

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

1 - 1ª Jornada

08-12-2018 - 10:00

Prova 1	Femin., 200m Livres				Inf A e B
08-12-2018 - 10:00					Resultados
Rec Nac Absoluto	1:58.62	Diana Margarida, DURAES	POR	Copenhagen (DEN)	16-12-2017
Rec Nac Inf A	2:07.47	Carolina Miranda, FERNANDES	CGA	Felgueiras	09-03-2018
Rec Nac Inf B	2:11.27	Carolina Miranda, FERNANDES	CGA	Mealhada	25-03-2017
Rec Reg ANC Absoluto	2:03.70	Alexandra Couto, FRAZÃO	CAQC		13-06-2018
Rec Reg ANC Inf A	2:12.07	Mariana Malaguerra, COSTA	ASSSCC		11-06-2011
Rec Reg ANC Inf B	2:15.31	Mariana, GUERRA	ASSSCC		11-06-2010

Pontos: FINA 2018

Lugar					Ano					Tempo final	Pts	
1.	Matilde Neves, CRAVEIRO				06	Academica de Coimbra				2:24.18	449	
	50m:	32.87	32.87	100m:	1:09.46	36.59	150m:	1:47.19	37.73	200m:	2:24.18	36.99
2.	Laura Almeida, PINA				07	O Crasto				2:29.20	405	
	50m:	34.28	34.28	100m:	1:12.58	38.30	150m:	1:51.97	39.39	200m:	2:29.20	37.23
3.	Matilde Batista, FERREIRA				06	Fundacao Beatriz Santos				2:29.27	404	
	50m:	34.77	34.77	100m:	1:12.92	38.15	150m:	1:51.84	38.92	200m:	2:29.27	37.43
4.	Anita Gouveia, COSTA				06	Uniao Coimbra				2:29.47	403	
	50m:	34.31	34.31	100m:	1:12.77	38.46	150m:	1:52.61	39.84	200m:	2:29.47	36.86
5.	Madalena Barra, MEDEIROS				06	Vigor da Mocidade				2:32.17	382	
	50m:	33.99	33.99	100m:	1:13.05	39.06	150m:	1:52.57	39.52	200m:	2:32.17	39.60
6.	Matilde Fonseca, OLIVEIRA				06	Miranda do Corvo				2:32.86	377	
	50m:	35.11	35.11	100m:	1:13.46	38.35	150m:	1:53.30	39.84	200m:	2:32.86	39.56
7.	Beatriz Silva, NEVES				06	Fundacao Beatriz Santos				2:33.18	374	
	50m:	35.84	35.84	100m:	1:15.68	39.84	150m:	1:55.13	39.45	200m:	2:33.18	38.05
8.	Mariana Marques, ALMEIDA				07	Miranda do Corvo				2:34.76	363	
	50m:	35.88	35.88	100m:	1:15.09	39.21	150m:	1:56.08	40.99	200m:	2:34.76	38.68
9.	Francisca Carvalho, SOUSA				06	Miranda do Corvo				2:36.23	353	
	50m:	35.23	35.23	100m:	1:15.33	40.10	150m:	1:56.37	41.04	200m:	2:36.23	39.86
10.	Mariana Fonseca, SILVA				06	Condeixa Clube				2:36.28	352	
	50m:	35.29	35.29	100m:	1:14.69	39.40	150m:	1:55.88	41.19	200m:	2:36.28	40.40
11.	Matilde Monteiro, PEREIRA				06	O Crasto				2:40.23	327	
	50m:	35.72	35.72	100m:	1:16.95	41.23	150m:	1:59.55	42.60	200m:	2:40.23	40.68
12.	Maria Vitoria, GRILO				06	Nautico Coimbra				2:40.50	325	
	50m:	35.86	35.86	100m:	1:16.02	40.16	150m:	1:58.11	42.09	200m:	2:40.50	42.39
13.	Ines Rodrigues, ALMEIDA				06	O Crasto				2:41.25	321	
	50m:	35.27	35.27	100m:	1:15.75	40.48	150m:	1:59.29	43.54	200m:	2:41.25	41.96
14.	Margarida Gomes, OLIVEIRA				07	O Crasto				2:44.36	303	
	50m:	37.94	37.94	100m:	1:19.68	41.74	150m:	2:03.53	43.85	200m:	2:44.36	40.83
15.	Maria Ines, FERNANDES				07	Fundacao Beatriz Santos				2:45.82	295	
	50m:	39.06	39.06	100m:	1:21.30	42.24	150m:	2:04.21	42.91	200m:	2:45.82	41.61
16.	Joana Calado, CRUZ				07	Fundacao Beatriz Santos				2:49.37	277	
	50m:	38.27	38.27	100m:	1:21.65	43.38	150m:	2:06.35	44.70	200m:	2:49.37	43.02
17.	Bianca Filipa, ALMEIDA				07	Alges e Agueda XXI				2:50.13	273	
	50m:	41.08	41.08	100m:	1:25.63	44.55	150m:	2:09.49	43.86	200m:	2:50.13	40.64
18.	Luna Almeida, RODRIGUES				07	Columbifila Cantanhedense				2:58.78	235	
	50m:	41.39	41.39	100m:	1:28.08	46.69	150m:	2:14.12	46.04	200m:	2:58.78	44.66
19.	Cristiana Sofia, DUARTE				07	Vigor da Mocidade				3:06.84	206	
	50m:	39.57	39.57	100m:	1:27.24	47.67	150m:	2:17.35	50.11	200m:	3:06.84	49.49
20.	Matilde Rodrigues, COSTA				07	S. Pedro Alva				3:08.56	200	
	50m:	44.15	44.15	100m:	1:32.73	48.58	150m:	2:22.61	49.88	200m:	3:08.56	45.95

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 1, Femin., 200m Livres, Inf A e B

Lugar	Ano	Tempo final	Pts
21. Matilde Neves, SANTOS 50m: 44.16 44.16 100m: 1:34.23	07 Uniao Eirense	3:11.19	192
22. Rafaela Ferreira, MIGUEL 50m: 45.50 45.50 100m: 1:37.28	06 S. Pedro Alva	3:20.26	167
23. Beatriz Melo, MARTINS 50m: 44.51 44.51 100m: 1:36.15	06 Bombeiros Mealhada/CA	3:22.66	161
24. Beatriz Pereira, ANDRADE 50m: 43.31 43.31 100m: 1:37.91	06 Condeixa Clube	3:31.30	142
25. Laura Martins, PEREIRA 50m: 47.12 47.12 100m: 1:41.65	07 Uniao Eirense	3:31.53	142
DNS Leonor Duarte, VEIGA	07 Vigor da Mocidade		
DNS Ema Cardoso, BAPTISTA	07 Uniao Coimbra		
EXH Beatriz Neves, CRAVEIRO 50m: 31.44 31.44 100m: 1:05.49	97 Academica de Coimbra	2:12.20	582
EXH Ines Mariana, PINHEIRO 50m: 31.65 31.65 100m: 1:05.43	03 Academica de Coimbra	2:12.75	575
EXH Ana Carolina, NEVES 50m: 30.86 30.86 100m: 1:04.64	00 Academica de Coimbra	2:12.85	574
EXH Beatriz Costa, TEJO 50m: 31.40 31.40 100m: 1:05.78	02 Academica de Coimbra	2:13.66	563

Prova 2
08-12-2018 - 10:20

Masc., 200m Livres

Inf A e B
Resultados

Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	21-12-2013
Rec Nac Inf A	1:58.99	Pedro Fontoura, OLIVEIRA	CFB	Cova da Piedade	10-06-2004
Rec Nac Inf B	2:04.75	Joao Magalhaes, NUNES	CNA	Algés	30-06-2012
Rec Reg ANC Absoluto	1:46.03	Mario Alexandre, PEREIRA			13-11-2014
Rec Reg ANC Inf A	2:00.20	Diogo Matos, RIBEIRO	CUC		13-06-2018
Rec Reg ANC Inf B	2:08.92	José Diogo, DIAS	FBSC		13-06-2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Guilherme Maia, CARDOSO 50m: 30.80 30.80 100m: 1:04.04	05 Columbofila Cantanhedense	2:11.16	434
2. Eduardo Gabriel, VIEIRA 50m: 29.99 29.99 100m: 1:03.72	05 Bombeiros Mealhada/CA	2:12.55	421
3. Afonso Miguel, AMADO 50m: 31.29 31.29 100m: 1:05.30	05 Miranda do Corvo	2:14.36	404
4. Jose Miguel, ROCHA 50m: 30.82 30.82 100m: 1:04.79	05 Columbofila Cantanhedense	2:14.79	400
5. Joao Pinto, FIGUEIREDO 50m: 32.41 32.41 100m: 1:09.65	06 O Crasto	2:23.17	334
6. Lucas Coelho, NORA 50m: 33.52 33.52 100m: 1:09.80	05 Columbofila Cantanhedense	2:25.13	320
Daniel Batista, TAVARES 50m: 32.90 32.90 100m: 1:10.10	06 Alges e Agueda XXI	2:25.13	320
8. Duarte Jose, FERNANDES 50m: 33.58 33.58 100m: 1:10.29	06 Fundacao Beatriz Santos	2:27.58	305
9. Guilherme Marques, PEREIRA 50m: 33.94 33.94 100m: 1:12.71	06 Condeixa Clube	2:31.46	282

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 2, Masc., 200m Livres, Inf A e B

Lugar			Ano					Tempo final	Pts
10.	Joao Neves, LUCAS	06	Columbofila Cantanhedense	2:34.39	266				
	50m: 35.22 35.22	100m: 1:14.20	38.98	150m: 1:54.21	40.01	200m: 2:34.39	40.18		
11.	Rodrigo Ferreira, RODRIGUES	05	O Crasto	2:34.87	264				
	50m: 35.14 35.14	100m: 1:15.01	39.87	150m: 1:56.34	41.33	200m: 2:34.87	38.53		
12.	Gabriel Cunha, TEIXEIRA	06	Alges e Agueda XXI	2:35.24	262				
	50m: 35.77 35.77	100m: 1:16.26	40.49	150m: 1:56.57	40.31	200m: 2:35.24	38.67		
13.	Miguel Cunha, GASPAS	06	Columbofila Cantanhedense	2:35.28	262				
	50m: 35.25 35.25	100m: 1:15.33	40.08	150m: 1:56.27	40.94	200m: 2:35.28	39.01		
14.	Francisco Xavier, AMARAL	05	Bombeiros Mealhada/CA	2:35.36	261				
	50m: 34.32 34.32	100m: 1:13.98	39.66	150m: 1:56.51	42.53	200m: 2:35.36	38.85		
15.	Rafael Pereira, PESSOA	05	Bombeiros Mealhada/CA	2:36.14	257				
	50m: 32.96 32.96	100m: 1:11.59	38.63	150m: 1:53.28	41.69	200m: 2:36.14	42.86		
16.	Paulo Tomas, PEREIRA	05	Bombeiros Mealhada/CA	2:37.09	253				
	50m: 34.82 34.82	100m: 1:14.42	39.60	150m: 1:55.81	41.39	200m: 2:37.09	41.28		
17.	Tiago Alexandre, SIMOES	05	Fundacao Beatriz Santos	2:37.52	251				
	50m: 35.60 35.60	100m: 1:15.83	40.23	150m: 1:58.56	42.73	200m: 2:37.52	38.96		
18.	Francisco Cruz, CARVALHO	06	S. Pedro Alva	2:39.95	239				
	50m: 36.17 36.17	100m: 1:16.17	40.00	150m: 1:58.74	42.57	200m: 2:39.95	41.21		
19.	Pedro Ferreira, DUARTE	05	Bombeiros Mealhada/CA	2:41.25	234				
	50m: 36.16 36.16	100m: 1:17.81	41.65	150m: 2:00.73	42.92	200m: 2:41.25	40.52		
20.	Henrique Ferreira, MARTINS	06	Alges e Agueda XXI	2:41.37	233				
	50m: 36.09 36.09	100m: 1:16.73	40.64	150m: 2:00.27	43.54	200m: 2:41.37	41.10		
21.	Tome Santiago, MENDES	05	Vigor da Mocidade	2:42.03	230				
	50m: 38.28 38.28	100m: 1:19.29	41.01	150m: 2:01.94	42.65	200m: 2:42.03	40.09		
22.	Jose Miguel, MARQUES	06	Condeixa Clube	2:42.61	228				
	50m: 37.18 37.18	100m: 1:19.03	41.85	150m: 2:01.30	42.27	200m: 2:42.61	41.31		
23.	Edgar Tavares, MENDES	06	Academica de Coimbra	2:46.01	214				
	50m: 37.34 37.34	100m: 1:20.01	42.67	150m: 2:03.70	43.69	200m: 2:46.01	42.31		
24.	Pedro Fernandes, CARVALHO	06	Miranda do Corvo	2:46.68	211				
	50m: 37.02 37.02	100m: 1:19.71	42.69	150m: 2:04.35	44.64	200m: 2:46.68	42.33		
25.	Gustavo Teixeira, PIRES	06	Columbofila Cantanhedense	2:47.78	207				
	50m: 39.06 39.06	100m: 1:23.13	44.07	150m: 2:07.67	44.54	200m: 2:47.78	40.11		
26.	Martim Ribeiro, MENESES	06	O Crasto	2:51.83	193				
	50m: 37.88 37.88	100m: 1:22.17	44.29	150m: 2:07.91	45.74	200m: 2:51.83	43.92		
	Miguel Joao, PINHEIRO	06	Academica de Coimbra	2:51.83	193				
	50m: 39.92 39.92	100m: 1:24.71	44.79	150m: 2:08.38	43.67	200m: 2:51.83	43.45		
28.	Jose Alberto, ADREGO	05	Fundacao Beatriz Santos	2:55.07	182				
	50m: 41.61 41.61	100m: 1:27.27	45.66	150m: 2:11.91	44.64	200m: 2:55.07	43.16		
29.	Guilherme Jose, BASTOS	06	Miranda do Corvo	2:56.96	177				
	50m: 42.36 42.36	100m: 1:27.78	45.42	150m: 2:13.32	45.54	200m: 2:56.96	43.64		
30.	Henrique Tavares, DIAS	06	Nautico Coimbra	2:57.09	176				
	50m: 39.42 39.42	100m: 1:25.01	45.59	150m: 2:11.95	46.94	200m: 2:57.09	45.14		
31.	Duarte Miguel, BENTO	05	Nautico Coimbra	3:08.46	146				
	50m: 38.32 38.32	100m: 1:26.76	48.44	150m: 2:18.80	52.04	200m: 3:08.46	49.66		
32.	Simao Pimenta, CATARINO	06	Fundacao Beatriz Santos	3:17.65	127				
	50m: 46.76 46.76	100m: 1:37.74	50.98	150m: 2:29.30	51.56	200m: 3:17.65	48.35		
33.	Bernardo Jose, SIMOES	06	Vigor da Mocidade	3:21.07	120				
	50m: 45.08 45.08	100m: 1:40.68	55.60	150m: 2:34.24	53.56	200m: 3:21.07	46.83		

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 2, Masc., 200m Livres, Inf A e B

Lugar	Ano	Tempo final	Pts
34. Francisco Couto, FRAZAO 50m: 43.35 43.35 100m: 1:36.30 52.95 150m: 2:29.71 53.41 200m: 3:22.24 52.53	06 Condeixa Clube	3:22.24	118
35. Joao Afonso, MACHADO 50m: 43.38 43.38 100m: 1:37.17 53.79 150m: 2:29.06 51.89 200m: 3:30.92 1:01.86	06 Vigor da Mocidade	3:30.92	104
36. Francisco Oliveira, CARREIRO 50m: 45.89 45.89 100m: 1:43.28 57.39 150m: 2:40.09 56.81 200m: 3:31.51 51.42	06 Uniao Eirense	3:31.51	103
DSQ Bruno Costa, RODRIGUES <i>falsa partida</i>	06 Columbofila Cantanhedense		
DNS Dinis Lopes, ABRANTES	06 Bombeiros Mealhada/CA		
DNS Dinis Raimundo, SILVA	05 Academica de Coimbra		
DNS Diogo Afonso, CARREIRA	05 Academica de Coimbra		

Prova 2

Masc., 200m Livres

Sen

08-12-2018 - 10:20

Resultados

Rec Nac Absoluto	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	21-12-2013
Rec Nac Sen	1:45.25	Luis Emanuel, VAZ	GDNVNF	Felgueiras	21-12-2013
Rec Reg ANC Absoluto	1:46.03	Mario Alexandre, PEREIRA			13-11-2014
Rec Reg ANC Sen	1:46.03	Mário Alexandre, PEREIRA	CNAC		13-06-2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
DSQ Joel Alexandre, PEREIRA <i>Falsa partida</i>	92 APC Coimbra		
EXH Rodrigo Alexandre, TRAVASSOS 50m: 27.75 27.75 100m: 58.58 30.83 150m: 1:29.10 30.52 200m: 1:58.93 29.83	02 Condeixa Clube	1:58.93	583
EXH Goncalo Silva, MARQUES 50m: 28.59 28.59 100m: 59.99 31.40 150m: 1:31.34 31.35 200m: 2:02.27 30.93	01 Condeixa Clube	2:02.27	536
EXH Tomas Pedrosa, MIGUEL 50m: 27.97 27.97 100m: 58.96 30.99 150m: 1:30.32 31.36 200m: 2:02.34 32.02	02 Condeixa Clube	2:02.34	535
EXH Paulo Andre, FROTA 50m: 30.39 30.39 100m: 1:01.28 30.89 150m: 1:31.26 29.98 200m: 2:06.56 35.30	02 Condeixa Clube	2:06.56	484
EXH Bernardo Jorge, VENTURA 50m: 30.49 30.49 100m: 1:03.94 33.45 150m: 1:38.55 34.61 200m: 2:13.92 35.37	03 Academica de Coimbra	2:13.92	408
EXH Ruben Jose, SANTOS 50m: 57.52 57.52 100m: 2:01.01 1:03.49 150m: 3:07.48 1:06.47 200m: 4:07.83 1:00.35	80 APC Coimbra	4:07.83	64

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 3 Femin., 200m Mariposa Inf A e B
08-12-2018 - 10:45 Resultados

Rec Nac Absoluto	2:07.62	Ana Catarina, MONTEIRO	CFV	Felgueiras	15-04-2018
Rec Nac Inf A	2:20.28	Carolina Miranda, FERNANDES	CGA	Condeixa	12-05-2018
Rec Nac Inf B	2:31.64	Raquel Maria, FELGUEIRAS	SCB	Algés	09-05-1992
Rec Reg ANC Absoluto	2:18.79	Ana Rita, GONÇALVES	CNM		13-06-2002
Rec Reg ANC Inf A	2:26.78	Mariana Cunha, GUERRA	ASSSCC		12-06-2011
Rec Reg ANC Inf B	2:36.49	Inês Pereira, SILVA	CAQC		11-06-2014

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	Diana Silva, TINOCO		06	Columbofila Cantanhedense				2:34.85	460
	50m:	35.80 35.80	100m:	1:15.66	39.86	150m:	1:55.31 39.65	200m:	2:34.85 39.54
2.	Maria Neto, FERREIRA		06	Fundacao Beatriz Santos				2:40.33	415
	50m:	34.74 34.74	100m:	1:15.32	40.58	150m:	1:57.19 41.87	200m:	2:40.33 43.14
3.	Leonor Mil, MANO		07	Fundacao Beatriz Santos				2:50.59	344
	50m:	37.14 37.14	100m:	1:21.32	44.18	150m:	2:06.81 45.49	200m:	2:50.59 43.78
4.	Marta Andre, AGUILAR		07	Fundacao Beatriz Santos				2:50.82	343
	50m:	37.03 37.03	100m:	1:21.46	44.43	150m:	2:07.54 46.08	200m:	2:50.82 43.28
5.	Matilde Fonseca, OLIVEIRA		06	Miranda do Corvo				3:03.83	275
	50m:	40.30 40.30	100m:	1:26.66	46.36	150m:	2:16.61 49.95	200m:	3:03.83 47.22
6.	Beatriz Andre, GASPAS		06	Nautico Coimbra				3:17.06	223
	50m:	43.61 43.61	100m:	1:33.77	50.16	150m:	2:26.15 52.38	200m:	3:17.06 50.91
7.	Cristiana Sofia, ESCADA		07	Academica de Coimbra				3:17.62	221
	50m:	41.81 41.81	100m:	1:32.60	50.79	150m:	2:27.03 54.43	200m:	3:17.62 50.59
8.	Ines Miranda, DIOGO		07	Fundacao Beatriz Santos				3:21.54	209
	50m:	41.47 41.47	100m:	1:33.71	52.24	150m:	2:28.36 54.65	200m:	3:21.54 53.18

Prova 4 Masc., 200m Mariposa Inf A e B
08-12-2018 - 10:50 Resultados

Rec Nac Absoluto	1:53.39	Diogo Filipe, CARVALHO	POR	Istambul (TUR)	12-12-2009
Rec Nac Inf A	2:12.42	Tomas Miguel, FREITAS	CDN	Funchal	11-07-2004
Rec Nac Inf B	2:19.18	Andre Vilas, RUIVO	DNMG	Nazaré	01-06-2013
Rec Reg ANC Absoluto	1:58.90	Gabriel José, LOPES	ALN		14-06-2018
Rec Reg ANC Inf A	2:15.42	Diogo José, RIBEIRO	CUC		13-06-2018
Rec Reg ANC Inf B	2:28.59	Tomás Miguel, VELOSO	CNAC		13-06-2009

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	Afonso Miguel, AMADO		05	Miranda do Corvo				2:41.49	303
	50m:	34.42 34.42	100m:	1:14.20	39.78	150m:	1:57.12 42.92	200m:	2:41.49 44.37
2.	Tomas Varanda, OLIVEIRA		06	Columbofila Cantanhedense				2:45.91	280
	50m:	32.64 32.64	100m:	1:12.77	40.13	150m:	1:58.56 45.79	200m:	2:45.91 47.35
3.	Carlos Eduardo, BENTO		05	Miranda do Corvo				2:48.71	266
	50m:	36.00 36.00	100m:	1:18.70	42.70	150m:	2:03.15 44.45	200m:	2:48.71 45.56
4.	Joao Neves, ALMEIDA		05	Fundacao Beatriz Santos				2:52.54	249
	50m:	37.97 37.97	100m:	1:21.58	43.61	150m:	2:07.11 45.53	200m:	2:52.54 45.43
5.	Samuel Baptista, FIGUEIRA		05	Fundacao Beatriz Santos				2:55.19	237
	50m:	36.50 36.50	100m:	1:20.76	44.26	150m:	2:09.00 48.24	200m:	2:55.19 46.19
6.	Simao Jesus, SILVA		06	Columbofila Cantanhedense				3:00.11	218
	50m:	39.61 39.61	100m:	1:25.59	45.98	150m:	2:12.71 47.12	200m:	3:00.11 47.40
7.	Tomas Nolan, SANTOS		06	Fundacao Beatriz Santos				3:04.34	204
	50m:	40.07 40.07	100m:	1:28.81	48.74	150m:	2:19.22 50.41	200m:	3:04.34 45.12
8.	Miguel Bernardo, ARAUJO		06	Condeixa Clube				3:04.68	203
	50m:	39.40 39.40	100m:	1:26.33	46.93	150m:	2:15.59 49.26	200m:	3:04.68 49.09

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 4, Masc., 200m Mariposa, Inf A e B

Lugar	Ano	Tempo final	Pts
9. Abel Renato, FERREIRA 50m: 38.48 38.48 100m: 1:25.48 47.00 150m: 2:16.51 51.03 200m: 3:05.09 48.58	05 Alges e Agueda XXI	3:05.09	201
10. Diogo Cura, NEVES 50m: 40.82 40.82 100m: 1:29.23 48.41 150m: 2:21.06 51.83 200m: 3:14.57 53.51	06 Condeixa Clube	3:14.57	173
11. Simao Domingues, PAZ 50m: 42.03 42.03 100m: 1:32.31 50.28 150m: 2:24.75 52.44 200m: 3:15.02 50.27	06 Miranda do Corvo	3:15.02	172
DSQ Tomas Jose, FRANCISCO <i>não fez toque simultaneo das mãos na aperedo na viragem aos 150 m</i>	05 Miranda do Corvo		
EXH Ricardo Martins, CARVALHO 50m: 34.26 34.26 100m: 1:12.93 38.67 150m: 1:52.74 39.81 200m: 2:32.45 39.71	03 Fundacao Beatriz Santos	2:32.45	361

Prova 5

Femin., 200m Costas

Inf A e B

08-12-2018 - 11:00

Resultados

Rec Nac Absoluto	2:09.12	Rita Barros, FRISCHKNECHT	SAD	Porto	08-12-2017
Rec Nac Inf A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06-06-2015
Rec Nac Inf B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26-03-2017
Rec Reg ANC Absoluto	2:14.11	Camila Rodrigues, REBELO	ALN		13-06-2018
Rec Reg ANC Inf A	2:26.15	Camila Rodrigues, REBELO	ALN		12-06-2016
Rec Reg ANC Inf B	2:34.18	Tatiana Filipa, SANTOS	GCF		11-06-2007

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Joana Ventura, PAIS 50m: 37.80 37.80 100m: 1:18.55 40.75 150m: 2:00.46 41.91 200m: 2:41.95 41.49	06 Fundacao Beatriz Santos	2:41.95	399
2. Diana Silva, TINOCO 50m: 39.49 39.49 100m: 1:20.94 41.45 150m: 2:03.61 42.67 200m: 2:43.53 39.92	06 Columbofila Cantanhedense	2:43.53	387
3. Catarina Cunha, BELO 50m: 39.30 39.30 100m: 1:20.94 41.64 150m: 2:03.91 42.97 200m: 2:45.67 41.76	06 Fundacao Beatriz Santos	2:45.67	372
4. Anita Gouveia, COSTA 50m: 39.55 39.55 100m: 1:22.15 42.60 150m: 2:05.45 43.30 200m: 2:46.63 41.18	06 Uniao Coimbra	2:46.63	366
5. Madalena Barra, MEDEIROS 50m: 40.95 40.95 100m: 1:23.53 42.58 150m: 2:06.35 42.82 200m: 2:48.51 42.16	06 Vigor da Mocidade	2:48.51	354
6. Mariana Marques, ALMEIDA 50m: 40.86 40.86 100m: 1:25.19 44.33 150m: 2:09.64 44.45 200m: 2:52.82 43.18	07 Miranda do Corvo	2:52.82	328
7. Ines Alves, DIAS 50m: 42.20 42.20 100m: 1:27.12 44.92 150m: 2:12.10 44.98 200m: 2:55.07 42.97	06 Fundacao Beatriz Santos	2:55.07	315
8. Mariana Fonseca, SILVA 50m: 41.41 41.41 100m: 1:26.11 44.70 150m: 2:12.70 46.59 200m: 2:55.85 43.15	06 Condeixa Clube	2:55.85	311
9. Leonor Garcia, FERNANDES 50m: 42.56 42.56 100m: 1:28.31 45.75 150m: 2:13.81 45.50 200m: 2:57.62 43.81	07 O Crasto	2:57.62	302
10. Joana Filipa, VARELA 50m: 41.79 41.79 100m: 1:27.26 45.47 150m: 2:13.57 46.31 200m: 2:58.46 44.89	06 Nautico Coimbra	2:58.46	298
11. Ines Rodrigues, ALMEIDA 50m: 43.09 43.09 100m: 1:28.23 45.14 150m: 2:13.90 45.67 200m: 2:58.53 44.63	06 O Crasto	2:58.53	297
12. Francisca Carvalho, SOUSA 50m: 43.48 43.48 100m: 1:28.40 44.92 150m: 2:14.17 45.77 200m: 2:59.19 45.02	06 Miranda do Corvo	2:59.19	294
13. Nancy Almeida, RODRIGUES 50m: 42.61 42.61 100m: 1:30.65 48.04 150m: 2:18.77 48.12 200m: 3:04.53 45.76	07 O Crasto	3:04.53	269
14. Matilde Monteiro, PEREIRA 50m: 44.21 44.21 100m: 1:31.90 47.69 150m: 2:20.29 48.39 200m: 3:09.59 49.30	06 O Crasto	3:09.59	248

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 5, Femin., 200m Costas, Inf A e B

Lugar	Ano	Tempo final	Pts
15. Luna Almeida, RODRIGUES 50m: 47.80 47.80 100m: 1:38.45	07 Columbofila Cantanhedense	3:14.88	229
16. Bianca Filipa, ALMEIDA 50m: 48.15 48.15 100m: 1:38.15	07 Alges e Agueda XXI	3:15.38	227
17. Cristiana Sofia, DUARTE 50m: 46.98 46.98 100m: 1:39.58	07 Vigor da Mocidade	3:22.78	203
18. Matilde Rodrigues, COSTA 50m: 47.25 47.25 100m: 1:39.91	07 S. Pedro Alva	3:24.02	199
19. Rafaela Ferreira, MIGUEL 50m: 53.20 53.20 100m: 1:49.85	06 S. Pedro Alva	3:42.47	153
DSQ Beatriz Pereira, ANDRADE	06 Condeixa Clube		
<i>a atleta não fez movimento continuo na viragem aos 50 m</i>			
DSQ Lara Carvalho, SANTOS	07 Nautico Coimbra		
<i>a atleta não fez movimento continuo na viragem aos 25 m</i>			
DNS Leonor Duarte, VEIGA	07 Vigor da Mocidade		
EXH Barbara Azambujo, MELO 50m: 35.86 35.86 100m: 1:16.13	02 Academica de Coimbra	2:37.93	430
EXH Matilde Santos, CARDOSO 50m: 40.80 40.80 100m: 1:26.34	05 Fundacao Beatriz Santos	3:03.22	275

Prova 6

Masc., 200m Costas

Inf A e B

08-12-2018 - 11:10

Resultados

Rec Nac Absoluto	1:53.06	Pedro Diogo, OLIVEIRA	POR	Chartres (FRA)	22-11-2012
Rec Nac Inf A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29-06-2012
Rec Nac Inf B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	16-03-2013
Rec Reg ANC Absoluto	1:55.63	Gabriel José, LOPES	ALN		14-06-2016
Rec Reg ANC Inf A	2:14.94	José Diogo, DIAS	FBSC	(ROU)	13-06-2018
Rec Reg ANC Inf B	2:19.15	José Diogo, DIAS	FBSC		13-06-2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Tomas Varanda, OLIVEIRA 50m: 38.95 38.95 100m: 1:20.33	06 Columbofila Cantanhedense	2:39.85	288
2. Carlos Eduardo, BENTO 50m: 37.59 37.59 100m: 1:18.91	05 Miranda do Corvo	2:41.67	278
3. Jose Miguel, ROCHA 50m: 39.83 39.83 100m: 1:20.92	05 Columbofila Cantanhedense	2:42.45	274
4. Antonio, GLAVATSKYY 50m: 38.19 38.19 100m: 1:19.91	05 Academica de Coimbra	2:44.51	264
5. Joao Pinto, FIGUEIREDO 50m: 39.73 39.73 100m: 1:22.76	06 O Crasto	2:47.13	252
6. Tomas Cardoso, GERALDO 50m: 38.68 38.68 100m: 1:21.60	05 Condeixa Clube	2:47.60	250
7. Rodrigo Ferreira, RODRIGUES 50m: 40.88 40.88 100m: 1:23.83	05 O Crasto	2:49.28	242
8. Filipe Cruz, SIMOES 50m: 41.48 41.48 100m: 1:23.50	06 Miranda do Corvo	2:49.62	241
9. Lucas Coelho, NORA 50m: 41.70 41.70 100m: 1:24.74	05 Columbofila Cantanhedense	2:50.32	238

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 6, Masc., 200m Costas, Inf A e B

Lugar			Ano					Tempo final	Pts	
10.	Gustavo Teixeira, PIRES	06	Columbofila Cantanhedense	2:54.98	219					
	50m: 41.99 41.99	100m: 1:26.94	44.95	150m: 2:11.78	44.84	200m: 2:54.98	43.20			
11.	Miguel Cunha, GASPAS	06	Columbofila Cantanhedense	2:55.28	218					
	50m: 42.54 42.54	100m: 1:27.44	44.90	150m: 2:12.89	45.45	200m: 2:55.28	42.39			
12.	Simao Jesus, SILVA	06	Columbofila Cantanhedense	2:55.70	217					
	50m: 42.91 42.91	100m: 1:27.87	44.96	150m: 2:12.68	44.81	200m: 2:55.70	43.02			
13.	Pedro Fernandes, CARVALHO	06	Miranda do Corvo	2:59.09	205					
	50m: 41.88 41.88	100m: 1:28.06	46.18	150m: 2:14.23	46.17	200m: 2:59.09	44.86			
14.	Joao Ferreira, MARQUES	06	Academica de Coimbra	3:01.02	198					
	50m: 44.72 44.72	100m: 1:30.31	45.59	150m: 2:17.12	46.81	200m: 3:01.02	43.90			
15.	Ricardo Semedo, COSTA	06	Academica de Coimbra	3:02.61	193					
	50m: 42.93 42.93	100m: 1:30.12	47.19	150m: 2:17.91	47.79	200m: 3:02.61	44.70			
16.	Francisco Cruz, CARVALHO	06	S. Pedro Alva	3:03.33	191					
	50m: 43.21 43.21	100m: 1:29.41	46.20	150m: 2:16.74	47.33	200m: 3:03.33	46.59			
17.	Joao Neves, LUCAS	06	Columbofila Cantanhedense	3:03.41	191					
	50m: 44.28 44.28	100m: 1:30.46	46.18	150m: 2:17.42	46.96	200m: 3:03.41	45.99			
18.	Tome Santiago, MENDES	05	Vigor da Mocidade	3:04.29	188					
	50m: 45.06 45.06	100m: 1:31.47	46.41	150m: 2:18.70	47.23	200m: 3:04.29	45.59			
19.	Martim Ribeiro, MENESES	06	O Crasto	3:04.70	187					
	50m: 44.10 44.10	100m: 1:31.42	47.32	150m: 2:19.38	47.96	200m: 3:04.70	45.32			
20.	Simao Domingues, PAZ	06	Miranda do Corvo	3:06.22	182					
	50m: 44.36 44.36	100m: 1:33.08	48.72	150m: 2:20.96	47.88	200m: 3:06.22	45.26			
21.	Henrique Tavares, DIAS	06	Nautico Coimbra	3:06.82	180					
	50m: 45.24 45.24	100m: 1:33.38	48.14	150m: 2:20.99	47.61	200m: 3:06.82	45.83			
22.	Bruno Costa, RODRIGUES	06	Columbofila Cantanhedense	3:06.89	180					
	50m: 45.15 45.15	100m: 1:32.85	47.70	150m: 2:20.99	48.14	200m: 3:06.89	45.90			
23.	Afonso Jose, FRANCISCO	06	Miranda do Corvo	3:19.54	148					
	50m: 46.32 46.32	100m: 1:37.17	50.85	150m: 2:28.64	51.47	200m: 3:19.54	50.90			
24.	Duarte Miguel, BENTO	05	Nautico Coimbra	3:39.93	110					
	50m: 50.31 50.31	100m: 1:47.24	56.93	150m: 2:43.89	56.65	200m: 3:39.93	56.04			
25.	Bernardo Jose, SIMOES	06	Vigor da Mocidade	3:42.71	106					
	50m: 52.43 52.43	100m: 1:49.88	57.45	150m: 2:47.14	57.26	200m: 3:42.71	55.57			
26.	Joao Afonso, MACHADO	06	Vigor da Mocidade	3:49.98	96					
	50m: 52.79 52.79	100m: 1:49.64	56.85	150m: 2:52.08	1:02.44	200m: 3:49.98	57.90			
DSQ	Guilherme Maia, CARDOSO	05	Columbofila Cantanhedense	<i>o atleta efetuou 2 braçadas após perder a posição dorsal nas viragens aos 75 m, 125 m e 175 m</i>						
DSQ	Joao Rafael, FERREIRA	06	Fundacao Beatriz Santos	<i>não efetuou movimento continuo na viragem aos 100 m</i>						
DSQ	Tomas Veiga, PEREIRA	06	Fundacao Beatriz Santos	<i>na viragem aos 150 m o atleta não efetuou movimento continuo</i>						
EXH	Bernardo Jorge, VENTURA	03	Academica de Coimbra	2:37.91	299					
	50m: 37.44 37.44	100m: 1:17.91	40.47	150m: 1:58.49	40.58	200m: 2:37.91	39.42			
EXH	Afonso Corte-real, GRILO	04	Fundacao Beatriz Santos	2:42.05	276					
	50m: 37.90 37.90	100m: 1:19.16	41.26	150m: 2:01.24	42.08	200m: 2:42.05	40.81			
EXH	Joel Alexandre, PEREIRA	92	APC Coimbra	4:06.55	78					
	50m: 58.22 58.22	100m: 2:01.82	1:03.60	150m: 3:06.26	1:04.44	200m: 4:06.55	1:00.29			

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 7 Femin., 4 x 50m Livres Inf A e B
08-12-2018 - 11:40 Resultados

Rec Nac	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
Rec Reg ANC Absoluto	1:48.52	Clube Náutico Académico de Coim	CNAC		19-07-2011
Rec Reg ANC Inf A	1:59.70	Clube Nautico Academico de Coim	CNAC		13-06-2010
Rec Reg ANC Inf A/B	1:59.79	Clube Náutico Académico de Coim	CNAC		19-07-2010
Rec Reg ANC Inf B	2:02.38	Clube Náutico Académico de Coim	CNAC		19-07-2010

Pontos: FINA 2018

Lugar				Tempo final	Pts
1.	Fundacao Beatriz Santos Inf	Fundacao Beatriz Santos		2:07.64	398
	Marta Andre, AGUILAR 07	31.47	Matilde Batista, FERREIRA 06		31.65
	Catarina Cunha, BELO 06	32.95	Maria Neto, FERREIRA 06		31.57
2.	O Crasto Inf B	O Crasto		2:21.85	290
	Laura Almeida, PINA 07	33.77	Leonor Garcia, FERNANDES 07		38.67
	Nancy Almeida, RODRIGUES 07	35.69	Margarida Gomes, OLIVEIRA 07		33.72
3.	Academica de Coimbra Inf	Academica de Coimbra		2:23.13	282
	Matilde Neves, CRAVEIRO 06	30.42	Maria Ines, VITAL 06		39.26
	Cristiana Sofia, ESCADA 07	34.01	Mariana Vaz, ALVES 06		39.44
4.	Nautico Coimbra Inf	Nautico Coimbra		2:26.14	265
	Maria Vitoria, GRILO 06	32.58	Lara Carvalho, SANTOS 07		40.50
	Beatriz Andre, GASPAR 06	36.78	Joana Filipa, VARELA 06		36.28
EXH	Academica de Coimbra Abs	Academica de Coimbra		1:54.32	554
	Ana Carolina, NEVES 00	28.74	Beatriz Costa, TEJO 02		28.77
	Beatriz Neves, CRAVEIRO 97	28.67	Ines Mariana, PINHEIRO 03		28.14

Prova 8 Masc., 4 x 50m Livres Inf A e B
08-12-2018 - 11:45 Resultados

Rec Nac	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	04-12-2009
Rec Reg ANC Absoluto	1:33.70	Clube Nautico Academico de Coim	CNAC		13-11-2011
Rec Reg ANC Inf A	1:47.89	Clube Uniao 1919	CUC		13-11-2018
Rec Reg ANC Inf A/B	1:47.89	Clube Uniao 1919	CUC		13-11-2018
Rec Reg ANC Inf B	1:57.13	Clube Nautico Academico de Coim	CNAC		18-07-2017

Pontos: FINA 2018

Lugar				Tempo final	Pts
1.	Bombeiros Mealhada/CA Inf	Bombeiros Mealhada/CA		2:00.79	319
	Eduardo Gabriel, VIEIRA 05	28.06	Pedro Ferreira, DUARTE 05		32.80
	Francisco Xavier, AMARAL 05	29.41	Rafael Pereira, PESSOA 05		30.52
2.	Fundacao Beatriz Santos Inf	Fundacao Beatriz Santos		2:04.03	295
	Joao Rafael, FERREIRA 06	31.59	Samuel Baptista, FIGUEIRA 05		28.90
	Tomas Nolan, SANTOS 06	31.52	Joao Neves, ALMEIDA 05		32.02
3.	Alges e Agueda XXI Inf	Alges e Agueda XXI		2:07.70	270
	Abel Renato, FERREIRA 05	31.53	Henrique Ferreira, MARTINS 06		32.99
	Gabriel Cunha, TEIXEIRA 06	33.34	Daniel Batista, TAVARES 06		29.84
4.	Condeixa Clube Inf	Condeixa Clube		2:10.93	251
	Guilherme Marques, PEREIRA 06	32.81	Miguel Bernardo, ARAUJO 06		31.69
	Jose Miguel, MARQUES 06	34.35	Tomas Cardoso, GERALDO 05		32.08
5.	Academica de Coimbra Inf	Academica de Coimbra		2:18.16	213
	Antonio, GLAVATSKYY 05	33.27	Edgar Tavares, MENDES 06		36.07
	Joao Ferreira, MARQUES 06	35.01	Miguel Joao, PINHEIRO 06		33.81
6.	Miranda do Corvo Inf	Miranda do Corvo		2:23.75	189
	Tomas Jose, FRANCISCO 05	33.10	Afonso Jose, FRANCISCO 06		38.32
	Guilherme Jose, BASTOS 06	38.04	Filipe Cruz, SIMOES 06		34.29

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

2 - 2ª Jornada

08-12-2018 - 15:30

Prova 9	Femin., 200m Bruços				Inf A e B
08-12-2018 - 15:30					Resultados
Rec Nac Absoluto	2:23.46	Raquel Gomes, PEREIRA	SAD	Porto	09-12-2017
Rec Nac Inf A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	06-06-2015
Rec Nac Inf B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	14-06-2014
Rec Reg ANC Absoluto	2:30.82	Gabriela Oliveira, ANDRADE	CNAC		13-06-2009
Rec Reg ANC Inf A	2:43.17	AnaYuki, TSUKAGOSHI	CNAC		12-06-1995
Rec Reg ANC Inf B	2:46.41	Mariana Ferreinha, CUNHA	AAC		11-06-1995

Pontos: FINA 2018

Lugar	Ano				Tempo final	Pts
1. Beatriz Silva, NEVES	06	Fundacao Beatriz Santos	3:10.41	353		
50m: 43.62 43.62	100m: 1:32.67	49.05	150m: 2:22.50	49.83	200m: 3:10.41	47.91
2. Anita Gouveia, COSTA	06	Uniao Coimbra	3:14.48	331		
50m: 44.49 44.49	100m: 1:34.90	50.41	150m: 2:24.61	49.71	200m: 3:14.48	49.87
3. Matilde Fonseca, OLIVEIRA	06	Miranda do Corvo	3:14.82	329		
50m: 44.84 44.84	100m: 1:33.62	48.78	150m: 2:23.40	49.78	200m: 3:14.82	51.42
4. Joana Ventura, PAIS	06	Fundacao Beatriz Santos	3:15.10	328		
50m: 46.28 46.28	100m: 1:36.40	50.12	150m: 2:26.59	50.19	200m: 3:15.10	48.51
5. Laura Almeida, PINA	07	O Crasto	3:15.18	327		
50m: 44.67 44.67	100m: 1:35.18	50.51	150m: 2:26.09	50.91	200m: 3:15.18	49.09
6. Mariana Marques, ALMEIDA	07	Miranda do Corvo	3:15.76	324		
50m: 44.90 44.90	100m: 1:35.41	50.51	150m: 2:26.40	50.99	200m: 3:15.76	49.36
7. Leonor Mil, MANO	07	Fundacao Beatriz Santos	3:18.82	310		
50m: 45.59 45.59	100m: 1:37.02	51.43	150m: 2:28.67	51.65	200m: 3:18.82	50.15
8. Maria Ines, FERNANDES	07	Fundacao Beatriz Santos	3:19.75	305		
50m: 46.04 46.04	100m: 1:37.18	51.14	150m: 2:28.92	51.74	200m: 3:19.75	50.83
9. Ines Rodrigues, ALMEIDA	06	O Crasto	3:20.39	302		
50m: 46.51 46.51	100m: 1:37.35	50.84	150m: 2:29.69	52.34	200m: 3:20.39	50.70
10. Ines Alves, DIAS	06	Fundacao Beatriz Santos	3:22.44	293		
50m: 47.66 47.66	100m: 1:39.19	51.53	150m: 2:31.42	52.23	200m: 3:22.44	51.02
11. Francisca Carvalho, SOUSA	06	Miranda do Corvo	3:27.55	272		
50m: 46.98 46.98	100m: 1:40.31	53.33	150m: 2:33.92	53.61	200m: 3:27.55	53.63
12. Nancy Almeida, RODRIGUES	07	O Crasto	3:34.20	247		
50m: 48.01 48.01	100m: 1:42.87	54.86	150m: 2:38.67	55.80	200m: 3:34.20	55.53
13. Joana Filipa, VARELA	06	Nautico Coimbra	3:38.10	234		
50m: 50.14 50.14	100m: 1:45.47	55.33	150m: 2:42.17	56.70	200m: 3:38.10	55.93
14. Matilde Rodrigues, COSTA	07	S. Pedro Alva	3:50.20	199		
50m: 51.97 51.97	100m: 1:49.64	57.67	150m: 2:49.56	59.92	200m: 3:50.20	1:00.64
15. Rafaela Ferreira, MIGUEL	06	S. Pedro Alva	3:51.03	197		
50m: 51.29 51.29	100m: 1:50.60	59.31	150m: 2:51.80	1:01.20	200m: 3:51.03	59.23
16. Cristiana Sofia, DUARTE	07	Vigor da Mocidade	3:53.26	192		
50m: 53.21 53.21	100m: 1:52.04	58.83	150m: 2:53.90	1:01.86	200m: 3:53.26	59.36
17. Matilde Lucia, GASPAS	06	APC Coimbra	5:19.45	74		
50m: 1:14.19 1:14.19	100m: 2:32.03	1:17.84	150m: 3:51.88	1:19.85	200m: 5:19.45	1:27.57
DSQ Leonor Garcia, FERNANDES	07	O Crasto				
<i>Falsa partida</i>						
EXH Bruna Cruz, CARVALHO	03	S. Pedro Alva	2:59.05	424		
50m: 37.20 37.20	100m: 1:21.04	43.84	150m: 2:09.74	48.70	200m: 2:59.05	49.31

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 9, Femin., 200m Braços

Lugar	Ano	Tempo final	Pts
EXH Ema Filipa, ROSARIO 50m: 36.07 36.07 100m: 1:26.99 50.92 150m: 2:18.12 51.13 200m: 3:08.51	00 Academica de Coimbra	3:08.51	363
EXH Filipa Victor, VIEIRA 50m: 44.63 44.63 100m: 1:33.76 49.13 150m: 2:24.22 50.46 200m: 3:14.25	04 Academica de Coimbra	3:14.25	332
EXH Barbara Ines, GOMES 50m: 1:08.95 1:08.95 100m: 2:24.16 1:15.21 150m: 3:38.58 1:14.42 200m: 4:56.40	91 APC Coimbra	4:56.40	93
EXH Carolina Caetano, LOURENCO 50m: 1:14.32 1:14.32 100m: 2:34.46 1:20.14 150m: 3:50.80 1:16.34 200m: 5:09.44	94 APC Coimbra	5:09.44	82

Prova 10

Masc., 200m Braços

Inf A e B

08-12-2018 - 15:45

Resultados

Rec Nac Absoluto	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012
Rec Nac Inf A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01-08-2018
Rec Nac Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13-07-2003
Rec Reg ANC Absoluto	2:12.80	Tomas Miguel, VELOSO			13-11-2016
Rec Reg ANC Inf A	2:32.39	Duarte Anastasio, SOUSA	CAQC		13-06-2016
Rec Reg ANC Inf B	2:38.94	Duarte Anastasio, SOUSA	CAQC		13-06-2015

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Afonso Miguel, AMADO 50m: 38.26 38.26 100m: 1:20.55 42.29 150m: 2:03.80 43.25 200m: 2:46.77	05 Miranda do Corvo	2:46.77	376
2. Tomas Varanda, OLIVEIRA 50m: 40.96 40.96 100m: 1:26.59 45.63 150m: 2:13.07 46.48 200m: 2:58.65	06 Columbofila Cantanhedense	2:58.65	306
3. Tomas Jose, FRANCISCO 50m: 42.63 42.63 100m: 1:28.78 46.15 150m: 2:15.44 46.66 200m: 3:00.93	05 Miranda do Corvo	3:00.93	294
4. Duarte Jose, FERNANDES 50m: 39.96 39.96 100m: 1:26.59 46.63 150m: 2:14.78 48.19 200m: 3:02.63	06 Fundacao Beatriz Santos	3:02.63	286
5. Tomas Nolan, SANTOS 50m: 43.80 43.80 100m: 1:33.22 49.42 150m: 2:22.88 49.66 200m: 3:10.37	06 Fundacao Beatriz Santos	3:10.37	253
6. Antonio, GLAVATSKYY 50m: 43.14 43.14 100m: 1:33.37 50.23 150m: 2:23.31 49.94 200m: 3:12.40	05 Academica de Coimbra	3:12.40	245
7. Carlos Eduardo, BENTO 50m: 44.40 44.40 100m: 1:33.95 49.55 150m: 2:23.21 49.26 200m: 3:13.72	05 Miranda do Corvo	3:13.72	240
8. Tome Santiago, MENDES 50m: 45.38 45.38 100m: 1:35.25 49.87 150m: 2:25.25 50.00 200m: 3:14.01	05 Vigor da Mocidade	3:14.01	239
9. Jose Miguel, ROCHA 50m: 43.80 43.80 100m: 1:32.91 49.11 150m: 2:24.29 51.38 200m: 3:15.25	05 Columbofila Cantanhedense	3:15.25	234
10. Tomas Cardoso, GERALDO 50m: 44.94 44.94 100m: 1:35.93 50.99 150m: 2:29.20 53.27 200m: 3:22.07	05 Condeixa Clube	3:22.07	211
11. Francisco Cruz, CARVALHO 50m: 45.25 45.25 100m: 1:36.95 51.70 150m: 2:29.94 52.99 200m: 3:22.34	06 S. Pedro Alva	3:22.34	210
12. Pedro Fernandes, CARVALHO 50m: 47.60 47.60 100m: 1:39.56 51.96 150m: 2:32.34 52.78 200m: 3:23.34	06 Miranda do Corvo	3:23.34	207
13. Jose Miguel, MARQUES 50m: 45.56 45.56 100m: 1:37.43 51.87 150m: 2:30.83 53.40 200m: 3:23.63	06 Condeixa Clube	3:23.63	206
14. Miguel Cunha, GASPAS 50m: 49.07 49.07 100m: 1:42.59 53.52 150m: 2:35.75 53.16 200m: 3:27.16	06 Columbofila Cantanhedense	3:27.16	196
15. Gustavo Teixeira, PIRES 50m: 50.18 50.18 100m: 1:43.99 53.81 150m: 2:36.50 52.51 200m: 3:27.34	06 Columbofila Cantanhedense	3:27.34	196

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 10, Masc., 200m Bruços, Inf A e B

Lugar	Ano	Tempo final	Pts
16. Tiago Alexandre, SIMOES 50m: 47.85 47.85 100m: 1:41.25 53.40 150m: 2:35.52 54.27 200m: 3:27.54 52.02	05 Fundacao Beatriz Santos	3:27.54	195
17. Diogo Cura, NEVES 50m: 48.07 48.07 100m: 1:41.01 52.94 150m: 2:35.18 54.17 200m: 3:27.70 52.52	06 Condeixa Clube	3:27.70	194
18. Filipe Cruz, SIMOES 50m: 49.34 49.34 100m: 1:43.37 54.03 150m: 2:37.73 54.36 200m: 3:31.97 54.24	06 Miranda do Corvo	3:31.97	183
19. Simao Domingues, PAZ 50m: 49.07 49.07 100m: 1:44.51 55.44 150m: 1:57.80 13.29 200m: 3:34.46 1:36.66	06 Miranda do Corvo	3:34.46	177
20. Simao Jesus, SILVA 50m: 49.86 49.86 100m: 1:44.94 55.08 150m: 2:40.57 55.63 200m: 3:34.79 54.22	06 Columbofila Cantanhedense	3:34.79	176
21. Martim Ribeiro, MENESES 50m: 51.25 51.25 100m: 1:45.98 54.73 150m: 2:41.21 55.23 200m: 3:35.42 54.21	06 O Crasto	3:35.42	174
22. Jose Alberto, ADREGO 50m: 51.31 51.31 100m: 1:46.53 55.22 150m: 2:42.57 56.04 200m: 3:39.03 56.46	05 Fundacao Beatriz Santos	3:39.03	166
23. Afonso Jose, FRANCISCO 50m: 53.72 53.72 100m: 1:53.46 59.74 150m: 2:54.87 1:01.41 200m: 3:54.42 59.55	06 Miranda do Corvo	3:54.42	135
DSQ Joao Pinto, FIGUEIREDO <i>efetuou pernada de golfinho durante o percurso</i>	06 O Crasto		
DSQ Duarte Miguel, BENTO <i>na viragem aos 50 m efetuou toque alternado de mãos</i>	05 Nautico Coimbra		
DNS Dinis Raimundo, SILVA	05 Academica de Coimbra		
EXH Bernardo Jorge, VENTURA 50m: 41.76 41.76 100m: 1:28.69 46.93 150m: 2:15.76 47.07 200m: 3:02.29 46.53	03 Academica de Coimbra	3:02.29	288
EXH Afonso Corte-real, GRILO 50m: 45.42 45.42 100m: 1:35.90 50.48 150m: 2:26.99 51.09 200m: 3:18.42 51.43	04 Fundacao Beatriz Santos	3:18.42	223

Prova 11

Femin., 100m Estilos

Inf A e B

08-12-2018 - 16:05

Resultados

Rec Nac	1:02.09	Victoria, KAMINSKAYA	PIMP	Porto	21-12-2014
Rec Reg ANC Absoluto	1:05.82	Joana Victorino, HENRIQUES	CAQC		13-06-2018
Rec Reg ANC Inf A	1:09.62	Joana Victorino, HENRIQUES	CAQC		12-06-2014
Rec Reg ANC Inf B	1:13.22	Joana Victorino, HENRIQUES	CAQC		11-06-2013

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Marta Andre, AGUILAR 50m: 37.05 37.05 100m: 1:17.56 40.51	07 Fundacao Beatriz Santos	1:17.56	386
2. Maria Neto, FERREIRA 50m: 36.13 36.13 100m: 1:18.86 42.73	06 Fundacao Beatriz Santos	1:18.86	367
3. Catarina Cunha, BELO 50m: 38.08 38.08 100m: 1:20.01 41.93	06 Fundacao Beatriz Santos	1:20.01	352
4. Matilde Batista, FERREIRA 50m: 37.62 37.62 100m: 1:20.20 42.58	06 Fundacao Beatriz Santos	1:20.20	349
5. Madalena Barra, MEDEIROS 50m: 38.21 38.21 100m: 1:23.09 44.88	06 Vigor da Mocidade	1:23.09	314
6. Mariana Marques, ALMEIDA 50m: 40.31 40.31 100m: 1:25.40 45.09	07 Miranda do Corvo	1:25.40	289
7. Maria Ines, FERNANDES 50m: 44.03 44.03 100m: 1:29.26 45.23	07 Fundacao Beatriz Santos	1:29.26	253

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 11, Femin., 100m Estilos, Inf A e B

Lugar	Ano	Tempo final	Pts
8. Lara Carvalho, SANTOS 50m: 46.26 46.26 100m: 1:38.85 52.59	07 Nautico Coimbra	1:38.85	186
9. Leonor Mourao, ANAHORY 50m: 46.76 46.76 100m: 1:41.55 54.79	06 Nautico Coimbra	1:41.55	172
10. Matilde Neves, SANTOS 50m: 49.18 49.18 100m: 1:42.25 53.07	07 Uniao Eirense	1:42.25	168
11. Matilde Mourao, ANAHORY 50m: 46.45 46.45 100m: 1:43.90 57.45	06 Nautico Coimbra	1:43.90	160
12. Beatriz Melo, MARTINS 50m: 51.66 51.66 100m: 1:49.19 57.53	06 Bombeiros Mealhada/CA	1:49.19	138
13. Matilde Lucia, GASPAS 50m: 1:26.41 1:26.41 100m: 2:41.08 1:14.67	06 APC Coimbra	2:41.08	43
DNS Leonor Duarte, VEIGA	07 Vigor da Mocidade		
EXH Ana Carolina, NEVES 50m: 31.30 31.30 100m: 1:09.96 38.66	00 Academica de Coimbra	1:09.96	527
EXH Beatriz Costa, TEJO 50m: 33.64 33.64 100m: 1:11.37 37.73	02 Academica de Coimbra	1:11.37	496
EXH Beatriz Beja, AFONSO 50m: 39.44 39.44 100m: 1:23.16 43.72	04 Academica de Coimbra	1:23.16	313
EXH Filipa Victor, VIEIRA 50m: 39.05 39.05 100m: 1:23.97 44.92	04 Academica de Coimbra	1:23.97	304
EXH Joana Beatriz, RODRIGUES 50m: 39.49 39.49 100m: 1:25.92 46.43	04 Academica de Coimbra	1:25.92	284
EXH Carolina Caetano, LOURENCO 50m: 1:15.87 1:15.87 100m: 2:29.87 1:14.00	94 APC Coimbra	2:29.87	53

Prova 12

Masc., 100m Estilos

Inf A e B

08-12-2018 - 16:15

Resultados

Rec Nac	53.06	Alexis Manacas, SANTOS	POR	Windsor (CAN)	08-12-2016
Rec Reg ANC Absoluto	53.87	Gabriel José, LOPES	ALN		14-06-2018
Rec Reg ANC Inf A	1:02.84	Gabriel José, LOPES	CDL		13-06-2011
Rec Reg ANC Inf B	1:06.87	Gabriel José, LOPES	CDL		13-06-2010

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Samuel Baptista, FIGUEIRA 50m: 34.36 34.36 100m: 1:13.60 39.24	05 Fundacao Beatriz Santos	1:13.60	319
2. Guilherme Maia, CARDOSO 50m: 35.46 35.46 100m: 1:15.66 40.20	05 Columbofila Cantanhedense	1:15.66	293
3. Carlos Eduardo, BENTO 50m: 35.83 35.83 100m: 1:15.79 39.96	05 Miranda do Corvo	1:15.79	292
4. Francisco Xavier, AMARAL 50m: 35.90 35.90 100m: 1:18.22 42.32	05 Bombeiros Mealhada/CA	1:18.22	265
5. Rafael Pereira, PESSOA 50m: 36.12 36.12 100m: 1:19.35 43.23	05 Bombeiros Mealhada/CA	1:19.35	254
6. Tomas Jose, FRANCISCO 50m: 38.48 38.48 100m: 1:20.40 41.92	05 Miranda do Corvo	1:20.40	244
7. Rodrigo Ferreira, RODRIGUES 50m: 38.30 38.30 100m: 1:22.17 43.87	05 O Crasto	1:22.17	229

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 12, Masc., 100m Estilos, Inf A e B

Lugar	Ano	Tempo final	Pts
8. Paulo Tomas, PEREIRA 50m: 36.92 36.92 100m: 1:22.39	05	Bombeiros Mealhada/CA 45.47	1:22.39 227
9. Lucas Coelho, NORA 50m: 39.65 39.65 100m: 1:23.46	05	Columbofila Cantanhedense 43.81	1:23.46 218
10. Tomas Cardoso, GERALDO 50m: 37.87 37.87 100m: 1:23.77	05	Condeixa Clube 45.90	1:23.77 216
11. Pedro Ferreira, DUARTE 50m: 39.49 39.49 100m: 1:23.85	05	Bombeiros Mealhada/CA 44.36	1:23.85 215
12. Ricardo Semedo, COSTA 50m: 39.74 39.74 100m: 1:24.53	06	Academica de Coimbra 44.79	1:24.53 210
13. Tomas Veiga, PEREIRA 50m: 40.40 40.40 100m: 1:24.65	06	Fundacao Beatriz Santos 44.25	1:24.65 209
14. Miguel Joao, PINHEIRO 50m: 40.73 40.73 100m: 1:26.57	06	Academica de Coimbra 45.84	1:26.57 196
15. Bruno Costa, RODRIGUES 50m: 40.89 40.89 100m: 1:28.05	06	Columbofila Cantanhedense 47.16	1:28.05 186
16. Martim Ribeiro, MENESES 50m: 44.01 44.01 100m: 1:31.74	06	O Crasto 47.73	1:31.74 164
17. Guilherme Jose, BASTOS 50m: 43.74 43.74 100m: 1:32.52	06	Miranda do Corvo 48.78	1:32.52 160
18. Duarte Miguel, BENTO 50m: 47.40 47.40 100m: 1:39.17	05	Nautico Coimbra 51.77	1:39.17 130
19. Bernardo Jose, SIMOES 50m: 48.47 48.47 100m: 1:42.71	06	Vigor da Mocidade 54.24	1:42.71 117
20. Joao Afonso, MACHADO 50m: 48.05 48.05 100m: 1:46.47	06	Vigor da Mocidade 58.42	1:46.47 105
21. Simao Pimenta, CATARINO 50m: 55.09 55.09 100m: 1:49.92	06	Fundacao Beatriz Santos 54.83	1:49.92 95
22. Francisco Oliveira, CARREIRO 50m: 53.70 53.70 100m: 1:53.40	06	Uniao Eirense 59.70	1:53.40 87
DSQ Henrique Tavares, DIAS <i>Falsa partida</i>	06	Nautico Coimbra	
DNS Dinis Lopes, ABRANTES	06	Bombeiros Mealhada/CA	
EXH Bernardo Jorge, VENTURA 50m: 35.94 35.94 100m: 1:15.76	03	Academica de Coimbra 39.82	1:15.76 292

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 13 Femin., 400m Livres Inf A e B
08-12-2018 - 16:30 Resultados

Rec Nac Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19-07-1980
Rec Nac Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009
Rec Reg ANC Absoluto	4:18.48	Maria Miguel, VELOSO	CNAC		13-06-2009
Rec Reg ANC Inf A	4:34.72	Sara Sofia, ALVES	ASSSCC		11-06-2014
Rec Reg ANC Inf B	4:45.02	Sara Sofia, ALVES	ASSSCC		11-06-2013

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	Diana Silva, TINOCO		06	Columbofila Cantanhedense				4:56.05	497
	50m:	34.25 34.25	150m:	1:48.86	37.49	250m:	3:03.96 37.44	350m:	4:19.36 37.78
	100m:	1:11.37 37.12	200m:	2:26.52	37.66	300m:	3:41.58 37.62	400m:	4:56.05 36.69
2.	Maria Neto, FERREIRA		06	Fundacao Beatriz Santos				5:05.46	452
	50m:	34.48 34.48	150m:	1:52.24	38.88	250m:	3:10.51 39.38	350m:	4:28.24 38.28
	100m:	1:13.36 38.88	200m:	2:31.13	38.89	300m:	3:49.96 39.45	400m:	5:05.46 37.22
3.	Matilde Neves, CRAVEIRO		06	Academica de Coimbra				5:06.56	447
	50m:	34.17 34.17	150m:	1:50.56	39.06	250m:	3:08.60 39.05	350m:	4:28.72 39.82
	100m:	1:11.50 37.33	200m:	2:29.55	38.99	300m:	3:48.90 40.30	400m:	5:06.56 37.84
4.	Marta Andre, AGUILAR		07	Fundacao Beatriz Santos				5:06.83	446
	50m:	34.66 34.66	150m:	1:52.66	39.93	250m:	3:12.24 39.97	350m:	4:29.71 38.38
	100m:	1:12.73 38.07	200m:	2:32.27	39.61	300m:	3:51.33 39.09	400m:	5:06.83 37.12
5.	Anita Gouveia, COSTA		06	Uniao Coimbra				5:10.43	431
	50m:	36.39 36.39	150m:	1:56.21	40.22	250m:	3:14.78 38.92	350m:	4:33.51 39.16
	100m:	1:15.99 39.60	200m:	2:35.86	39.65	300m:	3:54.35 39.57	400m:	5:10.43 36.92
6.	Catarina Cunha, BELO		06	Fundacao Beatriz Santos				5:11.61	426
	50m:	35.66 35.66	150m:	1:55.05	39.90	250m:	3:14.11 39.60	350m:	4:33.71 39.35
	100m:	1:15.15 39.49	200m:	2:34.51	39.46	300m:	3:54.36 40.25	400m:	5:11.61 37.90
7.	Leonor Mil, MANO		07	Fundacao Beatriz Santos				5:11.98	424
	50m:	34.84 34.84	150m:	1:55.29	40.71	250m:	3:15.41 40.11	350m:	4:34.45 39.33
	100m:	1:14.58 39.74	200m:	2:35.30	40.01	300m:	3:55.12 39.71	400m:	5:11.98 37.53
8.	Laura Almeida, PINA		07	O Crasto				5:13.56	418
	50m:	35.27 35.27	150m:	1:55.84	40.36	250m:	3:15.72 39.79	350m:	4:36.39 40.52
	100m:	1:15.48 40.21	200m:	2:35.93	40.09	300m:	3:55.87 40.15	400m:	5:13.56 37.17
9.	Matilde Fonseca, OLIVEIRA		06	Miranda do Corvo				5:15.33	411
	50m:	36.20 36.20	150m:	1:54.35	39.36	250m:	3:14.76 40.45	350m:	4:35.36 40.82
	100m:	1:14.99 38.79	200m:	2:34.31	39.96	300m:	3:54.54 39.78	400m:	5:15.33 39.97
10.	Mariana Fonseca, SILVA		06	Condeixa Clube				5:18.90	397
	50m:	36.61 36.61	150m:	1:57.46	41.05	250m:	3:19.88 41.36	350m:	4:41.77 40.50
	100m:	1:16.41 39.80	200m:	2:38.52	41.06	300m:	4:01.27 41.39	400m:	5:18.90 37.13
11.	Madalena Barra, MEDEIROS		06	Vigor da Mocidade				5:27.83	366
	50m:	36.64 36.64	150m:	2:00.86	42.79	250m:	3:26.06 42.54	350m:	4:48.85 40.94
	100m:	1:18.07 41.43	200m:	2:43.52	42.66	300m:	4:07.91 41.85	400m:	5:27.83 38.98
12.	Francisca Carvalho, SOUSA		06	Miranda do Corvo				5:29.33	361
	50m:	37.79 37.79	150m:	2:01.14	42.02	250m:	3:25.57 42.27	350m:	4:49.72 42.42
	100m:	1:19.12 41.33	200m:	2:43.30	42.16	300m:	4:07.30 41.73	400m:	5:29.33 39.61
13.	Beatriz Andre, GASPAR		06	Nautico Coimbra				5:32.66	350
	50m:	39.05 39.05	150m:	2:03.62	42.31	250m:	3:27.25 41.47	350m:	4:51.07 41.87
	100m:	1:21.31 42.26	200m:	2:45.78	42.16	300m:	4:09.20 41.95	400m:	5:32.66 41.59
14.	Maria Vitoria, GRILO		06	Nautico Coimbra				5:34.23	345
	50m:	36.62 36.62	150m:	1:58.84	42.12	250m:	3:26.41 43.57	350m:	4:53.37 42.92
	100m:	1:16.72 40.10	200m:	2:42.84	44.00	300m:	4:10.45 44.04	400m:	5:34.23 40.86
	Cristiana Sofia, ESCADA		07	Academica de Coimbra				5:34.23	345
	50m:	37.93 37.93	150m:	2:02.56	42.43	250m:	3:27.46 42.11	350m:	4:53.58 43.01
	100m:	1:20.13 42.20	200m:	2:45.35	42.79	300m:	4:10.57 43.11	400m:	5:34.23 40.65

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 13, Femin., 400m Livres, Inf A e B

Lugar	Ano	Tempo final	Pts
16. Ines Miranda, DIOGO	07 Fundacao Beatriz Santos	5:34.55	344
50m: 38.15 38.15 150m: 2:02.79 42.77 250m: 3:28.25 42.78 350m: 4:54.03 42.82	100m: 1:20.02 41.87 200m: 2:45.47 42.68 300m: 4:11.21 42.96 400m: 5:34.55 40.52		
17. Margarida Gomes, OLIVEIRA	07 O Crasto	5:35.05	342
50m: 37.31 37.31 150m: 2:03.48 44.10 250m: 3:30.45 44.08 350m: 4:56.72 43.45	100m: 1:19.38 42.07 200m: 2:46.37 42.89 300m: 4:13.27 42.82 400m: 5:35.05 38.33		
18. Matilde Monteiro, PEREIRA	06 O Crasto	5:35.91	340
50m: 38.04 38.04 150m: 2:02.99 43.11 250m: 3:29.14 42.77 350m: 4:55.48 42.47	100m: 1:19.88 41.84 200m: 2:46.37 43.38 300m: 4:13.01 43.87 400m: 5:35.91 40.43		
19. Ines Rodrigues, ALMEIDA	06 O Crasto	5:41.29	324
50m: 37.00 37.00 150m: 2:02.08 43.11 250m: 3:30.66 44.85 350m: 4:58.97 43.65	100m: 1:18.97 41.97 200m: 2:45.81 43.73 300m: 4:15.32 44.66 400m: 5:41.29 42.32		
20. Joana Calado, CRUZ	07 Fundacao Beatriz Santos	5:44.91	314
50m: 39.02 39.02 150m: 2:08.90 45.40 250m: 3:35.95 42.64 350m: 5:04.11 43.96	100m: 1:23.50 44.48 200m: 2:53.31 44.41 300m: 4:20.15 44.20 400m: 5:44.91 40.80		
21. Bianca Filipa, ALMEIDA	07 Alges e Agueda XXI	5:48.33	305
50m: 42.02 42.02 150m: 2:09.63 44.58 250m: 3:37.12 43.43 350m: 5:05.89 43.82	100m: 1:25.05 43.03 200m: 2:53.69 44.06 300m: 4:22.07 44.95 400m: 5:48.33 42.44		
22. Luna Almeida, RODRIGUES	07 Columbofila Cantanhedense	6:18.07	238
50m: 43.04 43.04 150m: 2:19.42 49.23 250m: 3:55.90 48.29 350m: 5:31.88 47.60	100m: 1:30.19 47.15 200m: 3:07.61 48.19 300m: 4:44.28 48.38 400m: 6:18.07 46.19		
23. Cristiana Sofia, DUARTE	07 Vigor da Mocidade	6:37.46	205
50m: 43.35 43.35 150m: 2:24.37 50.99 250m: 4:06.75 51.59 350m: 5:49.12 51.15	100m: 1:33.38 50.03 200m: 3:15.16 50.79 300m: 4:57.97 51.22 400m: 6:37.46 48.34		
DNS Matilde Batista, FERREIRA	06 Fundacao Beatriz Santos		
DNS Leonor Duarte, VEIGA	07 Vigor da Mocidade		

Prova 13 Femin., 400m Livres Sen
08-12-2018 - 16:30 Resultados

Rec Nac Absoluto	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Nac Sen	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec Reg ANC Absoluto	4:18.48	Maria Miguel, VELOSO	CNAC		13-06-2009
Rec Reg ANC Sen	4:20.62	Florbela Cavaco, MACHADO	CNAC		12-06-2013

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
DSQ Barbara Ines, GOMES	91 APC Coimbra		
<i>Falsa partida</i>			
EXH Beatriz Almeida, PIRES	03 Uniao Coimbra	4:42.99	569
50m: 32.30 32.30 150m: 1:42.59 35.29 250m: 2:53.25 35.47 350m: 4:06.94 37.25	100m: 1:07.30 35.00 200m: 2:17.78 35.19 300m: 3:29.69 36.44 400m: 4:42.99 36.05		
EXH Mariana Pinto, ANGELO	99 Academica de Coimbra	4:43.27	567
50m: 32.73 32.73 150m: 1:43.16 35.46 250m: 2:54.76 35.90 350m: 4:07.46 36.30	100m: 1:07.70 34.97 200m: 2:18.86 35.70 300m: 3:31.16 36.40 400m: 4:43.27 35.81		
EXH Ines Mariana, PINHEIRO	03 Academica de Coimbra	4:49.99	528
50m: 33.73 33.73 150m: 1:45.52 36.06 250m: 2:59.35 37.25 350m: 4:14.35 37.44	100m: 1:09.46 35.73 200m: 2:22.10 36.58 300m: 3:36.91 37.56 400m: 4:49.99 35.64		
EXH Ana Filipa, SILVA	04 Academica de Coimbra	5:13.66	417
50m: 36.06 36.06 150m: 1:56.28 40.48 250m: 3:15.68 39.66 350m: 4:35.07 39.70	100m: 1:15.80 39.74 200m: 2:36.02 39.74 300m: 3:55.37 39.69 400m: 5:13.66 38.59		
EXH Matilde Santos, CARDOSO	05 Fundacao Beatriz Santos	5:23.77	380
50m: 35.14 35.14 150m: 1:56.25 41.11 250m: 3:20.32 42.34 350m: 4:43.05 41.76	100m: 1:15.14 40.00 200m: 2:37.98 41.73 300m: 4:01.29 40.97 400m: 5:23.77 40.72		

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 13, Femin., 400m Livres

Lugar	Ano	Tempo final	Pts
EXH Laura Rodrigues, MARGATO	04 Academica de Coimbra	5:30.26	358
50m: 37.51 37.51 150m: 2:01.25 42.76 250m: 3:26.00 42.19 350m: 4:49.86 41.61			
100m: 1:18.49 40.98 200m: 2:43.81 42.56 300m: 4:08.25 42.25 400m: 5:30.26 40.40			

Prova 14

Masc., 400m Livres

Inf A e B

08-12-2018 - 17:00

Resultados

Rec Nac Absoluto	3:42.91	Miguel Duarte, NASCIMENTO	SLB	Porto	09-12-2017
Rec Nac Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29-03-2014
Rec Nac Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003
Rec Reg ANC Absoluto	3:50.02	Tomas Miguel, VELOSO			13-11-2017
Rec Reg ANC Inf A	4:20.77	Diogo Matos, RIBEIRO	CUC	S. Joao da Mdeira	20-07-2018
Rec Reg ANC Inf B	4:35.42	Diogo Matos, RIBEIRO	CNAC		13-06-2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Guilherme Maia, CARDOSO	05 Columbofila Cantanhedense	4:32.94	470
50m: 31.78 31.78 150m: 1:39.66 34.29 250m: 2:49.31 34.58 350m: 3:59.31 35.16			
100m: 1:05.37 33.59 200m: 2:14.73 35.07 300m: 3:24.15 34.84 400m: 4:32.94 33.63			
2. Afonso Miguel, AMADO	05 Miranda do Corvo	4:41.59	428
50m: 32.80 32.80 150m: 1:43.58 35.44 250m: 2:55.85 36.14 350m: 4:07.78 35.59			
100m: 1:08.14 35.34 200m: 2:19.71 36.13 300m: 3:32.19 36.34 400m: 4:41.59 33.81			
3. Eduardo Gabriel, VIEIRA	05 Bombeiros Mealhada/CA	4:47.94	400
50m: 31.27 31.27 150m: 1:39.12 34.24 250m: 2:52.09 37.40 350m: 4:09.79 39.19			
100m: 1:04.88 33.61 200m: 2:14.69 35.57 300m: 3:30.60 38.51 400m: 4:47.94 38.15			
4. Samuel Baptista, FIGUEIRA	05 Fundacao Beatriz Santos	4:49.97	392
50m: 32.80 32.80 150m: 1:45.46 36.61 250m: 3:00.15 37.51 350m: 4:15.58 37.88			
100m: 1:08.85 36.05 200m: 2:22.64 37.18 300m: 3:37.70 37.55 400m: 4:49.97 34.39			
5. Jose Miguel, ROCHA	05 Columbofila Cantanhedense	4:50.67	389
50m: 33.20 33.20 150m: 1:46.87 37.23 250m: 3:01.10 37.33 350m: 4:15.42 36.85			
100m: 1:09.64 36.44 200m: 2:23.77 36.90 300m: 3:38.57 37.47 400m: 4:50.67 35.25			
6. Tomas Varanda, OLIVEIRA	06 Columbofila Cantanhedense	5:00.00	354
50m: 34.01 34.01 150m: 1:49.88 38.59 250m: 3:06.28 38.25 350m: 4:23.39 38.49			
100m: 1:11.29 37.28 200m: 2:28.03 38.15 300m: 3:44.90 38.62 400m: 5:00.00 36.61			
7. Joao Neves, ALMEIDA	05 Fundacao Beatriz Santos	5:02.87	344
50m: 34.24 34.24 150m: 1:53.01 39.84 250m: 3:10.69 38.38 350m: 4:26.91 37.56			
100m: 1:13.17 38.93 200m: 2:32.31 39.30 300m: 3:49.35 38.66 400m: 5:02.87 35.96			
8. Lucas Coelho, NORA	05 Columbofila Cantanhedense	5:03.60	341
50m: 34.42 34.42 150m: 1:51.01 38.31 250m: 3:08.65 38.62 350m: 4:26.09 38.80			
100m: 1:12.70 38.28 200m: 2:30.03 39.02 300m: 3:47.29 38.64 400m: 5:03.60 37.51			
9. Abel Renato, FERREIRA	05 Alges e Agueda XXI	5:03.96	340
50m: 34.04 34.04 150m: 1:51.09 39.16 250m: 3:09.18 39.09 350m: 4:27.08 38.76			
100m: 1:11.93 37.89 200m: 2:30.09 39.00 300m: 3:48.32 39.14 400m: 5:03.96 36.88			
10. Joao Pinto, FIGUEIREDO	06 O Crasto	5:06.83	331
50m: 33.38 33.38 150m: 1:51.97 39.93 250m: 3:11.49 39.65 350m: 4:30.82 39.50			
100m: 1:12.04 38.66 200m: 2:31.84 39.87 300m: 3:51.32 39.83 400m: 5:06.83 36.01			
11. Miguel Bernardo, ARAUJO	06 Condeixa Clube	5:08.36	326
50m: 34.64 34.64 150m: 1:52.99 39.60 250m: 3:12.72 39.60 350m: 4:31.81 39.71			
100m: 1:13.39 38.75 200m: 2:33.12 40.13 300m: 3:52.10 39.38 400m: 5:08.36 36.55			
12. Daniel Batista, TAVARES	06 Alges e Agueda XXI	5:11.96	314
50m: 33.44 33.44 150m: 1:54.04 41.31 250m: 3:14.54 40.59 350m: 4:33.73 39.65			
100m: 1:12.73 39.29 200m: 2:33.95 39.91 300m: 3:54.08 39.54 400m: 5:11.96 38.23			
13. Joao Rafael, FERREIRA	06 Fundacao Beatriz Santos	5:13.41	310
50m: 33.62 33.62 150m: 1:53.80 40.64 250m: 3:15.11 40.25 350m: 4:35.42 40.23			
100m: 1:13.16 39.54 200m: 2:34.86 41.06 300m: 3:55.19 40.08 400m: 5:13.41 37.99			

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 14, Masc., 400m Livres, Inf A e B

Lugar			Ano					Tempo final	Pts
14.	Guilherme Marques, PEREIRA		06	Condeixa Clube				5:14.02	308
	50m:	34.72 34.72	150m:	1:53.41	39.91	250m:	3:13.95 40.14	350m:	4:35.07 40.99
	100m:	1:13.50 38.78	200m:	2:33.81	40.40	300m:	3:54.08 40.13	400m:	5:14.02 38.95
15.	Tomas Veiga, PEREIRA		06	Fundacao Beatriz Santos				5:20.11	291
	50m:	37.33 37.33	150m:	1:59.28	41.19	250m:	3:21.35 41.13	350m:	4:41.76 40.29
	100m:	1:18.09 40.76	200m:	2:40.22	40.94	300m:	4:01.47 40.12	400m:	5:20.11 38.35
16.	Rodrigo Ferreira, RODRIGUES		05	O Crasto				5:20.87	289
	50m:	36.01 36.01	150m:	1:57.39	41.15	250m:	3:20.11 41.35	350m:	4:42.72 41.24
	100m:	1:16.24 40.23	200m:	2:38.76	41.37	300m:	4:01.48 41.37	400m:	5:20.87 38.15
17.	Gabriel Cunha, TEIXEIRA		06	Alges e Agueda XXI				5:22.96	283
	50m:	36.63 36.63	150m:	1:59.59	41.72	250m:	3:22.24 41.24	350m:	4:43.55 40.51
	100m:	1:17.87 41.24	200m:	2:41.00	41.41	300m:	4:03.04 40.80	400m:	5:22.96 39.41
18.	Joao Neves, LUCAS		06	Columbofila Cantanhedense				5:24.94	278
	50m:	36.12 36.12	150m:	1:57.55	41.20	250m:	3:19.96 41.15	350m:	4:41.32 40.26
	100m:	1:16.35 40.23	200m:	2:38.81	41.26	300m:	4:01.06 41.10	400m:	5:24.94 43.62
19.	Simao Jesus, SILVA		06	Columbofila Cantanhedense				5:28.37	270
	50m:	38.29 38.29	150m:	2:01.95	42.19	250m:	3:25.26 41.67	350m:	4:48.06 41.11
	100m:	1:19.76 41.47	200m:	2:43.59	41.64	300m:	4:06.95 41.69	400m:	5:28.37 40.31
20.	Miguel Cunha, GASPAS		06	Columbofila Cantanhedense				5:29.12	268
	50m:	36.29 36.29	150m:	1:58.59	41.13	250m:	3:22.88 42.35	350m:	4:47.74 42.22
	100m:	1:17.46 41.17	200m:	2:40.53	41.94	300m:	4:05.52 42.64	400m:	5:29.12 41.38
21.	Filipe Cruz, SIMOES		06	Miranda do Corvo				5:30.18	265
	50m:	38.64 38.64	150m:	2:04.37	42.85	250m:	3:27.30 41.63	350m:	4:49.50 40.34
	100m:	1:21.52 42.88	200m:	2:45.67	41.30	300m:	4:09.16 41.86	400m:	5:30.18 40.68
22.	Tome Santiago, MENDES		05	Vigor da Mocidade				5:38.32	246
	50m:	39.77 39.77	150m:	2:03.67	42.09	250m:	3:30.68 43.13	350m:	4:57.60 43.67
	100m:	1:21.58 41.81	200m:	2:47.55	43.88	300m:	4:13.93 43.25	400m:	5:38.32 40.72
23.	Edgar Tavares, MENDES		06	Academica de Coimbra				5:44.22	234
	50m:	37.53 37.53	150m:	2:04.60	44.01	250m:	3:33.08 43.99	350m:	5:01.57 44.14
	100m:	1:20.59 43.06	200m:	2:49.09	44.49	300m:	4:17.43 44.35	400m:	5:44.22 42.65
24.	Bruno Costa, RODRIGUES		06	Columbofila Cantanhedense				5:48.74	225
	50m:	39.15 39.15	150m:	2:07.70	44.28	250m:	3:36.03 44.11	350m:	5:05.51 44.54
	100m:	1:23.42 44.27	200m:	2:51.92	44.22	300m:	4:20.97 44.94	400m:	5:48.74 43.23
25.	Henrique Ferreira, MARTINS		06	Alges e Agueda XXI				5:50.89	221
	50m:	39.07 39.07	150m:	2:09.10	45.04	250m:	3:40.40 45.21	350m:	5:11.29 45.72
	100m:	1:24.06 44.99	200m:	2:55.19	46.09	300m:	4:25.57 45.17	400m:	5:50.89 39.60
26.	Gustavo Teixeira, PIRES		06	Columbofila Cantanhedense				5:52.12	219
	50m:	41.39 41.39	150m:	2:12.33	45.62	250m:	3:43.29 45.23	350m:	5:12.30 44.61
	100m:	1:26.71 45.32	200m:	2:58.06	45.73	300m:	4:27.69 44.40	400m:	5:52.12 39.82
27.	Joao Ferreira, MARQUES		06	Academica de Coimbra				6:10.86	187
	50m:	39.27 39.27	150m:	2:11.05	46.53	250m:	3:48.34 48.47	350m:	5:23.25 47.19
	100m:	1:24.52 45.25	200m:	2:59.87	48.82	300m:	4:36.06 47.72	400m:	6:10.86 47.61
28.	Henrique Tavares, DIAS		06	Nautico Coimbra				6:26.29	165
	50m:	43.60 43.60	150m:	2:21.01	49.60	250m:	4:01.96 50.54	350m:	5:40.67 48.55
	100m:	1:31.41 47.81	200m:	3:11.42	50.41	300m:	4:52.12 50.16	400m:	6:26.29 45.62
29.	Bernardo Jose, SIMOES		06	Vigor da Mocidade				7:04.36	125
	50m:	46.53 46.53	150m:	2:35.05	55.12	250m:	4:24.51 53.91	350m:	6:15.06 53.11
	100m:	1:39.93 53.40	200m:	3:30.60	55.55	300m:	5:21.95 57.44	400m:	7:04.36 49.30
DNS	Diogo Afonso, CARREIRA		05	Academica de Coimbra					
DNF	Joao Afonso, MACHADO		06	Vigor da Mocidade					
EXH	Ricardo Martins, CARVALHO		03	Fundacao Beatriz Santos				4:44.64	414
	50m:	32.68 32.68	150m:	1:43.85	35.92	250m:	2:56.65 36.26	350m:	4:09.32 36.42
	100m:	1:07.93 35.25	200m:	2:20.39	36.54	300m:	3:32.90 36.25	400m:	4:44.64 35.32

X Memorial Luiz Lopes da Conceição
Coimbra, 8-12-2018

Prova 15 Femin., 4 x 50m Estilos Inf A e B
08-12-2018 - 17:40 Resultados

Rec Nac	1:53.38	Futebol Clube do Porto	FCP	Porto	08-12-2012
Rec Reg ANC Absoluto	2:01.04	Clube Náutico Académico de Coim	CNAC		23-07-2009
Rec Reg ANC Inf A	2:14.31	Clube Náutico Académico de Coim	CNAC		23-07-2010
Rec Reg ANC Inf A/B	2:14.31	Clube Nautico Academico de Coim	CNAC		13-11-2010
Rec Reg ANC Inf B	2:23.73	Clube Náutico Académico de Coim	CNAC		19-07-2009

Pontos: FINA 2018

Lugar				Tempo final	Pts
1.	Fundacao Beatriz Santos Inf		Fundacao Beatriz Santos	2:29.92	326
	Joana Ventura, PAIS	06	38.17 Matilde Batista, FERREIRA	06	35.87
	Beatriz Silva, NEVES	06	42.78 Ines Alves, DIAS	06	33.10
2.	O Crasto Inf		O Crasto	2:39.11	273
	Nancy Almeida, RODRIGUES	07	40.50 Matilde Monteiro, PEREIRA	06	39.59
	Leonor Garcia, FERNANDES	07	44.79 Margarida Gomes, OLIVEIRA	07	34.23
3.	Academica de Coimbra Inf		Academica de Coimbra	2:41.24	262
	Cristiana Sofia, ESCADA	07	41.30 Matilde Neves, CRAVEIRO	06	34.32
	Mariana Vaz, ALVES	06	45.40 Maria Ines, VITAL	06	40.22
4.	Nautico Coimbra Inf		Nautico Coimbra	2:51.85	217
	Joana Filipa, VARELA	06	41.88 Lara Carvalho, SANTOS	07	49.37
	Beatriz Andre, GASPAR	06	47.00 Maria Vitoria, GRILO	06	33.60
EXH	Academica de Coimbra Abs		Academica de Coimbra	2:12.82	470
	Mariana Pinto, ANGELO	99	35.76 Beatriz Costa, TEJO	02	29.73
	Ines Mariana, PINHEIRO	03	38.64 Ana Carolina, NEVES	00	28.69
EXH	Academica Coimbra Juv		Academica de Coimbra	2:37.46	282
	Joana Beatriz, RODRIGUES	04	40.14 Laura Rodrigues, MARGATO	04	41.97
	Beatriz Beja, AFONSO	04	43.89 Ana Filipa, SILVA	04	31.46

Prova 16 Masc., 4 x 50m Estilos Inf A e B
08-12-2018 - 17:40 Resultados

Rec Nac	1:38.95	CCD Estrelas S. Joao de Brito	ESJB	Porto	20-12-2014
Rec Reg ANC Absoluto	1:43.00	Clube Náutico Académico de Coim	CNAC		14-06-2011
Rec Reg ANC Inf A	2:04.21	Clube Nautico Academico de Coimbra			13-11-2012
Rec Reg ANC Inf A/B	2:04.21	Clube Náutico Académico de Coim	CNAC		19-07-2012
Rec Reg ANC Inf B	2:14.09	Coliumbofila Cantanhedense			13-11-2010

Pontos: FINA 2018

Lugar				Tempo final	Pts
1.	Bombeiros Mealhada/CA Inf		Bombeiros Mealhada/CA	2:19.08	274
	Rafael Pereira, PESSOA	05	35.72 Eduardo Gabriel, VIEIRA	05	29.62
	Pedro Ferreira, DUARTE	05	44.76 Francisco Xavier, AMARAL	05	28.98
2.	Fundacao Beatriz Santos Inf		Fundacao Beatriz Santos	2:22.37	256
	Joao Rafael, FERREIRA	06	36.97 Tomas Nolan, SANTOS	06	34.15
	Duarte Jose, FERNANDES	06	39.88 Joao Neves, ALMEIDA	05	31.37
3.	Alges e Agueda XXI Inf		Alges e Agueda XXI	2:30.99	214
	Abel Renato, FERREIRA	05	39.18 Henrique Ferreira, MARTINS	06	37.68
	Daniel Batista, TAVARES	06	41.03 Gabriel Cunha, TEIXEIRA	06	33.10
4.	Academica de Coimbra Inf		Academica de Coimbra	2:32.45	208
	Joao Ferreira, MARQUES	06	41.21 Edgar Tavares, MENDES	06	36.05
	Antonio, GLAVATSKYY	05	41.39 Miguel Joao, PINHEIRO	06	33.80
5.	Condeixa Clube Inf		Condeixa Clube	2:39.04	183
	Tomas Cardoso, GERALDO	05	38.15 Diogo Cura, NEVES	06	38.50
	Jose Miguel, MARQUES	06	44.07 Francisco Couto, FRAZAO	06	38.32
6.	Miranda do Corvo Inf		Miranda do Corvo	2:48.25	155
	Pedro Fernandes, CARVALHO	06	39.56 Simao Domingues, PAZ	06	32.21
	Afonso Jose, FRANCISCO	06	58.33 Guilherme Jose, BASTOS	06	38.15