 1:31.98 2:04.12 2:04.12	
Miguel Caridade, GASPAR	99 28.88 1:00.96 1:32.98 2:04.29 2:04.29	
Joao Nuno, PIRES	94 28.26 59.81 1:31.35 2:04.48 2:04.48	
Joao Andre, NEVES	95 28.40 1:00.50 1:31.95 2:03.81 2:03.81	
<b>3. Condeixa Clube Sen</b>	<b>10:11.72</b>	<b>298</b>
Pedro Ribeiro, SANTOS	98 29.17 1:01.53 1:35.52 2:07.79 2:07.79	
Afonso Pedrosa, SALGADO	99 29.69 1:05.98 1:44.88 2:23.07 2:23.07	
Pedro Daniel, MARTINS	99 35.32 1:14.41 1:58.20 2:38.14 2:38.14	
Braulio Loreto, FLORENTINO	98 37.44 1:21.96 2:12.06 3:02.72 3:02.72	

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 32 Femin., 4 x 200m Livres Juniores  
18-11-2017 - 19:10 Resultados

Rec Nac Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	POR	Porto	05-12-2010
Rec Nac Jun	8:29.70	Sporting Clube de Portugal	POR	Leiria	05-12-2009

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Fundacao Beatriz Santos Jun		Fundacao Beatriz Santos		<b>8:57.16</b>	599
	Alexandra Couto, FRAZAO	02	29.86	1:02.22	1:35.58	2:08.67
	Ana Rita, QUEIROZ	02	30.77	1:04.65	1:39.33	2:13.43
	Sara Caseiro, PORTUGAL	02	31.58	1:07.37	1:43.64	2:19.03
	Eva Fernandes, CARDOSO	01	31.15	1:05.51	1:40.74	2:16.03
2.	Academica de Coimbra Jun		Academica de Coimbra		<b>9:37.22</b>	482
	Matilde Freitas, MOREIRA	01	31.58	1:06.63	1:42.94	2:19.31
	Barbara Azambujo, MELO	02	32.24	1:11.05	1:51.46	2:30.71
	Maria Jose, MADEIRA	02	33.86	1:11.59	1:50.49	2:27.87
	Beatriz Costa, TEJO	02	31.23	1:06.67	1:43.18	2:19.33

Prova 32 Femin., 4 x 200m Livres Seniores  
18-11-2017 - 19:10 Resultados

Rec Nac Absoluto	8:14.13	Futebol Clube do Porto/Dolce Vita	POR	Porto	05-12-2010
Rec Nac Sen	8:14.13	Futebol Clube do Porto/Dolce Vita	POR	Porto	05-12-2010

Pontos: FINA 2017

Lugar					Tempo final	Pts
1.	Academica de Coimbra Sen		Academica de Coimbra		<b>9:01.17</b>	585
	Ana Carolina, NEVES	00	31.09	1:05.73	1:41.12	2:16.45
	Tatiana Filipa, SANTOS	95	31.10	1:05.58	1:40.50	2:14.54
	Mariana Pinto, ANGELO	99	31.07	1:06.23	1:41.89	2:16.76
	Beatriz Neves, CRAVEIRO	97	30.92	1:04.46	1:39.15	2:13.42
2.	Nautico Coimbra Sen		Nautico Coimbra		<b>9:23.79</b>	518
	Teresa Miguel, VELOSO	00	31.07	1:04.45	1:39.20	2:14.54
	Matilde Domingues, GAMEIRO	97	32.50	1:08.35	1:46.27	2:24.22
	Rita Verissimo, DAMASCENO	98	32.95	1:08.78	1:45.31	2:21.55
	Maria Beatriz, JORGE	00	31.83	1:09.31	1:46.57	2:23.48
EXH	Fundacao Beatriz Santos Juv		Fundacao Beatriz Santos		<b>9:43.88</b>	466
	Beatriz Monteiro, TOMAS	03	33.38	1:10.01	1:48.20	2:25.15
	Bruna Filipa, PINTO	03	33.49	1:10.51	1:47.99	2:24.88
	Camila Ferreira, MARQUES	03	32.72	1:09.55	1:47.43	2:24.81
	Sara Sofia, TEJO	03	33.10	1:11.53	1:50.54	2:29.04

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

3 - 3ª Jornada

19-11-2017 - 9:30

Prova 33 19-11-2017 - 9:30	Femin., 800m Livres Miro Viagens - entrega medalhas (31)				Juniores Resultados
Rec Nac Absoluto	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	03-08-2017
Rec Nac Jun16	8:45.41	Tamila Hryhorivna, HOLUB	POR	Porto	21-12-2014
Rec Nac Jun17	8:32.83	Tamila Hryhorivna, HOLUB	POR	Porto	13-12-2015

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
1. Ana Rita, QUEIROZ	02	Fundacao Beatriz Santos	<b>9:10.51</b>		660
50m: 32.79 32.79	250m: 2:50.16 34.34	450m: 5:08.72 34.69	650m: 7:27.32 34.61		
100m: 1:06.94 34.15	300m: 3:24.75 34.59	500m: 5:43.19 34.47	700m: 8:02.21 34.89		
150m: 1:41.11 34.17	350m: 3:59.29 34.54	550m: 6:18.10 34.91	750m: 8:37.38 35.17		
200m: 2:15.82 34.71	400m: 4:34.03 34.74	600m: 6:52.71 34.61	800m: 9:10.51 33.13		
2. Sara Sofia, ALVES	01	Columbofila Cantanhedense	<b>9:18.90</b>		630
50m: 32.51 32.51	250m: 2:49.44 35.07	450m: 5:09.36 35.15	650m: 7:32.02 35.94		
100m: 1:05.94 33.43	300m: 3:24.26 34.82	500m: 5:44.79 35.43	700m: 8:07.98 35.96		
150m: 1:39.86 33.92	350m: 3:59.44 35.18	550m: 6:20.62 35.83	750m: 8:44.01 36.03		
200m: 2:14.37 34.51	400m: 4:34.21 34.77	600m: 6:56.08 35.46	800m: 9:18.90 34.89		

Prova 33 19-11-2017 - 9:30	Femin., 800m Livres Miro Viagens - entrega medalhas (31)				Seniores Resultados
Rec Nac Absoluto	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	03-08-2017
Rec Nac Sen	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	03-08-2017

Pontos: FINA 2017

Lugar	Ano		Tempo final		Pts
1. Mariana Pinto, ANGELO <i>entrega (31)</i>	99	Academica de Coimbra	<b>9:39.62</b>		565
50m: 32.91 32.91	250m: 2:56.50 36.18	450m: 5:23.23 36.90	650m: 7:50.95 36.83		
100m: 1:08.01 35.10	300m: 3:32.94 36.44	500m: 5:59.84 36.61	700m: 8:27.73 36.78		
150m: 1:43.95 35.94	350m: 4:09.49 36.55	550m: 6:37.03 37.19	750m: 9:04.17 36.44		
200m: 2:20.32 36.37	400m: 4:46.33 36.84	600m: 7:14.12 37.09	800m: 9:39.62 35.45		
2. Andreia Brito, PEREIRA	00	Condeixa Clube	<b>10:00.34</b>		509
50m: 32.54 32.54	250m: 3:02.45 37.86	450m: 5:35.36 38.06	650m: 8:08.19 38.01		
100m: 1:09.14 36.60	300m: 3:40.66 38.21	500m: 6:13.60 38.24	700m: 8:46.36 38.17		
150m: 1:46.44 37.30	350m: 4:18.62 37.96	550m: 6:52.31 38.71	750m: 9:24.08 37.72		
200m: 2:24.59 38.15	400m: 4:57.30 38.68	600m: 7:30.18 37.87	800m: 10:00.34 36.26		
3. Maria Beatriz, JORGE	00	Nautico Coimbra	<b>10:01.64</b>		505
50m: 33.71 33.71	250m: 3:04.88 37.57	450m: 5:36.34 37.28	650m: 8:08.76 38.16		
100m: 1:11.14 37.43	300m: 3:43.02 38.14	500m: 6:14.07 37.73	700m: 8:46.92 38.16		
150m: 1:48.99 37.85	350m: 4:21.26 38.24	550m: 6:52.13 38.06	750m: 9:24.41 37.49		
200m: 2:27.31 38.32	400m: 4:59.06 37.80	600m: 7:30.60 38.47	800m: 10:01.64 37.23		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 33, Femin., 800m Livres

Prova 33 19-11-2017 - 9:30	Femin., 800m Livres Miro Viagens - entrega medalhas (31)				Juvenis Resultados
Rec Nac Absoluto	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	03-08-2017
Rec Nac Juv B	9:00.27	Alexandra Maria, SILVA	POR	Antibes (FRA)	20-12-1980
Rec Nac Juv A	8:46.74	Ana Claudia, SANTOS	POR	Cantanhede	19-12-2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DSQ Beatriz Monteiro, TOMAS <i>Falsa partida</i>	03 Fundacao Beatriz Santos		
EXH Maria Carlota, REBELO	03 União Coimbra	<b>9:29.81</b>	595
50m: 31.61 31.61 250m: 2:53.94 35.99 450m: 5:19.03 36.22 650m: 7:43.82 36.17			
100m: 1:06.87 35.26 300m: 3:30.18 36.24 500m: 5:55.15 36.12 700m: 8:20.08 36.26			
150m: 1:42.30 35.43 350m: 4:06.56 36.38 550m: 6:31.29 36.14 750m: 8:55.84 35.76			
200m: 2:17.95 35.65 400m: 4:42.81 36.25 600m: 7:07.65 36.36 800m: 9:29.81 33.97			
EXH Matilde Alves, FLORENCIO	04 Fundacao Beatriz Santos	<b>9:49.83</b>	536
50m: 33.95 33.95 250m: 3:02.23 37.48 450m: 5:31.59 37.41 650m: 8:00.29 37.40			
100m: 1:10.62 36.67 300m: 3:39.48 37.25 500m: 6:08.76 37.17 700m: 8:37.34 37.05			
150m: 1:47.54 36.92 350m: 4:16.91 37.43 550m: 6:45.84 37.08 750m: 9:14.27 36.93			
200m: 2:24.75 37.21 400m: 4:54.18 37.27 600m: 7:22.89 37.05 800m: 9:49.83 35.56			
EXH Beatriz Almeida, PIRES	03 União Coimbra	<b>9:52.82</b>	528
50m: 33.63 33.63 250m: 3:01.42 37.21 450m: 5:31.23 37.07 650m: 8:01.01 37.56			
100m: 1:09.76 36.13 300m: 3:39.32 37.90 500m: 6:08.79 37.56 700m: 8:39.15 38.14			
150m: 1:46.59 36.83 350m: 4:16.83 37.51 550m: 6:46.05 37.26 750m: 9:16.79 37.64			
200m: 2:24.21 37.62 400m: 4:54.16 37.33 600m: 7:23.45 37.40 800m: 9:52.82 36.03			
EXH Ana Carolina, MONTEIRO	04 União Coimbra	<b>9:53.09</b>	527
50m: 32.57 32.57 250m: 2:59.28 37.19 450m: 5:30.94 38.27 650m: 8:01.82 37.57			
100m: 1:08.26 35.69 300m: 3:36.95 37.67 500m: 6:08.33 37.39 700m: 8:39.36 37.54			
150m: 1:44.74 36.48 350m: 4:15.20 38.25 550m: 6:46.29 37.96 750m: 9:16.90 37.54			
200m: 2:22.09 37.35 400m: 4:52.67 37.47 600m: 7:24.25 37.96 800m: 9:53.09 36.19			
EXH Joana Francisca, RODRIGUES	04 União Coimbra	<b>10:01.03</b>	507
50m: 32.87 32.87 250m: 3:03.07 38.78 450m: 5:36.27 38.59 650m: 8:09.61 38.54			
100m: 1:09.27 36.40 300m: 3:41.16 38.09 500m: 6:14.41 38.14 700m: 8:47.81 38.20			
150m: 1:46.68 37.41 350m: 4:19.92 38.76 550m: 6:53.07 38.66 750m: 9:25.41 37.60			
200m: 2:24.29 37.61 400m: 4:57.68 37.76 600m: 7:31.07 38.00 800m: 10:01.03 35.62			
EXH Ines Matos, SOUSA	03 União Coimbra	<b>10:04.14</b>	499
50m: 34.18 34.18 250m: 3:04.99 38.07 450m: 5:37.83 38.07 650m: 8:10.28 38.22			
100m: 1:10.96 36.78 300m: 3:43.19 38.20 500m: 6:15.92 38.09 700m: 8:48.55 38.27			
150m: 1:48.73 37.77 350m: 4:21.44 38.25 550m: 6:54.24 38.32 750m: 9:26.65 38.10			
200m: 2:26.92 38.19 400m: 4:59.76 38.32 600m: 7:32.06 37.82 800m: 10:04.14 37.49			
EXH Bruna Filipa, PINTO	03 Fundacao Beatriz Santos	<b>10:16.14</b>	470
50m: 35.18 35.18 250m: 3:07.54 38.32 450m: 5:43.15 38.77 650m: 8:19.85 39.43			
100m: 1:12.79 37.61 300m: 3:46.48 38.94 500m: 6:22.29 39.14 700m: 8:59.39 39.54			
150m: 1:51.00 38.21 350m: 4:25.37 38.89 550m: 7:01.37 39.08 750m: 9:38.71 39.32			
200m: 2:29.22 38.22 400m: 5:04.38 39.01 600m: 7:40.42 39.05 800m: 10:16.14 37.43			
EXH Camila Ferreira, MARQUES	03 Fundacao Beatriz Santos	<b>10:17.26</b>	468
50m: 35.34 35.34 250m: 3:10.15 39.05 450m: 5:46.81 40.00 650m: 8:23.94 39.35			
100m: 1:13.95 38.61 300m: 3:49.49 39.34 500m: 6:25.87 39.06 700m: 9:02.86 38.92			
150m: 1:52.44 38.49 350m: 4:28.05 38.56 550m: 7:04.80 38.93 750m: 9:41.12 38.26			
200m: 2:31.10 38.66 400m: 5:06.81 38.76 600m: 7:44.59 39.79 800m: 10:17.26 36.14			
EXH Sara Sofia, TEJO	03 Fundacao Beatriz Santos	<b>10:20.42</b>	461
50m: 35.76 35.76 250m: 3:12.72 39.47 450m: 5:52.28 39.73 650m: 8:27.29 38.77			
100m: 1:14.52 38.76 300m: 3:52.62 39.90 500m: 6:30.53 38.25 700m: 9:05.22 37.93			
150m: 1:53.75 39.23 350m: 4:32.77 40.15 550m: 7:09.74 39.21 750m: 9:42.15 36.93			
200m: 2:33.25 39.50 400m: 5:12.55 39.78 600m: 7:48.52 38.78 800m: 10:20.42 38.27			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 33, Femin., 800m Livres

Lugar			Ano					Tempo final	Pts
EXH	Ana Catarina, SILVA		04	Fundacao Beatriz Santos				<b>10:24.92</b>	451
	50m:	36.14 36.14	250m:	3:12.78	38.99	450m:	5:51.06 39.13	650m:	8:28.97 39.53
	100m:	1:14.78 38.64	300m:	3:52.63	39.85	500m:	6:30.75 39.69	700m:	9:08.40 39.43
	150m:	1:54.65 39.87	350m:	4:32.41	39.78	550m:	7:10.23 39.48	750m:	9:47.32 38.92
	200m:	2:33.79 39.14	400m:	5:11.93	39.52	600m:	7:49.44 39.21	800m:	10:24.92 37.60

Prova 34

19-11-2017 - 9:55

Masc., 1500m Livres  
entrega medalhas (30 - 32)

Juniores

Resultados

Rec Nac Absoluto	15:00.65	Rafael Lourenco, GIL	POR	Porto	13-12-2015
Rec Nac Jun17	15:05.57	Gustavo Manuel, SANTA	POR	Leiria	06-12-2009
Rec Nac Jun18	15:09.03	Joao Alexandre, VITAL	POR	Vila Real Stº Antonio	07-11-2015

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Diogo Coelho, JOSE		01	Columbofila Cantanhedense				<b>16:15.89</b>	656
	50m:	30.31 30.31	450m:	4:48.58	32.45	850m:	9:10.30 32.76	1250m:	13:32.77 32.66
	100m:	1:02.53 32.22	500m:	5:21.34	32.76	900m:	9:43.25 32.95	1300m:	14:05.85 33.08
	150m:	1:34.80 32.27	550m:	5:53.82	32.48	950m:	10:16.01 32.76	1350m:	14:38.74 32.89
	200m:	2:06.82 32.02	600m:	6:26.48	32.66	1000m:	10:49.06 33.05	1400m:	15:11.65 32.91
	250m:	2:39.19 32.37	650m:	6:59.10	32.62	1050m:	11:21.74 32.68	1450m:	15:44.20 32.55
	300m:	3:11.22 32.03	700m:	7:31.88	32.78	1100m:	11:54.46 32.72	1500m:	16:15.89 31.69
	350m:	3:43.53 32.31	750m:	8:04.62	32.74	1150m:	12:27.20 32.74		
	400m:	4:16.13 32.60	800m:	8:37.54	32.92	1200m:	13:00.11 32.91		
2.	Joao Carvalho, DIZ		01	Columbofila Cantanhedense				<b>16:59.46</b>	575
	50m:	31.96 31.96	450m:	5:05.36	34.06	850m:	9:40.63 34.67	1250m:	14:14.09 33.67
	100m:	1:05.82 33.86	500m:	5:39.19	33.83	900m:	10:15.55 34.92	1300m:	14:47.68 33.59
	150m:	1:39.96 34.14	550m:	6:13.78	34.59	950m:	10:49.16 33.61	1350m:	15:21.44 33.76
	200m:	2:14.08 34.12	600m:	6:48.13	34.35	1000m:	11:23.10 33.94	1400m:	15:54.82 33.38
	250m:	2:48.45 34.37	650m:	7:22.42	34.29	1050m:	11:57.31 34.21	1450m:	16:28.58 33.76
	300m:	3:22.90 34.45	700m:	7:56.64	34.22	1100m:	12:31.65 34.34	1500m:	16:59.46 30.88
	350m:	3:57.26 34.36	750m:	8:31.38	34.74	1150m:	13:05.93 34.28		
	400m:	4:31.30 34.04	800m:	9:05.96	34.58	1200m:	13:40.42 34.49		
3.	Pedro Simoes, RODRIGUES		01	União Coimbra				<b>17:01.46</b>	572
	50m:	30.04 30.04	450m:	5:01.63	34.49	850m:	9:34.51 34.43	1250m:	14:10.27 34.51
	100m:	1:03.20 33.16	500m:	5:35.67	34.04	900m:	10:08.95 34.44	1300m:	14:44.71 34.44
	150m:	1:37.10 33.90	550m:	6:09.75	34.08	950m:	10:43.28 34.33	1350m:	15:19.35 34.64
	200m:	2:11.47 34.37	600m:	6:43.92	34.17	1000m:	11:17.51 34.23	1400m:	15:54.01 34.66
	250m:	2:45.70 34.23	650m:	7:17.78	33.86	1050m:	11:51.86 34.35	1450m:	16:28.55 34.54
	300m:	3:19.66 33.96	700m:	7:51.75	33.97	1100m:	12:26.11 34.25	1500m:	17:01.46 32.91
	350m:	3:53.25 33.59	750m:	8:25.81	34.06	1150m:	13:01.10 34.99		
	400m:	4:27.14 33.89	800m:	9:00.08	34.27	1200m:	13:35.76 34.66		
4.	Francisco Miguel, CARVALHO		00	Academica de Coimbra				<b>17:39.22</b>	513
	50m:	31.02 31.02	450m:	5:10.82	35.63	850m:	9:57.43 35.81	1250m:	14:44.12 35.51
	100m:	1:04.88 33.86	500m:	5:46.57	35.75	900m:	10:33.50 36.07	1300m:	15:19.33 35.21
	150m:	1:39.61 34.73	550m:	6:22.31	35.74	950m:	11:09.24 35.74	1350m:	15:54.43 35.10
	200m:	2:14.94 35.33	600m:	6:58.16	35.85	1000m:	11:45.16 35.92	1400m:	16:29.82 35.39
	250m:	2:49.55 34.61	650m:	7:33.98	35.82	1050m:	12:21.13 35.97	1450m:	17:05.19 35.37
	300m:	3:24.61 35.06	700m:	8:09.55	35.57	1100m:	12:56.86 35.73	1500m:	17:39.22 34.03
	350m:	3:59.77 35.16	750m:	8:45.74	36.19	1150m:	13:32.85 35.99		
	400m:	4:35.19 35.42	800m:	9:21.62	35.88	1200m:	14:08.61 35.76		



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 34, Masc., 1500m Livres

Prova 34  
19-11-2017 - 9:55

Masc., 1500m Livres  
entrega medalhas (30 - 32)

Seniores  
Resultados

Rec Nac Absoluto	15:00.65	Rafael Lourenco, GIL	POR	Porto	13-12-2015
Rec Nac Sen	15:00.65	Rafael Lourenco, GIL	POR	Porto	13-12-2015

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts		
1.	Miguel Caridade, GASPAR		99	Academica de Coimbra				<b>16:59.11</b>	576		
	50m:	31.98 31.98	450m:	5:07.99	34.59	850m:	9:41.69	34.29	1250m:	14:13.30	33.61
	100m:	1:06.34 34.36	500m:	5:42.10	34.11	900m:	10:15.80	34.11	1300m:	14:47.14	33.84
	150m:	1:40.98 34.64	550m:	6:16.43	34.33	950m:	10:49.56	33.76	1350m:	15:20.89	33.75
	200m:	2:15.41 34.43	600m:	6:50.51	34.08	1000m:	11:23.43	33.87	1400m:	15:54.80	33.91
	250m:	2:50.10 34.69	650m:	7:24.82	34.31	1050m:	11:57.57	34.14	1450m:	16:28.51	33.71
	300m:	3:24.44 34.34	700m:	7:59.13	34.31	1100m:	12:31.92	34.35	1500m:	16:59.11	30.60
	350m:	3:59.03 34.59	750m:	8:33.36	34.23	1150m:	13:05.91	33.99			
	400m:	4:33.40 34.37	800m:	9:07.40	34.04	1200m:	13:39.69	33.78			
2.	Pedro Ribeiro, SANTOS		98	Condeixa Clube				<b>17:16.73</b>	547		
	50m:	31.14 31.14	450m:	5:07.55	34.71	850m:	9:47.82	34.88	1250m:	14:25.35	34.54
	100m:	1:04.90 33.76	500m:	5:42.35	34.80	900m:	10:22.48	34.66	1300m:	14:59.65	34.30
	150m:	1:39.70 34.80	550m:	6:17.42	35.07	950m:	10:57.39	34.91	1350m:	15:33.97	34.32
	200m:	2:14.75 35.05	600m:	6:52.56	35.14	1000m:	11:32.06	34.67	1400m:	16:09.43	35.46
	250m:	2:49.32 34.57	650m:	7:27.56	35.00	1050m:	12:06.71	34.65	1450m:	16:44.38	34.95
	300m:	3:23.79 34.47	700m:	8:03.18	35.62	1100m:	12:40.59	33.88	1500m:	17:16.73	32.35
	350m:	3:58.44 34.65	750m:	8:38.60	35.42	1150m:	13:15.80	35.21			
	400m:	4:32.84 34.40	800m:	9:12.94	34.34	1200m:	13:50.81	35.01			
3.	Jose Miguel, VENTURA		97	Fundacao Beatriz Santos				<b>18:02.43</b>	480		
	50m:	32.50 32.50	450m:	5:17.03	36.01	850m:	10:08.95	36.92	1250m:	15:01.09	36.35
	100m:	1:07.36 34.86	500m:	5:53.05	36.02	900m:	10:45.04	36.09	1300m:	15:37.91	36.82
	150m:	1:42.59 35.23	550m:	6:29.56	36.51	950m:	11:21.70	36.66	1350m:	16:14.38	36.47
	200m:	2:18.17 35.58	600m:	7:05.87	36.31	1000m:	11:57.62	35.92	1400m:	16:51.14	36.76
	250m:	2:53.98 35.81	650m:	7:42.62	36.75	1050m:	12:34.67	37.05	1450m:	17:27.43	36.29
	300m:	3:29.81 35.83	700m:	8:19.84	37.22	1100m:	13:11.01	36.34	1500m:	18:02.43	35.00
	350m:	4:05.18 35.37	750m:	8:55.70	35.86	1150m:	13:48.04	37.03			
	400m:	4:41.02 35.84	800m:	9:32.03	36.33	1200m:	14:24.74	36.70			

Prova 34  
19-11-2017 - 9:55

Masc., 1500m Livres  
entrega medalhas (30 - 32)

Juvenis  
Resultados

Rec Nac Absoluto	15:00.65	Rafael Lourenco, GIL	POR	Porto	13-12-2015
Rec Nac Juv B	16:09.71	Luis Miguel, MONTEIRO	POR	Felgueiras	01-03-1998
Rec Nac Juv A	15:36.31	Rui Filipe, COSTA	POR	Braga	04-03-2007

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts		
DNS	Martim Miranda, MACHADO		03	União Coimbra							
EXH	Paulo Andre, FROTA		02	Fundacao Beatriz Santos				<b>16:50.96</b>	590		
	50m:	30.60 30.60	450m:	4:55.73	33.87	850m:	9:27.58	33.96	1250m:	14:01.06	34.27
	100m:	1:02.98 32.38	500m:	5:29.73	34.00	900m:	10:01.71	34.13	1300m:	14:35.45	34.39
	150m:	1:35.37 32.39	550m:	6:03.81	34.08	950m:	10:35.76	34.05	1350m:	15:09.48	34.03
	200m:	2:07.96 32.59	600m:	6:37.29	33.48	1000m:	11:10.09	34.33	1400m:	15:43.63	34.15
	250m:	2:41.11 33.15	650m:	7:10.99	33.70	1050m:	11:44.16	34.07	1450m:	16:18.01	34.38
	300m:	3:14.33 33.22	700m:	7:45.34	34.35	1100m:	12:18.23	34.07	1500m:	16:50.96	32.95
	350m:	3:48.10 33.77	750m:	8:19.54	34.20	1150m:	12:52.29	34.06			
	400m:	4:21.86 33.76	800m:	8:53.62	34.08	1200m:	13:26.79	34.50			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 34, Masc., 1500m Livres

Lugar			Ano					Tempo final	Pts
EXH	Vitor Teixeira, OLIVEIRA		03	Columbofila Cantanhedense				<b>17:11.62</b>	555
	50m:	31.77 31.77	450m:	5:07.61	34.70	850m:	9:43.75 34.24	1250m:	14:19.36 34.37
	100m:	1:05.92 34.15	500m:	5:42.29	34.68	900m:	10:18.17 34.42	1300m:	14:54.21 34.85
	150m:	1:40.20 34.28	550m:	6:16.99	34.70	950m:	10:52.59 34.42	1350m:	15:28.74 34.53
	200m:	2:14.60 34.40	600m:	6:51.42	34.43	1000m:	11:27.00 34.41	1400m:	16:03.29 34.55
	250m:	2:49.07 34.47	650m:	7:26.15	34.73	1050m:	12:01.70 34.70	1450m:	16:37.85 34.56
	300m:	3:23.52 34.45	700m:	8:00.81	34.66	1100m:	12:36.15 34.45	1500m:	17:11.62 33.77
	350m:	3:58.11 34.59	750m:	8:34.98	34.17	1150m:	13:10.51 34.36		
	400m:	4:32.91 34.80	800m:	9:09.51	34.53	1200m:	13:44.99 34.48		
EXH	Rodrigo Alexandre, TRAVASSOS		02	Fundacao Beatriz Santos				<b>17:23.06</b>	537
	50m:	30.15 30.15	450m:	5:00.61	33.97	850m:	9:37.95 35.67	1250m:	14:23.88 35.48
	100m:	1:03.72 33.57	500m:	5:35.07	34.46	900m:	10:14.13 36.18	1300m:	14:59.82 35.94
	150m:	1:37.74 34.02	550m:	6:10.00	34.93	950m:	10:50.26 36.13	1350m:	15:35.72 35.90
	200m:	2:12.00 34.26	600m:	6:44.46	34.46	1000m:	11:26.52 36.26	1400m:	16:12.74 37.02
	250m:	2:45.90 33.90	650m:	7:18.78	34.32	1050m:	12:02.47 35.95	1450m:	16:48.45 35.71
	300m:	3:19.83 33.93	700m:	7:53.11	34.33	1100m:	12:38.64 36.17	1500m:	17:23.06 34.61
	350m:	3:53.09 33.26	750m:	8:27.80	34.69	1150m:	13:13.09 34.45		
	400m:	4:26.64 33.55	800m:	9:02.28	34.48	1200m:	13:48.40 35.31		
EXH	Joao Neto, PEREIRA		02	Fundacao Beatriz Santos				<b>17:40.84</b>	510
	50m:	29.66 29.66	450m:	5:13.57	35.82	850m:	10:00.65 35.89	1250m:	14:46.58 35.17
	100m:	1:03.34 33.68	500m:	5:50.01	36.44	900m:	10:36.94 36.29	1300m:	15:21.64 35.06
	150m:	1:38.76 35.42	550m:	6:25.90	35.89	950m:	11:13.20 36.26	1350m:	15:57.52 35.88
	200m:	2:14.23 35.47	600m:	7:01.88	35.98	1000m:	11:49.22 36.02	1400m:	16:32.83 35.31
	250m:	2:50.16 35.93	650m:	7:37.81	35.93	1050m:	12:24.46 35.24	1450m:	17:07.24 34.41
	300m:	3:25.90 35.74	700m:	8:13.94	36.13	1100m:	13:00.53 36.07	1500m:	17:40.84 33.60
	350m:	4:01.87 35.97	750m:	8:48.56	34.62	1150m:	13:36.17 35.64		
	400m:	4:37.75 35.88	800m:	9:24.76	36.20	1200m:	14:11.41 35.24		
EXH	Bernardo Cardetas, CARDOSO		02	Columbofila Cantanhedense				<b>17:48.65</b>	499
	50m:	31.81 31.81	450m:	5:12.82	35.68	850m:	10:00.45 35.87	1250m:	14:48.68 36.15
	100m:	1:06.55 34.74	500m:	5:49.02	36.20	900m:	10:36.00 35.55	1300m:	15:24.97 36.29
	150m:	1:41.45 34.90	550m:	6:24.98	35.96	950m:	11:12.13 36.13	1350m:	16:01.11 36.14
	200m:	2:16.29 34.84	600m:	7:00.92	35.94	1000m:	11:48.21 36.08	1400m:	16:37.31 36.20
	250m:	2:51.47 35.18	650m:	7:36.82	35.90	1050m:	12:24.41 36.20	1450m:	17:13.48 36.17
	300m:	3:26.56 35.09	700m:	8:12.63	35.81	1100m:	13:00.27 35.86	1500m:	17:48.65 35.17
	350m:	4:01.68 35.12	750m:	8:48.59	35.96	1150m:	13:36.53 36.26		
	400m:	4:37.14 35.46	800m:	9:24.58	35.99	1200m:	14:12.53 36.00		
EXH	Goncalo Pires, LOURENCO		03	Fundacao Beatriz Santos				<b>20:18.60</b>	337
	50m:	34.48 34.48	450m:	6:01.57	41.49	850m:	11:31.48 40.94	1250m:	16:58.97 41.95
	100m:	1:14.03 39.55	500m:	6:42.93	41.36	900m:	12:12.91 41.43	1300m:	17:40.56 41.59
	150m:	1:55.14 41.11	550m:	7:22.79	39.86	950m:	12:54.75 41.84	1350m:	18:20.94 40.38
	200m:	2:36.36 41.22	600m:	8:05.14	42.35	1000m:	13:35.81 41.06	1400m:	19:00.26 39.32
	250m:	3:17.51 41.15	650m:	8:47.11	41.97	1050m:	14:15.93 40.12	1450m:	19:40.03 39.77
	300m:	3:56.83 39.32	700m:	9:28.51	41.40	1100m:	14:56.59 40.66	1500m:	20:18.60 38.57
	350m:	4:38.68 41.85	750m:	10:09.75	41.24	1150m:	15:36.08 39.49		
	400m:	5:20.08 41.40	800m:	10:50.54	40.79	1200m:	16:17.02 40.94		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 35  
19-11-2017 - 10:35

Femin., 50m Mariposa

Juniiores  
Resultados

Rec Nac Absoluto	26.78	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	16-12-2010
Rec Nac Jun16	27.57	Filipa Vilas, TIAGO	POR	Leiria	06-12-2009
Rec Nac Jun17	27.32	Sara Francisco, CRUZ	POR	Leiria	06-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>1. Ines Pereira, SILVA</b> <b>Rec Reg Jun B e Abs</b>	<b>02 Condeixa Clube</b>	<b>29.02</b>	<b>592</b>
2. Beatriz Costa, TEJO	02 Academica de Coimbra	<b>30.34</b>	518
3. Eva Fernandes, CARDOSO	01 Fundacao Beatriz Santos	<b>31.24</b>	475
4. Maria Jose, MADEIRA	02 Academica de Coimbra	<b>31.92</b>	445
5. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>32.10</b>	438
6. Sara Caseiro, PORTUGAL	02 Fundacao Beatriz Santos	<b>32.30</b>	430
7. Carolina Ferreira, REIS	02 Nautico Coimbra	<b>36.58</b>	296

Prova 35  
19-11-2017 - 10:35

Femin., 50m Mariposa

Seniores  
Resultados

Rec Nac Absoluto	26.78	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	16-12-2010
Rec Nac Sen	26.78	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	16-12-2010

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Madalena Nunes, PALMEIRA	99 Academica de Coimbra	<b>30.21</b>	525
2. Teresa Miguel, VELOSO	00 Nautico Coimbra	<b>31.81</b>	450
3. Rita Verissimo, DAMASCENO	98 Nautico Coimbra	<b>31.97</b>	443
4. Matilde Domingues, GAMEIRO	97 Nautico Coimbra	<b>32.19</b>	434
5. Ana Teresa, NUNES	88 Fundacao Beatriz Santos	<b>36.33</b>	302
6. Carolina Caetano, LOURENCO	94 APC Coimbra	<b>1:11.42</b>	39
7. Barbara Ines, GOMES	91 APC Coimbra	<b>1:12.98</b>	37

Prova 36  
19-11-2017 - 10:40

Masc., 50m Mariposa

Juniiores  
Resultados

Rec Nac Absoluto	23.50	Tiago Andre, VENANCIO	POR	Szczecin (POL)	11-12-2011
Rec Nac Jun17	25.29	Koen, WEUSTINK	POR	Mirandela	19-03-2017
Rec Nac Jun18	24.68	Joao Miguel, ASCENSAO	POR	Porto	21-12-2014

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>1. Jose Miguel, CUNHA</b>	<b>01 Condeixa Clube</b>	<b>26.76</b>	<b>540</b>
2. Francisco Alberto, LUCAS	00 Academica de Coimbra	<b>27.96</b>	473
<b>3. Rodrigo Ribeiro, GOMES</b>	<b>00 Condeixa Clube</b>	<b>27.98</b>	<b>472</b>
<b>4. Ricardo Marques, PEREIRA</b>	<b>01 Condeixa Clube</b>	<b>29.32</b>	<b>411</b>
5. Joao Baptista, MARQUES	00 Nautico Coimbra	<b>29.40</b>	407
6. Gabriel Jose, JULIO	01 Academica de Coimbra	<b>29.83</b>	390
<b>7. Goncalo Pereira, CORREIA</b>	<b>00 Condeixa Clube</b>	<b>29.93</b>	<b>386</b>
8. Diogo Miguel, PISCO	01 S. Pedro Alva	<b>30.02</b>	382
9. Gabriel Jose, FIGUEIRA	01 Academica de Coimbra	<b>30.07</b>	381
<b>10. Adriano Fernandes, SIMOES</b>	<b>00 Condeixa Clube</b>	<b>30.36</b>	<b>370</b>
11. Marcelo Silva, CLEMENTE	00 Nautico Coimbra	<b>32.25</b>	308
<b>12. David Vaz, RODRIGUES</b>	<b>00 Condeixa Clube</b>	<b>35.36</b>	<b>234</b>

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 36, Masc., 50m Mariposa

Prova 36  
19-11-2017 - 10:40

Masc., 50m Mariposa

Seniores  
Resultados

Rec Nac Absoluto	23.50	Tiago Andre, VENANCIO	POR	Szczecin (POL)	11-12-2011
Rec Nac Sen	23.50	Tiago Andre, VENANCIO	POR	Szczecin (POL)	11-12-2011

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Gustavo Almeida, MADUREIRA	94 Academica de Coimbra	<b>26.11</b>	582
2. Bernardo Santos, CLEMENTE	98 Academica de Coimbra	<b>26.27</b>	571
3. Joao Filipe, LUCAS	94 Academica de Coimbra	<b>26.46</b>	559
4. Illya, YELISTRATKIN	96 Academica de Coimbra	<b>26.48</b>	557
5. Rodrigo Alexandre, PATRICIO	98 Nautico Coimbra	<b>27.60</b>	492
6. Francisco Xavier, GONCALVES	97 Nautico Coimbra	<b>27.77</b>	483
7. Jose Antonio, FORTE	95 Academica de Coimbra	<b>29.19</b>	416
8. Maxim, KULIK	99 Academica de Coimbra	<b>29.35</b>	409
<b>9. Afonso Pedrosa, SALGADO</b>	<b>99 Condeixa Clube</b>	<b>29.61</b>	<b>399</b>
<b>10. Pedro Daniel, MARTINS</b>	<b>99 Condeixa Clube</b>	<b>31.95</b>	<b>317</b>
<b>11. Bráulio Loreto, FLORENTINO</b>	<b>98 Condeixa Clube</b>	<b>35.13</b>	<b>238</b>
12. Joel Alexandre, PEREIRA	92 APC Coimbra	<b>57.53</b>	54
EXH Manuel Baptista, SIMOES	03 União Coimbra	<b>27.45</b>	500

Prova 37  
19-11-2017 - 10:45

Femin., 200m Costas

Juniores  
Resultados

Rec Nac Absoluto	2:11.16	Rita Barros, FRISCHKNECHT	POR	Funchal	09-12-2016
Rec Nac Jun16	2:12.80	Petra Quintela, CHAVES	POR	Algés	31-05-1994
Rec Nac Jun17	2:12.52	Rita Barros, FRISCHKNECHT	POR	Porto	21-12-2014

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Alexandra Couto, FRAZAO	02 Fundacao Beatriz Santos	<b>2:25.10</b>	554
50m: 34.35 34.35 100m: 1:10.52 36.17 150m: 1:47.52 37.00 200m: 2:25.10 37.58			
2. Ana Sequeira, FLORINDO	02 União Coimbra	<b>2:29.80</b>	504
50m: 34.74 34.74 100m: 1:12.46 37.72 150m: 1:51.25 38.79 200m: 2:29.80 38.55			
3. Barbara Azambujo, MELO	02 Academica de Coimbra	<b>2:41.09</b>	405
50m: 35.75 35.75 100m: 1:17.30 41.55 150m: 2:00.17 42.87 200m: 2:41.09 40.92			
4. Maria Jose, MADEIRA	02 Academica de Coimbra	<b>2:41.79</b>	400
50m: 37.68 37.68 100m: 1:19.25 41.57 150m: 2:01.74 42.49 200m: 2:41.79 40.05			
5. Patricia Caldeira, FERREIRA	02 Freguesia de Paiao	<b>2:50.91</b>	339
50m: 38.95 38.95 100m: 1:21.75 42.80 150m: 2:06.49 44.74 200m: 2:50.91 44.42			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 37, Femin., 200m Costas

Prova 37  
19-11-2017 - 10:45

Femin., 200m Costas

Seniores  
Resultados

Rec Nac Absoluto	2:11.16	Rita Barros, FRISCHKNECHT	POR	Funchal	09-12-2016
Rec Nac Sen	2:11.16	Rita Barros, FRISCHKNECHT	POR	Funchal	09-12-2016

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
1.	Tatiana Filipa, SANTOS		95	Academica de Coimbra				<b>2:21.69</b>	595
	50m:	33.55 33.55	100m:	1:09.01	35.46	150m:	1:45.43 36.42	200m:	2:21.69 36.26
2.	Beatriz Neves, CRAVEIRO		97	Academica de Coimbra				<b>2:25.30</b>	552
	50m:	34.37 34.37	100m:	1:10.76	36.39	150m:	1:47.83 37.07	200m:	2:25.30 37.47
3.	Ana Miguel, REIS		00	Nautico Coimbra				<b>2:26.30</b>	541
	50m:	34.78 34.78	100m:	1:12.04	37.26	150m:	1:49.42 37.38	200m:	2:26.30 36.88
4.	Andreia Brito, PEREIRA		00	Condeixa Clube				<b>2:35.52</b>	450
	50m:	35.30 35.30	100m:	1:14.53	39.23	150m:	1:55.21 40.68	200m:	2:35.52 40.31

Prova 37  
19-11-2017 - 10:45

Femin., 200m Costas

Juvenis  
Resultados

Rec Nac Absoluto	2:11.16	Rita Barros, FRISCHKNECHT	POR	Funchal	09-12-2016
Rec Nac Juv B	2:17.86	Catia Raquel, MARTINHEIRA	POR	Sines	21-12-2008
Rec Nac Juv A	2:16.30	Petra Quintela, CHAVES	POR	Algés	14-05-1993

Pontos: FINA 2017

Lugar			Ano					Tempo final	Pts
DNS	Petra Lopes, COELHO		04	Academica de Coimbra					
EXH	Ana Catarina, SANTOS		03	Condeixa Clube				<b>2:36.59</b>	441
	50m:	35.69 35.69	100m:	1:14.87	39.18	150m:	1:55.60 40.73	200m:	2:36.59 40.99
EXH	Bruna Filipa, PINTO		03	Fundacao Beatriz Santos				<b>2:36.75</b>	440
	50m:	36.19 36.19	100m:	1:15.20	39.01	150m:	1:55.61 40.41	200m:	2:36.75 41.14
EXH	Ines Dias, CRUZ		04	Fundacao Beatriz Santos				<b>2:41.75</b>	400
	50m:	37.76 37.76	100m:	1:18.44	40.68	150m:	2:00.05 41.61	200m:	2:41.75 41.70
EXH	Sara Sofia, TEJO		03	Fundacao Beatriz Santos				<b>2:41.90</b>	399
	50m:	36.84 36.84	100m:	1:18.19	41.35	150m:	2:00.81 42.62	200m:	2:41.90 41.09
EXH	Leonor Correia, CUNHA		04	Condeixa Clube				<b>2:43.38</b>	388
	50m:	38.12 38.12	100m:	1:19.32	41.20	150m:	2:01.42 42.10	200m:	2:43.38 41.96
EXH	Marta Domingues, GAMEIRO		04	Nautico Coimbra				<b>2:50.53</b>	341
	50m:	40.17 40.17	100m:	1:23.03	42.86	150m:	2:07.00 43.97	200m:	2:50.53 43.53
EXH	Leonor Horta, COSTA		04	Nautico Coimbra				<b>2:52.03</b>	332
	50m:	39.62 39.62	100m:	1:23.02	43.40	150m:	2:08.13 45.11	200m:	2:52.03 43.90
EXH	Laura Rodrigues, MARGATO		04	Academica de Coimbra				<b>3:02.21</b>	280
	50m:	43.87 43.87	100m:	1:30.26	46.39	150m:	2:16.87 46.61	200m:	3:02.21 45.34

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 38 Masc., 200m Costas Juniores Resultados  
19-11-2017 - 11:00

Rec Nac Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	22-11-2012
Rec Nac Jun17	1:59.34	Adriano Miguel, NIZ	POR	Alges	16-05-2003
Rec Nac Jun18	1:58.37	Adriano Miguel, NIZ	POR	Figueira da Foz	03-07-2004

Pontos: FINA 2017

Lugar	Ano			Tempo final				Pts
1. Bernardo Vinagre, ARZILEIRO	01	União Coimbra		<b>2:13.78</b>				492
50m: 31.54 31.54	100m: 1:04.90	33.36	150m: 1:39.57	34.67	200m: 2:13.78	34.21		
2. Alberto Antonio, SANTOS	01	S. Pedro Alva		<b>2:22.42</b>				407
50m: 32.22 32.22	100m: 1:08.49	36.27	150m: 1:46.44	37.95	200m: 2:22.42	35.98		

Prova 38 Masc., 200m Costas Seniores Resultados  
19-11-2017 - 11:00

Rec Nac Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	22-11-2012
Rec Nac Sen	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	22-11-2012

Pontos: FINA 2017

Lugar	Ano			Tempo final				Pts
1. Tiago Moises, DINIS	98	Nautico Coimbra		<b>2:15.68</b>				471
50m: 31.99 31.99	100m: 1:06.17	34.18	150m: 1:41.10	34.93	200m: 2:15.68	34.58		
2. Joel Alexandre, PEREIRA	92	APC Coimbra		<b>4:10.89</b>				74
50m: 58.55 58.55	100m: 2:03.23	1:04.68	150m: 3:06.90	1:03.67	200m: 4:10.89	1:03.99		

Prova 38 Masc., 200m Costas Juvenis Resultados  
19-11-2017 - 11:00

Rec Nac Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	22-11-2012
Rec Nac Juv B	2:04.99	Joao Alexandre, VITAL	POR	Alapraia	09-03-2013
Rec Nac Juv A	2:01.43	Diogo Gomes, SOUSA	POR	Algés	04-06-2011

Pontos: FINA 2017

Lugar	Ano			Tempo final				Pts
DNS Vasco Pereira, BASTOS	02	Nautico Coimbra						
EXH Joao Pedro, DIAS	02	Fundacao Beatriz Santos		<b>2:14.59</b>				483
50m: 31.44 31.44	100m: 1:05.64	34.20	150m: 1:40.53	34.89	200m: 2:14.59	34.06		
<b>EXH Tomas Pedrosa, MIGUEL</b>	<b>02</b>	<b>Condeixa Clube</b>		<b>2:21.76</b>				<b>413</b>
<b>50m: 32.15 32.15</b>	<b>100m: 1:07.77</b>	<b>35.62</b>	<b>150m: 1:44.72</b>	<b>36.95</b>	<b>200m: 2:21.76</b>	<b>37.04</b>		
EXH Bernardo Cardetas, CARDOSO	02	Columbofila Cantanhedense		<b>2:27.92</b>				364
50m: 34.31 34.31	100m: 1:11.60	37.29	150m: 1:49.61	38.01	200m: 2:27.92	38.31		
EXH David Valdagua, COUTINHO	03	Columbofila Cantanhedense		<b>2:29.47</b>				352
50m: 35.31 35.31	100m: 1:13.02	37.71	150m: 1:51.68	38.66	200m: 2:29.47	37.79		
EXH Miguel Freitas, OVIEDO	02	Academica de Coimbra		<b>2:32.70</b>				331
50m: 36.32 36.32	100m: 1:14.85	38.53	150m: 1:54.59	39.74	200m: 2:32.70	38.11		
EXH Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos		<b>2:54.35</b>				222
50m: 41.74 41.74	100m: 1:26.66	44.92	150m: 2:11.35	44.69	200m: 2:54.35	43.00		
EXH Jose Miguel, SILVA	02	Nautico Coimbra		<b>2:54.83</b>				220
50m: 41.60 41.60	100m: 1:26.39	44.79	150m: 2:12.30	45.91	200m: 2:54.83	42.53		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 39 Femin., 50m Bruços Juniores  
19-11-2017 - 11:15 Resultados

Rec Nac Absoluto	31.43	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun16	31.46	Ana Pinho, RODRIGUES	POR	Leiria	06-12-2009
Rec Nac Jun17	32.09	Raquel Gomes, PEREIRA	POR	Funchal	11-12-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joana Victorino, HENRIQUES	01 Condeixa Clube	34.71	561
2. Ines Cacao, GONCALVES	02 Nautico Coimbra	38.93	398
DSQ Ana Carolina, VENTURA	02 Academica de Coimbra		
<i>Falsa partida</i>			

Prova 39 Femin., 50m Bruços Seniores  
19-11-2017 - 11:15 Resultados

Rec Nac Absoluto	31.43	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Sen	31.43	Diana Duarte, GOMES	POR	S. António Cavaleiros	19-12-2009

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, NEVES	00 Academica de Coimbra	36.86	469
2. Beatriz Castanheira, DIAS	99 Academica de Coimbra	37.78	435
3. Carolina Caetano, LOURENCO	94 APC Coimbra	1:08.92	71

Prova 40 Masc., 50m Bruços Juniores  
19-11-2017 - 11:20 Foco Criativo Resultados

Rec Nac Absoluto	27.16	Carlos Esteves, ALMEIDA	POR	Porto	21-12-2014
Rec Nac Jun17	28.56	Pedro Miguel, AGOSTINHO	POR	S. António Cavaleiros	03-05-2009
Rec Nac Jun18	28.55	Simao Miguel, CAPITAO	POR	Senhora da Hora	24-05-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Francisco Alberto, LUCAS	00 Academica de Coimbra	34.07	407
2. Pedro Simoes, RODRIGUES	01 União Coimbra	34.44	394
3. Diogo Miguel, PISCO	01 S. Pedro Alva	35.35	364
4. Joao Baptista, MARQUES	00 Nautico Coimbra	35.68	354
5. Gabriel Jose, FIGUEIRA	01 Academica de Coimbra	36.73	324
6. David Vaz, RODRIGUES	00 Condeixa Clube	39.29	265

Prova 40 Masc., 50m Bruços Seniores  
19-11-2017 - 11:20 Foco Criativo Resultados

Rec Nac Absoluto	27.16	Carlos Esteves, ALMEIDA	POR	Porto	21-12-2014
Rec Nac Sen	27.16	Carlos Esteves, ALMEIDA	POR	Porto	21-12-2014

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Joao Andre, NEVES	95 Academica de Coimbra	31.44	518
2. Illya, YELISTRATKIN	96 Academica de Coimbra	31.72	504
3. Tiago Moises, DINIS	98 Nautico Coimbra	32.40	473
4. Rodrigo Alexandre, PATRICIO	98 Nautico Coimbra	34.15	404
5. Afonso Pedrosa, SALGADO	99 Condeixa Clube	35.39	363
6. Ricardo Luis, AGOSTINHO	96 Fundacao Beatriz Santos	36.25	337
7. Bruno Miguel, NUNES	99 Nautico Coimbra	37.46	306
8. Pedro Daniel, MARTINS	99 Condeixa Clube	38.53	281
9. Braulio Loreto, FLORENTINO	98 Condeixa Clube	43.36	197

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 40, Masc., 50m Bruços

Lugar	Ano	Tempo final	Pts
EXH Duarte Anastacio, SOUSA	02 União Coimbra	<b>31.61</b>	509

Prova 41

19-11-2017 - 11:25

Femin., 200m Livres

Juniores  
Resultados

Rec Nac Absoluto	1:59.53	Diana Margarida, DURAES	POR	Porto	13-12-2015
Rec Nac Jun16	2:02.42	Andreia Catarina, GOMES	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun17	2:02.89	Diana Margarida, DURAES	POR	Porto	09-12-2012

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Alexandra Couto, FRAZAO	02 Fundacao Beatriz Santos	<b>2:07.60</b>	654
50m: 30.54 30.54 100m: 1:02.11 31.57 150m: 1:34.80 32.69 200m: 2:07.60 32.80			
2. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>2:12.40</b>	585
50m: 31.52 31.52 100m: 1:05.08 33.56 150m: 1:38.92 33.84 200m: 2:12.40 33.48			
3. Ana Sequeira, FLORINDO	02 União Coimbra	<b>2:14.62</b>	557
50m: 30.92 30.92 100m: 1:04.78 33.86 150m: 1:40.03 35.25 200m: 2:14.62 34.59			
4. Beatriz Costa, TEJO	02 Academica de Coimbra	<b>2:16.85</b>	530
50m: 32.53 32.53 100m: 1:07.70 35.17 150m: 1:43.17 35.47 200m: 2:16.85 33.68			
5. Eva Fernandes, CARDOSO	01 Fundacao Beatriz Santos	<b>2:18.89</b>	507
50m: 32.02 32.02 100m: 1:07.10 35.08 150m: 1:42.89 35.79 200m: 2:18.89 36.00			
6. Sara Caseiro, PORTUGAL	02 Fundacao Beatriz Santos	<b>2:20.67</b>	488
50m: 32.45 32.45 100m: 1:08.13 35.68 150m: 1:45.10 36.97 200m: 2:20.67 35.57			
7. Patricia Caldeira, FERREIRA	02 Freguesia de Paiao	<b>2:41.90</b>	320
50m: 37.23 37.23 100m: 1:17.68 40.45 150m: 2:00.55 42.87 200m: 2:41.90 41.35			

Prova 41

19-11-2017 - 11:25

Femin., 200m Livres

Seniores  
Resultados

Rec Nac Absoluto	1:59.53	Diana Margarida, DURAES	POR	Porto	13-12-2015
Rec Nac Sen	1:59.53	Diana Margarida, DURAES	POR	Porto	13-12-2015

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Teresa Miguel, VELOSO	00 Nautico Coimbra	<b>2:11.23</b>	601
50m: 30.94 30.94 100m: 1:04.11 33.17 150m: 1:37.50 33.39 200m: 2:11.23 33.73			
2. Emilia Matos, PEREIRA	99 Fundacao Beatriz Santos	<b>2:16.67</b>	532
50m: 31.83 31.83 100m: 1:05.93 34.10 150m: 1:40.85 34.92 200m: 2:16.67 35.82			
3. Rita Verissimo, DAMASCENO	98 Nautico Coimbra	<b>2:18.75</b>	508
50m: 33.09 33.09 100m: 1:08.74 35.65 150m: 1:44.29 35.55 200m: 2:18.75 34.46			
4. Beatriz Lopes, PINTO	99 Academica de Coimbra	<b>2:19.87</b>	496
50m: 33.48 33.48 100m: 1:09.16 35.68 150m: 1:44.47 35.31 200m: 2:19.87 35.40			
5. Mariana Pinto, ANGELO	99 Academica de Coimbra	<b>2:20.06</b>	494
50m: 32.42 32.42 100m: 1:07.84 35.42 150m: 1:44.29 36.45 200m: 2:20.06 35.77			
6. Matilde Domingues, GAMEIRO	97 Nautico Coimbra	<b>2:23.22</b>	462
50m: 31.82 31.82 100m: 1:07.71 35.89 150m: 1:45.52 37.81 200m: 2:23.22 37.70			
7. Maria Beatriz, JORGE	00 Nautico Coimbra	<b>2:27.52</b>	423
50m: 32.67 32.67 100m: 1:09.92 37.25 150m: 1:48.89 38.97 200m: 2:27.52 38.63			
8. Ana Teresa, NUNES	88 Fundacao Beatriz Santos	<b>2:39.67</b>	333
50m: 36.03 36.03 100m: 1:15.86 39.83 150m: 1:57.86 42.00 200m: 2:39.67 41.81			



Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 41, Femin., 200m Livres, Seniores

Lugar	Ano	Tempo final	Pts
9. Barbara Ines, GOMES	91 APC Coimbra	<b>4:22.24</b>	75
50m: 1:00.70 1:00.70	100m: 2:09.04 1:08.34	150m: 3:18.34 1:09.30	200m: 4:22.24 1:03.90

Prova 41  
19-11-2017 - 11:25

Femin., 200m Livres

Juvenis Resultados

Rec Nac Absoluto	1:59.53	Diana Margarida, DURAES	POR	Porto	13-12-2015
Rec Nac Juv B	2:04.38	Camila Rodrigues, REBELO	POR	Coimbra	25-06-2017
Rec Nac Juv A	2:04.01	Alexandra Couto, FRAZAO	POR	Coimbra	25-06-2017

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
DNS Petra Lopes, COELHO	04 Academica de Coimbra		
DNS Cintia Silva, VIEIRA	04 Freguesia de Paiao		
EXH Mariana Jacinto, SANTOS	03 Freguesia de Paiao	<b>2:21.94</b>	475
50m: 32.51 32.51	100m: 1:08.28 35.77	150m: 1:45.48 37.20	200m: 2:21.94 36.46
EXH Maria Miguel, GAMEIRO	03 Nautico Coimbra	<b>2:22.04</b>	474
50m: 32.49 32.49	100m: 1:08.75 36.26	150m: 1:45.69 36.94	200m: 2:22.04 36.35
EXH Ines Mariana, PINHEIRO	03 Academica de Coimbra	<b>2:23.02</b>	464
50m: 31.94 31.94	100m: 1:08.21 36.27	150m: 1:47.78 39.57	200m: 2:23.02 35.24
EXH Ana Pereira, SOUSA	03 Freguesia de Paiao	<b>2:26.17</b>	435
50m: 33.14 33.14	100m: 1:09.93 36.79	150m: 1:48.33 38.40	200m: 2:26.17 37.84
EXH Ana Catarina, SANTOS	03 Condeixa Clube	<b>2:27.57</b>	423
50m: 33.83 33.83	100m: 1:11.17 37.34	150m: 1:50.52 39.35	200m: 2:27.57 37.05
EXH Camila Ferreira, MARQUES	03 Fundacao Beatriz Santos	<b>2:28.05</b>	418
50m: 33.25 33.25	100m: 1:11.13 37.88	150m: 1:50.42 39.29	200m: 2:28.05 37.63
EXH Daniela Portela, MENDES	04 Condeixa Clube	<b>2:28.08</b>	418
50m: 32.98 32.98	100m: 1:10.00 37.02	150m: 1:49.22 39.22	200m: 2:28.08 38.86
EXH Milena Ferreira, JORDAO	03 Freguesia de Paiao	<b>2:31.40</b>	391
50m: 35.43 35.43	100m: 1:13.79 38.36	150m: 1:52.99 39.20	200m: 2:31.40 38.41
EXH Marta Domingues, GAMEIRO	04 Nautico Coimbra	<b>2:33.20</b>	378
50m: 35.30 35.30	100m: 1:13.53 38.23	150m: 1:53.61 40.08	200m: 2:33.20 39.59
EXH Leonor Correia, CUNHA	04 Condeixa Clube	<b>2:34.82</b>	366
50m: 34.16 34.16	100m: 1:13.30 39.14	150m: 1:54.09 40.79	200m: 2:34.82 40.73
EXH Maria Ines, DIONISIO	04 Fundacao Beatriz Santos	<b>2:37.58</b>	347
50m: 34.13 34.13	100m: 1:13.65 39.52	150m: 1:57.43 43.78	200m: 2:37.58 40.15
EXH Leonor Horta, COSTA	04 Nautico Coimbra	<b>2:39.59</b>	334
50m: 36.14 36.14	100m: 1:17.00 40.86	150m: 1:58.87 41.87	200m: 2:39.59 40.72
EXH Bruna Cruz, CARVALHO	03 S. Pedro Alva	<b>2:41.23</b>	324
50m: 34.46 34.46	100m: 1:14.88 40.42	150m: 1:58.38 43.50	200m: 2:41.23 42.85
EXH Maria Francisca, GASPAS	04 Freguesia de Paiao	<b>2:42.54</b>	316
50m: 36.26 36.26	100m: 1:17.71 41.45	150m: 2:01.47 43.76	200m: 2:42.54 41.07
EXH Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>2:47.77</b>	287
50m: 38.26 38.26	100m: 1:20.95 42.69	150m: 2:04.51 43.56	200m: 2:47.77 43.26
EXH Joana Beatriz, RODRIGUES	04 Academica de Coimbra	<b>2:48.85</b>	282
50m: 39.65 39.65	100m: 1:22.72 43.07	150m: 2:07.96 45.24	200m: 2:48.85 40.89
EXH Filipa Victor, VIEIRA	04 Academica de Coimbra	<b>2:49.74</b>	277
50m: 39.34 39.34	100m: 1:23.39 44.05	150m: 2:08.61 45.22	200m: 2:49.74 41.13

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 41, Femin., 200m Livres

Lugar	Ano	Tempo final	Pts
EXH Laura Rodrigues, MARGATO	04 Academica de Coimbra	<b>2:52.08</b>	266
50m: 40.29 40.29 100m: 1:24.37 44.08 150m: 2:09.51 45.14 200m: 2:52.08 42.57			
EXH Beatriz Beja, AFONSO	04 Academica de Coimbra	<b>2:57.32</b>	243
50m: 41.27 41.27 100m: 1:27.52 46.25 150m: 2:13.84 46.32 200m: 2:57.32 43.48			

Prova 42  
19-11-2017 - 11:45

Masc., 200m Livres

Juniores  
Resultados

Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	POR	Felgueiras	21-12-2013
Rec Nac Jun17	1:50.67	Gustavo Manuel, SANTA	POR	Leiria	06-12-2009
Rec Nac Jun18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	12-12-2004

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
1. Diogo Coelho, JOSE	01 Columbofila Cantanhedense	<b>1:56.48</b>	620
50m: 27.81 27.81 100m: 57.46 29.65 150m: 1:27.34 29.88 200m: 1:56.48 29.14			
2. Lucas Pereira, BASTOS	00 Nautico Coimbra	<b>1:58.26</b>	593
50m: 27.40 27.40 100m: 57.16 29.76 150m: 1:27.49 30.33 200m: 1:58.26 30.77			
3. Francisco Miguel, MENDES	01 Nautico Coimbra	<b>2:00.67</b>	558
50m: 27.84 27.84 100m: 58.34 30.50 150m: 1:29.52 31.18 200m: 2:00.67 31.15			
4. Joao Carvalho, DIZ	01 Columbofila Cantanhedense	<b>2:05.30</b>	498
50m: 28.69 28.69 100m: 1:00.14 31.45 150m: 1:32.81 32.67 200m: 2:05.30 32.49			
5. Gabriel Jose, JULIO	01 Academica de Coimbra	<b>2:06.38</b>	486
50m: 29.08 29.08 100m: 1:01.46 32.38 150m: 1:34.14 32.68 200m: 2:06.38 32.24			
6. David Joao, TINOCO	01 Columbofila Cantanhedense	<b>2:07.60</b>	472
50m: 29.41 29.41 100m: 1:01.92 32.51 150m: 1:34.62 32.70 200m: 2:07.60 32.98			
7. Miguel Diogo, AGOSTINHO	00 Fundacao Beatriz Santos	<b>2:07.91</b>	468
50m: 28.49 28.49 100m: 1:01.15 32.66 200m: 2:07.91 1:06.76			
8. Ricardo Marques, PEREIRA	01 Condeixa Clube	<b>2:08.56</b>	461
50m: 29.11 29.11 100m: 1:01.23 32.12 150m: 1:34.66 33.43 200m: 2:08.56 33.90			
9. Marcelo Silva, CLEMENTE	00 Nautico Coimbra	<b>2:14.91</b>	399
50m: 30.61 30.61 100m: 1:04.76 34.15 150m: 1:40.45 35.69 200m: 2:14.91 34.46			
10. Goncalo Pereira, CORREIA	00 Condeixa Clube	<b>2:14.96</b>	399
50m: 30.87 30.87 100m: 1:04.79 33.92 150m: 1:40.18 35.39 200m: 2:14.96 34.78			
11. Adriano Fernandes, SIMOES	00 Condeixa Clube	<b>2:18.34</b>	370
50m: 31.01 31.01 100m: 1:05.25 34.24 150m: 1:41.19 35.94 200m: 2:18.34 37.15			
12. Tiago Almeida, NUNES	00 Fundacao Beatriz Santos	<b>2:23.64</b>	331
50m: 31.85 31.85 100m: 1:07.84 35.99 150m: 1:45.37 37.53 200m: 2:23.64 38.27			
13. Joao Mendes, PESSOA	01 Columbofila Cantanhedense	<b>2:46.00</b>	214
50m: 36.43 36.43 100m: 1:18.89 42.46 150m: 2:02.77 43.88 200m: 2:46.00 43.23			

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 42, Masc., 200m Livres

Prova 42 19-11-2017 - 11:45	Masc., 200m Livres				Seniores Resultados
Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	POR	Felgueiras	21-12-2013
Rec Nac Sen	1:45.25	Luis Emanuel, VAZ	POR	Felgueiras	21-12-2013

Pontos: FINA 2017

Lugar	Ano		Tempo final				Pts
1. Francisco Xavier, GONCALVES	97	Nautico Coimbra	<b>1:56.23</b>				624
50m: 27.17 27.17	100m: 57.02	29.85	150m: 1:27.02	30.00	200m: 1:56.23	29.21	
2. Miguel Caridade, GASPAS	99	Academica de Coimbra	<b>2:04.11</b>				513
50m: 29.22 29.22	100m: 1:00.80	31.58	150m: 1:32.93	32.13	200m: 2:04.11	31.18	
3. Rodrigo Alexandre, PATRICIO	98	Nautico Coimbra	<b>2:06.22</b>				487
50m: 28.19 28.19	100m: 59.25	31.06	150m: 1:32.57	33.32	200m: 2:06.22	33.65	
4. Joao Nuno, PIRES	94	Academica de Coimbra	<b>2:08.69</b>				460
50m: 29.43 29.43	100m: 1:00.98	31.55	150m: 1:33.59	32.61	200m: 2:08.69	35.10	
5. Jose Miguel, VENTURA	97	Fundacao Beatriz Santos	<b>2:15.10</b>				397
50m: 30.30 30.30	100m: 1:04.53	34.23	150m: 1:39.58	35.05	200m: 2:15.10	35.52	
6. Ruben Jose, SANTOS	80	APC Coimbra	<b>4:02.22</b>				69
50m: 53.34 53.34	100m: 1:58.53	1:05.19	150m: 3:04.19	1:05.66	200m: 4:02.22	58.03	
7. Jose Antonio, COSTA	85	APC Coimbra	<b>4:49.42</b>				40
50m: 1:03.70 1:03.70	100m: 2:16.49	1:12.79	150m: 3:33.90	1:17.41	200m: 4:49.42	1:15.52	

Prova 42 19-11-2017 - 11:45	Masc., 200m Livres				Juvenis Resultados
Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	POR	Felgueiras	21-12-2013
Rec Nac Juv B	1:55.53	Diogo Filipe, CARVALHO	POR	Ilhavo	01-03-2003
Rec Nac Juv A	1:51.06	Tiago Andre, VENANCIO	POR	Braga	22-03-2003

Pontos: FINA 2017

Lugar	Ano		Tempo final				Pts
DSQ Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos					
<i>Falsa partida</i>							
DNS Vasco Pereira, BASTOS	02	Nautico Coimbra					
EXH Ricardo Jorge, DOMINGUES	02	Fundacao Beatriz Santos	<b>2:03.69</b>				518
50m: 29.08 29.08	100m: 1:00.94	31.86	150m: 1:32.96	32.02	200m: 2:03.69	30.73	
EXH Joao Pedro, DIAS	02	Fundacao Beatriz Santos	<b>2:03.91</b>				515
50m: 28.60 28.60	100m: 1:00.23	31.63	150m: 1:33.03	32.80	200m: 2:03.91	30.88	
EXH Vitor Teixeira, OLIVEIRA	03	Columbofila Cantanhedense	<b>2:08.49</b>				462
50m: 30.87 30.87	100m: 1:03.58	32.71	150m: 1:36.60	33.02	200m: 2:08.49	31.89	
EXH Rui Joao, MARQUES	02	Nautico Coimbra	<b>2:09.14</b>				455
50m: 30.26 30.26	100m: 1:02.75	32.49	150m: 1:36.07	33.32	200m: 2:09.14	33.07	
EXH Bernardo Cardetas, CARDOSO	02	Columbofila Cantanhedense	<b>2:10.08</b>				445
50m: 30.38 30.38	100m: 1:03.03	32.65	150m: 1:36.65	33.62	200m: 2:10.08	33.43	
<b>EXH Goncalo Andre, GOMES</b>	<b>03</b>	<b>Condeixa Clube</b>	<b>2:12.53</b>				<b>421</b>
<b>50m: 30.26 30.26</b>	<b>100m: 1:04.51</b>	<b>34.25</b>	<b>150m: 1:39.06</b>	<b>34.55</b>	<b>200m: 2:12.53</b>	<b>33.47</b>	
EXH Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>2:13.55</b>				411
50m: 29.78 29.78	100m: 1:03.41	33.63	150m: 1:38.99	35.58	200m: 2:13.55	34.56	
EXH Filipe Apostolo, GASPAS	03	Freguesia de Paiao	<b>2:13.56</b>				411
50m: 31.16 31.16	100m: 1:04.49	33.33	150m: 1:39.10	34.61	200m: 2:13.56	34.46	

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 42, Masc., 200m Livres

Lugar	Ano	Tempo final	Pts
<b>EXH Joao Ventura, PAIS</b> 50m: 31.09 31.09 100m: 1:05.32 34.23 150m: 1:40.08 34.76 200m: 2:14.30 34.22	<b>02 Condeixa Clube</b>	<b>2:14.30</b>	<b>405</b>
EXH David Valdagua, COUTINHO 50m: 30.93 30.93 100m: 1:05.42 34.49 150m: 1:40.39 34.97 200m: 2:14.89 34.50	03 Columbofila Cantanhedense	<b>2:14.89</b>	399
EXH Claudio Rafael, CORDEIRO 50m: 31.98 31.98 100m: 1:06.07 34.09 150m: 1:41.96 35.89 200m: 2:15.82 33.86	02 S. Pedro Alva	<b>2:15.82</b>	391
EXH Miguel Freitas, OVIEDO 50m: 31.23 31.23 100m: 1:07.02 35.79 150m: 1:43.41 36.39 200m: 2:17.55 34.14	02 Academica de Coimbra	<b>2:17.55</b>	377
EXH Diogo Serra, SILVA 50m: 32.88 32.88 100m: 1:11.22 38.34 150m: 1:50.03 38.81 200m: 2:27.24 37.21	03 Academica de Coimbra	<b>2:27.24</b>	307
EXH Goncalo Pires, LOURENCO 50m: 32.67 32.67 100m: 1:10.62 37.95 150m: 1:51.01 40.39 200m: 2:29.52 38.51	03 Fundacao Beatriz Santos	<b>2:29.52</b>	293
EXH Diogo Alves, DIAS 50m: 33.30 33.30 100m: 1:11.85 38.55 150m: 1:52.66 40.81 200m: 2:31.16 38.50	02 Fundacao Beatriz Santos	<b>2:31.16</b>	284
EXH Jose Miguel, SILVA 50m: 36.37 36.37 100m: 1:16.32 39.95 150m: 1:56.72 40.40 200m: 2:35.21 38.49	02 Nautico Coimbra	<b>2:35.21</b>	262
EXH Tomas Alexandre, LARANJEIRA 50m: 34.59 34.59 100m: 1:14.26 39.67 150m: 1:56.67 42.41 200m: 2:40.54 43.87	03 S. Pedro Alva	<b>2:40.54</b>	237

Prova 43

Femin., 100m Estilos

Juniores

19-11-2017 - 12:05

Resultados

Rec Nac Absoluto	1:02.09	Victoria, KAMINSKAYA	POR	Porto	21-12-2014
Rec Nac Jun16	1:04.11	Maria Carolina, ROSA	POR	Leiria	06-12-2009
Rec Nac Jun17	1:02.34	Raquel Gomes, PEREIRA	POR	Funchal	11-12-2016

Pontos: FINA 2017

Lugar	Ano	Tempo final	Pts
<b>1. Joana Victorino, HENRIQUES</b> <i>Rec Reg Jun A e Abs</i> 50m: 31.09 31.09 100m: 1:07.23 36.14	<b>01 Condeixa Clube</b>	<b>1:07.23</b>	<b>598</b>
2. Matilde Freitas, MOREIRA 50m: 32.30 32.30 100m: 1:08.59 36.29	01 Academica de Coimbra	<b>1:08.59</b>	563
3. Ana Rita, QUEIROZ 50m: 33.32 33.32 100m: 1:10.39 37.07	02 Fundacao Beatriz Santos	<b>1:10.39</b>	521
<b>4. Ines Pereira, SILVA</b> 50m: 32.25 32.25 100m: 1:11.90 39.65	<b>02 Condeixa Clube</b>	<b>1:11.90</b>	<b>489</b>
5. Ana Carolina, VENTURA 50m: 35.32 35.32 100m: 1:18.49 43.17	02 Academica de Coimbra	<b>1:18.49</b>	376
6. Carolina Ferreira, REIS 50m: 38.18 38.18 100m: 1:20.98 42.80	02 Nautico Coimbra	<b>1:20.98</b>	342
7. Ines Cacao, GONCALVES 50m: 38.70 38.70 100m: 1:21.00 42.30	02 Nautico Coimbra	<b>1:21.00</b>	342

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 43, Femin., 100m Estilos

Prova 43  
19-11-2017 - 12:05  
Femin., 100m Estilos  
Seniores Resultados

Rec Nac Absoluto	1:02.09	Victoria, KAMINSKAYA	POR	Porto	21-12-2014
Rec Nac Sen	1:02.09	Victoria, KAMINSKAYA	POR	Porto	21-12-2014

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Tatiana Filipa, SANTOS		95	Academica de Coimbra		<b>1:10.74</b>	514
	50m:	32.25 32.25	100m:	1:10.74	38.49		
2.	Ana Carolina, NEVES		00	Academica de Coimbra		<b>1:11.27</b>	502
	50m:	31.87 31.87	100m:	1:11.27	39.40		
3.	Beatriz Castanheira, DIAS		99	Academica de Coimbra		<b>1:16.97</b>	399
	50m:	37.06 37.06	100m:	1:16.97	39.91		

Prova 44  
19-11-2017 - 12:10  
Masc., 100m Estilos  
Juniores Resultados

Rec Nac Absoluto	53.06	Alexis Manacas, SANTOS	POR	Windsor (CAN)	08-12-2016
Rec Nac Jun17	57.40	Diogo Filipe, CARVALHO	POR	Aveiro	14-05-2005
Rec Nac Jun18	56.47	Alexis Manacas, SANTOS	POR	Leiria	06-12-2009

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	David Joao, TINOCO		01	Columbofila Cantanhedense		<b>1:05.88</b>	445
	50m:	31.92 31.92	100m:	1:05.88	33.96		
2.	Francisco Alberto, LUCAS		00	Academica de Coimbra		<b>1:06.32</b>	436
	50m:	30.74 30.74	100m:	1:06.32	35.58		
3.	Alberto Antonio, SANTOS		01	S. Pedro Alva		<b>1:06.70</b>	428
	50m:	29.13 29.13	100m:	1:06.70	37.57		
4.	Bernardo Vinagre, ARZILEIRO		01	União Coimbra		<b>1:07.91</b>	406
	50m:	29.96 29.96	100m:	1:07.91	37.95		
5.	Goncalo Pereira, CORREIA		00	Condeixa Clube		<b>1:11.61</b>	346
	50m:	33.43 33.43	100m:	1:11.61	38.18		
DSQ	David Vaz, RODRIGUES		00	Condeixa Clube			
	<i>na chegada de costas (50 m) o atleta chegou na posição ventral</i>						

Prova 44  
19-11-2017 - 12:10  
Masc., 100m Estilos  
Seniores Resultados

Rec Nac Absoluto	53.06	Alexis Manacas, SANTOS	POR	Windsor (CAN)	08-12-2016
Rec Nac Sen	53.06	Alexis Manacas, SANTOS	POR	Windsor (CAN)	08-12-2016

Pontos: FINA 2017

Lugar			Ano			Tempo final	Pts
1.	Joao Filipe, LUCAS		94	Academica de Coimbra		<b>1:02.74</b>	515
	50m:	27.79 27.79	100m:	1:02.74	34.95		
2.	Jose Antonio, FORTE		95	Academica de Coimbra		<b>1:07.58</b>	412
	50m:	30.37 30.37	100m:	1:07.58	37.21		
3.	Pedro Ribeiro, SANTOS		98	Condeixa Clube		<b>1:08.69</b>	392
	50m:	31.73 31.73	100m:	1:08.69	36.96		
4.	Afonso Pedrosa, SALGADO		99	Condeixa Clube		<b>1:11.71</b>	345
	50m:	33.41 33.41	100m:	1:11.71	38.30		
5.	Ricardo Luis, AGOSTINHO		96	Fundacao Beatriz Santos		<b>1:13.37</b>	322
	50m:	33.96 33.96	100m:	1:13.37	39.41		

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 44, Masc., 100m Estilos, Seniores

Lugar	Ano	Tempo final	Pts
<b>6. Pedro Daniel, MARTINS</b>	<b>99</b> <b>Condeixa Clube</b>	<b>1:16.23</b>	<b>287</b>
50m: 34.89 34.89	100m: 1:16.23 41.34		
<b>7. Bruno Miguel, NUNES</b>	<b>99</b> <b>Nautico Coimbra</b>	<b>1:17.43</b>	<b>274</b>
50m: 34.81 34.81	100m: 1:17.43 42.62		
<b>DSQ Braulio Loreto, FLORENTINO</b>	<b>98</b> <b>Condeixa Clube</b>		
<i>no percurso de braços o atleta não virou o pé esquerdo para fora</i>			

Prova 45 Femin., 4 x 100m Livres Juniores Resultados

Rec Nac Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	POR	Porto	04-12-2010
Rec Nac Jun	3:56.01	Sporting Clube de Portugal	POR	Leiria	06-12-2009

Pontos: FINA 2017

Lugar	Tempo final	Pts
<b>1. Fundacao Beatriz Santos Jun</b>	<b>4:07.45</b>	<b>581</b>
Eva Fernandes, CARDOSO 01 30.86	1:03.76	Alexandra Couto, FRAZAO 02 28.63 59.19
Ana Rita, QUEIROZ 02 29.50	1:01.18	Sara Caseiro, PORTUGAL 02 30.51 1:03.32
<b>2. Academica de Coimbra Jun</b>	<b>4:17.55</b>	<b>515</b>
Matilde Freitas, MOREIRA 01 30.16	1:01.44	Maria Jose, MADEIRA 02 31.87 1:06.98
Beatriz Costa, TEJO 02 29.92	1:02.67	Barbara Azambujo, MELO 02 31.28 1:06.46

Prova 45 Femin., 4 x 100m Livres Seniores Resultados

Rec Nac Absoluto	3:44.99	Futebol Clube do Porto/Dolce Vita	POR	Porto	04-12-2010
Rec Nac Sen	3:44.99	Futebol Clube do Porto/Dolce Vita	POR	Porto	04-12-2010

Pontos: FINA 2017

Lugar	Tempo final	Pts
<b>1. Academica de Coimbra Sen</b>	<b>4:06.77</b>	<b>586</b>
Ana Carolina, NEVES 00 29.90	1:02.66	Tatiana Filipa, SANTOS 95 29.91 1:02.63
Madalena Nunes, PALMEIRA 99 28.90	1:00.85	Beatriz Neves, CRAVEIRO 97 29.40 1:00.63
<b>2. Nautico Coimbra Sen</b>	<b>4:19.24</b>	<b>505</b>
Ana Miguel, REIS 00 31.10	1:05.47	Maria Beatriz, JORGE 00 30.85 1:06.26
Teresa Miguel, VELOSO 00 29.67	1:02.66	Matilde Domingues, GAMEIRO 97 30.88 1:04.85
<b>EXH Fundacao Beatriz Santos Juv</b>	<b>4:32.96</b>	<b>433</b>
Matilde Alves, FLORENCIO 04 31.11	1:04.01	Ana Catarina, SILVA 04 32.60 1:08.41
Ines Dias, CRUZ 04 32.73	1:08.93	Maria Ines, DIONISIO 04 33.06 1:11.61
<b>EXH União Coimbra Juv</b>	<b>4:40.83</b>	<b>397</b>
Joana Francisca, RODRIGUES 04 31.48	1:04.99	Mafalda Vestia, FIDALGO 04 33.37 1:09.69
Ana Carolina, MONTEIRO 04 31.70	1:05.89	Joana Carla, MARQUES 04 37.80 1:20.26
<b>EXH Academica de Coimbra Juv</b>	<b>5:05.33</b>	<b>309</b>
Ines Mariana, PINHEIRO 03 31.27	1:05.24	Beatriz Beja, AFONSO 04 39.29 1:21.48
Joana Beatriz, RODRIGUES 04 38.81	1:20.50	Filipa Victor, VIEIRA 04 37.12 1:18.11

Campeonato Regional de Juniores e Seniores de Piscina Curta  
Coimbra, 18- - 19-11-2017

Prova 46 Masc., 4 x 100m Livres Juniores  
19-11-2017 - 12:30 Resultados

Rec Nac Absoluto	3:17.44	Clube Natacao da Amadora	POR	S. António Cavaleiros	19-12-2009
Rec Nac Jun	3:29.42	Associacao Naval Amorense	POR	Porto	09-12-2012

Pontos: FINA 2017

Lugar					Tempo final	Pts	
<b>1. Condeixa Clube Jun</b>	<b>Condeixa Clube</b>				<b>3:41.68</b>	<b>565</b>	
Rodrigo Ribeiro, GOMES	00	25.81	54.11	Ricardo Marques, PEREIRA	01	26.85	56.54
Jose Miguel, CUNHA	01	25.45	53.51	Goncalo Pereira, CORREIA	00	27.25	57.52
<b>2. Nautico Coimbra Jun</b>	<b>Nautico Coimbra</b>				<b>3:57.40</b>	<b>460</b>	
Francisco Miguel, MENDES	01	26.50	55.99	Marcelo Silva, CLEMENTE	00	29.46	1:03.44
Lucas Pereira, BASTOS	00	25.97	54.55	Joao Baptista, MARQUES	00	30.43	1:03.42
<b>3. Academica de Coimbra Jun</b>	<b>Academica de Coimbra</b>				<b>4:01.60</b>	<b>436</b>	
Gabriel Jose, JULIO	01	27.13	56.73	Francisco Miguel, CARVALHO	00	29.50	1:02.23
Francisco Alberto, LUCAS	00	28.16	59.23	Gabriel Jose, FIGUEIRA	01	30.59	1:03.41

Prova 46 Masc., 4 x 100m Livres Seniores  
19-11-2017 - 12:30 Resultados

Rec Nac Absoluto	3:17.44	Clube Natacao da Amadora	POR	S. António Cavaleiros	19-12-2009
Rec Nac Sen	3:17.44	Clube Natacao da Amadora	POR	S. António Cavaleiros	19-12-2009

Pontos: FINA 2017

Lugar					Tempo final	Pts	
<b>1. Academica de Coimbra Sen</b>	<b>Academica de Coimbra</b>				<b>3:36.53</b>	<b>606</b>	
Gustavo Almeida, MADUREIRA	94	25.12	52.15	Joao Andre, NEVES	95	26.22	54.96
Ilyya, YELISTRATKIN	96	26.12	54.92	Bernardo Santos, CLEMENTE	98	25.61	54.50
<b>2. Nautico Coimbra Sen</b>	<b>Nautico Coimbra</b>				<b>3:52.89</b>	<b>487</b>	
Francisco Xavier, GONCALVES	97	25.99	54.78	Rodrigo Alexandre, PATRICIO	98	26.92	56.23
Tiago Moises, DINIS	98	25.98	55.05	Bruno Miguel, NUNES	99	30.66	1:06.83
<b>3. Condeixa Clube Sen</b>	<b>Condeixa Clube</b>				<b>4:24.27</b>	<b>333</b>	
Afonso Pedrosa, SALGADO	99	29.33	1:03.33	Pedro Daniel, MARTINS	99	32.57	1:09.62
Pedro Ribeiro, SANTOS	98	27.81	59.12	Braulio Loreto, FLORENTINO	98	35.51	1:12.20