

1 - 1<sup>a</sup> Jornada - 1<sup>a</sup> Sess o

12/05/2018 - 9:30

Prova 1	Femin., 800m Livres				Absoluto
12/05/2018 - 9:30					Resultados
Rec Nac Absoluto	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	2017
Rec Nac Sen	8:24.09	Diana Margarida, DURAES	POR	Moscow (RUS)	2017
Rec Nac 17	8:32.83	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac 16	8:45.41	Tamila Hryhorivna, HOLUB	SCB	Porto	2014
Rec Nac Juv A	8:46.74	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac Juv B	9:00.27	Alexandra Maria, SILVA	FCP	Antibes (FRA)	1980
Rec Nac Inf A	9:03.90	Alexandra Maria, SILVA	FCP	Porto	1980
Rec Nac Inf B	9:33.95	Filipa Vilas, RUIVO	DNMG	Nazar�	2009

Pontos: FINA 2017

Lugar	Idade		Tempo final		Pts
<b>1. Alexandra Couto, FRAZAO</b>	<b>16</b>	<b>CASPAE</b>	<b>8:59.20</b>	<b>702</b>	
<i>Recorde do Torneio</i>					
50m:	31.62	31.62	250m:	2:45.97	33.88
100m:	1:04.80	33.18	300m:	3:20.04	34.07
150m:	1:38.16	33.36	350m:	3:54.11	34.07
200m:	2:12.09	33.93	400m:	4:27.88	33.77
450m:	5:01.73	33.85	500m:	5:35.40	33.67
550m:	6:09.20	33.80	600m:	6:42.90	33.70
650m:	7:16.58	33.68	700m:	7:50.71	34.13
750m:	8:25.33	34.62	800m:	8:59.20	33.87
<b>2. Sara Sofia, ALVES</b>	<b>17</b>	<b>Columbofila Cantanhedense</b>	<b>9:09.41</b>	<b>664</b>	
50m:	32.37	32.37	250m:	2:49.15	34.20
100m:	1:06.09	33.72	300m:	3:23.63	34.48
150m:	1:40.34	34.25	350m:	3:57.71	34.08
200m:	2:14.95	34.61	400m:	4:31.77	34.06
450m:	5:06.00	34.23	500m:	5:40.63	34.63
550m:	6:15.33	34.70	600m:	6:50.42	35.09
650m:	7:25.35	34.93	700m:	8:00.21	34.86
750m:	8:35.32	35.11	800m:	9:09.41	34.09
<b>3. Beatriz Nunes, CARDEAL</b>	<b>14</b>	<b>Academico Viseu</b>	<b>9:18.10</b>	<b>633</b>	
50m:	32.24	32.24	250m:	2:53.86	35.38
100m:	1:07.05	34.81	300m:	3:29.45	35.59
150m:	1:42.42	35.37	350m:	4:04.79	35.34
200m:	2:18.48	36.06	400m:	4:39.95	35.16
450m:	5:15.06	35.11	500m:	5:50.19	35.13
550m:	6:25.20	35.01	600m:	7:00.22	35.02
650m:	7:35.07	34.85	700m:	8:09.82	34.75
750m:	8:45.02	35.20	800m:	9:18.10	33.08
<b>4. Marta Macedo, INACIO</b>	<b>14</b>	<b>Sporting</b>	<b>9:38.23</b>	<b>569</b>	
50m:	33.52	33.52	250m:	2:56.59	36.30
100m:	1:08.61	35.09	300m:	3:32.98	36.39
150m:	1:44.03	35.42	350m:	4:09.51	36.53
200m:	2:20.29	36.26	400m:	4:45.91	36.40
450m:	5:22.55	36.64	500m:	5:59.34	36.79
550m:	6:36.00	36.66	600m:	7:12.62	36.62
650m:	7:49.20	36.58	700m:	8:25.86	36.66
750m:	9:02.47	36.61	800m:	9:38.23	35.76
<b>5. Beatriz Costa, TEJO</b>	<b>16</b>	<b>Academica de Coimbra</b>	<b>9:40.59</b>	<b>562</b>	
50m:	33.72	33.72	250m:	2:59.56	36.63
100m:	1:09.65	35.93	300m:	3:36.02	36.46
150m:	1:45.94	36.29	350m:	4:12.85	36.83
200m:	2:22.93	36.99	400m:	4:49.61	36.76
450m:	5:26.54	36.93	500m:	6:03.40	36.86
550m:	6:40.00	36.60	600m:	7:16.16	36.16
650m:	7:52.83	36.67	700m:	8:29.27	36.44
750m:	9:05.32	36.05	800m:	9:40.59	35.27
<b>6. Beatriz Quintao, AMANTES</b>	<b>15</b>	<b>Uniao Piedense</b>	<b>9:50.94</b>	<b>533</b>	
50m:	32.52	32.52	200m:	2:21.12	36.76
100m:	1:08.25	35.73	300m:	3:34.41	1:13.29
150m:	1:44.36	36.11	400m:	4:49.74	1:15.33
500m:	6:05.29	1:15.55	600m:	7:21.53	1:16.24
700m:	8:37.37	1:15.84	800m:	9:50.94	1:13.57
<b>7. Sara Lopes, BARBOSA</b>	<b>18</b>	<b>Aquatico Pacense</b>	<b>9:51.07</b>	<b>533</b>	
50m:	33.72	33.72	250m:	3:00.77	36.91
100m:	1:10.33	36.61	300m:	3:37.89	37.12
150m:	1:47.12	36.79	350m:	4:14.87	36.98
200m:	2:23.86	36.74	400m:	4:52.26	37.39
450m:	5:29.67	37.41	500m:	6:07.42	37.75
550m:	6:44.83	37.41	600m:	7:22.43	37.60
650m:	7:59.85	37.42	700m:	8:37.11	37.26
750m:	9:14.56	37.45	800m:	9:51.07	36.51
<b>8. Emilia Matos, PEREIRA</b>	<b>19</b>	<b>Fundacao Beatriz Santos</b>	<b>10:01.84</b>	<b>505</b>	
50m:	34.51	34.51	250m:	3:04.07	37.74
100m:	1:11.48	36.97	300m:	3:41.82	37.75
150m:	1:48.89	37.41	350m:	4:19.50	37.68
200m:	2:26.33	37.44	400m:	4:57.30	37.80
450m:	5:35.65	38.35	500m:	6:13.77	38.12
550m:	6:52.12	38.35	600m:	7:30.30	38.18
650m:	8:08.65	38.35	700m:	8:46.51	37.86
750m:	9:24.28	37.77	800m:	10:01.84	37.56
<b>9. Mariana Carmo, ROSA</b>	<b>13</b>	<b>Louzan Natacao</b>	<b>10:09.94</b>	<b>485</b>	
50m:	34.13	34.13	250m:	3:07.30	38.77
100m:	1:11.41	37.28	300m:	3:45.78	38.48
150m:	1:49.68	38.27	350m:	4:24.15	38.37
200m:	2:28.53	38.85	400m:	5:02.76	38.61
450m:	5:41.18	38.42	500m:	6:19.57	38.39
550m:	6:58.17	38.60	600m:	7:36.82	38.65
650m:	8:15.34	38.52	700m:	8:54.00	38.66
750m:	9:32.82	38.82	800m:	10:09.94	37.12

Prova 1, Femin., 800m Livres, Absoluto

Lugar			Idade					Tempo final	Pts
10.	Ana Catarina, SANTOS		15	Condeixa Clube				<b>10:15.81</b>	471
	50m:	32.85 32.85	250m:	3:08.19	39.47	450m:	5:45.39 38.86	650m:	8:21.58 39.04
	100m:	1:11.14 38.29	300m:	3:48.03	39.84	500m:	6:24.20 38.81	700m:	9:00.75 39.17
	150m:	1:49.62 38.48	350m:	4:26.97	38.94	550m:	7:03.72 39.52	750m:	9:39.44 38.69
	200m:	2:28.72 39.10	400m:	5:06.53	39.56	600m:	7:42.54 38.82	800m:	10:15.81 36.37
11.	Sonia Vilchez, MORENO		14	Natacion Badajoz				<b>10:22.08</b>	457
	50m:	34.68 34.68	250m:	3:07.71	38.60	450m:	5:44.93 39.67	650m:	8:23.98 39.36
	100m:	1:12.84 38.16	300m:	3:46.82	39.11	500m:	6:24.25 39.32	700m:	9:03.85 39.87
	150m:	1:50.87 38.03	350m:	4:26.14	39.32	550m:	7:04.03 39.78	750m:	9:43.74 39.89
	200m:	2:29.11 38.24	400m:	5:05.26	39.12	600m:	7:44.62 40.59	800m:	10:22.08 38.34
12.	Lara Rodrigues, VASCONCELOS		13	Galitos/ Bresimar				<b>10:25.30</b>	450
	50m:	35.04 35.04	250m:	3:11.37	39.88	450m:	5:51.10 39.94	650m:	8:29.31 39.39
	100m:	1:13.08 38.04	300m:	3:51.46	40.09	500m:	6:30.81 39.71	700m:	9:08.40 39.09
	150m:	1:52.10 39.02	350m:	4:31.44	39.98	550m:	7:10.40 39.59	750m:	9:47.28 38.88
	200m:	2:31.49 39.39	400m:	5:11.16	39.72	600m:	7:49.92 39.52	800m:	10:25.30 38.02
13.	Rita Baptista, MARQUES		15	Nautico Coimbra				<b>10:40.83</b>	418
	50m:	35.71 35.71	250m:	3:15.05	40.00	450m:	5:57.34 40.57	650m:	8:40.35 41.05
	100m:	1:14.91 39.20	300m:	3:55.24	40.19	500m:	6:37.76 40.42	700m:	9:21.28 40.93
	150m:	1:54.93 40.02	350m:	4:35.89	40.65	550m:	7:18.62 40.86	750m:	10:01.85 40.57
	200m:	2:35.05 40.12	400m:	5:16.77	40.88	600m:	7:59.30 40.68	800m:	10:40.83 38.98
EXH	Mariana Fonseca, SILVA		12	CASPAE				<b>11:15.41</b>	357
	50m:	37.62 37.62	250m:	3:26.69	42.41	450m:	6:16.99 42.93	650m:	9:07.64 42.50
	100m:	1:18.86 41.24	300m:	4:09.56	42.87	500m:	6:59.78 42.79	700m:	9:50.72 43.08
	150m:	2:01.60 42.74	350m:	4:51.18	41.62	550m:	7:42.26 42.48	750m:	10:33.91 43.19
	200m:	2:44.28 42.68	400m:	5:34.06	42.88	600m:	8:25.14 42.88	800m:	11:15.41 41.50

Prova 2

Masc., 800m Livres

Absoluto  
Resultados

12/05/2018 - 9:55

Rec Nac Absoluto	7:46.18	Miguel Duarte, NASCIMENTO	SLB	Porto	2017
Rec Nac Sen	7:46.18	Miguel Duarte, NASCIMENTO	SLB	Porto	2017
Rec Nac 18	7:56.76	Guilherme Filipe, PINA	BSCN	Porto	2015
Rec Nac 17	8:00.80	Gustavo Manuel, SANTA	CNLA	Leiria	2009
Rec Nac Juv A	8:09.43	Rui Filipe, COSTA	VSC	Senhora da Hora	2007
Rec Nac Juv B	8:27.18	Rui Filipe, COSTA	VSC	Senhora da Hora	2006
Rec Nac Inf A	8:36.36	Andre Vilas, RUIVO	DNMG	Nazar�	2014
Rec Nac Inf B	9:07.20	Andre Vilas, RUIVO	DNMG	Leiria	2013

Pontos: FINA 2017

Lugar			Idade					Tempo final	Pts
1.	Jose Paula, CARVALHO		20	Uniao Piedense				<b>8:15.58</b>	716
	50m:	27.43 27.43	250m:	2:29.62	30.87	450m:	4:35.35 31.11	650m:	6:41.72 31.94
	100m:	57.13 29.70	300m:	3:00.84	31.22	500m:	5:06.32 30.97	700m:	7:13.37 31.65
	150m:	1:27.58 30.45	350m:	3:32.54	31.70	550m:	5:38.06 31.74	750m:	7:45.02 31.65
	200m:	1:58.75 31.17	400m:	4:04.24	31.70	600m:	6:09.78 31.72	800m:	8:15.58 30.56
2.	Diogo Coelho, JOSE		17	Columbifila Cantanhedense				<b>8:26.30</b>	671
	50m:	28.05 28.05	250m:	2:33.11	31.50	450m:	4:40.47 32.31	650m:	6:50.33 32.43
	100m:	58.59 30.54	300m:	3:04.58	31.47	500m:	5:12.85 32.38	700m:	7:22.73 32.40
	150m:	1:30.12 31.53	350m:	3:36.25	31.67	550m:	5:45.40 32.55	750m:	7:54.96 32.23
	200m:	2:01.61 31.49	400m:	4:08.16	31.91	600m:	6:17.90 32.50	800m:	8:26.30 31.34
3.	Paulo Andre, FROTA		16	CASPAE				<b>8:52.55</b>	577
	50m:	29.45 29.45	250m:	2:39.92	33.33	450m:	4:54.56 33.43	650m:	7:10.96 34.06
	100m:	1:00.94 31.49	300m:	3:13.48	33.56	500m:	5:28.27 33.71	700m:	7:45.47 34.51
	150m:	1:33.42 32.48	350m:	3:47.24	33.76	550m:	6:02.50 34.23	750m:	8:19.89 34.42
	200m:	2:06.59 33.17	400m:	4:21.13	33.89	600m:	6:36.90 34.40	800m:	8:52.55 32.66

Prova 2, Masc., 800m Livres, Absoluto

Lugar			Idade					Tempo final	Pts
4.	Joao Neto, PEREIRA		16	Fundacao Beatriz Santos				<b>8:59.85</b>	554
	50m:	29.26 29.26	250m:	2:44.52	33.92	450m:	5:02.83 33.35	650m:	7:20.32 34.35
	100m:	1:02.13 32.87	300m:	3:19.47	34.95	500m:	5:37.19 34.36	700m:	7:54.35 34.03
	150m:	1:36.04 33.91	350m:	3:54.58	35.11	550m:	6:11.56 34.37	750m:	8:28.30 33.95
	200m:	2:10.60 34.56	400m:	4:29.48	34.90	600m:	6:45.97 34.41	800m:	8:59.85 31.55
5.	Manuel Cruz, FARDILHA		15	Galitos/ Bresimar				<b>9:03.73</b>	542
	50m:	29.72 29.72	250m:	2:45.90	34.24	450m:	5:03.12 34.34	650m:	7:21.32 34.55
	100m:	1:02.58 32.86	300m:	3:20.27	34.37	500m:	5:37.40 34.28	700m:	7:55.56 34.24
	150m:	1:36.93 34.35	350m:	3:54.52	34.25	550m:	6:12.06 34.66	750m:	8:29.80 34.24
	200m:	2:11.66 34.73	400m:	4:28.78	34.26	600m:	6:46.77 34.71	800m:	9:03.73 33.93
6.	Dinis Miranda, DIOGO		14	Condeixa Clube				<b>9:07.92</b>	530
	50m:	30.46 30.46	250m:	2:47.13	34.52	450m:	5:05.73 34.68	650m:	7:25.18 34.06
	100m:	1:04.07 33.61	300m:	3:21.76	34.63	500m:	5:40.76 35.03	700m:	7:59.82 34.64
	150m:	1:38.41 34.34	350m:	3:56.67	34.91	550m:	6:16.09 35.33	750m:	8:34.90 35.08
	200m:	2:12.61 34.20	400m:	4:31.05	34.38	600m:	6:51.12 35.03	800m:	9:07.92 33.02
7.	Francisco Miguel, CARVALHO		18	Academica de Coimbra				<b>9:09.40</b>	525
	50m:	31.87 31.87	250m:	2:49.94	34.67	450m:	5:08.39 34.54	650m:	7:26.73 34.68
	100m:	1:06.12 34.25	300m:	3:24.62	34.68	500m:	5:42.83 34.44	700m:	8:01.31 34.58
	150m:	1:40.78 34.66	350m:	3:59.17	34.55	550m:	6:17.52 34.69	750m:	8:36.01 34.70
	200m:	2:15.27 34.49	400m:	4:33.85	34.68	600m:	6:52.05 34.53	800m:	9:09.40 33.39
8.	Miguel Sanches, LOPES		17	Academico Viseu				<b>9:13.01</b>	515
	50m:	30.08 30.08	250m:	2:46.99	34.85	450m:	5:07.13 34.85	650m:	7:27.70 35.31
	100m:	1:03.41 33.33	300m:	3:22.17	35.18	500m:	5:42.31 35.18	700m:	8:03.52 35.82
	150m:	1:37.74 34.33	350m:	3:57.28	35.11	550m:	6:17.40 35.09	750m:	8:38.95 35.43
	200m:	2:12.14 34.40	400m:	4:32.28	35.00	600m:	6:52.39 34.99	800m:	9:13.01 34.06
9.	Vasco Pereira, BASTOS		16	Nautico Coimbra				<b>9:18.18</b>	501
	50m:	32.14 32.14	250m:	2:51.39	35.15	450m:	5:12.71 35.72	650m:	7:33.69 35.07
	100m:	1:06.65 34.51	300m:	3:26.45	35.06	500m:	5:48.00 35.29	700m:	8:09.45 35.76
	150m:	1:41.48 34.83	350m:	4:01.14	34.69	550m:	6:23.15 35.15	750m:	8:44.37 34.92
	200m:	2:16.24 34.76	400m:	4:36.99	35.85	600m:	6:58.62 35.47	800m:	9:18.18 33.81
10.	Bernardo Safara, INVERNO		16	Sporting				<b>9:21.84</b>	491
	50m:	31.05 31.05	250m:	2:51.14	35.96	450m:	5:14.74 36.22	650m:	7:37.54 35.72
	100m:	1:04.88 33.83	300m:	3:26.56	35.42	500m:	5:50.64 35.90	700m:	8:12.89 35.35
	150m:	1:39.81 34.93	350m:	4:02.38	35.82	550m:	6:26.39 35.75	750m:	8:47.97 35.08
	200m:	2:15.18 35.37	400m:	4:38.52	36.14	600m:	7:01.82 35.43	800m:	9:21.84 33.87
11.	Dinis Barros, LEAL		15	Aquatico Pacense				<b>9:30.08</b>	470
	50m:	31.55 31.55	250m:	2:51.27	35.24	450m:	5:16.45 36.45	650m:	7:42.89 36.56
	100m:	1:05.78 34.23	300m:	3:27.22	35.95	500m:	5:52.91 36.46	700m:	8:19.41 36.52
	150m:	1:40.47 34.69	350m:	4:03.52	36.30	550m:	6:29.57 36.66	750m:	8:55.28 35.87
	200m:	2:16.03 35.56	400m:	4:40.00	36.48	600m:	7:06.33 36.76	800m:	9:30.08 34.80
12.	Afonso Miguel, AMADO		13	Miranda do Corvo				<b>9:58.03</b>	407
	50m:	32.80 32.80	250m:	3:00.60	37.53	450m:	5:32.81 38.21	650m:	8:07.57 38.48
	100m:	1:08.76 35.96	300m:	3:38.16	37.56	500m:	6:11.38 38.57	700m:	8:44.83 37.26
	150m:	1:45.81 37.05	350m:	4:16.34	38.18	550m:	6:50.41 39.03	750m:	9:22.03 37.20
	200m:	2:23.07 37.26	400m:	4:54.60	38.26	600m:	7:29.09 38.68	800m:	9:58.03 36.00
13.	Marcos Vazquez, TINOCO		14	Natacion Badajoz				<b>11:03.39</b>	298
	50m:	35.45 35.45	250m:	3:20.09	42.23	450m:	6:10.19 42.69	650m:	8:59.86 42.55
	100m:	1:15.01 39.56	300m:	4:02.26	42.17	500m:	6:52.85 42.66	700m:	9:41.76 41.90
	150m:	1:56.09 41.08	350m:	4:44.79	42.53	550m:	7:34.97 42.12	750m:	10:23.14 41.38
	200m:	2:37.86 41.77	400m:	5:27.50	42.71	600m:	8:17.31 42.34	800m:	11:03.39 40.25
EXH	Rui Joao, MARQUES		16	Nautico Coimbra				<b>9:21.67</b>	492
	50m:	30.52 30.52	250m:	2:48.64	35.07	450m:	5:11.93 35.73	650m:	7:35.71 36.24
	100m:	1:03.67 33.15	300m:	3:24.67	36.03	500m:	5:47.80 35.87	700m:	8:11.61 35.90
	150m:	1:38.57 34.90	350m:	4:00.07	35.40	550m:	6:23.75 35.95	750m:	8:47.88 36.27
	200m:	2:13.57 35.00	400m:	4:36.20	36.13	600m:	6:59.47 35.72	800m:	9:21.67 33.79

Prova 3  
12/05/2018 - 10:15

Femin., 200m Costas

Absoluto  
Resultados

Rec Nac Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	2017
Rec Nac Sen	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	2017
Rec Nac 17	2:12.52	Rita Barros, FRISCHKNECHT	SAD	Porto	2014
Rec Nac 16	2:12.80	Petra Quintela, CHAVES	SAD	Algés	1994
Rec Nac Juv A	2:16.30	Petra Quintela, CHAVES	SAD	Algés	1993
Rec Nac Juv B	2:17.86	Catia Raquel, MARTINHEIRA	LDC	Sines	2008
Rec Nac Inf A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	2015
Rec Nac Inf B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2017

Lugar			Idade			Tempo final	Pts	
1.	Camila Rodrigues, REBELO		15	Louzan Natacao		<b>2:14.11</b>	702	
	<i>Rec Nacional</i>							
	50m:	31.26 31.26	100m:	1:05.23 33.97	150m:	1:40.02 34.79	200m:	2:14.11 34.09
2.	Joana Nunes, CARDEAL		16	Academico Viseu		<b>2:20.33</b>	613	
	50m:	33.45 33.45	100m:	1:08.69 35.24	150m:	1:44.80 36.11	200m:	2:20.33 35.53
3.	Joana Beatriz, BERNARDO		19	Fundacao Beatriz Santos		<b>2:22.71</b>	583	
	50m:	34.08 34.08	100m:	1:10.27 36.19	150m:	1:46.37 36.10	200m:	2:22.71 36.34
4.	Joana Victorino, HENRIQUES		17	Condeixa Clube		<b>2:25.07</b>	555	
	50m:	33.86 33.86	100m:	1:09.96 36.10	150m:	1:47.52 37.56	200m:	2:25.07 37.55
5.	Filipa Ramos, PEIXEIRA		15	Sporting		<b>2:27.21</b>	531	
	50m:	34.38 34.38	100m:	1:11.01 36.63	150m:	1:48.75 37.74	200m:	2:27.21 38.46
6.	Mafalda Joana, OLIVEIRA		16	Aquatico Pacense		<b>2:27.23</b>	531	
	50m:	33.84 33.84	100m:	1:10.85 37.01	150m:	1:48.99 38.14	200m:	2:27.23 38.24
7.	Barbara Azambujo, MELO		16	Academica de Coimbra		<b>2:30.25</b>	499	
	50m:	33.84 33.84	100m:	1:10.83 36.99	150m:	1:50.84 40.01	200m:	2:30.25 39.41
8.	Ana Carolina, NEVES		18	Academica de Coimbra		<b>2:31.79</b>	484	
	50m:	34.76 34.76	100m:	1:12.22 37.46	150m:	1:51.67 39.45	200m:	2:31.79 40.12
9.	Ines Figueira, SANTOS		18	Uniao Piedense		<b>2:32.28</b>	479	
	50m:	35.72 35.72	100m:	1:14.40 38.68	150m:	1:53.81 39.41	200m:	2:32.28 38.47
10.	Celeste Santos, RICARDO		17	Uniao Piedense		<b>2:32.55</b>	477	
	50m:	35.81 35.81	100m:	1:14.99 39.18	150m:	1:54.07 39.08	200m:	2:32.55 38.48
11.	Bruna Filipa, PINTO		15	CASPAE		<b>2:32.90</b>	474	
	50m:	34.52 34.52	100m:	1:12.19 37.67	150m:	1:52.34 40.15	200m:	2:32.90 40.56
12.	Ana Francisca, GONCALVES		16	Academico Viseu		<b>2:33.53</b>	468	
	50m:	36.38 36.38	100m:	1:14.70 38.32	150m:	1:54.25 39.55	200m:	2:33.53 39.28
13.	Marisa Isabel, NOBRE		13	Columbifila Cantanhedense		<b>2:33.91</b>	464	
	50m:	36.94 36.94	100m:	1:15.67 38.73	150m:	1:54.83 39.16	200m:	2:33.91 39.08
14.	Anais Cloe, PEREIRA		14	Sporting		<b>2:35.61</b>	449	
	50m:	37.94 37.94	100m:	1:16.66 38.72	150m:	1:56.28 39.62	200m:	2:35.61 39.33
15.	Catarina Nunes, ALMEIDA		14	Galitos/ Bresimar		<b>2:35.77</b>	448	
	50m:	37.65 37.65	100m:	1:17.89 40.24	200m:	2:35.77 1:17.88		
16.	Manuela Paccola, JUNQUEIRA		13	Columbifila Cantanhedense		<b>2:37.60</b>	433	
	50m:	37.88 37.88	100m:	1:18.09 40.21	200m:	2:37.60 1:19.51		
17.	Ana Luisa, RODRIGUES		15	Louzan Natacao		<b>2:38.44</b>	426	
	50m:	36.84 36.84	100m:	1:16.73 39.89	150m:	1:57.78 41.05	200m:	2:38.44 40.66
18.	Sara Sofia, TEJO		15	CASPAE		<b>2:39.15</b>	420	
	50m:	36.79 36.79	100m:	1:16.71 39.92	150m:	1:58.09 41.38	200m:	2:39.15 41.06
19.	Ana Catarina, SILVA		14	Fundacao Beatriz Santos		<b>2:39.39</b>	418	
	50m:	38.46 38.46	100m:	1:19.06 40.60	200m:	2:39.39 1:20.33		

Prova 3, Femin., 200m Costas, Absoluto

Lugar	Idade	Tempo final	Pts
20. Leonor Horta, COSTA 50m: 36.56 36.56 100m: 1:17.06 40.50 200m: 2:40.69 1:23.63	14 Nautico Coimbra	<b>2:40.69</b>	408
21. Laura Macedo, LAGOA 50m: 37.94 37.94 100m: 1:18.61 40.67 200m: 2:41.09 1:22.48	14 Bairro dos Anjos/Bomcar	<b>2:41.09</b>	405
22. Ines Filipa, MAGALHAES 50m: 38.46 38.46 100m: 1:19.95 41.49 150m: 2:01.08 41.13 200m: 2:41.99 40.91	16 Aquatico Pacense	<b>2:41.99</b>	398
23. Miriam Mortagua, SOARES 50m: 39.41 39.41 100m: 1:22.14 42.73 150m: 2:04.73 42.59 200m: 2:45.58 40.85	12 Galitos/ Bresimar	<b>2:45.58</b>	373
24. Sofia Tavares, JACINTO 50m: 38.23 38.23 100m: 1:20.29 42.06 200m: 2:46.84 1:26.55	15 Nautico Coimbra	<b>2:46.84</b>	364
25. Maria Madalena, ALVES 50m: 39.96 39.96 100m: 1:23.81 43.85 150m: 2:08.95 45.14 200m: 2:51.48 42.53	12 Bairro dos Anjos/Bomcar	<b>2:51.48</b>	336
26. Maria Ines, GASPAR 50m: 41.93 41.93 100m: 1:26.08 44.15 150m: 2:11.71 45.63 200m: 2:56.18 44.47	13 Miranda do Corvo	<b>2:56.18</b>	309
27. Alba Mu�oz, PEREA 50m: 39.13 39.13 100m: 1:22.55 43.42 200m: 2:57.21 1:34.66	17 Natacion Badajoz	<b>2:57.21</b>	304
28. Paula Perez, MERINO 50m: 41.16 41.16 100m: 1:26.73 45.57 150m: 2:13.45 46.72 200m: 2:57.73 44.28	14 Natacion Badajoz	<b>2:57.73</b>	301
29. Francisca Carvalho, SOUSA 50m: 43.17 43.17 100m: 1:28.78 45.61 150m: 2:14.21 45.43 200m: 2:59.59 45.38	12 Miranda do Corvo	<b>2:59.59</b>	292
30. Maria Beatriz, RODRIGUES 50m: 44.80 44.80 100m: 1:30.81 46.01 150m: 2:20.25 49.44 200m: 3:04.12 43.87	14 Condeixa Clube	<b>3:04.12</b>	271
EXH Maria Miguel, GAMEIRO 50m: 37.89 37.89 100m: 1:20.82 42.93 200m: 2:48.89 1:28.07	15 Nautico Coimbra	<b>2:48.89</b>	351
EXH Maria Francisca, FROIS 50m: 41.66 41.66 100m: 1:26.26 44.60 150m: 2:10.04 43.78 200m: 2:50.17 40.13	12 Bairro dos Anjos/Bomcar	<b>2:50.17</b>	343

Prova 4  
12/05/2018 - 10:30

Masc., 200m Costas

Absoluto  
Resultados

Rec Nac Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	2012
Rec Nac Sen	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	2012
Rec Nac 18	1:58.37	Adriano Miguel, NIZ	CFV	Figueira da Foz	2004
Rec Nac 17	1:59.34	Adriano Miguel, NIZ	CFV	Alges	2003
Rec Nac Juv A	2:01.43	Diogo Gomes, SOUSA	CNCVG	Alg�s	2011
Rec Nac Juv B	2:04.99	Joao Alexandre, VITAL	ADRCIMM	Alapraia	2013
Rec Nac Inf A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Alg�s	2012
Rec Nac Inf B	2:15.27	Andre Vilas, RUIVO	DNMG	S. Ant�nio Cavaleiros	2013

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Gabriel Jose, LOPES <i>Recorde do Torneio</i> 50m: 27.65 27.65 100m: 57.89 30.24 150m: 1:29.30 31.41 200m: 2:00.42 31.12	21 Louzan Natacao	<b>2:00.42</b>	674
2. Juan Manuel, GONZALEZ 50m: 28.70 28.70 100m: 59.93 31.23 150m: 1:32.61 32.68 200m: 2:05.44 32.83	19 Natacion Badajoz	<b>2:05.44</b>	597
3. David Matias, CRISTINO 50m: 31.17 31.17 100m: 1:04.69 33.52 150m: 1:37.52 32.83 200m: 2:09.37 31.85	17 Uniao Piedense	<b>2:09.37</b>	544

Prova 4, Masc., 200m Costas, Absoluto

Lugar	Idade	Tempo final	Pts
4. Joao Pedro, DIAS	16 Fundacao Beatriz Santos	<b>2:11.57</b>	517
50m: 30.34 30.34 100m: 1:03.64 33.30 150m: 1:37.74 34.10 200m: 2:11.57 33.83			
5. Joao Pedro, SILVA	18 Uniao Piedense	<b>2:13.40</b>	496
50m: 30.15 30.15 100m: 1:04.17 34.02 150m: 1:39.34 35.17 200m: 2:13.40 34.06			
6. Diogo Nuno, VALENTE	16 Sporting	<b>2:14.88</b>	480
50m: 31.38 31.38 100m: 1:05.99 34.61 150m: 1:40.70 34.71 200m: 2:14.88 34.18			
7. Miguel Diogo, AGOSTINHO	18 Fundacao Beatriz Santos	<b>2:18.02</b>	448
50m: 30.43 30.43 100m: 1:04.71 34.28 150m: 1:41.23 36.52 200m: 2:18.02 36.79			
8. Sergio Eduardo, DIAS	18 Aquatico Pacense	<b>2:20.36</b>	426
50m: 32.69 32.69 100m: 1:07.86 35.17 150m: 1:43.60 35.74 200m: 2:20.36 36.76			
9. Miguel Carvalho, RODRIGUES	16 Galitos/ Bresimar	<b>2:21.47</b>	416
50m: 33.52 33.52 100m: 1:09.15 35.63 150m: 1:45.27 36.12 200m: 2:21.47 36.20			
10. Andre Cardoso, SANTOS	15 Academico Viseu	<b>2:21.85</b>	412
50m: 33.77 33.77 100m: 1:10.04 36.27 150m: 1:46.35 36.31 200m: 2:21.85 35.50			
11. Joao Maria, COLACO	15 Sporting	<b>2:23.57</b>	398
50m: 33.41 33.41 100m: 1:10.09 36.68 150m: 1:47.62 37.53 200m: 2:23.57 35.95			
12. David Valdagua, COUTINHO	15 Columbofila Cantanhedense	<b>2:23.71</b>	397
50m: 33.73 33.73 100m: 1:10.23 36.50 150m: 1:47.42 37.19 200m: 2:23.71 36.29			
13. Vitor Teixeira, OLIVEIRA	15 Columbofila Cantanhedense	<b>2:26.42</b>	375
50m: 35.54 35.54 100m: 1:12.61 37.07 150m: 1:49.73 37.12 200m: 2:26.42 36.69			
14. Rodrigo Jorge, NETO	15 Aquatico Pacense	<b>2:29.11</b>	355
50m: 35.61 35.61 100m: 1:13.85 38.24 150m: 1:51.90 38.05 200m: 2:29.11 37.21			
15. Alejandro Pantoja, MONJO	15 Natacion Badajoz	<b>2:29.87</b>	350
50m: 35.07 35.07 100m: 1:12.30 37.23 150m: 1:51.02 38.72 200m: 2:29.87 38.85			
16. Rui Tomas, CABRAL	14 Academico Viseu	<b>2:33.62</b>	325
50m: 35.96 35.96 100m: 1:14.93 38.97 150m: 1:54.49 39.56 200m: 2:33.62 39.13			
17. Rodrigo Figueiredo, BRANCO	14 Galitos/ Bresimar	<b>2:35.99</b>	310
50m: 36.66 36.66 100m: 1:16.38 39.72 150m: 1:56.80 40.42 200m: 2:35.99 39.19			
18. Lucas Filipe, MOREIRA	13 Bairro dos Anjos/Bomcar	<b>2:40.33</b>	285
50m: 37.34 37.34 100m: 1:18.20 40.86 150m: 2:00.16 41.96 200m: 2:40.33 40.17			
19. Jose Miguel, SILVA	16 Nautico Coimbra	<b>2:51.76</b>	232
50m: 40.29 40.29 100m: 1:23.64 43.35 150m: 2:07.94 44.30 200m: 2:51.76 43.82			
20. Carlos Eduardo, BENTO	13 Miranda do Corvo	<b>2:52.83</b>	228
50m: 40.07 40.07 100m: 1:24.28 44.21 150m: 2:09.25 44.97 200m: 2:52.83 43.58			
21. Tomas Cardoso, GERALDO	13 Condeixa Clube	<b>2:53.33</b>	226
50m: 40.70 40.70 100m: 1:25.18 44.48 150m: 2:09.71 44.53 200m: 2:53.33 43.62			
22. Goncalo Carvalho, SANTOS	13 Louzan Natacao	<b>2:53.79</b>	224
50m: 40.20 40.20 100m: 1:23.54 43.34 150m: 2:09.32 45.78 200m: 2:53.79 44.47			
23. Afonso Corte-Real, GRILO	14 Condeixa Clube	<b>2:57.04</b>	212
50m: 42.17 42.17 100m: 1:27.31 45.14 150m: 2:13.06 45.75 200m: 2:57.04 43.98			
24. Renato Maria, FERREIRA	14 CASPAE	<b>2:57.48</b>	210
50m: 42.53 42.53 100m: 1:27.62 45.09 150m: 2:14.85 47.23 200m: 2:57.48 42.63			
25. Diogo Rodrigues, CARVALHO	13 CASPAE	<b>2:59.98</b>	202
50m: 42.85 42.85 100m: 1:28.36 45.51 150m: 2:14.92 46.56 200m: 2:59.98 45.06			
26. Guilherme Alexandre, SALKOV	14 Miranda do Corvo	<b>3:14.02</b>	161
50m: 46.27 46.27 100m: 1:35.89 49.62 150m: 2:25.82 49.93 200m: 3:14.02 48.20			



## Prova 4, Masc., 200m Costas, Absoluto

Lugar	Idade	Tempo final	Pts
DSQ David Coelho, SILVA <i>o atleta aos 50 m n�o realizou movimento continuo</i>	18 Nautico Coimbra		
DNS Francisco Alberto, LUCAS	18 Academica de Coimbra		
EXH Marcelo Silva, CLEMENTE	18 Nautico Coimbra	<b>2:37.63</b>	300
50m: 37.38 37.38 100m: 1:18.36 40.98 150m: 1:58.63 40.27 200m: 2:37.63 39.00			

 Prova 5 Femin., 200m Mariposa Absoluto  
 12/05/2018 - 10:45 Resultados

Rec Nac Absoluto	2:07.62	Ana Catarina, MONTEIRO	CFV	Felgueiras	2018
Rec Nac Sen	2:07.62	Ana Catarina, MONTEIRO	CFV	Felgueiras	2018
Rec Nac 17	2:10.12	Sara Francisco, CRUZ	ADBA	Leiria	2009
Rec Nac 16	2:13.60	Ana Rita, FRANCISCO	POR	Gelsenkirchen (GER)	1996
Rec Nac Juv A	2:17.51	Raquel Maria, FELGUEIRAS	SCB	Alg�s	1995
Rec Nac Juv B	2:18.29	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac Inf A	2:22.67	Carolina Miranda, FERNANDES	CGA	Mealhada	2018
Rec Nac Inf B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Alg�s	1992

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Carolina Miranda, FERNANDES <i>Rec Nacional</i>	13 Galitos/ Bresimar	<b>2:20.28</b>	619
50m: 31.37 31.37 100m: 1:07.26 35.89 150m: 1:43.36 36.10 200m: 2:20.28 36.92			
2. Ana Rita, QUEIROZ	16 CASPAE	<b>2:26.15</b>	548
50m: 32.27 32.27 100m: 1:09.15 36.88 150m: 1:46.82 37.67 200m: 2:26.15 39.33			
3. Maria Ferreira, MOURA	14 Sporting	<b>2:27.76</b>	530
50m: 32.25 32.25 100m: 1:09.39 37.14 150m: 1:48.13 38.74 200m: 2:27.76 39.63			
4. Matilde Alves, FLORENCIO	14 CASPAE	<b>2:33.03</b>	477
50m: 33.84 33.84 100m: 1:12.50 38.66 150m: 1:52.90 40.40 200m: 2:33.03 40.13			
5. Maria Leitao, CARVALHO	16 Bairro dos Anjos/Bomcar	<b>2:33.37</b>	474
50m: 34.73 34.73 100m: 1:13.32 38.59 150m: 1:53.27 39.95 200m: 2:33.37 40.10			
6. Carolina Porem, HENRIQUES	14 Sporting	<b>2:34.49</b>	464
50m: 34.84 34.84 100m: 1:14.09 39.25 150m: 1:54.48 40.39 200m: 2:34.49 40.01			
7. Sara Lopes, BARBOSA	18 Aquatico Pacense	<b>2:35.57</b>	454
50m: 35.51 35.51 100m: 1:15.21 39.70 150m: 1:55.29 40.08 200m: 2:35.57 40.28			
8. Leonor Correia, PAIVA	14 Louzan Natacao	<b>2:36.16</b>	449
50m: 34.57 34.57 100m: 1:14.29 39.72 150m: 1:55.63 41.34 200m: 2:36.16 40.53			
9. Raquel Sofia, ALMEIDA	17 Academico Viseu	<b>2:36.99</b>	442
50m: 34.52 34.52 100m: 1:14.20 39.68 150m: 1:55.45 41.25 200m: 2:36.99 41.54			
10. Beatriz Monteiro, TOMAS	15 Fundacao Beatriz Santos	<b>2:37.10</b>	441
50m: 34.20 34.20 100m: 1:14.28 40.08 150m: 1:55.80 41.52 200m: 2:37.10 41.30			
11. Rita Salome, COSTA	14 Aquatico Pacense	<b>2:40.03</b>	417
50m: 37.28 37.28 100m: 1:18.93 41.65 150m: 2:00.42 41.49 200m: 2:40.03 39.61			
12. Beatriz Quintao, AMANTES	15 Uniao Piedense	<b>2:41.30</b>	407
50m: 34.70 34.70 100m: 1:15.51 40.81 150m: 1:58.03 42.52 200m: 2:41.30 43.27			
13. Matilde Domingues, GAMEIRO	21 Nautico Coimbra	<b>2:42.06</b>	402
50m: 35.21 35.21 100m: 1:17.16 41.95 150m: 1:59.16 42.00 200m: 2:42.06 42.90			
14. Beatriz Ferreira, LOISAS	13 Columbofila Cantanhedense	<b>2:42.85</b>	396
50m: 36.47 36.47 100m: 1:18.05 41.58 150m: 2:00.37 42.32 200m: 2:42.85 42.48			

Prova 5, Femin., 200m Mariposa, Absoluto

Lugar	Idade	Tempo final	Pts
15. Sofia Morais, FARIA	14 Bairro dos Anjos/Bomcar	<b>2:43.26</b>	393
50m: 35.35 35.35 100m: 1:17.59 42.24 150m: 2:00.50 42.91 200m: 2:43.26 42.76			
16. Diana Silva, TINOCO	12 Columbofila Cantanhedense	<b>2:44.24</b>	386
50m: 38.27 38.27 100m: 1:20.31 42.04 150m: 2:02.75 42.44 200m: 2:44.24 41.49			
17. Maria Jose, MADEIRA	16 Academica de Coimbra	<b>2:47.69</b>	362
50m: 35.05 35.05 100m: 1:18.19 43.14 150m: 2:03.20 45.01 200m: 2:47.69 44.49			
18. Camila Ferreira, MARQUES	15 Fundacao Beatriz Santos	<b>2:47.90</b>	361
50m: 35.17 35.17 100m: 1:17.83 42.66 150m: 2:02.77 44.94 200m: 2:47.90 45.13			
19. Margarida Filipe, FERREIRA	14 Uniao Piedense	<b>2:51.02</b>	342
50m: 36.95 36.95 100m: 1:19.85 42.90 150m: 2:05.48 45.63 200m: 2:51.02 45.54			
20. Maria Caetano, LAMAS	14 Miranda do Corvo	<b>2:51.96</b>	336
50m: 35.79 35.79 100m: 1:19.55 43.76 150m: 2:06.21 46.66 200m: 2:51.96 45.75			
21. Beatriz Santos, CORREIA	14 Academico Viseu	<b>2:53.61</b>	327
50m: 37.53 37.53 100m: 1:22.10 44.57 150m: 2:07.98 45.88 200m: 2:53.61 45.63			
22. Maria Monteiro, MARTIN	14 Natacion Badajoz	<b>2:53.65</b>	326
50m: 38.54 38.54 100m: 1:23.34 44.80 150m: 2:10.05 46.71 200m: 2:53.65 43.60			
23. Sara Calisto, PIMENTEL	13 Galitos/ Bresimar	<b>2:57.45</b>	306
50m: 38.90 38.90 100m: 1:23.39 44.49 150m: 2:10.40 47.01 200m: 2:57.45 47.05			
24. Carolina Ferreira, REIS	16 Nautico Coimbra	<b>3:00.41</b>	291
50m: 39.45 39.45 100m: 1:26.80 47.35 150m: 2:13.07 46.27 200m: 3:00.41 47.34			
25. Matilde Fonseca, OLIVEIRA	12 Miranda do Corvo	<b>3:06.20</b>	265
50m: 40.26 40.26 100m: 1:27.15 46.89 150m: 2:15.87 48.72 200m: 3:06.20 50.33			
DSQ Ana Catarina, SANTOS	15 Condeixa Clube		
<i>a atleta tocou alternadamente com as m�os na viragem aos 175 m</i>			
50m: 36.70 36.70 100m: 1:20.35 43.65 150m: 2:07.73 47.38			
DNS Laura Sanchez, MARTIN	13 Natacion Badajoz		
EXH Ines Dias, CRUZ	14 CASPAE	<b>2:48.14</b>	359
50m: 35.67 35.67 100m: 1:16.70 41.03 150m: 2:01.34 44.64 200m: 2:48.14 46.80			
EXH Rita Baptista, MARQUES	15 Nautico Coimbra	<b>3:15.82</b>	227
50m: 43.40 43.40 100m: 1:33.66 50.26 150m: 2:25.07 51.41 200m: 3:15.82 50.75			



Prova 6	Masc., 200m Mariposa					Absoluto
12/05/2018 - 11:05						Resultados
Rec Nac Absoluto	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009	
Rec Nac Sen	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009	
Rec Nac 18	1:58.64	Diogo Filipe, CARVALHO	CGA	Tomar	2005	
Rec Nac 17	1:59.93	Diogo Filipe, CARVALHO	CGA	Mealhada	2005	
Rec Nac Juv A	2:03.38	Diogo Parrilha da, SILVA	CNAL	Alcoba�a	2009	
Rec Nac Juv B	2:07.06	Pedro Diogo, OLIVEIRA	CNRM	Entroncamento	2003	
Rec Nac Inf A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	2004	
Rec Nac Inf B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazar�	2013	

Pontos: FINA 2017

Lugar	Idade			Tempo final			Pts
1. Antonio Rafael, BESSA	24	Aquatico Pacense	<b>2:09.18</b>	593			
50m: 28.98 28.98	100m: 1:01.83 32.85	150m: 1:34.84 33.01	200m: 2:09.18 34.34				
2. Diogo Coelho, JOSE	17	Columbofila Cantanhedense	<b>2:10.83</b>	571			
50m: 30.39 30.39	100m: 1:04.39 34.00	150m: 1:37.87 33.48	200m: 2:10.83 32.96				
3. Tiago Maria, CAMOES	17	Uniao Piedense	<b>2:11.56</b>	561			
50m: 30.10 30.10	100m: 1:04.11 34.01	150m: 1:38.36 34.25	200m: 2:11.56 33.20				
4. Pedro Miguel, PINTO	16	Sporting	<b>2:12.35</b>	551			
50m: 30.24 30.24	100m: 1:04.08 33.84	150m: 1:38.40 34.32	200m: 2:12.35 33.95				
5. Carlos Filipe, LOPES	17	Uniao Piedense	<b>2:12.65</b>	548			
50m: 29.97 29.97	100m: 1:04.28 34.31	150m: 1:39.04 34.76	200m: 2:12.65 33.61				
6. Ricardo Jorge, DOMINGUES	16	Fundacao Beatriz Santos	<b>2:17.70</b>	490			
50m: 29.58 29.58	100m: 1:04.00 34.42	150m: 1:41.02 37.02	200m: 2:17.70 36.68				
7. Jose Pedro, ANTUNES	18	Galitos/ Bresimar	<b>2:18.07</b>	486			
50m: 30.36 30.36	100m: 1:06.12 35.76	150m: 1:42.12 36.00	200m: 2:18.07 35.95				
8. Rodrigo Alexandre, TRAVASSOS	16	CASPAE	<b>2:19.10</b>	475			
50m: 30.64 30.64	100m: 1:06.10 35.46	150m: 1:42.75 36.65	200m: 2:19.10 36.35				
9. Gabriel Jose, FIGUEIRA	17	Academica de Coimbra	<b>2:21.16</b>	454			
50m: 31.24 31.24	100m: 1:06.57 35.33	150m: 1:43.31 36.74	200m: 2:21.16 37.85				
10. Miguel Sanches, LOPES	17	Academico Viseu	<b>2:21.26</b>	453			
50m: 31.28 31.28	100m: 1:07.56 36.28	150m: 1:44.16 36.60	200m: 2:21.26 37.10				
11. Dinis Barros, LEAL	15	Aquatico Pacense	<b>2:21.49</b>	451			
50m: 31.73 31.73	100m: 1:08.25 36.52	150m: 1:45.33 37.08	200m: 2:21.49 36.16				
12. Miguel Freitas, OVIEDO	16	Academica de Coimbra	<b>2:21.63</b>	450			
50m: 31.77 31.77	100m: 1:08.88 37.11	150m: 1:45.46 36.58	200m: 2:21.63 36.17				
13. David Joao, TINOCO	17	Columbofila Cantanhedense	<b>2:22.00</b>	446			
50m: 31.43 31.43	100m: 1:06.92 35.49	150m: 1:44.03 37.11	200m: 2:22.00 37.97				
14. Pedro Ribeiro, SANTOS	20	Condeixa Clube	<b>2:25.88</b>	412			
50m: 30.60 30.60	100m: 1:06.49 35.89	150m: 1:44.63 38.14	200m: 2:25.88 41.25				
15. Goncalo Pires, LOURENCO	15	Fundacao Beatriz Santos	<b>2:29.33</b>	384			
50m: 33.37 33.37	100m: 1:10.97 37.60	150m: 1:49.96 38.99	200m: 2:29.33 39.37				
16. Dinis Miranda, DIOGO	14	Condeixa Clube	<b>2:35.31</b>	341			
50m: 34.26 34.26	100m: 1:14.17 39.91	150m: 1:56.90 42.73	200m: 2:35.31 38.41				
17. Joao Baptista, MARQUES	18	Nautico Coimbra	<b>2:35.51</b>	340			
50m: 34.08 34.08	100m: 1:14.63 40.55	150m: 1:56.39 41.76	200m: 2:35.51 39.12				
18. Bernardo Rodrigues, TAVARES	14	Galitos/ Bresimar	<b>2:35.90</b>	337			
50m: 33.85 33.85	100m: 1:14.05 40.20	150m: 1:54.49 40.44	200m: 2:35.90 41.41				
19. Bernardo Carvalho, PIMENTA	16	Louzan Natacao	<b>2:37.02</b>	330			
50m: 32.69 32.69	100m: 1:11.17 38.48	150m: 1:53.39 42.22	200m: 2:37.02 43.63				

Prova 6, Masc., 200m Mariposa, Absoluto

Lugar	Idade	Tempo final	Pts
20. Tiberius Sebastian, NEAGU 50m: 34.40 34.40 100m: 1:14.63 40.23 150m: 1:56.26 41.63 200m: 2:38.93 42.67	14 Academico Viseu	<b>2:38.93</b>	318
21. Rui Joao, MARQUES 50m: 33.30 33.30 100m: 1:12.81 39.51 150m: 1:56.44 43.63 200m: 2:39.86 43.42	16 Nautico Coimbra	<b>2:39.86</b>	313
22. Guilherme Silva, CASTANHEIRA 50m: 37.92 37.92 100m: 1:23.08 45.16 150m: 2:11.00 47.92 200m: 2:59.30 48.30	14 Bairro dos Anjos/Bomcar	<b>2:59.30</b>	221
23. Tomas Jose, FRANCISCO 50m: 41.95 41.95 100m: 1:30.06 48.11 150m: 2:18.80 48.74 200m: 3:04.58 45.78	13 Miranda do Corvo	<b>3:04.58</b>	203
24. Renato Maria, FERREIRA 50m: 44.31 44.31 100m: 1:39.61 55.30 150m: 2:34.65 55.04 200m: 3:27.27 52.62	14 CASPAE	<b>3:27.27</b>	143
DSQ Marcos Vazquez, TINOCO <i>o atleta tocou apenas com 1 m�o em todas as viragens</i>	14 Natacion Badajoz		
DNS Vicente Oliveira, GOMES	16 Sporting		
EXH Ricardo Martins, CARVALHO 50m: 35.67 35.67 100m: 1:16.55 40.88 150m: 1:58.68 42.13 200m: 2:39.59 40.91	15 Fundacao Beatriz Santos	<b>2:39.59</b>	314

Prova 7

12/05/2018 - 11:20

Femin., 400m Livres

Absoluto  
Resultados

Rec Nac Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac Sen	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac 17	4:10.52	Tamila Hryhorivna, HOLUB	SCB	Porto	2015
Rec Nac 16	4:13.53	Ana Reis, SOUSA	CNLA	Porto	2017
Rec Nac Juv A	4:18.39	Ana Claudia, SANTOS	SFUAP	Cantanhede	2004
Rec Nac Juv B	4:23.08	Susana Patricia, MIGUEL	SFUAP	Alhandra	2004
Rec Nac Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	1980
Rec Nac Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	2009

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Alexandra Couto, FRAZAO 50m: 31.10 31.10 100m: 1:04.66 33.56 150m: 1:38.55 33.89 200m: 2:12.19 33.64 250m: 2:46.14 33.95 300m: 3:19.94 33.80 350m: 3:54.32 34.38 400m: 4:26.92 32.60	16 CASPAE	<b>4:26.92</b>	678
2. Joana Beatriz, BERNARDO 50m: 31.81 31.81 100m: 1:05.81 34.00 150m: 1:40.04 34.23 200m: 2:14.40 34.36 250m: 2:48.76 34.36 300m: 3:23.46 34.70 350m: 3:58.34 34.88 400m: 4:31.70 33.36	19 Fundacao Beatriz Santos	<b>4:31.70</b>	643
3. Luisa Maria, MACHADO 50m: 32.47 32.47 100m: 1:06.87 34.40 150m: 1:41.50 34.63 200m: 2:16.47 34.97 250m: 2:50.10 33.63 300m: 3:24.25 34.15 350m: 3:58.57 34.32 400m: 4:32.27 33.70	17 Uniao Piedense	<b>4:32.27</b>	639
4. Beatriz Nunes, CARDEAL 50m: 31.81 31.81 100m: 1:06.56 34.75 150m: 1:41.29 34.73 200m: 2:16.47 35.18 250m: 2:51.89 35.42 300m: 3:27.37 35.48 350m: 4:03.09 35.72 400m: 4:36.90 33.81	14 Academico Viseu	<b>4:36.90</b>	607
5. Camila Alexandra, SILVA 50m: 32.55 32.55 100m: 1:07.21 34.66 150m: 1:42.46 35.25 200m: 2:16.95 34.49 250m: 2:51.94 34.99 300m: 3:28.28 36.34 350m: 4:04.97 36.69 400m: 4:40.40 35.43	15 Columbofila Cantanhedense	<b>4:40.40</b>	585
6. Mafalda Joana, OLIVEIRA 50m: 32.02 32.02 100m: 1:07.30 35.28 150m: 1:43.71 36.41 200m: 2:19.94 36.23 250m: 2:55.57 35.63 300m: 3:31.14 35.57 350m: 4:06.74 35.60 400m: 4:40.44 33.70	16 Aquatico Pacense	<b>4:40.44</b>	584
7. Ines Mariana, PINHEIRO 50m: 32.88 32.88 100m: 1:09.39 36.51 150m: 1:46.21 36.82 200m: 2:23.95 37.74 250m: 3:01.27 37.32 300m: 3:38.49 37.22 350m: 4:14.78 36.29 400m: 4:47.11 32.33	15 Academica de Coimbra	<b>4:47.11</b>	544

Prova 7, Femin., 400m Livres, Absoluto

Lugar			Idade					Tempo final	Pts
8.	Ana Pedro, SANTOS		16	Galitos/ Bresimar				<b>4:49.49</b>	531
	50m:	32.73 32.73	150m:	1:44.44	35.95	250m:	2:57.71 36.52	350m:	4:12.55 37.82
	100m:	1:08.49 35.76	200m:	2:21.19	36.75	300m:	3:34.73 37.02	400m:	4:49.49 36.94
9.	Sara Dias, NEVES		15	Miranda do Corvo				<b>4:50.72</b>	524
	50m:	32.47 32.47	150m:	1:45.44	36.64	250m:	2:59.83 37.35	350m:	4:14.27 36.92
	100m:	1:08.80 36.33	200m:	2:22.48	37.04	300m:	3:37.35 37.52	400m:	4:50.72 36.45
10.	Madalena Graca, GERALDES		14	Sporting				<b>4:53.46</b>	510
	50m:	33.10 33.10	150m:	1:45.93	36.91	250m:	3:00.97 37.46	350m:	4:16.67 37.82
	100m:	1:09.02 35.92	200m:	2:23.51	37.58	300m:	3:38.85 37.88	400m:	4:53.46 36.79
11.	Maria Beatriz, JORGE		18	Nautico Coimbra				<b>4:53.81</b>	508
	50m:	33.19 33.19	150m:	1:47.30	37.37	250m:	3:02.62 37.63	350m:	4:17.78 37.56
	100m:	1:09.93 36.74	200m:	2:24.99	37.69	300m:	3:40.22 37.60	400m:	4:53.81 36.03
12.	Maria Soledad, BENITEZ		15	Natacion Badajoz				<b>5:05.20</b>	453
	50m:	33.66 33.66	150m:	1:48.99	38.30	250m:	3:06.79 39.08	350m:	4:26.37 39.70
	100m:	1:10.69 37.03	200m:	2:27.71	38.72	300m:	3:46.67 39.88	400m:	5:05.20 38.83
13.	Daniela Portela, MENDES		14	Condeixa Clube				<b>5:10.44</b>	431
	50m:	33.50 33.50	150m:	1:49.41	38.95	250m:	3:09.71 40.32	350m:	4:30.77 40.33
	100m:	1:10.46 36.96	200m:	2:29.39	39.98	300m:	3:50.44 40.73	400m:	5:10.44 39.67
14.	Maria Francisca, FROIS		12	Bairro dos Anjos/Bomcar				<b>5:25.70</b>	373
	50m:	36.63 36.63	150m:	2:00.76	42.51	250m:	3:24.78 41.37	350m:	4:47.17 40.95
	100m:	1:18.25 41.62	200m:	2:43.41	42.65	300m:	4:06.22 41.44	400m:	5:25.70 38.53
EXH	Beatriz Andre, GASPAR		12	Nautico Coimbra				<b>5:50.28</b>	300
	50m:	39.01 39.01	150m:	2:07.78	44.78	250m:	3:36.41 44.06	350m:	5:06.44 44.68
	100m:	1:23.00 43.99	200m:	2:52.35	44.57	300m:	4:21.76 45.35	400m:	5:50.28 43.84
EXH	Ana Sofia, CASTANHEIRA		14	Condeixa Clube				<b>6:01.11</b>	273
	50m:	40.05 40.05	150m:	2:10.88	46.31	250m:	3:43.43 46.47	350m:	5:16.89 46.73
	100m:	1:24.57 44.52	200m:	2:56.96	46.08	300m:	4:30.16 46.73	400m:	6:01.11 44.22

Prova 8

Masc., 400m Livres

Absoluto  
Resultados

12/05/2018 - 11:35

Rec Nac Absoluto	3:42.91	Miguel Duarte, NASCIMENTO	SLB	Porto	2017
Rec Nac Sen	3:42.91	Miguel Duarte, NASCIMENTO	SLB	Porto	2017
Rec Nac 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	2004
Rec Nac 17	3:56.54	Rui Filipe, COSTA	VSC	Feigueiras	2007
Rec Nac Juv A	3:59.31	Joao Carlos, SANTOS	ANAM	Alg�s	2012
Rec Nac Juv B	4:03.22	Joao Pedro, GIL	ANAM	Alg�s	2012
Rec Nac Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	2014
Rec Nac Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santar�m	2003

Pontos: FINA 2017

Lugar			Idade					Tempo final	Pts
1.	Tomas Miguel, VELOSO		22	Nautico Coimbra				<b>3:55.26</b>	734
	<i>Recorde do Torneio</i>								
	50m:	27.30 27.30	150m:	1:26.55	29.92	250m:	2:26.16 29.46	350m:	3:25.88 29.97
	100m:	56.63 29.33	200m:	1:56.70	30.15	300m:	2:55.91 29.75	400m:	3:55.26 29.38
2.	Jose Paula, CARVALHO		20	Uniao Piedense				<b>3:58.23</b>	707
	50m:	28.02 28.02	150m:	1:27.68	30.32	250m:	2:27.69 29.59	350m:	3:27.79 30.43
	100m:	57.36 29.34	200m:	1:58.10	30.42	300m:	2:57.36 29.67	400m:	3:58.23 30.44
3.	Joao Carvalho, DIZ		17	Columbifila Cantanhedense				<b>4:12.59</b>	593
	50m:	29.39 29.39	150m:	1:33.62	32.45	250m:	2:37.74 31.73	350m:	3:41.70 31.79
	100m:	1:01.17 31.78	200m:	2:06.01	32.39	300m:	3:09.91 32.17	400m:	4:12.59 30.89

Prova 8, Masc., 400m Livres, Absoluto

Lugar			Idade					Tempo final	Pts
4.	Rodrigo Ribeiro, GOMES		18	Condeixa Clube				<b>4:13.16</b>	589
	50m:	26.90 26.90	150m:	1:29.35	31.87	250m:	2:35.49 32.97	350m:	3:41.52 33.07
	100m:	57.48 30.58	200m:	2:02.52	33.17	300m:	3:08.45 32.96	400m:	4:13.16 31.64
5.	Martim Rebelo, MALFEITO		16	Sporting				<b>4:19.13</b>	549
	50m:	30.51 30.51	150m:	1:35.83	32.66	250m:	2:41.26 32.67	350m:	3:46.93 32.82
	100m:	1:03.17 32.66	200m:	2:08.59	32.76	300m:	3:14.11 32.85	400m:	4:19.13 32.20
6.	Rodrigo Alexandre, TRAVASSOS		16	CASPAE				<b>4:21.83</b>	532
	50m:	29.94 29.94	150m:	1:36.83	33.63	250m:	2:43.02 32.87	350m:	3:49.45 33.27
	100m:	1:03.20 33.26	200m:	2:10.15	33.32	300m:	3:16.18 33.16	400m:	4:21.83 32.38
7.	Joao Pedro, DIAS		16	Fundacao Beatriz Santos				<b>4:26.84</b>	503
	50m:	30.48 30.48	150m:	1:37.63	34.05	250m:	2:46.20 34.48	350m:	3:54.42 34.24
	100m:	1:03.58 33.10	200m:	2:11.72	34.09	300m:	3:20.18 33.98	400m:	4:26.84 32.42
8.	Samuel Almeida, FIGUEIRA		16	Academico Viseu				<b>4:29.20</b>	490
	50m:	30.48 30.48	150m:	1:38.53	34.37	250m:	2:47.13 34.27	350m:	3:55.94 34.29
	100m:	1:04.16 33.68	200m:	2:12.86	34.33	300m:	3:21.65 34.52	400m:	4:29.20 33.26
9.	Ricardo Morais, FARIA		14	Bairro dos Anjos/Bomcar				<b>4:30.67</b>	482
	50m:	30.30 30.30	150m:	1:38.66	34.47	250m:	2:48.97 35.36	350m:	3:58.16 33.98
	100m:	1:04.19 33.89	200m:	2:13.61	34.95	300m:	3:24.18 35.21	400m:	4:30.67 32.51
10.	Rodrigo Jorge, NETO		15	Aquatico Pacense				<b>4:34.26</b>	463
	50m:	31.20 31.20	150m:	1:40.61	35.33	250m:	2:49.69 34.27	350m:	3:56.93 33.04
	100m:	1:05.28 34.08	200m:	2:15.42	34.81	300m:	3:23.89 34.20	400m:	4:34.26 37.33
11.	Francisco Miguel, CARVALHO		18	Academica de Coimbra				<b>4:35.00</b>	459
	50m:	30.62 30.62	150m:	1:39.08	34.56	250m:	2:49.90 35.42	350m:	4:00.59 35.52
	100m:	1:04.52 33.90	200m:	2:14.48	35.40	300m:	3:25.07 35.17	400m:	4:35.00 34.41
12.	Renato Miguel, CARVALHO		15	Galitos/ Bresimar				<b>4:35.82</b>	455
	50m:	30.88 30.88	150m:	1:38.79	34.64	250m:	2:49.01 35.40	350m:	4:00.25 35.55
	100m:	1:04.15 33.27	200m:	2:13.61	34.82	300m:	3:24.70 35.69	400m:	4:35.82 35.57
13.	Afonso Miguel, AMADO		13	Miranda do Corvo				<b>4:50.32</b>	390
	50m:	33.26 33.26	150m:	1:46.10	37.08	250m:	3:01.19 37.11	350m:	4:15.37 36.89
	100m:	1:09.02 35.76	200m:	2:24.08	37.98	300m:	3:38.48 37.29	400m:	4:50.32 34.95
14.	Carlos Aurelio, DUARTE		15	Natacion Badajoz				<b>4:53.36</b>	378
	50m:	31.79 31.79	150m:	1:44.27	36.72	250m:	2:59.95 37.82	350m:	4:15.92 38.23
	100m:	1:07.55 35.76	200m:	2:22.13	37.86	300m:	3:37.69 37.74	400m:	4:53.36 37.44
15.	Tomas Carvalho, SANTOS		13	Louzan Natacao				<b>5:06.27</b>	332
	50m:	35.30 35.30	150m:	1:51.73	38.42	250m:	3:08.84 38.57	350m:	4:27.40 39.44
	100m:	1:13.31 38.01	200m:	2:30.27	38.54	300m:	3:47.96 39.12	400m:	5:06.27 38.87
EXH	Vasco Pereira, BASTOS		16	Nautico Coimbra				<b>4:32.43</b>	472
	50m:	31.34 31.34	150m:	1:40.61	34.94	250m:	2:49.59 34.55	350m:	3:58.98 34.56
	100m:	1:05.67 34.33	200m:	2:15.04	34.43	300m:	3:24.42 34.83	400m:	4:32.43 33.45

2 - 1<sup>a</sup> Jornada - 2<sup>a</sup> Sess o

12/05/2018 - 15:30

Prova 9	Femin., 400m Estilos				Absoluto
12/05/2018 - 15:30					Resultados
Rec Nac Absoluto	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac Sen	4:36.19	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac 17	4:46.89	Ines Neto, ROCHA	CAP	Felgueiras	2018
Rec Nac 16	4:50.85	Diana Margarida, DURAES	FOCA	Silves	2011
Rec Nac Juv A	4:51.85	Ana Claudia, SANTOS	SFUAP	Setubal	2004
Rec Nac Juv B	4:57.68	Susana Patricia, MIGUEL	SFUAP	Penafiel	2004
Rec Nac Inf A	5:05.68	Filiipa Vilas, RUIVO	DNMG	Leiria	2010
Rec Nac Inf B	5:15.68	Susana Patricia, MIGUEL	SFUAP	Rio Maior	2002

Pontos: FINA 2017

Lugar	Idade		Tempo final		Pts
1. Joana Nunes, CARDEAL	16	Academico Viseu	<b>4:55.85</b>	674	
<i>Recorde do Torneio</i>					
50m:	31.93	31.93	150m:	1:46.71	38.64
100m:	1:08.07	36.14	200m:	2:23.90	37.19
250m:	3:06.29	42.39	350m:	4:23.14	33.66
300m:	3:49.48	43.19	400m:	4:55.85	32.71
2. Carolina Miranda, FERNANDES	13	Galitos/ Bresimar	<b>5:03.94</b>	622	
<i>Rec Nacional</i>					
50m:	31.81	31.81	150m:	1:47.51	39.70
100m:	1:07.81	36.00	200m:	2:26.95	39.44
250m:	3:11.43	44.48	350m:	4:30.46	34.47
300m:	3:55.99	44.56	400m:	5:03.94	33.48
3. Ana Rita, QUEIROZ	16	CASP�E	<b>5:06.31</b>	607	
50m:	32.79	32.79	150m:	1:50.73	40.36
100m:	1:10.37	37.58	200m:	2:30.49	39.76
250m:	3:13.77	43.28	350m:	4:32.48	34.63
300m:	3:57.85	44.08	400m:	5:06.31	33.83
4. Sara Sofia, ALVES	17	Columbofila Cantanhedense	<b>5:16.57</b>	550	
50m:	34.59	34.59	150m:	1:55.41	42.26
100m:	1:13.15	38.56	200m:	2:36.01	40.60
250m:	3:20.93	44.92	350m:	4:43.06	35.08
300m:	4:07.98	47.05	400m:	5:16.57	33.51
5. Sara Dias, NEVES	15	Miranda do Corvo	<b>5:18.90</b>	538	
50m:	34.46	34.46	150m:	1:54.92	41.02
100m:	1:13.90	39.44	200m:	2:35.12	40.20
250m:	3:20.93	45.81	350m:	4:43.81	36.47
300m:	4:07.34	46.41	400m:	5:18.90	35.09
6. Beatriz Monteiro, TOMAS	15	Fundacao Beatriz Santos	<b>5:19.21</b>	537	
50m:	34.79	34.79	150m:	1:54.22	40.62
100m:	1:13.60	38.81	200m:	2:34.62	40.40
250m:	3:18.21	43.59	350m:	4:42.14	39.16
300m:	4:02.98	44.77	400m:	5:19.21	37.07
7. Marta Macedo, INACIO	14	Sporting	<b>5:24.98</b>	508	
50m:	33.75	33.75	150m:	1:54.70	42.22
100m:	1:12.48	38.73	200m:	2:36.18	41.48
250m:	3:23.27	47.09	350m:	4:48.35	37.50
300m:	4:10.85	47.58	400m:	5:24.98	36.63
8. Beatriz Quintao, AMANTES	15	Uniao Piedense	<b>5:26.17</b>	503	
50m:	33.15	33.15	150m:	1:55.26	42.02
100m:	1:13.24	40.09	200m:	2:36.02	40.76
250m:	3:24.15	48.13	350m:	4:50.57	37.42
300m:	4:13.15	49.00	400m:	5:26.17	35.60
9. Ines Filipa, MAGALHAES	16	Aquatico Pacense	<b>5:26.74</b>	500	
50m:	34.70	34.70	150m:	1:58.11	44.19
100m:	1:13.92	39.22	200m:	2:40.06	41.95
250m:	3:26.38	46.32	350m:	4:50.60	38.40
300m:	4:12.20	45.82	400m:	5:26.74	36.14
10. Leonor Horta, COSTA	14	Nautico Coimbra	<b>5:32.49</b>	475	
50m:	35.55	35.55	150m:	1:58.52	41.24
100m:	1:17.28	41.73	200m:	2:40.13	41.61
250m:	3:29.07	48.94	350m:	4:55.46	37.49
300m:	4:17.97	48.90	400m:	5:32.49	37.03
11. Leonor Correia, PAIVA	14	Louzan Natacao	<b>5:35.57</b>	462	
50m:	35.39	35.39	150m:	1:57.69	42.02
100m:	1:15.67	40.28	200m:	2:38.20	40.51
250m:	3:28.31	50.11	350m:	4:57.63	39.65
300m:	4:17.98	49.67	400m:	5:35.57	37.94
12. Ana Catarina, SANTOS	15	Condeixa Clube	<b>5:39.63</b>	445	
50m:	35.75	35.75	150m:	1:59.62	41.08
100m:	1:18.54	42.79	200m:	2:39.36	39.74
250m:	3:30.46	51.10	350m:	5:01.24	39.20
300m:	4:22.04	51.58	400m:	5:39.63	38.39

Prova 9, Femin., 400m Estilos, Absoluto

Lugar	Idade		Tempo final		Pts
13. Sofia Morais, FARIA	14	Bairro dos Anjos/Bomcar	<b>5:44.48</b>	427	
50m: 35.51 35.51	150m: 2:03.76 44.94	250m: 3:37.29 50.01	350m: 5:06.94	39.69	
100m: 1:18.82 43.31	200m: 2:47.28 43.52	300m: 4:27.25 49.96	400m: 5:44.48	37.54	
14. Lucia Zajara, FONTAINA	16	Natacion Badajoz	<b>6:21.85</b>	313	
50m: 39.33 39.33	150m: 2:15.00 49.11	250m: 3:57.76 55.25	350m: 5:38.11	45.39	
100m: 1:25.89 46.56	200m: 3:02.51 47.51	300m: 4:52.72 54.96	400m: 6:21.85	43.74	

Prova 10

12/05/2018 - 15:45

Masc., 400m Estilos

Absoluto  
Resultados

Rec Nac Absoluto	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac Sen	4:06.83	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	2009
Rec Nac 18	4:11.20	Joao Alexandre, VITAL	SCP	Porto	2015
Rec Nac 17	4:21.93	Joao Alexandre, VITAL	ADRCIMM	Porto	2014
Rec Nac Juv A	4:25.04	Joao Alexandre, VITAL	ADRCIMM	Tomar	2013
Rec Nac Juv B	4:35.02	Diogo Filipe, CARVALHO	CGA	Braga	2003
Rec Nac Inf A	4:40.32	Tomas Miguel, FREITAS	CDN	Funchal	2004
Rec Nac Inf B	4:49.65	Andre Vilas, RUIVO	DNMG	S. Ant�nio Cavaleiros	2013

Pontos: FINA 2017

Lugar	Idade		Tempo final		Pts
1. David Matias, CRISTINO	17	Uniao Piedense	<b>4:39.12</b>	600	
50m: 29.63 29.63	150m: 1:39.26 35.54	250m: 2:54.78 41.21	350m: 4:08.48	31.96	
100m: 1:03.72 34.09	200m: 2:13.57 34.31	300m: 3:36.52 41.74	400m: 4:39.12	30.64	
2. Diogo Coelho, JOSE	17	Columbofila Cantanhedense	<b>4:42.24</b>	580	
50m: 30.81 30.81	150m: 1:42.72 36.77	250m: 2:59.19 41.06	350m: 4:12.88	31.47	
100m: 1:05.95 35.14	200m: 2:18.13 35.41	300m: 3:41.41 42.22	400m: 4:42.24	29.36	
3. Paulo Andre, FROTA	16	CASP�E	<b>4:52.87</b>	519	
50m: 31.41 31.41	150m: 1:48.24 40.51	250m: 3:08.04 41.40	350m: 4:21.57	32.71	
100m: 1:07.73 36.32	200m: 2:26.64 38.40	300m: 3:48.86 40.82	400m: 4:52.87	31.30	
4. Ricardo Jorge, DOMINGUES	16	Fundacao Beatriz Santos	<b>4:53.68</b>	515	
50m: 29.06 29.06	150m: 1:42.54 39.24	250m: 3:02.38 42.16	350m: 4:20.54	35.06	
100m: 1:03.30 34.24	200m: 2:20.22 37.68	300m: 3:45.48 43.10	400m: 4:53.68	33.14	
5. Juan Manuel, GONZALEZ	19	Natacion Badajoz	<b>4:55.33</b>	507	
50m: 29.20 29.20	150m: 1:40.20 37.95	250m: 2:59.59 41.47	350m: 4:20.86	36.92	
100m: 1:02.25 33.05	200m: 2:18.12 37.92	300m: 3:43.94 44.35	400m: 4:55.33	34.47	
6. Martim Rebelo, MALFEITO	16	Sporting	<b>4:55.64</b>	505	
50m: 32.26 32.26	150m: 1:51.67 41.15	250m: 3:11.24 39.75	350m: 4:24.73	33.09	
100m: 1:10.52 38.26	200m: 2:31.49 39.82	300m: 3:51.64 40.40	400m: 4:55.64	30.91	
7. Sergio Eduardo, DIAS	18	Aquatico Pacense	<b>4:56.38</b>	501	
50m: 31.11 31.11	150m: 1:44.56 37.70	250m: 3:05.11 43.10	350m: 4:22.89	33.67	
100m: 1:06.86 35.75	200m: 2:22.01 37.45	300m: 3:49.22 44.11	400m: 4:56.38	33.49	
8. Miguel Sanches, LOPES	17	Academico Viseu	<b>5:02.01</b>	474	
50m: 31.68 31.68	150m: 1:51.25 41.85	250m: 3:13.41 42.20	350m: 4:28.49	32.90	
100m: 1:09.40 37.72	200m: 2:31.21 39.96	300m: 3:55.59 42.18	400m: 5:02.01	33.52	
9. Pedro Ribeiro, SANTOS	20	Condeixa Clube	<b>5:05.79</b>	456	
50m: 30.99 30.99	150m: 1:45.97 39.42	250m: 3:10.79 45.27	350m: 4:30.49	35.05	
100m: 1:06.55 35.56	200m: 2:25.52 39.55	300m: 3:55.44 44.65	400m: 5:05.79	35.30	
10. Bernardo Rodrigues, TAVARES	14	Galitos/ Bresimar	<b>5:28.16</b>	369	
50m: 34.13 34.13	150m: 1:55.93 40.79	250m: 3:25.31 48.36	350m: 4:51.99	38.56	
100m: 1:15.14 41.01	200m: 2:36.95 41.02	300m: 4:13.43 48.12	400m: 5:28.16	36.17	
DNS Francisco Alberto, LUCAS	18	Academica de Coimbra			



## Prova 10, Masc., 400m Estilos

Lugar	Idade	Tempo final	Pts
EXH Ricardo Martins, CARVALHO	15 Fundacao Beatriz Santos	<b>5:37.86</b>	338
50m: 35.72 35.72	150m: 2:01.30 44.69	250m: 3:31.97 48.57	350m: 5:00.77 38.70
100m: 1:16.61 40.89	200m: 2:43.40 42.10	300m: 4:22.07 50.10	400m: 5:37.86 37.09

## Prova 11

12/05/2018 - 15:55

## Femin., 200m Livres

 Absoluto  
 Resultados

Rec Nac Absoluto	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac Sen	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	2017
Rec Nac 17	2:02.89	Diana Margarida, DURAES	FCP	Porto	2012
Rec Nac 16	2:01.17	Ana Reis, SOUSA	CNLA	Leiria	2017
Rec Nac Juv A	2:04.01	Alexandra Couto, FRAZAO	SANC	Coimbra	2017
Rec Nac Juv B	2:04.38	Camila Rodrigues, REBELO	SANC	Coimbra	2017
Rec Nac Inf A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Nac Inf B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Alexandra Couto, FRAZAO <i>Recorde do Torneio</i>	16 CASPAE	<b>2:07.87</b>	650
50m: 30.41 30.41	100m: 1:02.89 32.48	150m: 1:35.86 32.97	200m: 2:07.87 32.01
2. Marisa Isabel, NOBRE	13 Columbofila Cantanhedense	<b>2:13.26</b>	574
50m: 31.51 31.51	100m: 1:05.72 34.21	150m: 1:40.27 34.55	200m: 2:13.26 32.99
3. Camila Alexandra, SILVA	15 Columbofila Cantanhedense	<b>2:13.35</b>	573
50m: 31.74 31.74	100m: 1:05.33 33.59	150m: 1:39.92 34.59	200m: 2:13.35 33.43
4. Ana Carolina, NEVES	18 Academica de Coimbra	<b>2:14.09</b>	563
50m: 31.31 31.31	100m: 1:05.32 34.01	150m: 1:39.53 34.21	200m: 2:14.09 34.56
5. Ines Figueira, SANTOS	18 Uniao Piedense	<b>2:14.27</b>	561
50m: 32.03 32.03	100m: 1:05.99 33.96	150m: 1:40.20 34.21	200m: 2:14.27 34.07
6. Margarida Violante, VIANA	14 Bairro dos Anjos/Bomcar	<b>2:17.08</b>	527
50m: 32.36 32.36	100m: 1:07.30 34.94	150m: 1:42.75 35.45	200m: 2:17.08 34.33
7. Ana Pedro, SANTOS	16 Galitos/ Bresimar	<b>2:17.24</b>	525
50m: 30.86 30.86	100m: 1:05.08 34.22	150m: 1:40.67 35.59	200m: 2:17.24 36.57
8. Maria Miguel, GAMEIRO	15 Nautico Coimbra	<b>2:17.95</b>	517
50m: 32.58 32.58	100m: 1:07.71 35.13	150m: 1:43.17 35.46	200m: 2:17.95 34.78
9. Sara Lopes, BARBOSA	18 Aquatico Pacense	<b>2:18.18</b>	515
50m: 32.53 32.53	100m: 1:07.44 34.91	150m: 1:42.87 35.43	200m: 2:18.18 35.31
10. Mariana Carmo, ROSA	13 Louzan Natacao	<b>2:19.06</b>	505
50m: 32.36 32.36	100m: 1:07.40 35.04	150m: 1:43.34 35.94	200m: 2:19.06 35.72
11. Ines Mariana, PINHEIRO	15 Academica de Coimbra	<b>2:19.11</b>	505
50m: 32.32 32.32	100m: 1:08.10 35.78	150m: 1:45.02 36.92	200m: 2:19.11 34.09
12. Anais Cloe, PEREIRA	14 Sporting	<b>2:19.55</b>	500
50m: 33.02 33.02	100m: 1:08.12 35.10	150m: 1:44.70 36.58	200m: 2:19.55 34.85
13. Catarina Nunes, ALMEIDA	14 Galitos/ Bresimar	<b>2:20.01</b>	495
50m: 33.27 33.27	100m: 1:09.19 35.92	150m: 1:45.30 36.11	200m: 2:20.01 34.71
14. Eva Fernandes, CARDOSO	17 Fundacao Beatriz Santos	<b>2:20.02</b>	495
50m: 32.44 32.44	100m: 1:07.20 34.76	150m: 1:43.17 35.97	200m: 2:20.02 36.85
15. Beatriz Pereira, CUNHA	17 Academico Viseu	<b>2:20.51</b>	490
50m: 32.35 32.35	100m: 1:07.97 35.62	150m: 1:44.53 36.56	200m: 2:20.51 35.98

Prova 11, Femin., 200m Livres, Absoluto

Lugar					Idade					Tempo final	Pts
16.	Lara Alexandra, CARRILHO	17	Academico Viseu						<b>2:21.03</b>	484	
	50m: 33.40 33.40	100m: 1:09.34	35.94	150m: 1:45.92	36.58	200m: 2:21.03	35.11				
17.	Camila Ferreira, MARQUES	15	Fundacao Beatriz Santos						<b>2:21.08</b>	484	
	50m: 33.28 33.28	100m: 1:09.40	36.12	150m: 1:45.73	36.33	200m: 2:21.08	35.35				
18.	Joana Marinho, COELHO	14	Sporting						<b>2:22.09</b>	473	
	50m: 32.75 32.75	100m: 1:08.76	36.01	150m: 1:45.52	36.76	200m: 2:22.09	36.57				
19.	Sara Sofia, TEJO	15	CASP�E						<b>2:22.93</b>	465	
	50m: 32.57 32.57	100m: 1:08.55	35.98	150m: 1:46.10	37.55	200m: 2:22.93	36.83				
20.	Maria Beatriz, JORGE	18	Nautico Coimbra						<b>2:23.00</b>	464	
	50m: 32.25 32.25	100m: 1:08.59	36.34	150m: 1:46.12	37.53	200m: 2:23.00	36.88				
21.	Rita Salome, COSTA	14	Aquatico Pacense						<b>2:28.35</b>	416	
	50m: 35.73 35.73	100m: 1:14.27	38.54	150m: 1:52.07	37.80	200m: 2:28.35	36.28				
22.	Beatriz Rodriguez, SOLIZ	18	Natacion Badajoz						<b>2:29.44</b>	407	
	50m: 33.49 33.49	100m: 1:10.84	37.35	150m: 1:50.62	39.78	200m: 2:29.44	38.82				
23.	Matilde Fonseca, OLIVEIRA	12	Miranda do Corvo						<b>2:34.76</b>	366	
	50m: 35.86 35.86	100m: 1:14.65	38.79	150m: 1:54.73	40.08	200m: 2:34.76	40.03				
24.	Alba Mu�oz, PEREA	17	Natacion Badajoz						<b>2:38.43</b>	341	
	50m: 35.19 35.19	100m: 1:14.11	38.92	150m: 1:55.41	41.30	200m: 2:38.43	43.02				
25.	Maria Ines, GASP�R	13	Miranda do Corvo						<b>2:39.71</b>	333	
	50m: 37.16 37.16	100m: 1:17.61	40.45	150m: 1:59.43	41.82	200m: 2:39.71	40.28				
26.	Ana Sofia, CASTANHEIRA	14	Condeixa Clube						<b>2:51.89</b>	267	
	50m: 39.08 39.08	100m: 1:22.53	43.45	150m: 2:07.85	45.32	200m: 2:51.89	44.04				
27.	Maria Beatriz, RODRIGUES	14	Condeixa Clube						<b>2:53.46</b>	260	
	50m: 39.67 39.67	100m: 1:24.67	45.00	150m: 2:11.26	46.59	200m: 2:53.46	42.20				
DNS	Rita Baptista, MARQUES	15	Nautico Coimbra								
EXH	Sofia Tavares, JACINTO	15	Nautico Coimbra						<b>2:29.27</b>	408	
	50m: 34.80 34.80	100m: 1:11.92	37.12	150m: 1:50.55	38.63	200m: 2:29.27	38.72				
EXH	Carolina Ferreira, REIS	16	Nautico Coimbra						<b>2:32.53</b>	383	
	50m: 35.32 35.32	100m: 1:14.46	39.14	150m: 1:53.94	39.48	200m: 2:32.53	38.59				
EXH	Mariana Fonseca, SILVA	12	CASP�E						<b>2:40.06</b>	331	
	50m: 37.23 37.23	100m: 1:17.61	40.38	150m: 1:59.84	42.23	200m: 2:40.06	40.22				

Prova 12  
12/05/2018 - 16:10

Masc., 200m Livres

Absoluto  
Resultados

Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	2013
Rec Nac Sen	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	2013
Rec Nac 18	1:47.73	Tiago Andre, VENANCIO	POR	Viena (AUT)	2004
Rec Nac 17	1:50.67	Gustavo Manuel, SANTA	CNLA	Leiria	2009
Rec Nac Juv A	1:51.06	Tiago Andre, VENANCIO	CNS	Braga	2003
Rec Nac Juv B	1:55.53	Diogo Filipe, CARVALHO	CGA	Ilhavo	2003
Rec Nac Inf A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	2004
Rec Nac Inf B	2:04.75	Joao Magalhaes, NUNES	CNA	Alg�s	2012

Pontos: FINA 2017

Lugar	Idade		Tempo final		Pts
1. Joao Carvalho, DIZ	17	Columbofila Cantanhedense	<b>1:58.62</b>	587	
50m: 28.27 28.27	100m: 58.63 30.36	150m: 1:29.37 30.74	200m: 1:58.62	29.25	
2. Joao Pedro, SILVA	18	Uniao Piedense	<b>1:59.11</b>	580	
50m: 27.56 27.56	100m: 58.48 30.92	150m: 1:29.64 31.16	200m: 1:59.11	29.47	
3. Rodrigo Alexandre, TRAVASSOS	16	CASP�E	<b>1:59.73</b>	571	
50m: 28.08 28.08	100m: 59.37 31.29	150m: 1:29.90 30.53	200m: 1:59.73	29.83	
4. Antonio Rafael, BESSA	24	Aquatico Pacense	<b>2:01.33</b>	549	
50m: 28.32 28.32	100m: 59.29 30.97	150m: 1:29.67 30.38	200m: 2:01.33	31.66	
5. Ricardo Marques, MACHADO	16	Academico Viseu	<b>2:01.48</b>	547	
50m: 28.14 28.14	100m: 59.37 31.23	150m: 1:30.90 31.53	200m: 2:01.48	30.58	
6. Joao Neto, PEREIRA	16	Fundacao Beatriz Santos	<b>2:01.60</b>	545	
50m: 27.82 27.82	100m: 58.82 31.00	150m: 1:30.40 31.58	200m: 2:01.60	31.20	
7. Jose Pedro, ANTUNES	18	Galitos/ Bresimar	<b>2:02.34</b>	535	
50m: 27.94 27.94	100m: 58.81 30.87	150m: 1:30.20 31.39	200m: 2:02.34	32.14	
8. Vitor Teixeira, OLIVEIRA	15	Columbofila Cantanhedense	<b>2:04.25</b>	511	
50m: 30.38 30.38	100m: 1:01.68 31.30	150m: 1:33.46 31.78	200m: 2:04.25	30.79	
9. Diogo Nuno, VALENTE	16	Sporting	<b>2:04.29</b>	511	
50m: 28.60 28.60	100m: 1:00.87 32.27	150m: 1:33.06 32.19	200m: 2:04.29	31.23	
10. Rodrigo Ponte, JORGE	17	Uniao Piedense	<b>2:05.14</b>	500	
50m: 28.89 28.89	100m: 1:00.70 31.81	150m: 1:33.00 32.30	200m: 2:05.14	32.14	
11. Bernardo Safara, INVERNO	16	Sporting	<b>2:05.91</b>	491	
50m: 29.54 29.54	100m: 1:01.38 31.84	150m: 1:34.29 32.91	200m: 2:05.91	31.62	
12. Dinis Miranda, DIOGO	14	Condeixa Clube	<b>2:06.54</b>	484	
50m: 29.74 29.74	100m: 1:02.39 32.65	150m: 1:35.27 32.88	200m: 2:06.54	31.27	
13. Dinis Barros, LEAL	15	Aquatico Pacense	<b>2:07.37</b>	474	
50m: 30.22 30.22	100m: 1:02.26 32.04	150m: 1:35.00 32.74	200m: 2:07.37	32.37	
14. Manuel Cruz, FARDILHA	15	Galitos/ Bresimar	<b>2:07.54</b>	472	
50m: 29.67 29.67	100m: 1:01.86 32.19	150m: 1:35.33 33.47	200m: 2:07.54	32.21	
15. Joao Pedro, DIAS	16	Fundacao Beatriz Santos	<b>2:07.73</b>	470	
50m: 28.82 28.82	100m: 1:01.45 32.63	150m: 1:34.54 33.09	200m: 2:07.73	33.19	
16. Vasco Pereira, BASTOS	16	Nautico Coimbra	<b>2:07.82</b>	469	
50m: 30.12 30.12	100m: 1:03.01 32.89	150m: 1:35.96 32.95	200m: 2:07.82	31.86	
17. Miguel Freitas, OVIEDO	16	Academica de Coimbra	<b>2:08.01</b>	467	
50m: 29.96 29.96	100m: 1:03.42 33.46	150m: 1:37.18 33.76	200m: 2:08.01	30.83	
18. Rui Joao, MARQUES	16	Nautico Coimbra	<b>2:08.70</b>	460	
50m: 29.74 29.74	100m: 1:02.60 32.86	150m: 1:36.10 33.50	200m: 2:08.70	32.60	
19. Guilherme Silva, CASTANHEIRA	14	Bairro dos Anjos/Bomcar	<b>2:11.66</b>	429	
50m: 28.81 28.81	100m: 1:02.21 33.40	150m: 1:37.46 35.25	200m: 2:11.66	34.20	

Prova 12, Masc., 200m Livres, Absoluto

Lugar	Idade				Tempo final				Pts
20. Bernardo Carvalho, PIMENTA	16	Louzan Natacao			<b>2:12.01</b>				426
50m: 30.69 30.69	100m: 1:04.10	33.41	150m: 1:38.80	34.70	200m: 2:12.01			33.21	
21. Francisco Miguel, CARVALHO	18	Academica de Coimbra			<b>2:16.33</b>				387
50m: 30.99 30.99	100m: 1:05.56	34.57	150m: 1:41.03	35.47	200m: 2:16.33			35.30	
22. Carlos Aurelio, DUARTE	15	Natacion Badajoz			<b>2:16.79</b>				383
50m: 31.48 31.48	100m: 1:05.73	34.25	150m: 1:41.63	35.90	200m: 2:16.79			35.16	
23. Afonso Miguel, AMADO	13	Miranda do Corvo			<b>2:18.54</b>				369
50m: 32.08 32.08	100m: 1:07.70	35.62	150m: 1:44.12	36.42	200m: 2:18.54			34.42	
24. Rui Tomas, CABRAL	14	Academico Viseu			<b>2:19.33</b>				362
50m: 31.23 31.23	100m: 1:07.11	35.88	150m: 1:43.74	36.63	200m: 2:19.33			35.59	
25. Tomas Carvalho, SANTOS	13	Louzan Natacao			<b>2:22.79</b>				337
50m: 31.67 31.67	100m: 1:07.58	35.91	150m: 1:45.27	37.69	200m: 2:22.79			37.52	
26. Lucas Filipe, MOREIRA	13	Bairro dos Anjos/Bomcar			<b>2:26.23</b>				313
50m: 33.62 33.62	100m: 1:10.41	36.79	150m: 1:49.11	38.70	200m: 2:26.23			37.12	
27. Zeus Merino, VELARDO	14	Natacion Badajoz			<b>2:32.84</b>				274
50m: 34.50 34.50	100m: 1:12.66	38.16	150m: 1:51.75	39.09	200m: 2:32.84			41.09	
28. Carlos Eduardo, BENTO	13	Miranda do Corvo			<b>2:33.21</b>				272
50m: 34.90 34.90	100m: 1:15.06	40.16	150m: 1:55.66	40.60	200m: 2:33.21			37.55	
29. Renato Maria, FERREIRA	14	CASPAE			<b>2:35.94</b>				258
50m: 36.09 36.09	100m: 1:16.66	40.57	150m: 1:57.46	40.80	200m: 2:35.94			38.48	
DNS Goncalo Pereira, CORREIA	18	Condeixa Clube							
EXH Marcelo Silva, CLEMENTE	18	Nautico Coimbra			<b>2:14.07</b>				407
50m: 30.19 30.19	100m: 1:04.13	33.94	150m: 1:39.52	35.39	200m: 2:14.07			34.55	
EXH Bruno Miguel, NUNES	19	Nautico Coimbra			<b>2:20.49</b>				353
50m: 32.06 32.06	100m: 1:07.02	34.96	150m: 1:43.46	36.44	200m: 2:20.49			37.03	

Prova 13

Femin., 200m Bruços

Absoluto

12/05/2018 - 16:25

Resultados

Rec Nac Absoluto	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	2017
Rec Nac Sen	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	2017
Rec Nac 17	2:26.47	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac 16	2:26.87	Raquel Gomes, PEREIRA	SAD	Porto	2015
Rec Nac Juv A	2:32.36	Diana Duarte, GOMES	ABVE	Alcobaça	2004
Rec Nac Juv B	2:34.51	Diana Duarte, GOMES	ABVE	Reboleira	2003
Rec Nac Inf A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	2015
Rec Nac Inf B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	2014

Pontos: FINA 2017

Lugar	Idade				Tempo final				Pts
1. Mafalda Joana, OLIVEIRA	16	Aquatico Pacense			<b>2:43.91</b>				553
50m: 37.82 37.82	100m: 1:19.60	41.78	150m: 2:01.51	41.91	200m: 2:43.91			42.40	
2. Beatriz Monteiro, TOMAS	15	Fundacao Beatriz Santos			<b>2:44.15</b>				550
50m: 37.91 37.91	100m: 1:19.65	41.74	150m: 2:02.22	42.57	200m: 2:44.15			41.93	
3. Margarida Filipe, FERREIRA	14	Uniao Piedense			<b>2:46.33</b>				529
50m: 38.44 38.44	100m: 1:20.82	42.38	150m: 2:04.16	43.34	200m: 2:46.33			42.17	
4. Beatriz Nunes, CARDEAL	14	Academico Viseu			<b>2:52.23</b>				476
50m: 39.22 39.22	100m: 1:23.58	44.36	150m: 2:08.09	44.51	200m: 2:52.23			44.14	

Prova 13, Femin., 200m Bruços, Absoluto

Lugar	Idade	Tempo final	Pts
5. Sara Dias, NEVES	15 Miranda do Corvo	<b>2:52.80</b>	472
50m: 39.25 39.25 100m: 1:23.79	44.54 150m: 2:08.68 44.89 200m: 2:52.80	44.12	
6. Ines Filipa, MAGALHAES	16 Aquatico Pacense	<b>2:54.02</b>	462
50m: 41.11 41.11 100m: 1:26.20	45.09 150m: 2:10.74 44.54 200m: 2:54.02	43.28	
7. Matilde Alves, FLORENCIO	14 CASPAE	<b>2:54.25</b>	460
50m: 39.56 39.56 100m: 1:23.63	44.07 150m: 2:09.06 45.43 200m: 2:54.25	45.19	
8. Marta Domingues, GAMEIRO	14 Nautico Coimbra	<b>2:56.41</b>	443
50m: 41.36 41.36 100m: 1:26.53	45.17 150m: 2:11.94 45.41 200m: 2:56.41	44.47	
9. Ana Catarina, SILVA	14 Fundacao Beatriz Santos	<b>2:56.52</b>	443
50m: 41.17 41.17 100m: 1:26.86	45.69 150m: 2:12.06 45.20 200m: 2:56.52	44.46	
10. Marisa Isabel, NOBRE	13 Columbofila Cantanhedense	<b>2:57.44</b>	436
50m: 41.51 41.51 100m: 1:27.14	45.63 150m: 2:13.34 46.20 200m: 2:57.44	44.10	
11. Sara Sofia, ALVES	17 Columbofila Cantanhedense	<b>2:58.42</b>	429
50m: 41.47 41.47 100m: 1:26.90	45.43 150m: 2:12.90 46.00 200m: 2:58.42	45.52	
12. Madalena Graca, GERALDES	14 Sporting	<b>2:59.29</b>	422
50m: 40.15 40.15 100m: 1:25.95	45.80 150m: 2:12.76 46.81 200m: 2:59.29	46.53	
13. Daniela Portela, MENDES	14 Condeixa Clube	<b>2:59.69</b>	420
50m: 42.23 42.23 100m: 1:27.86	45.63 150m: 2:13.32 45.46 200m: 2:59.69	46.37	
14. Carolina Porem, HENRIQUES	14 Sporting	<b>3:00.05</b>	417
50m: 41.41 41.41 100m: 1:28.01	46.60 150m: 2:14.38 46.37 200m: 3:00.05	45.67	
15. Ana Luisa, RODRIGUES	15 Louzan Natacao	<b>3:00.19</b>	416
50m: 41.85 41.85 100m: 1:27.79	45.94 150m: 2:14.07 46.28 200m: 3:00.19	46.12	
16. Barbara Azambujo, MELO	16 Academica de Coimbra	<b>3:03.82</b>	392
50m: 40.62 40.62 100m: 1:27.67	47.05 150m: 2:15.93 48.26 200m: 3:03.82	47.89	
17. Maria Soledad, BENITEZ	15 Natacion Badajoz	<b>3:07.12</b>	371
50m: 42.30 42.30 100m: 1:29.74	47.44 150m: 2:18.50 48.76 200m: 3:07.12	48.62	
18. Ines Cacao, GONCALVES	16 Nautico Coimbra	<b>3:08.01</b>	366
50m: 42.12 42.12 100m: 1:28.64	46.52 150m: 2:17.54 48.90 200m: 3:08.01	50.47	
19. Maria Francisca, FROIS	12 Bairro dos Anjos/Bomcar	<b>3:08.56</b>	363
50m: 43.26 43.26 100m: 1:32.43	49.17 150m: 2:21.63 49.20 200m: 3:08.56	46.93	
20. Maria Ines, PINTO	13 Academico Viseu	<b>3:10.43</b>	352
50m: 42.28 42.28 100m: 1:31.01	48.73 150m: 2:21.27 50.26 200m: 3:10.43	49.16	
21. Maria Madalena, ALVES	12 Bairro dos Anjos/Bomcar	<b>3:12.13</b>	343
50m: 44.31 44.31 100m: 1:34.68	50.37 150m: 2:23.56 48.88 200m: 3:12.13	48.57	
22. Diana, TASHKULOVA	12 Galitos/ Bresimar	<b>3:20.09</b>	304
50m: 46.08 46.08 100m: 1:37.07	50.99 150m: 2:28.79 51.72 200m: 3:20.09	51.30	
23. Anastacia, MYEDVYEDYEVA	12 Galitos/ Bresimar	<b>3:23.42</b>	289
50m: 45.79 45.79 100m: 1:36.57	50.78 150m: 2:30.16 53.59 200m: 3:23.42	53.26	
24. Francisca Carvalho, SOUSA	12 Miranda do Corvo	<b>3:28.91</b>	267
50m: 49.09 49.09 100m: 1:42.14	53.05 150m: 2:36.55 54.41 200m: 3:28.91	52.36	
25. Madalena Barra, MEDEIROS	12 CASPAE	<b>3:41.24</b>	225
50m: 49.02 49.02 100m: 1:44.18	55.16 150m: 2:41.77 57.59 200m: 3:41.24	59.47	
DNS Margarida Cunha, BARROS	16 Uniao Piedense		
DNS Laura Sanchez, MARTIN	13 Natacion Badajoz		
EXH Matilde Domingues, GAMEIRO	21 Nautico Coimbra	<b>3:05.33</b>	382
50m: 41.39 41.39 100m: 1:28.47	47.08 150m: 2:16.83 48.36 200m: 3:05.33	48.50	

Prova 14  
12/05/2018 - 16:45

Masc., 200m Bruços

Absoluto  
Resultados

Rec Nac Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Sen	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac 18	2:13.22	Andre Goncalo, SANTOS	LSC	Porto	2014
Rec Nac 17	2:16.24	Jorge Jesus, SILVA	SCB	Funchal	2016
Rec Nac Juv A	2:18.22	Andre Goncalo, SANTOS	LSC	Felgueiras	2013
Rec Nac Juv B	2:20.22	Andre Goncalo, SANTOS	LSC	Braga	2012
Rec Nac Inf A	2:29.59	Luis Manuel, FERNANDES	GDNVNF	Cantanhede	2009
Rec Nac Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	2003

Pontos: FINA 2017

Lugar			Idade			Tempo final	Pts	
1.	Tomas Miguel, VELOSO		22	Nautico Coimbra		<b>2:16.29</b>	690	
	<i>Recorde do Torneio</i>							
	50m:	31.32 31.32	100m:	1:05.68 34.36	150m:	1:40.53 34.85	200m:	2:16.29 35.76
2.	Gabriel Jose, LOPES		21	Louzan Natacao		<b>2:17.78</b>	667	
	50m:	31.70 31.70	100m:	1:06.47 34.77	150m:	1:41.97 35.50	200m:	2:17.78 35.81
3.	Jose Paula, CARVALHO		20	Uniao Piedense		<b>2:27.59</b>	543	
	50m:	31.99 31.99	100m:	1:08.16 36.17	150m:	1:47.49 39.33	200m:	2:27.59 40.10
4.	Afonso Miguel, KLIER		17	Galitos/ Bresimar		<b>2:33.16</b>	486	
	50m:	33.56 33.56	100m:	1:12.60 39.04	150m:	1:53.01 40.41	200m:	2:33.16 40.15
5.	Diogo Manuel, MARQUES		20	Columbofila Cantanhedense		<b>2:35.89</b>	461	
	50m:	35.03 35.03	100m:	1:15.22 40.19	150m:	1:55.50 40.28	200m:	2:35.89 40.39
6.	Martim Rebelo, MALFEITO		16	Sporting		<b>2:36.04</b>	459	
	50m:	36.11 36.11	100m:	1:16.87 40.76	150m:	1:56.85 39.98	200m:	2:36.04 39.19
7.	Renato Miguel, CARVALHO		15	Galitos/ Bresimar		<b>2:36.23</b>	458	
	50m:	36.11 36.11	100m:	1:16.38 40.27	150m:	1:56.50 40.12	200m:	2:36.23 39.73
8.	Paulo Andre, FROTA		16	CASPAE		<b>2:37.07</b>	450	
	50m:	37.28 37.28	100m:	1:17.86 40.58	150m:	1:57.86 40.00	200m:	2:37.07 39.21
9.	Andre Cardoso, SANTOS		15	Academico Viseu		<b>2:39.95</b>	426	
	50m:	35.60 35.60	100m:	1:16.58 40.98	150m:	1:58.44 41.86	200m:	2:39.95 41.51
10.	Joao Maria, COLACO		15	Sporting		<b>2:39.97</b>	426	
	50m:	34.95 34.95	100m:	1:15.49 40.54	150m:	1:58.52 43.03	200m:	2:39.97 41.45
11.	David Joao, TINOCO		17	Columbofila Cantanhedense		<b>2:41.92</b>	411	
	50m:	37.08 37.08	100m:	1:18.51 41.43	150m:	2:00.22 41.71	200m:	2:41.92 41.70
12.	David Coelho, SILVA		18	Nautico Coimbra		<b>2:42.32</b>	408	
	50m:	34.85 34.85	100m:	1:15.57 40.72	150m:	1:58.59 43.02	200m:	2:42.32 43.73
13.	Ricardo Morais, FARIA		14	Bairro dos Anjos/Bomcar		<b>2:45.22</b>	387	
	50m:	37.46 37.46	100m:	1:19.66 42.20	150m:	2:02.52 42.86	200m:	2:45.22 42.70
14.	Goncalo Seixas, FERREIRA		15	Academico Viseu		<b>2:45.70</b>	384	
	50m:	37.19 37.19	100m:	1:19.48 42.29	150m:	2:02.73 43.25	200m:	2:45.70 42.97
15.	Rodrigo Jorge, NETO		15	Aquatico Pacense		<b>2:46.02</b>	381	
	50m:	38.42 38.42	100m:	1:21.02 42.60	150m:	2:03.67 42.65	200m:	2:46.02 42.35
16.	Rodrigo Ponte, JORGE		17	Uniao Piedense		<b>2:46.41</b>	379	
	50m:	36.63 36.63	100m:	1:19.07 42.44	150m:	2:03.71 44.64	200m:	2:46.41 42.70
17.	Ricardo Luis, AGOSTINHO		22	Fundacao Beatriz Santos		<b>2:48.56</b>	364	
	50m:	39.07 39.07	100m:	1:22.42 43.35	150m:	2:06.25 43.83	200m:	2:48.56 42.31
18.	Sergio Eduardo, DIAS		18	Aquatico Pacense		<b>2:51.57</b>	345	
	50m:	38.47 38.47	100m:	1:23.45 44.98	150m:	2:07.17 43.72	200m:	2:51.57 44.40
19.	Alejandro Pantoja, MONJO		15	Natacion Badajoz		<b>2:54.12</b>	330	
	50m:	38.88 38.88	100m:	1:23.02 44.14	150m:	2:09.09 46.07	200m:	2:54.12 45.03



## Prova 14, Masc., 200m Bruços, Absoluto

Lugar	Idade	Tempo final	Pts
20. Gabriel Jose, FIGUEIRA	17 Academica de Coimbra	<b>2:55.21</b>	324
50m: 39.44 39.44 100m: 1:24.31 44.87 150m: 2:10.36 46.05 200m: 2:55.21 44.85			
21. Sergio Flores, RAMIREZ	14 Natacion Badajoz	<b>2:55.91</b>	320
50m: 40.25 40.25 100m: 1:25.03 44.78 150m: 2:10.73 45.70 200m: 2:55.91 45.18			
22. Lucas Filipe, MOREIRA	13 Bairro dos Anjos/Bomcar	<b>3:00.05</b>	299
50m: 40.87 40.87 100m: 1:26.27 45.40 150m: 2:14.54 48.27 200m: 3:00.05 45.51			
23. Tomas Jose, FRANCISCO	13 Miranda do Corvo	<b>3:07.14</b>	266
50m: 44.09 44.09 100m: 1:33.32 49.23 150m: 2:20.28 46.96 200m: 3:07.14 46.86			
24. Goncalo Carvalho, SANTOS	13 Louzan Natacao	<b>3:15.59</b>	233
50m: 44.41 44.41 100m: 1:33.79 49.38 150m: 2:24.41 50.62 200m: 3:15.59 51.18			
25. Guilherme Alexandre, SALKOV	14 Miranda do Corvo	<b>3:26.56</b>	198
50m: 47.13 47.13 100m: 1:41.34 54.21 150m: 2:34.80 53.46 200m: 3:26.56 51.76			
26. Tomas Cardoso, GERALDO	13 Condeixa Clube	<b>3:27.48</b>	195
50m: 48.07 48.07 100m: 1:41.47 53.40 150m: 2:35.40 53.93 200m: 3:27.48 52.08			
27. Tome Santiago, MENDES	13 CASPAE	<b>3:30.90</b>	186
50m: 48.07 48.07 100m: 1:41.95 53.88 150m: 2:36.91 54.96 200m: 3:30.90 53.99			
DNS Goncalo Pereira, CORREIA	18 Condeixa Clube		
DNS Miguel Diogo, AGOSTINHO	18 Fundacao Beatriz Santos		
EXH Goncalo Pires, LOURENCO	15 Fundacao Beatriz Santos	<b>3:01.66</b>	291
50m: 40.59 40.59 100m: 1:26.75 46.16 150m: 2:14.94 48.19 200m: 3:01.66 46.72			
EXH Jose Miguel, SILVA	16 Nautico Coimbra	<b>3:02.22</b>	288
50m: 43.11 43.11 100m: 1:29.37 46.26 150m: 2:16.52 47.15 200m: 3:02.22 45.70			
EXH Bruno Miguel, NUNES	19 Nautico Coimbra	<b>3:02.56</b>	287
50m: 41.34 41.34 100m: 1:28.44 47.10 150m: 2:15.91 47.47 200m: 3:02.56 46.65			

## Prova 15

12/05/2018 - 17:00

## Femin., 200m Estilos

 Absoluto  
 Resultados

Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac Sen	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac 17	2:16.22	Raquel Gomes, PEREIRA	SAD	Alg�s	2016
Rec Nac 16	2:14.94	Maria Carolina, ROSA	SCP	S. Ant�nio Cavaleiros	2009
Rec Nac Juv A	2:18.48	Ana Sofia, PINA	CACRCCD	Mealhada	2017
Rec Nac Juv B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac Inf A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Nac Inf B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	2017

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Joana Nunes, CARDEAL	16 Academico Viseu	<b>2:21.30</b>	641
<i>Recorde do Torneio</i>			
50m: 31.41 31.41 100m: 1:08.02 36.61 150m: 1:49.59 41.57 200m: 2:21.30 31.71			
2. Camila Rodrigues, REBELO	15 Louzan Natacao	<b>2:21.52</b>	638
50m: 31.08 31.08 100m: 1:06.98 35.90 150m: 1:49.72 42.74 200m: 2:21.52 31.80			
3. Luisa Maria, MACHADO	17 Uniao Piedense	<b>2:23.62</b>	610
50m: 31.46 31.46 100m: 1:10.22 38.76 150m: 1:50.31 40.09 200m: 2:23.62 33.31			
4. Ana Rita, QUEIROZ	16 CASPAE	<b>2:27.50</b>	563
50m: 32.17 32.17 100m: 1:10.75 38.58 150m: 1:53.59 42.84 200m: 2:27.50 33.91			

## Prova 15, Femin., 200m Estilos, Absoluto

Lugar	Idade	Tempo final	Pts
5. Filipa Ramos, PEIXEIRA 50m: 31.76 31.76 100m: 1:10.36 38.60 150m: 1:57.07 46.71 200m: 2:31.75 34.68	15 Sporting	<b>2:31.75</b>	517
6. Joana Beatriz, BERNARDO 50m: 33.78 33.78 100m: 1:11.39 37.61 150m: 1:58.22 46.83 200m: 2:33.00 34.78	19 Fundacao Beatriz Santos	<b>2:33.00</b>	505
7. Beatriz Costa, TEJO 50m: 31.74 31.74 100m: 1:14.68 42.94 150m: 1:59.94 45.26 200m: 2:35.20 35.26	16 Academica de Coimbra	<b>2:35.20</b>	484
8. Daniela Portela, MENDES 50m: 33.31 33.31 100m: 1:14.98 41.67 150m: 2:00.78 45.80 200m: 2:39.01 38.23	14 Condeixa Clube	<b>2:39.01</b>	450
9. Leonor Horta, COSTA 50m: 35.75 35.75 100m: 1:15.93 40.18 150m: 2:04.21 48.28 200m: 2:40.58 36.37	14 Nautico Coimbra	<b>2:40.58</b>	437
10. Rita Salome, COSTA 50m: 36.01 36.01 100m: 1:18.76 42.75 150m: 2:07.17 48.41 200m: 2:43.46 36.29	14 Aquatico Pacense	<b>2:43.46</b>	414
11. Beatriz Ferreira, LOISAS 50m: 35.74 35.74 100m: 1:17.81 42.07 150m: 2:08.23 50.42 200m: 2:43.76 35.53	13 Columbofila Cantanhedense	<b>2:43.76</b>	412
12. Maria Caetano, LAMAS 50m: 35.56 35.56 100m: 1:20.37 44.81 150m: 2:09.27 48.90 200m: 2:47.53 38.26	14 Miranda do Corvo	<b>2:47.53</b>	384
13. Miriam Mortagua, SOARES 50m: 37.78 37.78 100m: 1:20.87 43.09 150m: 2:10.96 50.09 200m: 2:49.01 38.05	12 Galitos/ Bresimar	<b>2:49.01</b>	374
14. Maria Madalena, ALVES 50m: 38.84 38.84 100m: 1:22.23 43.39 150m: 2:12.12 49.89 200m: 2:50.45 38.33	12 Bairro dos Anjos/Bomcar	<b>2:50.45</b>	365
15. Lucia Zajara, FONTAINA 50m: 39.51 39.51 100m: 1:26.58 47.07 150m: 2:22.08 55.50 200m: 3:05.46 43.38	16 Natacion Badajoz	<b>3:05.46</b>	283
EXH Ana Sofia, CASTANHEIRA 50m: 47.45 47.45 100m: 1:43.00 55.55 150m: 2:40.47 57.47 200m: 3:24.55 44.08	14 Condeixa Clube	<b>3:24.55</b>	211

## Prova 16

## Masc., 200m Estilos

## Absoluto

12/05/2018 - 17:10

Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Sen	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac 18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	2015
Rec Nac 17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	2005
Rec Nac Juv A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	2004
Rec Nac Juv B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	2003
Rec Nac Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	2004
Rec Nac Inf B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazar�	2013

Pontos: FINA 2017

Lugar	Idade	Tempo final	Pts
1. Gabriel Jose, LOPES <i>Recorde do Torneio</i> 50m: 26.08 26.08 100m: 55.85 29.77 150m: 1:30.89 35.04 200m: 1:59.67 28.78	21 Louzan Natacao	<b>1:59.67</b>	768
2. Tomas Miguel, VELOSO 50m: 28.46 28.46 100m: 1:03.49 35.03 150m: 1:40.34 36.85 200m: 2:12.66 32.32	22 Nautico Coimbra	<b>2:12.66</b>	564
3. Pedro Miguel, PINTO 50m: 29.52 29.52 100m: 1:04.25 34.73 150m: 1:44.35 40.10 200m: 2:15.26 30.91	16 Sporting	<b>2:15.26</b>	532
4. Antonio Rafael, BESSA 50m: 29.50 29.50 100m: 1:03.77 34.27 150m: 1:44.78 41.01 200m: 2:15.89 31.11	24 Aquatico Pacense	<b>2:15.89</b>	525

Prova 16, Masc., 200m Estilos, Absoluto

Lugar	Idade	Tempo final	Pts
5. David Matias, CRISTINO	17 Uniao Piedense	<b>2:17.51</b>	506
50m: 28.96 28.96 100m: 1:04.51 35.55 150m: 1:46.80 42.29 200m: 2:17.51 30.71			
6. Ricardo Jorge, DOMINGUES	16 Fundacao Beatriz Santos	<b>2:17.78</b>	503
50m: 29.12 29.12 100m: 1:05.42 36.30 150m: 1:46.22 40.80 200m: 2:17.78 31.56			
7. Joao Carvalho, DIZ	17 Columbofila Cantanhedense	<b>2:18.10</b>	500
50m: 30.54 30.54 100m: 1:07.21 36.67 150m: 1:47.76 40.55 200m: 2:18.10 30.34			
8. Rodrigo Ribeiro, GOMES	18 Condeixa Clube	<b>2:20.77</b>	472
50m: 27.88 27.88 100m: 1:03.51 35.63 150m: 1:47.93 44.42 200m: 2:20.77 32.84			
9. Joao Francisco, CARDOSO	15 Galitos/ Bresimar	<b>2:23.31</b>	447
50m: 30.93 30.93 100m: 1:05.72 34.79 150m: 1:49.61 43.89 200m: 2:23.31 33.70			
10. Miguel Freitas, OVIEDO	16 Academica de Coimbra	<b>2:25.04</b>	431
50m: 29.99 29.99 100m: 1:07.73 37.74 150m: 1:53.13 45.40 200m: 2:25.04 31.91			
11. Andre Cardoso, SANTOS	15 Academico Viseu	<b>2:25.23</b>	430
50m: 31.66 31.66 100m: 1:07.91 36.25 150m: 1:51.78 43.87 200m: 2:25.23 33.45			
12. Agustin, FERNANDEZ	15 Natacion Badajoz	<b>2:32.72</b>	369
50m: 32.43 32.43 100m: 1:11.74 39.31 150m: 1:56.87 45.13 200m: 2:32.72 35.85			
13. Guilherme Silva, CASTANHEIRA	14 Bairro dos Anjos/Bomcar	<b>2:34.72</b>	355
50m: 34.12 34.12 100m: 1:13.85 39.73 150m: 2:00.85 47.00 200m: 2:34.72 33.87			
14. Tomas Jose, FRANCISCO	13 Miranda do Corvo	<b>2:54.17</b>	249
50m: 41.45 41.45 100m: 1:27.33 45.88 150m: 2:14.86 47.53 200m: 2:54.17 39.31			
15. Diogo Rodrigues, CARVALHO	13 CASPAE	<b>3:06.59</b>	202
50m: 38.96 38.96 100m: 1:26.39 47.43 150m: 2:26.13 59.74 200m: 3:06.59 40.46			
EXH Afonso Corte-Real, GRILO	14 Condeixa Clube	<b>3:03.62</b>	212
50m: 41.51 41.51 100m: 1:27.92 46.41 150m: 2:23.84 55.92 200m: 3:03.62 39.78			

Prova 17

Femin., 4 x 200m Livres

Absoluto

12/05/2018 - 17:30

Resultados

Rec Nac Absoluto	8:09.45	Sport Alges e Dafundo	SAD	Porto	2017
Rec Nac Sen	8:09.45	Sport Alges e Dafundo	SAD	Porto	2017
Rec Nac Jun	8:29.70	Sporting Clube de Portugal	SCP	Leiria	2009
Rec Nac Juv A	8:51.54	Futebol Clube do Porto	FCP	Estarreja	2014
Rec Nac Juv B	8:52.76	Sport Alges e Dafundo	SAD	Alg�s	2011
Rec Nac Inf A	9:05.75	Grupo Desp. Natacao V. N. FamalicGDNVNF		Viseu	2011
Rec Nac Inf B	9:32.41	Grupo Desp. Natacao V. N. FamalicGDNVNF		Guimaraes	2010

Pontos: FINA 2017

Lugar	Tempo final	Pts
1. CASPAE	<b>8:50.05</b>	623
Alexandra Couto, FRAZAO	16 30.46 1:03.17 1:34.87 2:05.79 2:05.79	
Matilde Alves, FLORENCIO	14 31.09 1:05.49 1:41.02 2:15.66 2:15.66	
Bruna Filipa, PINTO	15 31.94 1:07.02 1:43.00 2:18.66 2:18.66	
Ana Rita, QUEIROZ	16 29.57 1:02.30 1:36.23 2:09.94 2:09.94	
2. Sporting	<b>8:53.01</b>	613
Maria Ferreira, MOURA	14 29.88 1:02.06 1:34.75 2:06.24 2:06.24	
Marta Macedo, INACIO	14 31.73 1:06.54 1:41.74 2:15.67 2:15.67	
Madalena Graca, GERALDES	14 31.59 1:07.14 1:44.46 2:20.97 2:20.97	
Filipa Ramos, PEIXEIRA	15 29.68 1:02.65 1:36.83 2:10.13 2:10.13	

## Prova 17, Femin., 4 x 200m Livres, Absoluto

Lugar					Tempo final	Pts
3.	Academico Viseu		Academico Viseu		<b>8:55.43</b>	604
	Beatriz Nunes, CARDEAL	14	30.65	1:04.79	1:40.56	2:15.33
	Ana Francisca, GONCALVES	16	30.13	1:03.96	1:39.23	2:13.23
	Lara Alexandra, CARRILHO	17	32.31	1:07.92	1:44.36	2:20.26
	Joana Nunes, CARDEAL	16	29.12	1:01.29	1:34.42	2:06.61
4.	Uniao Piedense		Uniao Piedense		<b>9:02.72</b>	580
	Ines Figueira, SANTOS	18	31.92	1:06.57	1:41.65	2:16.32
	Beatriz Quintao, AMANTES	15	31.25	1:06.10	1:41.46	2:16.12
	Celeste Santos, RICARDO	17	32.86	1:08.85	1:45.54	2:21.72
	Luisa Maria, MACHADO	17	29.27	1:01.84	1:35.63	2:08.56
	Columbofila Cantanhedense		Columbofila Cantanhedense		<b>9:02.92</b>	580
	Marisa Isabel, NOBRE	13	31.08	1:06.29	1:42.54	2:17.39
	Sara Sofia, ALVES	17	31.26	1:04.89	1:38.61	2:10.93
	Manuela Paccola, JUNQUEIRA	13	33.16	1:09.03	1:46.06	2:21.32
	Camila Alexandra, SILVA	15	30.92	1:04.75	1:39.73	2:13.28
6.	Academica de Coimbra		Academica de Coimbra		<b>9:09.16</b>	560
	Beatriz Costa, TEJO	16	31.54	1:05.93	1:40.54	2:14.49
	Ana Carolina, NEVES	18	30.31	1:04.60	1:39.29	2:14.04
	Maria Jose, MADEIRA	16	32.58	1:08.73	1:46.74	2:24.44
	Ines Mariana, PINHEIRO	15	31.62	1:07.35	1:43.86	2:16.19
7.	Galitos/ Bresimar		Galitos/ Bresimar		<b>9:10.10</b>	557
	Carolina Miranda, FERNANDES	13	29.94	1:02.92	1:36.50	2:10.64
	Ana Pedro, SANTOS	16	31.36	1:06.53	1:42.47	2:18.13
	Lara Rodrigues, VASCONCELOS	13	32.66	1:09.16	1:46.15	2:20.98
	Catarina Nunes, ALMEIDA	14	31.57	1:07.65	1:44.41	2:20.35
8.	Fundacao Beatriz Santos		Fundacao Beatriz Santos		<b>9:14.15</b>	545
	Emilia Matos, PEREIRA	19	32.32	1:06.82	1:41.76	2:16.25
	Beatriz Monteiro, TOMAS	15	32.45	1:09.05	1:46.78	2:24.49
	Eva Fernandes, CARDOSO	17	31.34	1:07.19	1:43.27	2:20.33
	Joana Beatriz, BERNARDO	19		1:03.96		2:13.08
9.	Louzan Natacao		Louzan Natacao		<b>9:17.12</b>	537
	Camila Rodrigues, REBELO	15	30.37	1:03.04	1:36.89	2:10.79
	Mariana Carmo, ROSA	13	32.10	1:07.78	1:44.49	2:19.93
	Ana Luisa, RODRIGUES	15	31.99	1:07.57	1:44.49	2:20.18
	Leonor Correia, PAIVA	14	32.81	1:09.84	1:48.80	2:26.22
10.	Aquatico Pacense		Aquatico Pacense		<b>9:24.75</b>	515
	Mafalda Joana, OLIVEIRA	16	30.97	1:04.24	1:38.21	2:11.92
	Rita Salome, COSTA	14	32.99	1:10.52	1:49.15	2:27.04
	Ines Filipa, MAGALHAES	16	34.00	1:11.66	1:49.51	2:26.43
	Sara Lopes, BARBOSA	18	32.36	1:08.26	1:44.09	2:19.36
11.	Nautico Coimbra		Nautico Coimbra		<b>9:34.71</b>	489
	Maria Miguel, GAMEIRO	15	32.22	1:07.67	1:43.60	2:18.95
	Leonor Horta, COSTA	14	33.92	1:11.14	1:49.74	2:26.69
	Marta Domingues, GAMEIRO	14	33.23	1:10.74	1:48.57	2:26.51
	Maria Beatriz, JORGE	18	31.57	1:08.16	1:45.60	2:22.56
12.	Natacion Badajoz		Natacion Badajoz		<b>9:50.78</b>	450
	Maria Soledad, BENITEZ	15	33.28	1:09.72	1:47.13	2:24.15
	Maria Monteiro, MARTIN	14	34.00	1:12.44	1:52.10	2:28.44
	Sonia Vilchez, MORENO	14	32.37	1:09.44	1:48.11	2:25.61
	Beatriz Rodriguez, SOLIZ	18	33.58	1:11.91	1:52.13	2:32.58
13.	Condeixa Clube		Condeixa Clube		<b>9:55.41</b>	439
	Ana Catarina, SANTOS	15	32.75	1:09.37	1:46.96	2:23.65
	Daniela Portela, MENDES	14	33.43	1:10.72	1:49.29	2:27.48
	Joana Victorino, HENRIQUES	17	30.00	1:03.29	1:37.17	2:10.97
	Maria Beatriz, RODRIGUES	14	38.66	1:23.12	2:10.20	2:53.31

Prova 17, Femin., 4 x 200m Livres, Absoluto

Lugar					Tempo final	Pts
<b>14.</b>	<b>Bairro dos Anjos/Bomcar</b>		<b>Bairro dos Anjos/Bomcar</b>		<b>10:04.25</b>	<b>420</b>
	Sofia Morais, FARIA	14	33.23	1:11.15	1:49.22	2:26.82
	Margarida Violante, VIANA	14	31.97	1:07.71	1:43.63	2:18.28
	Maria Francisca, FROIS	12	35.99	1:16.88	1:57.27	2:36.22
	Maria Madalena, ALVES	12	37.67	1:19.66	2:01.67	2:42.93
<b>EXH</b>	<b>CASP�E</b>		<b>CASP�E</b>		<b>10:22.97</b>	<b>384</b>
	Madalena Barra, MEDEIROS	12	35.38	1:15.68	1:58.01	2:39.73
	Sara Sofia, TEJO	15	32.85	1:10.78	1:49.71	2:28.09
	Ines Dias, CRUZ	14	34.62	1:12.46	1:51.13	2:28.92
	Mariana Fonseca, SILVA	12	36.37	1:19.15	2:03.28	2:46.23

Prova 18

12/05/2018 - 17:50

Masc., 4 x 200m Livres

Absoluto  
Resultados

Rec Nac Absoluto	7:15.07	Clube Natacao da Amadora	CNA	S. Ant�nio Cavaleiros	2009
Rec Nac Sen	7:15.07	Clube Natacao da Amadora	CNA	S. Ant�nio Cavaleiros	2009
Rec Nac Jun	7:35.58	Associacao Naval Amorense	ANAM	Felgueiras	2013
Rec Nac Juv A	7:49.50	Assoc Naval Amorense	ANAM	Alg�s	2012
Rec Nac Juv B	8:07.64	Grupo Desp. Natacao V. N. FamalicGDNVNF		Estarreja	2014
Rec Nac Inf A	8:19.63	Grupo Desp. Natacao V. N. FamalicGDNVNF		Pacos de Ferreira	2014
Rec Nac Inf B	8:56.37	Ass. Desp. Bairro dos Anjos /BOMCADBA		Leiria	2017

Pontos: FINA 2017

Lugar					Tempo final	Pts
<b>1.</b>	<b>Uniao Piedense</b>		<b>Uniao Piedense</b>		<b>7:52.92</b>	<b>647</b>
	David Matias, CRISTINO	17	28.07	58.99	1:29.08	1:58.49
	Joao Pedro, SILVA	18	25.66	55.98	1:27.29	1:57.11
	Tiago Maria, CAMOES	17	28.24	59.66	1:31.57	2:01.73
	Jose Paula, CARVALHO	20	26.61	55.62	1:25.65	1:55.59
<b>2.</b>	<b>Columbofila Cantanhedense</b>		<b>Columbofila Cantanhedense</b>		<b>7:58.81</b>	<b>623</b>
	Diogo Coelho, JOSE	17	28.11	57.79	1:27.73	1:56.95
	Joao Carvalho, DIZ	17	27.42	57.78	1:28.33	1:59.26
	David Joao, TINOCO	17	28.09	59.22	1:30.78	2:02.19
	Diogo Manuel, MARQUES	20	26.84	57.17	1:28.75	2:00.41
<b>3.</b>	<b>Sporting</b>		<b>Sporting</b>		<b>8:17.63</b>	<b>555</b>
	Martim Rebelo, MALFEITO	16	29.40	1:00.63	1:32.39	2:04.09
	Diogo Nuno, VALENTE	16	27.57	1:00.04	1:33.37	2:05.99
	Bernardo Safara, INVERNO	16	28.01	1:00.38	1:33.31	2:05.62
	Pedro Miguel, PINTO	16	28.03	59.24	1:31.17	2:01.93
<b>4.</b>	<b>Academico Viseu</b>		<b>Academico Viseu</b>		<b>8:21.01</b>	<b>544</b>
	Miguel Sanches, LOPES	17	28.58	1:00.18	1:32.88	2:04.79
	Samuel Almeida, FIGUEIRA	16	29.29	1:01.83	1:34.56	2:07.24
	Andre Cardoso, SANTOS	15	28.30	1:00.59	1:34.28	2:06.54
	Ricardo Marques, MACHADO	16	27.84	59.41	1:31.75	2:02.44
<b>5.</b>	<b>Galitos/ Bresimar</b>		<b>Galitos/ Bresimar</b>		<b>8:26.51</b>	<b>526</b>
	Jose Pedro, ANTUNES	18	28.61	1:00.22	1:33.20	2:06.51
	Afonso Miguel, KLIER	17	28.23	59.51	1:32.06	2:04.21
	Miguel Carvalho, RODRIGUES	16	30.07	1:02.24	1:36.04	2:09.90
	Manuel Cruz, FARDILHA	15	28.96	1:01.11	1:34.34	2:05.89
<b>6.</b>	<b>Nautico Coimbra</b>		<b>Nautico Coimbra</b>		<b>8:26.86</b>	<b>525</b>
	Rui Joao, MARQUES	16	29.16	1:01.85	1:35.73	2:08.99
	Marcelo Silva, CLEMENTE	18	29.63	1:02.95	1:37.94	2:13.07
	Vasco Pereira, BASTOS	16	29.15	1:01.66	1:35.67	2:08.65
	Tomas Miguel, VELOSO	22	27.45	56.79	1:26.54	1:56.15

Prova 18, Masc., 4 x 200m Livres, Absoluto

Lugar						Tempo final	Pts
7.	Aquatico Pacense		Aquatico Pacense			<b>8:30.68</b>	513
	Rodrigo Jorge, NETO	15	29.72	1:02.83	1:36.45	2:09.41	2:09.41
	Sergio Eduardo, DIAS	18	28.61	1:01.14	1:35.89	2:09.76	2:09.76
	Dinis Barros, LEAL	15	29.07	1:01.77	1:35.40	2:08.69	2:08.69
	Antonio Rafael, BESSA	24	27.99	58.93	1:30.75	2:02.82	2:02.82
8.	Fundacao Beatriz Santos		Fundacao Beatriz Santos			<b>8:36.17</b>	497
	Joao Neto, PEREIRA	16	28.71	59.88	1:31.99	2:03.88	2:03.88
	Joao Pedro, DIAS	16	28.32	1:00.81	1:34.50	2:06.69	2:06.69
	Ricardo Jorge, DOMINGUES	16	27.82	1:01.14	1:33.85	2:05.09	2:05.09
	Goncalo Pires, LOURENCO	15	32.03	1:08.01	1:44.87	2:20.51	2:20.51
9.	Natacion Badajoz		Natacion Badajoz			<b>8:52.45</b>	453
	Juan Manuel, GONZALEZ	19	27.83	58.92	1:30.36	2:01.10	2:01.10
	Carlos Aurelio, DUARTE	15	31.53	1:06.65	1:42.44	2:17.19	2:17.19
	Agustin, FERNANDEZ	15	31.95	1:06.58	1:42.59	2:16.54	2:16.54
	Alejandro Pantoja, MONJO	15	30.42	1:05.42	1:42.12	2:17.62	2:17.62
10.	Louzan Natacao		Louzan Natacao			<b>8:56.35</b>	443
	Gabriel Jose, LOPES	21	26.28	54.68	1:22.73	1:51.09	1:51.09
	Bernardo Carvalho, PIMENTA	16	29.89	1:03.95	1:38.62	2:07.48	2:07.48
	Tomas Carvalho, SANTOS	13	35.77	1:11.92	1:49.85	2:27.00	2:27.00
	Goncalo Carvalho, SANTOS	13	33.02	1:11.16	1:51.13	2:30.78	2:30.78
11.	Condeixa Clube		Condeixa Clube			<b>8:57.82</b>	439
	Rodrigo Ribeiro, GOMES	18	27.96	56.54		1:58.09	1:58.09
	Dinis Miranda, DIOGO	14		1:01.20		2:07.12	2:07.12
	Pedro Ribeiro, SANTOS	20		1:01.25	1:36.07	2:10.35	2:10.35
	Afonso Corte-Real, GRILO	14	36.89	1:17.97		2:42.26	2:42.26
12.	CASP�E		CASP�E			<b>9:21.72</b>	386
	Rodrigo Alexandre, TRAVASSOS	16	28.57	59.63	1:31.47	2:02.81	2:02.81
	Renato Maria, FERREIRA	14	35.47	1:15.89	1:57.36	2:36.39	2:36.39
	Paulo Andre, FROTA	16	28.85	1:00.45	1:33.02	2:04.73	2:04.73
	Diogo Rodrigues, CARVALHO	13	34.43	1:15.11	1:57.85	2:37.79	2:37.79
DNS	Academica de Coimbra		Academica de Coimbra				