

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

1 - 1ª Jornada

11-05-2019 - 15:30

Prova 1 11-05-2019 - 15:30	Masc., 100m Mariposa				Juvenis B Resultados
Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Juv B	56.85	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019
Rec Reg ANC Absoluto	54.16	Gabriel Jose, LOPES	ALN		2018
Rec Reg ANC Juv B	57.85	Diogo Matos, RIBEIRO	CUC		2019

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Diogo Matos, RIBEIRO <i>Rec Reg ANC</i>		04	Uniao Coimbra		<b>57.13</b>	596
	50m:	27.10 27.10	100m:	57.13	30.03		
2.	Dinis Miranda, DIOGO		04	Fundacao Beatriz Santos		<b>1:01.57</b>	476
	50m:	28.47 28.47	100m:	1:01.57	33.10		
3.	Alexandre Viegas, MARTINS		04	Uniao Coimbra		<b>1:02.63</b>	452
	50m:	29.48 29.48	100m:	1:02.63	33.15		
4.	Gustavo Pires, MARQUES		04	Fundacao Beatriz Santos		<b>1:03.53</b>	433
	50m:	30.16 30.16	100m:	1:03.53	33.37		
5.	Rui Mamede, SANTOS		04	Uniao Coimbra		<b>1:03.94</b>	425
	50m:	30.03 30.03	100m:	1:03.94	33.91		
6.	Jose Diogo, DIAS		04	Fundacao Beatriz Santos		<b>1:05.58</b>	394
	50m:	30.07 30.07	100m:	1:05.58	35.51		
7.	Pedro Miguel, FLORIDO		04	Fundacao Beatriz Santos		<b>1:06.20</b>	383
	50m:	30.72 30.72	100m:	1:06.20	35.48		
8.	Rafael Alves, CAMPOS		04	S. Pedro Alva		<b>1:07.05</b>	368
	50m:	31.15 31.15	100m:	1:07.05	35.90		
9.	Goncalo Daniel, OLIVEIRA		04	Fundacao Beatriz Santos		<b>1:08.68</b>	343
	50m:	31.83 31.83	100m:	1:08.68	36.85		
10.	Tiago Andre, POIARES		04	Fundacao Beatriz Santos		<b>1:09.84</b>	326
	50m:	32.52 32.52	100m:	1:09.84	37.32		
11.	Afonso Corte-Real, GRILO		04	Fundacao Beatriz Santos		<b>1:14.11</b>	273
	50m:	35.21 35.21	100m:	1:14.11	38.90		
12.	Carlos Martins, MARQUES		04	Uniao Coimbra		<b>1:14.12</b>	272
	50m:	34.45 34.45	100m:	1:14.12	39.67		
13.	Cristiano Rodrigues, FERNANDES		04	Louzan Natacao		<b>1:14.89</b>	264
	50m:	35.79 35.79	100m:	1:14.89	39.10		
14.	Renato Maria, FERREIRA		04	Vigor da Mocidade		<b>1:18.66</b>	228
	50m:	35.72 35.72	100m:	1:18.66	42.94		
DNS	Goncalo Brites, MOITA		04	Uniao Coimbra			

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 1, Masc., 100m Mariposa

Prova 1  
11-05-2019 - 15:30 Masc., 100m Mariposa Juvenis A Resultados

Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Juv A	55.60	Diogo Gomes, SOUSA	CNCVG	Porto	2010
Rec Reg ANC Absoluto	54.16	Gabriel Jose, LOPES	ALN		2018
Rec Reg ANC Juv A	57.36	André Gouveia, COSTA	CAQC		2016

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
1. Manuel Baptista, SIMOES	03	Uniao Coimbra	<b>59.43</b>		529
50m: 27.96 27.96	100m: 59.43	31.47			
2. Martim Miranda, MACHADO	03	Uniao Coimbra	<b>1:03.03</b>		443
50m: 29.59 29.59	100m: 1:03.03	33.44			
3. Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>1:04.89</b>		406
50m: 30.17 30.17	100m: 1:04.89	34.72			
4. Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos	<b>1:06.92</b>		370
50m: 31.09 31.09	100m: 1:06.92	35.83			
5. David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>1:07.95</b>		354
50m: 32.02 32.02	100m: 1:07.95	35.93			
6. Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos	<b>1:08.15</b>		351
50m: 32.29 32.29	100m: 1:08.15	35.86			
7. Filipe Apostolo, GASPAR	03	Freguesia de Paiao	<b>1:11.17</b>		308
50m: 33.76 33.76	100m: 1:11.17	37.41			
8. Bernardo Jorge, VENTURA	03	Academica de Coimbra	<b>1:12.23</b>		294
50m: 32.81 32.81	100m: 1:12.23	39.42			
9. Tomas Alexandre, LARANJEIRA	03	S. Pedro Alva	<b>1:14.76</b>		266
50m: 33.69 33.69	100m: 1:14.76	41.07			

Prova 1  
11-05-2019 - 15:30 Masc., 100m Mariposa Juniores Resultados

Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Jun18	53.87	Tiago Andre, VENANCIO	CNS	Cantanhede	2004
Rec Nac Jun17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	2004
Rec Reg ANC Absoluto	54.16	Gabriel Jose, LOPES	ALN		2018
Rec Reg ANC Jun18	55.51	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	57.06	Gabriel José, LOPES	CDL		2014

Pontos: FINA 2018

Lugar	Ano		Tempo final		Pts
1. Ricardo Jorge, DOMINGUES	02	Fundacao Beatriz Santos	<b>57.92</b>		572
50m: 26.73 26.73	100m: 57.92	31.19			
2. Miguel Freitas, OVIEDO	02	Academica de Coimbra	<b>59.99</b>		514
50m: 28.22 28.22	100m: 59.99	31.77			
3. Pedro Simoes, RODRIGUES	01	Uniao Coimbra	<b>1:00.11</b>		511
50m: 28.22 28.22	100m: 1:00.11	31.89			
4. Bernardo Vinagre, ARZILEIRO	01	Uniao Coimbra	<b>1:00.24</b>		508
50m: 27.97 27.97	100m: 1:00.24	32.27			
5. Tomas Pedrosa, MIGUEL	02	Condeixa Clube	<b>1:02.82</b>		448
50m: 29.80 29.80	100m: 1:02.82	33.02			
6. Gabriel Jose, FIGUEIRA	01	Academica de Coimbra	<b>1:04.11</b>		421
50m: 30.16 30.16	100m: 1:04.11	33.95			
7. Duarte Anastacio, SOUSA	02	Uniao Coimbra	<b>1:04.25</b>		419
50m: 29.50 29.50	100m: 1:04.25	34.75			

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 1, Masc., 100m Mariposa, Juniores

Lugar	Ano	Tempo final	Pts
8. Rui Joao, MARQUES 50m: 30.62 30.62 100m: 1:04.82 34.20	02 Nautico Academico	<b>1:04.82</b>	408
9. Alberto Antonio, SANTOS 50m: 30.37 30.37 100m: 1:04.84 34.47	01 S. Pedro Alva	<b>1:04.84</b>	407
10. Joao Neto, PEREIRA 50m: 30.20 30.20 100m: 1:05.45 35.25	02 Fundacao Beatriz Santos	<b>1:05.45</b>	396
11. Joao Pedro, DIAS 50m: 30.96 30.96 100m: 1:06.10 35.14	02 Fundacao Beatriz Santos	<b>1:06.10</b>	384
12. Joao Ventura, PAIS 50m: 31.26 31.26 100m: 1:07.58 36.32	02 Fundacao Beatriz Santos	<b>1:07.58</b>	360
13. Gabriel Jose, JULIO 50m: 30.91 30.91 100m: 1:07.77 36.86	01 Academica de Coimbra	<b>1:07.77</b>	357
14. Vasco Pereira, BASTOS 50m: 31.58 31.58 100m: 1:08.23 36.65	02 Nautico Academico	<b>1:08.23</b>	349
15. Claudio Rafael, CORDEIRO 50m: 32.10 32.10 100m: 1:09.01 36.91	02 Individual ANC	<b>1:09.01</b>	338
16. Diogo Miguel, PISCO 50m: 31.53 31.53 100m: 1:09.75 38.22	01 S. Pedro Alva	<b>1:09.75</b>	327
17. Goncalo Soares, RAMOS 50m: 35.18 35.18 100m: 1:18.14 42.96	02 Ginasio Figueirense	<b>1:18.14</b>	232
DNS Diogo Luis, BREDA	01 Academica de Coimbra		

Prova 1  
11-05-2019 - 15:30

Masc., 100m Mariposa

Seniores  
Resultados

Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Sen	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Reg ANC Absoluto	54.16	Gabriel Jose, LOPES	ALN		2018
Rec Reg ANC Sen	54.16	Gabriel Jose, LOPES	ALN		2012

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Gustavo Almeida, MADUREIRA 50m: 26.94 26.94 100m: 58.44 31.50	94 Academica de Coimbra	<b>58.44</b>	556
2. Rodrigo Ribeiro, GOMES 50m: 28.15 28.15 100m: 1:01.45 33.30	00 Fundacao Beatriz Santos	<b>1:01.45</b>	478
3. Miguel Diogo, AGOSTINHO 50m: 29.09 29.09 100m: 1:03.26 34.17	00 Fundacao Beatriz Santos	<b>1:03.26</b>	439
DNS Gabriel Jose, LOPES	97 Louzan Natacao		

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 1, Masc., 100m Mariposa

Prova 1 11-05-2019 - 15:30	Masc., 100m Mariposa				Absoluto Resultados
Rec Nac Absoluto	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Sen	51.45	Diogo Filipe, CARVALHO	POR	Estocolmo (SWE)	2009
Rec Nac Jun18	53.87	Tiago Andre, VENANCIO	CNS	Cantanhede	2004
Rec Nac Jun17	53.97	Tiago Andre, VENANCIO	CNS	Alapraia	2004
Rec Nac Juv A	55.60	Diogo Gomes, SOUSA	CNCVCG	Porto	2010
Rec Nac Juv B	56.85	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019
Rec Nac Inf A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	2001
Rec Nac Inf B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	2000
Rec Reg ANC Absoluto	54.16	Gabriel Jose, LOPES	ALN		2018
Rec Reg ANC Sen	54.16	Gabriel Jose, LOPES	ALN		2012
Rec Reg ANC Jun18	55.51	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	57.06	Gabriel José, LOPES	CDL		2014
Rec Reg ANC Juv A	57.36	André Gouveia, COSTA	CAQC		2016
Rec Reg ANC Juv B	57.85	Diogo Matos, RIBEIRO	CUC		2019
Rec Reg ANC Inf A	59.19	Diogo Matos, RIBEIRO	CUC	S. Joao da Madeira	2018
Rec Reg ANC Inf B	1:04.47	Manuel Baptista, SIMÕES	CNAC		2016

Pontos: FINA 2018

Lugar					Ano		Tempo final	Pts
1.	Diogo Matos, RIBEIRO				04	Uniao Coimbra	<b>57.13</b>	596
	<i>Rec Reg ANC</i>							
	50m:	27.10	27.10	100m:	57.13	30.03		
2.	Ricardo Jorge, DOMINGUES				02	Fundacao Beatriz Santos	<b>57.92</b>	572
	50m:	26.73	26.73	100m:	57.92	31.19		
3.	Gustavo Almeida, MADUREIRA				94	Academica de Coimbra	<b>58.44</b>	556
	50m:	26.94	26.94	100m:	58.44	31.50		
4.	Manuel Baptista, SIMOES				03	Uniao Coimbra	<b>59.43</b>	529
	50m:	27.96	27.96	100m:	59.43	31.47		
5.	Miguel Freitas, OVIEDO				02	Academica de Coimbra	<b>59.99</b>	514
	50m:	28.22	28.22	100m:	59.99	31.77		
6.	Pedro Simoes, RODRIGUES				01	Uniao Coimbra	<b>1:00.11</b>	511
	50m:	28.22	28.22	100m:	1:00.11	31.89		
7.	Bernardo Vinagre, ARZILEIRO				01	Uniao Coimbra	<b>1:00.24</b>	508
	50m:	27.97	27.97	100m:	1:00.24	32.27		
8.	Rodrigo Ribeiro, GOMES				00	Fundacao Beatriz Santos	<b>1:01.45</b>	478
	50m:	28.15	28.15	100m:	1:01.45	33.30		
9.	Dinis Miranda, DIOGO				04	Fundacao Beatriz Santos	<b>1:01.57</b>	476
	50m:	28.47	28.47	100m:	1:01.57	33.10		
10.	Alexandre Viegas, MARTINS				04	Uniao Coimbra	<b>1:02.63</b>	452
	50m:	29.48	29.48	100m:	1:02.63	33.15		
11.	Tomas Pedrosa, MIGUEL				02	Condeixa Clube	<b>1:02.82</b>	448
	50m:	29.80	29.80	100m:	1:02.82	33.02		
12.	Martim Miranda, MACHADO				03	Uniao Coimbra	<b>1:03.03</b>	443
	50m:	29.59	29.59	100m:	1:03.03	33.44		
13.	Miguel Diogo, AGOSTINHO				00	Fundacao Beatriz Santos	<b>1:03.26</b>	439
	50m:	29.09	29.09	100m:	1:03.26	34.17		
14.	Gustavo Pires, MARQUES				04	Fundacao Beatriz Santos	<b>1:03.53</b>	433
	50m:	30.16	30.16	100m:	1:03.53	33.37		
15.	Rui Mamede, SANTOS				04	Uniao Coimbra	<b>1:03.94</b>	425
	50m:	30.03	30.03	100m:	1:03.94	33.91		
16.	Gabriel Jose, FIGUEIRA				01	Academica de Coimbra	<b>1:04.11</b>	421
	50m:	30.16	30.16	100m:	1:04.11	33.95		

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 1, Masc., 100m Mariposa, Absoluto

Lugar			Ano			Tempo final	Pts
17.	Duarte Anastacio, SOUSA	02	Uniao Coimbra	<b>1:04.25</b>	419		
	50m: 29.50 29.50	100m: 1:04.25	34.75				
18.	Rui Joao, MARQUES	02	Nautico Academico	<b>1:04.82</b>	408		
	50m: 30.62 30.62	100m: 1:04.82	34.20				
19.	Alberto Antonio, SANTOS	01	S. Pedro Alva	<b>1:04.84</b>	407		
	50m: 30.37 30.37	100m: 1:04.84	34.47				
20.	Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>1:04.89</b>	406		
	50m: 30.17 30.17	100m: 1:04.89	34.72				
21.	Joao Neto, PEREIRA	02	Fundacao Beatriz Santos	<b>1:05.45</b>	396		
	50m: 30.20 30.20	100m: 1:05.45	35.25				
22.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos	<b>1:05.58</b>	394		
	50m: 30.07 30.07	100m: 1:05.58	35.51				
23.	Joao Pedro, DIAS	02	Fundacao Beatriz Santos	<b>1:06.10</b>	384		
	50m: 30.96 30.96	100m: 1:06.10	35.14				
24.	Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos	<b>1:06.20</b>	383		
	50m: 30.72 30.72	100m: 1:06.20	35.48				
25.	Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos	<b>1:06.92</b>	370		
	50m: 31.09 31.09	100m: 1:06.92	35.83				
26.	Rafael Alves, CAMPOS	04	S. Pedro Alva	<b>1:07.05</b>	368		
	50m: 31.15 31.15	100m: 1:07.05	35.90				
27.	Joao Ventura, PAIS	02	Fundacao Beatriz Santos	<b>1:07.58</b>	360		
	50m: 31.26 31.26	100m: 1:07.58	36.32				
28.	Gabriel Jose, JULIO	01	Academica de Coimbra	<b>1:07.77</b>	357		
	50m: 30.91 30.91	100m: 1:07.77	36.86				
29.	David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>1:07.95</b>	354		
	50m: 32.02 32.02	100m: 1:07.95	35.93				
30.	Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos	<b>1:08.15</b>	351		
	50m: 32.29 32.29	100m: 1:08.15	35.86				
31.	Vasco Pereira, BASTOS	02	Nautico Academico	<b>1:08.23</b>	349		
	50m: 31.58 31.58	100m: 1:08.23	36.65				
32.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos	<b>1:08.68</b>	343		
	50m: 31.83 31.83	100m: 1:08.68	36.85				
33.	Claudio Rafael, CORDEIRO	02	Individual ANC	<b>1:09.01</b>	338		
	50m: 32.10 32.10	100m: 1:09.01	36.91				
34.	Diogo Miguel, PISCO	01	S. Pedro Alva	<b>1:09.75</b>	327		
	50m: 31.53 31.53	100m: 1:09.75	38.22				
35.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos	<b>1:09.84</b>	326		
	50m: 32.52 32.52	100m: 1:09.84	37.32				
36.	Filipe Apostolo, GASPAR	03	Freguesia de Paiao	<b>1:11.17</b>	308		
	50m: 33.76 33.76	100m: 1:11.17	37.41				
37.	Bernardo Jorge, VENTURA	03	Academica de Coimbra	<b>1:12.23</b>	294		
	50m: 32.81 32.81	100m: 1:12.23	39.42				
38.	Afonso Corte-Real, GRILLO	04	Fundacao Beatriz Santos	<b>1:14.11</b>	273		
	50m: 35.21 35.21	100m: 1:14.11	38.90				
39.	Carlos Martins, MARQUES	04	Uniao Coimbra	<b>1:14.12</b>	272		
	50m: 34.45 34.45	100m: 1:14.12	39.67				
40.	Tomas Alexandre, LARANJEIRA	03	S. Pedro Alva	<b>1:14.76</b>	266		
	50m: 33.69 33.69	100m: 1:14.76	41.07				

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 1, Masc., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
41. Cristiano Rodrigues, FERNANDES 50m: 35.79 35.79 100m: 1:14.89 39.10	04 Louzan Natacao	<b>1:14.89</b>	264
42. Goncalo Soares, RAMOS 50m: 35.18 35.18 100m: 1:18.14 42.96	02 Ginasio Figueirense	<b>1:18.14</b>	232
43. Renato Maria, FERREIRA 50m: 35.72 35.72 100m: 1:18.66 42.94	04 Vigor da Mocidade	<b>1:18.66</b>	228
DNS Gabriel Jose, LOPES	97 Louzan Natacao		
DNS Diogo Luis, BRENDA	01 Academica de Coimbra		
DNS Goncalo Brites, MOITA	04 Uniao Coimbra		
EXH Rodrigo Santos, LADEIRA 50m: 29.41 29.41 100m: 1:04.37 34.96	97 Fundacao Beatriz Santos	<b>1:04.37</b>	416
EXH Francisco Miguel, MENDES 50m: 29.94 29.94 100m: 1:05.17 35.23	01 Nautico Academico	<b>1:05.17</b>	401

Prova 2  
11-05-2019 - 15:45

Femin., 100m Mariposa

Juvenis B  
Resultados

Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Juv B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Reg ANC Absoluto	1:03.01	Inês Pereira, SILVA	CAQC		2018
Rec Reg ANC Juv B	1:04.12	Mariana Cunha, GUERRA	ASSCC		2011

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Mariana Carmo, ROSA 50m: 31.78 31.78 100m: 1:08.01 36.23	05 Louzan Natacao	<b>1:08.01</b>	517
2. Marisa Isabel, NOBRE 50m: 32.85 32.85 100m: 1:10.66 37.81	05 Columbofila Cantanhedense	<b>1:10.66</b>	461
3. Barbara Almeida, SIMOES 50m: 33.55 33.55 100m: 1:14.78 41.23	05 Uniao Coimbra	<b>1:14.78</b>	389
4. Maria Lucas, SANTOS 50m: 36.64 36.64 100m: 1:19.10 42.46	05 Condeixa Clube	<b>1:19.10</b>	329
5. Beatriz Pereira, MARQUES 50m: 38.69 38.69 100m: 1:20.70 42.01	05 Columbofila Cantanhedense	<b>1:20.70</b>	309
6. Beatriz Sa, GAMA 50m: 38.24 38.24 100m: 1:25.24 47.00	05 Condeixa Clube	<b>1:25.24</b>	262
7. Maria Ines, ALVES 50m: 38.61 38.61 100m: 1:25.30 46.69	05 Academica de Coimbra	<b>1:25.30</b>	262
8. Maria Fernandes, LOBO 50m: 39.62 39.62 100m: 1:25.53 45.91	05 Nautico Academico	<b>1:25.53</b>	260
9. Camila Cavaleiro, SILVA 50m: 40.16 40.16 100m: 1:26.49 46.33	05 Columbofila Cantanhedense	<b>1:26.49</b>	251
10. Matilde Santos, CARDOSO 50m: 39.03 39.03 100m: 1:26.75 47.72	05 Fundacao Beatriz Santos	<b>1:26.75</b>	249
11. Helena Carolina, DINIS 50m: 39.36 39.36 100m: 1:27.93 48.57	05 Academica de Coimbra	<b>1:27.93</b>	239
12. Rita Lima, PIRES 50m: 42.66 42.66 100m: 1:31.64 48.98	05 Nautico Academico	<b>1:31.64</b>	211

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Prova 2, Femin., 100m Mariposa, Juvenis B

Lugar	Ano	Tempo final	Pts
13. Maria Costa, TEJO 50m: 40.59 40.59 100m: 1:31.93 51.34	05 Academica de Coimbra	<b>1:31.93</b>	209
14. Filipa Moniz, PISSARRO 50m: 46.92 46.92 100m: 1:36.63 49.71	05 Academica de Coimbra	<b>1:36.63</b>	180
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		

Prova 2 Femin., 100m Mariposa Juvenis A  
11-05-2019 - 15:45 Resultados

Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Juv A	1:01.00	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Reg ANC Absoluto	1:03.01	Inês Pereira, SILVA	CAQC		2018
Rec Reg ANC Juv A	1:03.51	Inês Pereira, SILVA	CAQC		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, MONTEIRO 50m: 30.91 30.91 100m: 1:05.54 34.63	04 Uniao Coimbra	<b>1:05.54</b>	578
2. Joana Francisca, RODRIGUES 50m: 30.90 30.90 100m: 1:06.68 35.78	04 Uniao Coimbra	<b>1:06.68</b>	549
3. Daniela Portela, MENDES 50m: 31.82 31.82 100m: 1:09.42 37.60	04 Fundacao Beatriz Santos	<b>1:09.42</b>	486
4. Leonor Correia, PAIVA 50m: 33.02 33.02 100m: 1:10.16 37.14	04 Louzan Natacao	<b>1:10.16</b>	471
5. Maria Caetano, LAMAS 50m: 32.82 32.82 100m: 1:10.65 37.83	04 Miranda do Corvo	<b>1:10.65</b>	461
6. Leonor Correia, CUNHA 50m: 34.29 34.29 100m: 1:13.95 39.66	04 Fundacao Beatriz Santos	<b>1:13.95</b>	402
7. Mafalda Vestia, FIDALGO 50m: 34.72 34.72 100m: 1:14.69 39.97	04 Uniao Coimbra	<b>1:14.69</b>	390
8. Ana Catarina, SILVA 50m: 34.73 34.73 100m: 1:15.13 40.40	04 Fundacao Beatriz Santos	<b>1:15.13</b>	384
9. Ines Dias, CRUZ 50m: 35.70 35.70 100m: 1:15.39 39.69	04 Condeixa Clube	<b>1:15.39</b>	380
10. Maria Ines, DIONISIO 50m: 35.86 35.86 100m: 1:18.09 42.23	04 Fundacao Beatriz Santos	<b>1:18.09</b>	342
11. Ana Filipa, SILVA 50m: 37.38 37.38 100m: 1:20.83 43.45	04 Academica de Coimbra	<b>1:20.83</b>	308
12. Marta Domingues, GAMEIRO 50m: 37.67 37.67 100m: 1:21.13 43.46	04 Nautico Academico	<b>1:21.13</b>	304
13. Leonor Horta, COSTA 50m: 37.41 37.41 100m: 1:21.24 43.83	04 Individual ANC	<b>1:21.24</b>	303
14. Filipa Victor, VIEIRA 50m: 37.65 37.65 100m: 1:21.98 44.33	04 Academica de Coimbra	<b>1:21.98</b>	295
15. Joana Beatriz, RODRIGUES 50m: 38.85 38.85 100m: 1:23.03 44.18	04 Academica de Coimbra	<b>1:23.03</b>	284
16. Diana Costa, OLIVEIRA 50m: 39.09 39.09 100m: 1:26.69 47.60	04 Uniao Coimbra	<b>1:26.69</b>	249
17. Beatriz Beja, AFONSO 50m: 41.49 41.49 100m: 1:27.68 46.19	04 Academica de Coimbra	<b>1:27.68</b>	241

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 2, Femin., 100m Mariposa, Juvenis A

Lugar	Ano	Tempo final	Pts
18. Maria Beatriz, RODRIGUES 50m: 40.49 40.49 100m: 1:28.88 48.39	04 Condeixa Clube	<b>1:28.88</b>	231
19. Ana Sofia, CASTANHEIRA 50m: 40.75 40.75 100m: 1:30.63 49.88	04 Condeixa Clube	<b>1:30.63</b>	218
20. Laura Rodrigues, MARGATO 50m: 40.94 40.94 100m: 1:31.37 50.43	04 Academica de Coimbra	<b>1:31.37</b>	213
21. Maria Pedro, ASCENSO 50m: 46.02 46.02 100m: 1:39.92 53.90	04 Nautico Academico	<b>1:39.92</b>	163

Prova 2 Femin., 100m Mariposa Juniores Resultados  
11-05-2019 - 15:45

Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Jun17	59.65	Sara Francisco, CRUZ	ADBA	Leiria	2009
Rec Nac Jun16	1:01.56	Filipa Vilas, TIAGO	SCP	S. António Cavaleiros	2009
Rec Reg ANC Absoluto	1:03.01	Inês Pereira, SILVA	CAQC		2018
Rec Reg ANC Jun17	1:03.31	Beatriz Costa, TEJO	AAC	Rui Abreu	2018
Rec Reg ANC Jun16	1:03.01	Inês Pereira, SILVA	CAQC		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ines Pereira, SILVA 50m: 30.67 30.67 100m: 1:05.05 34.38	02 Fundacao Beatriz Santos	<b>1:05.05</b>	591
2. Beatriz Costa, TEJO 50m: 30.48 30.48 100m: 1:05.28 34.80	02 Academica de Coimbra	<b>1:05.28</b>	585
3. Maria Carlota, REBELO 50m: 30.69 30.69 100m: 1:05.31 34.62	03 Louzan Natacao	<b>1:05.31</b>	584
4. Sara Dias, NEVES 50m: 32.52 32.52 100m: 1:07.98 35.46	03 Miranda do Corvo	<b>1:07.98</b>	518
5. Ines Mariana, PINHEIRO 50m: 31.92 31.92 100m: 1:08.25 36.33	03 Academica de Coimbra	<b>1:08.25</b>	512
6. Mariana Jacinto, SANTOS 50m: 32.13 32.13 100m: 1:09.24 37.11	03 Freguesia de Paiao	<b>1:09.24</b>	490
7. Beatriz Monteiro, TOMAS 50m: 32.18 32.18 100m: 1:09.90 37.72	03 Fundacao Beatriz Santos	<b>1:09.90</b>	476
8. Bruna Cruz, CARVALHO 50m: 32.33 32.33 100m: 1:10.33 38.00	03 S. Pedro Alva	<b>1:10.33</b>	468
9. Camila Alexandra, SILVA 50m: 34.20 34.20 100m: 1:12.16 37.96	03 Columbofila Cantanhedense	<b>1:12.16</b>	433
10. Ines Matos, SOUSA 50m: 34.08 34.08 100m: 1:12.34 38.26	03 Uniao Coimbra	<b>1:12.34</b>	430
11. Maria joao, PELAIO 50m: 34.62 34.62 100m: 1:13.17 38.55	03 Ginasio Figueirense	<b>1:13.17</b>	415
12. Ana Pereira, SOUSA 50m: 34.04 34.04 100m: 1:13.51 39.47	03 Ginasio Figueirense	<b>1:13.51</b>	409
13. Ana Luisa, RODRIGUES 50m: 35.07 35.07 100m: 1:15.12 40.05	03 Louzan Natacao	<b>1:15.12</b>	384
14. Barbara Azambujo, MELO 50m: 34.00 34.00 100m: 1:15.91 41.91	02 Academica de Coimbra	<b>1:15.91</b>	372
15. Beatriz Almeida, PIRES 50m: 35.73 35.73 100m: 1:18.81 43.08	03 Uniao Coimbra	<b>1:18.81</b>	332



Torneio Nadador Completo Juvenis, Juniores e Séniores  
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Prova 2, Femin., 100m Mariposa, Juniores

Lugar	Ano	Tempo final	Pts
16. Beatriz Carvalho, MARQUES	02 Academica de Coimbra	<b>1:25.89</b>	257
50m: 38.82 38.82	100m: 1:25.89 47.07		

Prova 2 Femin., 100m Mariposa Seniores Resultados

Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Sen	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Reg ANC Absoluto	1:03.01	Inês Pereira, SILVA	CAQC		2018
Rec Reg ANC Sen	1:03.67	Beatriz Neves, CRAVEIRO	CNAC		2018

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>1:09.25</b>	490
50m: 31.79 31.79	100m: 1:09.25 37.46		
2. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>1:10.83</b>	458
50m: 33.14 33.14	100m: 1:10.83 37.69		

Prova 2 Femin., 100m Mariposa Absoluto Resultados

Rec Nac Absoluto	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Sen	58.31	Sara Freitas, OLIVEIRA	POR	Dubai (UAE)	2010
Rec Nac Jun17	59.65	Sara Francisco, CRUZ	ADBA	Leiria	2009
Rec Nac Jun16	1:01.56	Filipa Vilas, TIAGO	SCP	S. António Cavaleiros	2009
Rec Nac Juv A	1:01.00	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Nac Juv B	1:02.36	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Nac Inf A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Nac Inf B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha Nazaré	2017
Rec Reg ANC Absoluto	1:03.01	Inês Pereira, SILVA	CAQC		2018
Rec Reg ANC Sen	1:03.67	Beatriz Neves, CRAVEIRO	CNAC		2018
Rec Reg ANC Jun17	1:03.31	Beatriz Costa, TEJO	AAC	Rui Abreu	2018
Rec Reg ANC Jun16	1:03.01	Inês Pereira, SILVA	CAQC		2017
Rec Reg ANC Juv A	1:03.51	Inês Pereira, SILVA	CAQC		2017
Rec Reg ANC Juv B	1:04.12	Mariana Cunha, GUERRA	ASSSCC		2011
Rec Reg ANC Inf A	1:06.56	Mariana Cunha, GUERRA	ASSSCC		2011
Rec Reg ANC Inf B	1:09.47	Inês Pereira, SILVA	CAQC		2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ines Pereira, SILVA	02 Fundacao Beatriz Santos	<b>1:05.05</b>	591
50m: 30.67 30.67	100m: 1:05.05 34.38		
2. Beatriz Costa, TEJO	02 Academica de Coimbra	<b>1:05.28</b>	585
50m: 30.48 30.48	100m: 1:05.28 34.80		
3. Maria Carlota, REBELO	03 Louzan Natacao	<b>1:05.31</b>	584
50m: 30.69 30.69	100m: 1:05.31 34.62		
4. Ana Carolina, MONTEIRO	04 Uniao Coimbra	<b>1:05.54</b>	578
50m: 30.91 30.91	100m: 1:05.54 34.63		
5. Joana Francisca, RODRIGUES	04 Uniao Coimbra	<b>1:06.68</b>	549
50m: 30.90 30.90	100m: 1:06.68 35.78		
6. Sara Dias, NEVES	03 Miranda do Corvo	<b>1:07.98</b>	518
50m: 32.52 32.52	100m: 1:07.98 35.46		
7. Mariana Carmo, ROSA	05 Louzan Natacao	<b>1:08.01</b>	517
50m: 31.78 31.78	100m: 1:08.01 36.23		
8. Ines Mariana, PINHEIRO	03 Academica de Coimbra	<b>1:08.25</b>	512
50m: 31.92 31.92	100m: 1:08.25 36.33		

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Prova 2, Femin., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
9. Mariana Jacinto, SANTOS 50m: 32.13 32.13 100m: 1:09.24 37.11	03 Freguesia de Paiao	<b>1:09.24</b>	490
10. Matilde Freitas, MOREIRA 50m: 31.79 31.79 100m: 1:09.25 37.46	01 Academica de Coimbra	<b>1:09.25</b>	490
11. Daniela Portela, MENDES 50m: 31.82 31.82 100m: 1:09.42 37.60	04 Fundacao Beatriz Santos	<b>1:09.42</b>	486
12. Beatriz Monteiro, TOMAS 50m: 32.18 32.18 100m: 1:09.90 37.72	03 Fundacao Beatriz Santos	<b>1:09.90</b>	476
13. Leonor Correia, PAIVA 50m: 33.02 33.02 100m: 1:10.16 37.14	04 Louzan Natacao	<b>1:10.16</b>	471
14. Bruna Cruz, CARVALHO 50m: 32.33 32.33 100m: 1:10.33 38.00	03 S. Pedro Alva	<b>1:10.33</b>	468
15. Maria Caetano, LAMAS 50m: 32.82 32.82 100m: 1:10.65 37.83	04 Miranda do Corvo	<b>1:10.65</b>	461
16. Marisa Isabel, NOBRE 50m: 32.85 32.85 100m: 1:10.66 37.81	05 Columbofila Cantanhedense	<b>1:10.66</b>	461
17. Sara Sofia, ALVES 50m: 33.14 33.14 100m: 1:10.83 37.69	01 Columbofila Cantanhedense	<b>1:10.83</b>	458
18. Camila Alexandra, SILVA 50m: 34.20 34.20 100m: 1:12.16 37.96	03 Columbofila Cantanhedense	<b>1:12.16</b>	433
19. Ines Matos, SOUSA 50m: 34.08 34.08 100m: 1:12.34 38.26	03 Uniao Coimbra	<b>1:12.34</b>	430
20. Maria joao, PELAIO 50m: 34.62 34.62 100m: 1:13.17 38.55	03 Ginasio Figueirense	<b>1:13.17</b>	415
21. Ana Pereira, SOUSA 50m: 34.04 34.04 100m: 1:13.51 39.47	03 Ginasio Figueirense	<b>1:13.51</b>	409
22. Leonor Correia, CUNHA 50m: 34.29 34.29 100m: 1:13.95 39.66	04 Fundacao Beatriz Santos	<b>1:13.95</b>	402
23. Mafalda Vestia, FIDALGO 50m: 34.72 34.72 100m: 1:14.69 39.97	04 Uniao Coimbra	<b>1:14.69</b>	390
24. Barbara Almeida, SIMOES 50m: 33.55 33.55 100m: 1:14.78 41.23	05 Uniao Coimbra	<b>1:14.78</b>	389
25. Ana Luisa, RODRIGUES 50m: 35.07 35.07 100m: 1:15.12 40.05	03 Louzan Natacao	<b>1:15.12</b>	384
26. Ana Catarina, SILVA 50m: 34.73 34.73 100m: 1:15.13 40.40	04 Fundacao Beatriz Santos	<b>1:15.13</b>	384
27. Ines Dias, CRUZ 50m: 35.70 35.70 100m: 1:15.39 39.69	04 Condeixa Clube	<b>1:15.39</b>	380
28. Barbara Azambujo, MELO 50m: 34.00 34.00 100m: 1:15.91 41.91	02 Academica de Coimbra	<b>1:15.91</b>	372
29. Maria Ines, DIONISIO 50m: 35.86 35.86 100m: 1:18.09 42.23	04 Fundacao Beatriz Santos	<b>1:18.09</b>	342
30. Beatriz Almeida, PIRES 50m: 35.73 35.73 100m: 1:18.81 43.08	03 Uniao Coimbra	<b>1:18.81</b>	332
31. Maria Lucas, SANTOS 50m: 36.64 36.64 100m: 1:19.10 42.46	05 Condeixa Clube	<b>1:19.10</b>	329
32. Beatriz Pereira, MARQUES 50m: 38.69 38.69 100m: 1:20.70 42.01	05 Columbofila Cantanhedense	<b>1:20.70</b>	309

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Coimbra, 11- - 12-5-2019

Prova 2, Femin., 100m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
33. Ana Filipa, SILVA 50m: 37.38 37.38 100m: 1:20.83 43.45	04 Academica de Coimbra	<b>1:20.83</b>	308
34. Marta Domingues, GAMEIRO 50m: 37.67 37.67 100m: 1:21.13 43.46	04 Nautico Academico	<b>1:21.13</b>	304
35. Leonor Horta, COSTA 50m: 37.41 37.41 100m: 1:21.24 43.83	04 Individual ANC	<b>1:21.24</b>	303
36. Filipa Victor, VIEIRA 50m: 37.65 37.65 100m: 1:21.98 44.33	04 Academica de Coimbra	<b>1:21.98</b>	295
37. Joana Beatriz, RODRIGUES 50m: 38.85 38.85 100m: 1:23.03 44.18	04 Academica de Coimbra	<b>1:23.03</b>	284
38. Beatriz Sa, GAMA 50m: 38.24 38.24 100m: 1:25.24 47.00	05 Condeixa Clube	<b>1:25.24</b>	262
39. Maria Ines, ALVES 50m: 38.61 38.61 100m: 1:25.30 46.69	05 Academica de Coimbra	<b>1:25.30</b>	262
40. Maria Fernandes, LOBO 50m: 39.62 39.62 100m: 1:25.53 45.91	05 Nautico Academico	<b>1:25.53</b>	260
41. Beatriz Carvalho, MARQUES 50m: 38.82 38.82 100m: 1:25.89 47.07	02 Academica de Coimbra	<b>1:25.89</b>	257
42. Camila Cavaleiro, SILVA 50m: 40.16 40.16 100m: 1:26.49 46.33	05 Columbofila Cantanhedense	<b>1:26.49</b>	251
43. Diana Costa, OLIVEIRA 50m: 39.09 39.09 100m: 1:26.69 47.60	04 Uniao Coimbra	<b>1:26.69</b>	249
44. Matilde Santos, CARDOSO 50m: 39.03 39.03 100m: 1:26.75 47.72	05 Fundacao Beatriz Santos	<b>1:26.75</b>	249
45. Beatriz Beja, AFONSO 50m: 41.49 41.49 100m: 1:27.68 46.19	04 Academica de Coimbra	<b>1:27.68</b>	241
46. Helena Carolina, DINIS 50m: 39.36 39.36 100m: 1:27.93 48.57	05 Academica de Coimbra	<b>1:27.93</b>	239
47. Maria Beatriz, RODRIGUES 50m: 40.49 40.49 100m: 1:28.88 48.39	04 Condeixa Clube	<b>1:28.88</b>	231
48. Ana Sofia, CASTANHEIRA 50m: 40.75 40.75 100m: 1:30.63 49.88	04 Condeixa Clube	<b>1:30.63</b>	218
49. Laura Rodrigues, MARGATO 50m: 40.94 40.94 100m: 1:31.37 50.43	04 Academica de Coimbra	<b>1:31.37</b>	213
50. Rita Lima, PIRES 50m: 42.66 42.66 100m: 1:31.64 48.98	05 Nautico Academico	<b>1:31.64</b>	211
51. Maria Costa, TEJO 50m: 40.59 40.59 100m: 1:31.93 51.34	05 Academica de Coimbra	<b>1:31.93</b>	209
52. Filipa Moniz, PISSARRO 50m: 46.92 46.92 100m: 1:36.63 49.71	05 Academica de Coimbra	<b>1:36.63</b>	180
53. Maria Pedro, ASCENSO 50m: 46.02 46.02 100m: 1:39.92 53.90	04 Nautico Academico	<b>1:39.92</b>	163
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		

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Coimbra, 11- - 12-5-2019

Prova 3 Masc., 100m Bruços Juvenis B  
11-05-2019 - 16:05 Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Juv B	1:04.22	Andre Goncalo, SANTOS	LSC	Braga	2012
Rec Reg ANC	1:07.45	Gabriel José, LOPES	CDL		2012

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Diogo Matos, RIBEIRO 50m: 32.51 32.51 100m: 1:07.83 35.32	04 Uniao Coimbra	<b>1:07.83</b>	551
2. Rafael Alves, CAMPOS 50m: 33.87 33.87 100m: 1:10.40 36.53	04 S. Pedro Alva	<b>1:10.40</b>	492
3. Dinis Miranda, DIOGO 50m: 35.93 35.93 100m: 1:14.84 38.91	04 Fundacao Beatriz Santos	<b>1:14.84</b>	410
4. Tiago Andre, POIARES 50m: 36.11 36.11 100m: 1:16.08 39.97	04 Fundacao Beatriz Santos	<b>1:16.08</b>	390
5. Gustavo Pires, MARQUES 50m: 36.86 36.86 100m: 1:16.89 40.03	04 Fundacao Beatriz Santos	<b>1:16.89</b>	378
6. Jose Diogo, DIAS 50m: 37.31 37.31 100m: 1:17.61 40.30	04 Fundacao Beatriz Santos	<b>1:17.61</b>	367
7. Rui Mamede, SANTOS 50m: 37.29 37.29 100m: 1:19.15 41.86	04 Uniao Coimbra	<b>1:19.15</b>	346
8. Carlos Martins, MARQUES 50m: 37.20 37.20 100m: 1:20.20 43.00	04 Uniao Coimbra	<b>1:20.20</b>	333
9. Alexandre Viegas, MARTINS 50m: 37.91 37.91 100m: 1:20.49 42.58	04 Uniao Coimbra	<b>1:20.49</b>	329
10. Goncalo Daniel, OLIVEIRA 50m: 39.09 39.09 100m: 1:20.82 41.73	04 Fundacao Beatriz Santos	<b>1:20.82</b>	325
11. Pedro Miguel, FLORIDO 50m: 38.87 38.87 100m: 1:23.19 44.32	04 Fundacao Beatriz Santos	<b>1:23.19</b>	298
12. Renato Maria, FERREIRA 50m: 39.25 39.25 100m: 1:24.21 44.96	04 Vigor da Mocidade	<b>1:24.21</b>	287
13. Cristiano Rodrigues, FERNANDES 50m: 41.37 41.37 100m: 1:26.82 45.45	04 Louzan Natacao	<b>1:26.82</b>	262
14. Afonso Corte-Real, GRILO 50m: 42.62 42.62 100m: 1:27.39 44.77	04 Fundacao Beatriz Santos	<b>1:27.39</b>	257
DNS Goncalo Brites, MOITA	04 Uniao Coimbra		

Prova 3 Masc., 100m Bruços Juvenis A  
11-05-2019 - 16:05 Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Juv A	1:03.39	Andre Goncalo, SANTOS	LSC	S. António Cavaleiros	2012
Rec Reg ANC	1:04.90	Gabriel José, LOPES	CDL		2013

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Manuel Baptista, SIMOES 50m: 33.18 33.18 100m: 1:10.38 37.20	03 Uniao Coimbra	<b>1:10.38</b>	493
2. Alexandre Miguel, BRAS 50m: 33.26 33.26 100m: 1:10.76 37.50	03 S. Pedro Alva	<b>1:10.76</b>	485
3. Martim Miranda, MACHADO 50m: 37.65 37.65 100m: 1:19.17 41.52	03 Uniao Coimbra	<b>1:19.17</b>	346

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Prova 3, Masc., 100m Bruços, Juvenis A

Lugar	Ano	Tempo final	Pts
4. David Valdagua, COUTINHO 50m: 39.15 39.15 100m: 1:23.71 44.56	03 Columbofila Cantanhedense	<b>1:23.71</b>	293
5. Bernardo Jorge, VENTURA 50m: 39.83 39.83 100m: 1:24.28 44.45	03 Academica de Coimbra	<b>1:24.28</b>	287
6. Ricardo Martins, CARVALHO 50m: 42.12 42.12 100m: 1:27.01 44.89	03 Fundacao Beatriz Santos	<b>1:27.01</b>	261
7. Tomas Alexandre, LARANJEIRA 50m: 40.66 40.66 100m: 1:27.25 46.59	03 S. Pedro Alva	<b>1:27.25</b>	258
8. Filipe Apostolo, GASPAS 50m: 41.89 41.89 100m: 1:27.27 45.38	03 Freguesia de Paiao	<b>1:27.27</b>	258
DSQ Goncalo Pires, LOURENCO	03 Fundacao Beatriz Santos		
<i>efetuou 3 pernadas de golfinho apos a partida</i>			

Prova 3 Masc., 100m Bruços Juniores Resultados  
11-05-2019 - 16:05

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Jun18	1:01.25	Pedro Miguel, AGOSTINHO	SCP	S. António Cavaleiros	2009
Rec Nac Jun17	1:02.99	Andre Goncalo, SANTOS	LSC	Felgueiras	2013
Rec Reg ANC Jun18	1:02.40	Tomás Miguel, VELOSO	CNAC		2014
Rec Reg ANC Jun17	1:03.11	Gabriel José, LOPES	CDL		2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Pedro Simoes, RODRIGUES 50m: 32.73 32.73 100m: 1:08.35 35.62	01 Uniao Coimbra	<b>1:08.35</b>	538
2. Duarte Anastacio, SOUSA 50m: 33.27 33.27 100m: 1:10.29 37.02	02 Uniao Coimbra	<b>1:10.29</b>	495
3. Joao Ventura, PAIS 50m: 34.19 34.19 100m: 1:12.46 38.27	02 Fundacao Beatriz Santos	<b>1:12.46</b>	452
4. Ricardo Jorge, DOMINGUES 50m: 34.24 34.24 100m: 1:12.91 38.67	02 Fundacao Beatriz Santos	<b>1:12.91</b>	443
5. Vasco Pereira, BASTOS 50m: 34.46 34.46 100m: 1:12.93 38.47	02 Nautico Academico	<b>1:12.93</b>	443
6. Tomas Pedrosa, MIGUEL 50m: 34.88 34.88 100m: 1:14.82 39.94	02 Condeixa Clube	<b>1:14.82</b>	410
7. Claudio Rafael, CORDEIRO 50m: 36.02 36.02 100m: 1:15.44 39.42	02 Individual ANC	<b>1:15.44</b>	400
8. Bernardo Vinagre, ARZILEIRO 50m: 35.74 35.74 100m: 1:15.55 39.81	01 Uniao Coimbra	<b>1:15.55</b>	398
9. Joao Pedro, DIAS 50m: 36.94 36.94 100m: 1:17.46 40.52	02 Fundacao Beatriz Santos	<b>1:17.46</b>	370
10. Alberto Antonio, SANTOS 50m: 36.88 36.88 100m: 1:18.45 41.57	01 S. Pedro Alva	<b>1:18.45</b>	356
11. Diogo Miguel, PISCO 50m: 36.97 36.97 100m: 1:18.97 42.00	01 S. Pedro Alva	<b>1:18.97</b>	349
12. Rui Joao, MARQUES 50m: 37.53 37.53 100m: 1:19.28 41.75	02 Nautico Academico	<b>1:19.28</b>	345
13. Gabriel Jose, FIGUEIRA 50m: 38.30 38.30 100m: 1:19.90 41.60	01 Academica de Coimbra	<b>1:19.90</b>	337

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 3, Masc., 100m Bruços, Juniores

Lugar	Ano	Tempo final	Pts
14. Miguel Freitas, OVIEDO 50m: 37.49 37.49 100m: 1:20.63 43.14	02 Academica de Coimbra	<b>1:20.63</b>	328
15. Joao Neto, PEREIRA 50m: 38.52 38.52 100m: 1:21.47 42.95	02 Fundacao Beatriz Santos	<b>1:21.47</b>	318
16. Goncalo Soares, RAMOS 50m: 38.52 38.52 100m: 1:23.85 45.33	02 Ginasio Figueirense	<b>1:23.85</b>	291
17. Gabriel Jose, JULIO 50m: 40.59 40.59 100m: 1:25.68 45.09	01 Academica de Coimbra	<b>1:25.68</b>	273
DNS Diogo Luis, BREDÁ	01 Academica de Coimbra		

Prova 3 Masc., 100m Bruços Seniores Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Sen	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Reg ANC	1:00.37	Gabriel José, LOPES	ALN		2018

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Miguel Diogo, AGOSTINHO 50m: 31.63 31.63 100m: 1:07.08 35.45	00 Fundacao Beatriz Santos	<b>1:07.08</b>	569
2. Gustavo Almeida, MADUREIRA 50m: 34.85 34.85 100m: 1:13.29 38.44	94 Academica de Coimbra	<b>1:13.29</b>	436
3. Rodrigo Ribeiro, GOMES 50m: 36.50 36.50 100m: 1:16.98 40.48	00 Fundacao Beatriz Santos	<b>1:16.98</b>	376
DNS Gabriel Jose, LOPES	97 Louzan Natacao		

Prova 3 Masc., 100m Bruços Absoluto Resultados

Rec Nac Absoluto	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Sen	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	2012
Rec Nac Jun18	1:01.25	Pedro Miguel, AGOSTINHO	SCP	S. António Cavaleiros	2009
Rec Nac Jun17	1:02.99	Andre Goncalo, SANTOS	LSC	Felgueiras	2013
Rec Nac Juv A	1:03.39	Andre Goncalo, SANTOS	LSC	S. António Cavaleiros	2012
Rec Nac Juv B	1:04.22	Andre Goncalo, SANTOS	LSC	Braga	2012
Rec Nac Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	2011
Rec Nac Inf B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	2010
Rec Reg ANC Sen	1:00.37	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Jun18	1:02.40	Tomás Miguel, VELOSO	CNAC		2014
Rec Reg ANC Jun17	1:03.11	Gabriel José, LOPES	CDL		2014
Rec Reg ANC Juv A	1:04.90	Gabriel José, LOPES	CDL		2013
Rec Reg ANC Juv B	1:07.45	Gabriel José, LOPES	CDL		2012
Rec Reg ANC Inf A	1:09.36	António, PEREIRA	CNAC		2001
Rec Reg ANC Inf B	1:14.06	Gonçalo Brites, MOITA	CNAC		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Miguel Diogo, AGOSTINHO 50m: 31.63 31.63 100m: 1:07.08 35.45	00 Fundacao Beatriz Santos	<b>1:07.08</b>	569
2. Diogo Matos, RIBEIRO 50m: 32.51 32.51 100m: 1:07.83 35.32	04 Uniao Coimbra	<b>1:07.83</b>	551
3. Pedro Simoes, RODRIGUES 50m: 32.73 32.73 100m: 1:08.35 35.62	01 Uniao Coimbra	<b>1:08.35</b>	538
4. Duarte Anastacio, SOUSA 50m: 33.27 33.27 100m: 1:10.29 37.02	02 Uniao Coimbra	<b>1:10.29</b>	495

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 3, Masc., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
5. Manuel Baptista, SIMOES 50m: 33.18 33.18 100m: 1:10.38 37.20	03 Uniao Coimbra	<b>1:10.38</b>	493
6. Rafael Alves, CAMPOS 50m: 33.87 33.87 100m: 1:10.40 36.53	04 S. Pedro Alva	<b>1:10.40</b>	492
7. Alexandre Miguel, BRAS 50m: 33.26 33.26 100m: 1:10.76 37.50	03 S. Pedro Alva	<b>1:10.76</b>	485
8. Joao Ventura, PAIS 50m: 34.19 34.19 100m: 1:12.46 38.27	02 Fundacao Beatriz Santos	<b>1:12.46</b>	452
9. Ricardo Jorge, DOMINGUES 50m: 34.24 34.24 100m: 1:12.91 38.67	02 Fundacao Beatriz Santos	<b>1:12.91</b>	443
10. Vasco Pereira, BASTOS 50m: 34.46 34.46 100m: 1:12.93 38.47	02 Nautico Academico	<b>1:12.93</b>	443
11. Gustavo Almeida, MADUREIRA 50m: 34.85 34.85 100m: 1:13.29 38.44	94 Academica de Coimbra	<b>1:13.29</b>	436
12. Tomas Pedrosa, MIGUEL 50m: 34.88 34.88 100m: 1:14.82 39.94	02 Condeixa Clube	<b>1:14.82</b>	410
13. Dinis Miranda, DIOGO 50m: 35.93 35.93 100m: 1:14.84 38.91	04 Fundacao Beatriz Santos	<b>1:14.84</b>	410
14. Claudio Rafael, CORDEIRO 50m: 36.02 36.02 100m: 1:15.44 39.42	02 Individual ANC	<b>1:15.44</b>	400
15. Bernardo Vinagre, ARZILEIRO 50m: 35.74 35.74 100m: 1:15.55 39.81	01 Uniao Coimbra	<b>1:15.55</b>	398
16. Tiago Andre, POIARES 50m: 36.11 36.11 100m: 1:16.08 39.97	04 Fundacao Beatriz Santos	<b>1:16.08</b>	390
17. Gustavo Pires, MARQUES 50m: 36.86 36.86 100m: 1:16.89 40.03	04 Fundacao Beatriz Santos	<b>1:16.89</b>	378
18. Rodrigo Ribeiro, GOMES 50m: 36.50 36.50 100m: 1:16.98 40.48	00 Fundacao Beatriz Santos	<b>1:16.98</b>	376
19. Joao Pedro, DIAS 50m: 36.94 36.94 100m: 1:17.46 40.52	02 Fundacao Beatriz Santos	<b>1:17.46</b>	370
20. Jose Diogo, DIAS 50m: 37.31 37.31 100m: 1:17.61 40.30	04 Fundacao Beatriz Santos	<b>1:17.61</b>	367
21. Alberto Antonio, SANTOS 50m: 36.88 36.88 100m: 1:18.45 41.57	01 S. Pedro Alva	<b>1:18.45</b>	356
22. Diogo Miguel, PISCO 50m: 36.97 36.97 100m: 1:18.97 42.00	01 S. Pedro Alva	<b>1:18.97</b>	349
23. Rui Mamede, SANTOS 50m: 37.29 37.29 100m: 1:19.15 41.86	04 Uniao Coimbra	<b>1:19.15</b>	346
24. Martim Miranda, MACHADO 50m: 37.65 37.65 100m: 1:19.17 41.52	03 Uniao Coimbra	<b>1:19.17</b>	346
25. Rui Joao, MARQUES 50m: 37.53 37.53 100m: 1:19.28 41.75	02 Nautico Academico	<b>1:19.28</b>	345
26. Gabriel Jose, FIGUEIRA 50m: 38.30 38.30 100m: 1:19.90 41.60	01 Academica de Coimbra	<b>1:19.90</b>	337
27. Carlos Martins, MARQUES 50m: 37.20 37.20 100m: 1:20.20 43.00	04 Uniao Coimbra	<b>1:20.20</b>	333
28. Alexandre Viegas, MARTINS 50m: 37.91 37.91 100m: 1:20.49 42.58	04 Uniao Coimbra	<b>1:20.49</b>	329

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 3, Masc., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
29. Miguel Freitas, OVIEDO 50m: 37.49 37.49 100m: 1:20.63 43.14	02 Academica de Coimbra	<b>1:20.63</b>	328
30. Goncalo Daniel, OLIVEIRA 50m: 39.09 39.09 100m: 1:20.82 41.73	04 Fundacao Beatriz Santos	<b>1:20.82</b>	325
31. Joao Neto, PEREIRA 50m: 38.52 38.52 100m: 1:21.47 42.95	02 Fundacao Beatriz Santos	<b>1:21.47</b>	318
32. Pedro Miguel, FLORIDO 50m: 38.87 38.87 100m: 1:23.19 44.32	04 Fundacao Beatriz Santos	<b>1:23.19</b>	298
33. David Valdagua, COUTINHO 50m: 39.15 39.15 100m: 1:23.71 44.56	03 Columbofila Cantanhedense	<b>1:23.71</b>	293
34. Goncalo Soares, RAMOS 50m: 38.52 38.52 100m: 1:23.85 45.33	02 Ginasio Figueirense	<b>1:23.85</b>	291
35. Renato Maria, FERREIRA 50m: 39.25 39.25 100m: 1:24.21 44.96	04 Vigor da Mocidade	<b>1:24.21</b>	287
36. Bernardo Jorge, VENTURA 50m: 39.83 39.83 100m: 1:24.28 44.45	03 Academica de Coimbra	<b>1:24.28</b>	287
37. Gabriel Jose, JULIO 50m: 40.59 40.59 100m: 1:25.68 45.09	01 Academica de Coimbra	<b>1:25.68</b>	273
38. Cristiano Rodrigues, FERNANDES 50m: 41.37 41.37 100m: 1:26.82 45.45	04 Louzan Natacao	<b>1:26.82</b>	262
39. Ricardo Martins, CARVALHO 50m: 42.12 42.12 100m: 1:27.01 44.89	03 Fundacao Beatriz Santos	<b>1:27.01</b>	261
40. Tomas Alexandre, LARANJEIRA 50m: 40.66 40.66 100m: 1:27.25 46.59	03 S. Pedro Alva	<b>1:27.25</b>	258
41. Filipe Apostolo, GASPAR 50m: 41.89 41.89 100m: 1:27.27 45.38	03 Freguesia de Paiao	<b>1:27.27</b>	258
42. Afonso Corte-Real, GRILO 50m: 42.62 42.62 100m: 1:27.39 44.77	04 Fundacao Beatriz Santos	<b>1:27.39</b>	257
DSQ Goncalo Pires, LOURENCO <i>efetuou 3 pernadas de golfinho apos a partida</i>	03 Fundacao Beatriz Santos		
DNS Gabriel Jose, LOPES	97 Louzan Natacao		
DNS Diogo Luis, BREDAS	01 Academica de Coimbra		
DNS Goncalo Brites, MOITA	04 Uniao Coimbra		
EXH Francisco Miguel, MENDES 50m: 34.24 34.24 100m: 1:12.22 37.98	01 Nautico Academico	<b>1:12.22</b>	456



Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 4  
11-05-2019 - 16:20

Femin., 100m Bruços

Juvenis B  
Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Juv B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	2003
Rec Reg ANC Absoluto	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Juv B	1:12.39	Mariana Ferrinha, CUNHA	AAC		1997

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Mariana Carmo, ROSA 50m: 39.73 39.73 100m: 1:23.01 43.28	05 Louzan Natacao	<b>1:23.01</b>	423
2. Marisa Isabel, NOBRE 50m: 39.58 39.58 100m: 1:23.21 43.63	05 Columbofila Cantanhedense	<b>1:23.21</b>	420
3. Maria Ines, ALVES 50m: 39.52 39.52 100m: 1:23.69 44.17	05 Academica de Coimbra	<b>1:23.69</b>	413
4. Barbara Almeida, SIMOES 50m: 41.49 41.49 100m: 1:26.30 44.81	05 Uniao Coimbra	<b>1:26.30</b>	377
5. Beatriz Pereira, MARQUES 50m: 44.52 44.52 100m: 1:31.49 46.97	05 Columbofila Cantanhedense	<b>1:31.49</b>	316
6. Rita Lima, PIRES 50m: 44.15 44.15 100m: 1:32.07 47.92	05 Nautico Academico	<b>1:32.07</b>	310
7. Maria Lucas, SANTOS 50m: 44.30 44.30 100m: 1:32.30 48.00	05 Condeixa Clube	<b>1:32.30</b>	308
8. Maria Costa, TEJO 50m: 44.52 44.52 100m: 1:33.71 49.19	05 Academica de Coimbra	<b>1:33.71</b>	294
9. Filipa Moniz, PISSARRO 50m: 44.53 44.53 100m: 1:34.96 50.43	05 Academica de Coimbra	<b>1:34.96</b>	283
10. Helena Carolina, DINIS 50m: 44.75 44.75 100m: 1:35.66 50.91	05 Academica de Coimbra	<b>1:35.66</b>	277
11. Maria Fernandes, LOBO 50m: 46.13 46.13 100m: 1:36.94 50.81	05 Nautico Academico	<b>1:36.94</b>	266
12. Matilde Santos, CARDOSO 50m: 46.58 46.58 100m: 1:39.43 52.85	05 Fundacao Beatriz Santos	<b>1:39.43</b>	246
DSQ Camila Cavaleiro, SILVA <i>na viragem dos 50 m não tocou com as duas mãos em simultaneo</i>	05 Columbofila Cantanhedense		
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		
DNS Beatriz Sa, GAMA	05 Condeixa Clube		

Prova 4  
11-05-2019 - 16:20

Femin., 100m Bruços

Juvenis A  
Resultados

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Juv A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	2004
Rec Reg ANC Absoluto	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Juv A	1:14.02	Mariana Ferrinha, CUNHA	AAC		1998

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, MONTEIRO 50m: 37.48 37.48 100m: 1:18.89 41.41	04 Uniao Coimbra	<b>1:18.89</b>	493
2. Leonor Correia, CUNHA 50m: 38.16 38.16 100m: 1:20.41 42.25	04 Fundacao Beatriz Santos	<b>1:20.41</b>	466
3. Maria Caetano, LAMAS 50m: 38.74 38.74 100m: 1:21.12 42.38	04 Miranda do Corvo	<b>1:21.12</b>	454

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 4, Femin., 100m Bruços, Juvenis A

Lugar	Ano	Tempo final	Pts
4. Daniela Portela, MENDES 50m: 38.74 38.74 100m: 1:21.68 42.94	04 Fundacao Beatriz Santos	<b>1:21.68</b>	445
5. Ana Catarina, SILVA 50m: 39.40 39.40 100m: 1:21.99 42.59	04 Fundacao Beatriz Santos	<b>1:21.99</b>	439
6. Joana Francisca, RODRIGUES 50m: 40.30 40.30 100m: 1:23.81 43.51	04 Uniao Coimbra	<b>1:23.81</b>	411
7. Leonor Correia, PAIVA 50m: 40.65 40.65 100m: 1:24.68 44.03	04 Louzan Natacao	<b>1:24.68</b>	399
8. Marta Domingues, GAMEIRO 50m: 41.04 41.04 100m: 1:25.14 44.10	04 Nautico Academico	<b>1:25.14</b>	392
9. Mafalda Vestia, FIDALGO 50m: 42.48 42.48 100m: 1:28.51 46.03	04 Uniao Coimbra	<b>1:28.51</b>	349
10. Maria Ines, DIONISIO 50m: 43.68 43.68 100m: 1:30.15 46.47	04 Fundacao Beatriz Santos	<b>1:30.15</b>	330
11. Leonor Horta, COSTA 50m: 43.63 43.63 100m: 1:31.43 47.80	04 Individual ANC	<b>1:31.43</b>	317
12. Ana Sofia, CASTANHEIRA 50m: 44.44 44.44 100m: 1:31.69 47.25	04 Condeixa Clube	<b>1:31.69</b>	314
13. Ines Dias, CRUZ 50m: 45.25 45.25 100m: 1:33.36 48.11	04 Condeixa Clube	<b>1:33.36</b>	298
14. Filipa Victor, VIEIRA 50m: 46.14 46.14 100m: 1:36.35 50.21	04 Academica de Coimbra	<b>1:36.35</b>	271
15. Laura Rodrigues, MARGATO 50m: 46.23 46.23 100m: 1:36.58 50.35	04 Academica de Coimbra	<b>1:36.58</b>	269
16. Beatriz Beja, AFONSO 50m: 48.10 48.10 100m: 1:37.03 48.93	04 Academica de Coimbra	<b>1:37.03</b>	265
17. Maria Beatriz, RODRIGUES 50m: 46.79 46.79 100m: 1:38.16 51.37	04 Condeixa Clube	<b>1:38.16</b>	256
18. Ana Filipa, SILVA 50m: 47.30 47.30 100m: 1:38.90 51.60	04 Academica de Coimbra	<b>1:38.90</b>	250
19. Diana Costa, OLIVEIRA 50m: 47.29 47.29 100m: 1:39.38 52.09	04 Uniao Coimbra	<b>1:39.38</b>	247
20. Maria Pedro, ASCENSO 50m: 50.30 50.30 100m: 1:43.01 52.71	04 Nautico Academico	<b>1:43.01</b>	221
21. Joana Beatriz, RODRIGUES 50m: 50.23 50.23 100m: 1:44.84 54.61	04 Academica de Coimbra	<b>1:44.84</b>	210

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 4, Femin., 100m Bruços

Prova 4	Femin., 100m Bruços				Juniores
11-05-2019 - 16:20					Resultados
Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Jun17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac Jun16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	2009
Rec Reg ANC Absoluto	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Jun17	1:13.72	Joana Victorino, HENRIQUES	CAQC		2018
Rec Reg ANC Jun16	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Maria Carlota, REBELO		03	Louzan Natacao		<b>1:14.64</b>	583
	50m: 35.84 35.84	100m: 1:14.64		38.80			
2.	Bruna Cruz, CARVALHO		03	S. Pedro Alva		<b>1:18.33</b>	504
	50m: 37.97 37.97	100m: 1:18.33		40.36			
3.	Beatriz Monteiro, TOMAS		03	Fundacao Beatriz Santos		<b>1:18.67</b>	498
	50m: 37.18 37.18	100m: 1:18.67		41.49			
4.	Maria joao, PELAIO		03	Ginasio Figueirense		<b>1:18.96</b>	492
	50m: 37.36 37.36	100m: 1:18.96		41.60			
5.	Ana Pereira, SOUSA		03	Ginasio Figueirense		<b>1:19.22</b>	487
	50m: 38.04 38.04	100m: 1:19.22		41.18			
6.	Sara Dias, NEVES		03	Miranda do Corvo		<b>1:19.70</b>	479
	50m: 38.39 38.39	100m: 1:19.70		41.31			
7.	Ines Mariana, PINHEIRO		03	Academica de Coimbra		<b>1:22.49</b>	432
	50m: 39.64 39.64	100m: 1:22.49		42.85			
8.	Beatriz Costa, TEJO		02	Academica de Coimbra		<b>1:22.73</b>	428
	50m: 40.00 40.00	100m: 1:22.73		42.73			
9.	Camila Alexandra, SILVA		03	Columbofila Cantanhedense		<b>1:24.07</b>	408
	50m: 40.16 40.16	100m: 1:24.07		43.91			
10.	Beatriz Almeida, PIRES		03	Uniao Coimbra		<b>1:24.73</b>	398
	50m: 40.06 40.06	100m: 1:24.73		44.67			
11.	Barbara Azambujo, MELO		02	Academica de Coimbra		<b>1:26.49</b>	374
	50m: 40.66 40.66	100m: 1:26.49		45.83			
12.	Ines Pereira, SILVA		02	Fundacao Beatriz Santos		<b>1:26.98</b>	368
	50m: 41.56 41.56	100m: 1:26.98		45.42			
13.	Mariana Jacinto, SANTOS		03	Freguesia de Paiao		<b>1:28.50</b>	349
	50m: 42.32 42.32	100m: 1:28.50		46.18			
14.	Beatriz Carvalho, MARQUES		02	Academica de Coimbra		<b>1:28.95</b>	344
	50m: 42.40 42.40	100m: 1:28.95		46.55			
15.	Ines Matos, SOUSA		03	Uniao Coimbra		<b>1:29.03</b>	343
	50m: 42.55 42.55	100m: 1:29.03		46.48			
16.	Ana Luisa, RODRIGUES		03	Louzan Natacao		<b>1:29.29</b>	340
	50m: 42.37 42.37	100m: 1:29.29		46.92			

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 4, Femin., 100m Bruços

Prova 4 Femin., 100m Bruços Seniores Resultados  
11-05-2019 - 16:20

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Sen	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Reg ANC Absoluto	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Sen	1:13.64	Gabriela Oliveira, ANDRADE	CNAC		2011

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>1:19.97</b>	474
50m: 37.64 37.64	100m: 1:19.97 42.33		
2. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>1:27.37</b>	363
50m: 41.44 41.44	100m: 1:27.37 45.93		

Prova 4 Femin., 100m Bruços Absoluto Resultados  
11-05-2019 - 16:20

Rec Nac Absoluto	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Sen	1:07.17	Diana Duarte, GOMES	CNA	S. António Cavaleiros	2009
Rec Nac Jun17	1:08.02	Raquel Gomes, PEREIRA	SAD	Funchal	2016
Rec Nac Jun16	1:08.85	Ana Pinho, RODRIGUES	AEJ	Ponte de Sôr	2009
Rec Nac Juv A	1:09.59	Diana Duarte, GOMES	ABVE	Tomar	2004
Rec Nac Juv B	1:11.76	Diana Duarte, GOMES	ABVE	Reboleira	2003
Rec Nac Inf A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	2013
Rec Nac Inf B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	1995
Rec Reg ANC Absoluto	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Sen	1:13.64	Gabriela Oliveira, ANDRADE	CNAC		2011
Rec Reg ANC Jun17	1:13.72	Joana Victorino, HENRIQUES	CAQC		2018
Rec Reg ANC Jun16	1:11.26	Gabriela Oliveira, ANDRADE	CNAC		2009
Rec Reg ANC Juv A	1:14.02	Mariana Ferrinha, CUNHA	AAC		1998
Rec Reg ANC Juv B	1:12.39	Mariana Ferrinha, CUNHA	AAC		1997
Rec Reg ANC Inf A	1:16.24	Ana Yuki, TSUKAGOSHI	CNAC		1995
Rec Reg ANC Inf B	1:17.79	Mariana Ferrinha, CUNHA	AAC		1995

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Maria Carlota, REBELO	03 Louzan Natacao	<b>1:14.64</b>	583
50m: 35.84 35.84	100m: 1:14.64 38.80		
2. Bruna Cruz, CARVALHO	03 S. Pedro Alva	<b>1:18.33</b>	504
50m: 37.97 37.97	100m: 1:18.33 40.36		
3. Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>1:18.67</b>	498
50m: 37.18 37.18	100m: 1:18.67 41.49		
4. Ana Carolina, MONTEIRO	04 Uniao Coimbra	<b>1:18.89</b>	493
50m: 37.48 37.48	100m: 1:18.89 41.41		
5. Maria joao, PELAIO	03 Ginasio Figueirense	<b>1:18.96</b>	492
50m: 37.36 37.36	100m: 1:18.96 41.60		
6. Ana Pereira, SOUSA	03 Ginasio Figueirense	<b>1:19.22</b>	487
50m: 38.04 38.04	100m: 1:19.22 41.18		
7. Sara Dias, NEVES	03 Miranda do Corvo	<b>1:19.70</b>	479
50m: 38.39 38.39	100m: 1:19.70 41.31		
8. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>1:19.97</b>	474
50m: 37.64 37.64	100m: 1:19.97 42.33		
9. Leonor Correia, CUNHA	04 Fundacao Beatriz Santos	<b>1:20.41</b>	466
50m: 38.16 38.16	100m: 1:20.41 42.25		
10. Maria Caetano, LAMAS	04 Miranda do Corvo	<b>1:21.12</b>	454
50m: 38.74 38.74	100m: 1:21.12 42.38		

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 4, Femin., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
11. Daniela Portela, MENDES 50m: 38.74 38.74 100m: 1:21.68 42.94	04 Fundacao Beatriz Santos	<b>1:21.68</b>	445
12. Ana Catarina, SILVA 50m: 39.40 39.40 100m: 1:21.99 42.59	04 Fundacao Beatriz Santos	<b>1:21.99</b>	439
13. Ines Mariana, PINHEIRO 50m: 39.64 39.64 100m: 1:22.49 42.85	03 Academica de Coimbra	<b>1:22.49</b>	432
14. Beatriz Costa, TEJO 50m: 40.00 40.00 100m: 1:22.73 42.73	02 Academica de Coimbra	<b>1:22.73</b>	428
15. Mariana Carmo, ROSA 50m: 39.73 39.73 100m: 1:23.01 43.28	05 Louzan Natacao	<b>1:23.01</b>	423
16. Marisa Isabel, NOBRE 50m: 39.58 39.58 100m: 1:23.21 43.63	05 Columbofila Cantanhedense	<b>1:23.21</b>	420
17. Maria Ines, ALVES 50m: 39.52 39.52 100m: 1:23.69 44.17	05 Academica de Coimbra	<b>1:23.69</b>	413
18. Joana Francisca, RODRIGUES 50m: 40.30 40.30 100m: 1:23.81 43.51	04 Uniao Coimbra	<b>1:23.81</b>	411
19. Camila Alexandra, SILVA 50m: 40.16 40.16 100m: 1:24.07 43.91	03 Columbofila Cantanhedense	<b>1:24.07</b>	408
20. Leonor Correia, PAIVA 50m: 40.65 40.65 100m: 1:24.68 44.03	04 Louzan Natacao	<b>1:24.68</b>	399
21. Beatriz Almeida, PIRES 50m: 40.06 40.06 100m: 1:24.73 44.67	03 Uniao Coimbra	<b>1:24.73</b>	398
22. Marta Domingues, GAMEIRO 50m: 41.04 41.04 100m: 1:25.14 44.10	04 Nautico Academico	<b>1:25.14</b>	392
23. Barbara Almeida, SIMOES 50m: 41.49 41.49 100m: 1:26.30 44.81	05 Uniao Coimbra	<b>1:26.30</b>	377
24. Barbara Azambujo, MELO 50m: 40.66 40.66 100m: 1:26.49 45.83	02 Academica de Coimbra	<b>1:26.49</b>	374
25. Ines Pereira, SILVA 50m: 41.56 41.56 100m: 1:26.98 45.42	02 Fundacao Beatriz Santos	<b>1:26.98</b>	368
26. Sara Sofia, ALVES 50m: 41.44 41.44 100m: 1:27.37 45.93	01 Columbofila Cantanhedense	<b>1:27.37</b>	363
27. Mariana Jacinto, SANTOS 50m: 42.32 42.32 100m: 1:28.50 46.18	03 Freguesia de Paiao	<b>1:28.50</b>	349
28. Mafalda Vestia, FIDALGO 50m: 42.48 42.48 100m: 1:28.51 46.03	04 Uniao Coimbra	<b>1:28.51</b>	349
29. Beatriz Carvalho, MARQUES 50m: 42.40 42.40 100m: 1:28.95 46.55	02 Academica de Coimbra	<b>1:28.95</b>	344
30. Ines Matos, SOUSA 50m: 42.55 42.55 100m: 1:29.03 46.48	03 Uniao Coimbra	<b>1:29.03</b>	343
31. Ana Luisa, RODRIGUES 50m: 42.37 42.37 100m: 1:29.29 46.92	03 Louzan Natacao	<b>1:29.29</b>	340
32. Maria Ines, DIONISIO 50m: 43.68 43.68 100m: 1:30.15 46.47	04 Fundacao Beatriz Santos	<b>1:30.15</b>	330
33. Leonor Horta, COSTA 50m: 43.63 43.63 100m: 1:31.43 47.80	04 Individual ANC	<b>1:31.43</b>	317
34. Beatriz Pereira, MARQUES 50m: 44.52 44.52 100m: 1:31.49 46.97	05 Columbofila Cantanhedense	<b>1:31.49</b>	316

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Prova 4, Femin., 100m Bruços, Absoluto

Lugar	Ano	Tempo final	Pts
35. Ana Sofia, CASTANHEIRA 50m: 44.44 44.44 100m: 1:31.69 47.25	04 Condeixa Clube	<b>1:31.69</b>	314
36. Rita Lima, PIRES 50m: 44.15 44.15 100m: 1:32.07 47.92	05 Nautico Academico	<b>1:32.07</b>	310
37. Maria Lucas, SANTOS 50m: 44.30 44.30 100m: 1:32.30 48.00	05 Condeixa Clube	<b>1:32.30</b>	308
38. Ines Dias, CRUZ 50m: 45.25 45.25 100m: 1:33.36 48.11	04 Condeixa Clube	<b>1:33.36</b>	298
39. Maria Costa, TEJO 50m: 44.52 44.52 100m: 1:33.71 49.19	05 Academica de Coimbra	<b>1:33.71</b>	294
40. Filipa Moniz, PISSARRO 50m: 44.53 44.53 100m: 1:34.96 50.43	05 Academica de Coimbra	<b>1:34.96</b>	283
41. Helena Carolina, DINIS 50m: 44.75 44.75 100m: 1:35.66 50.91	05 Academica de Coimbra	<b>1:35.66</b>	277
42. Filipa Victor, VIEIRA 50m: 46.14 46.14 100m: 1:36.35 50.21	04 Academica de Coimbra	<b>1:36.35</b>	271
43. Laura Rodrigues, MARGATO 50m: 46.23 46.23 100m: 1:36.58 50.35	04 Academica de Coimbra	<b>1:36.58</b>	269
44. Maria Fernandes, LOBO 50m: 46.13 46.13 100m: 1:36.94 50.81	05 Nautico Academico	<b>1:36.94</b>	266
45. Beatriz Beja, AFONSO 50m: 48.10 48.10 100m: 1:37.03 48.93	04 Academica de Coimbra	<b>1:37.03</b>	265
46. Maria Beatriz, RODRIGUES 50m: 46.79 46.79 100m: 1:38.16 51.37	04 Condeixa Clube	<b>1:38.16</b>	256
47. Ana Filipa, SILVA 50m: 47.30 47.30 100m: 1:38.90 51.60	04 Academica de Coimbra	<b>1:38.90</b>	250
48. Diana Costa, OLIVEIRA 50m: 47.29 47.29 100m: 1:39.38 52.09	04 Uniao Coimbra	<b>1:39.38</b>	247
49. Matilde Santos, CARDOSO 50m: 46.58 46.58 100m: 1:39.43 52.85	05 Fundacao Beatriz Santos	<b>1:39.43</b>	246
50. Maria Pedro, ASCENSO 50m: 50.30 50.30 100m: 1:43.01 52.71	04 Nautico Academico	<b>1:43.01</b>	221
51. Joana Beatriz, RODRIGUES 50m: 50.23 50.23 100m: 1:44.84 54.61	04 Academica de Coimbra	<b>1:44.84</b>	210
DSQ Camila Cavaleiro, SILVA <i>na viragem dos 50 m não tocou com as duas mãos em simultaneo</i>	05 Columbofila Cantanhedense		
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		
DNS Beatriz Sa, GAMA	05 Condeixa Clube		
EXH Laura Torrao, CARVALHO 50m: 44.84 44.84 100m: 1:36.68 51.84	05 Nautico Academico	<b>1:36.68</b>	268

Torneio Nadador Completo Juvenis, Juniores e Séniores  
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Prova 5 Masc., 100m Livres Juvenis B  
11-05-2019 - 16:50 Resultados

Rec Nac Absoluto	47.61	Miguel Duarte, NASCIMENTO		Hangzhou (CHN)	2018
Rec Nac Juv B	52.38	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019
Rec Reg ANC	52.38	Diogo Matos, RIBEIRO	CUC		2019

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Diogo Matos, RIBEIRO <i>Rec Nacional</i>	04 Uniao Coimbra	<b>52.29</b>	634
50m: 25.53 25.53 100m: 52.29 26.76			
2. Jose Diogo, DIAS	04 Fundacao Beatriz Santos	<b>56.60</b>	500
50m: 27.40 27.40 100m: 56.60 29.20			
3. Rui Mamede, SANTOS	04 Uniao Coimbra	<b>56.86</b>	493
50m: 27.55 27.55 100m: 56.86 29.31			
4. Gustavo Pires, MARQUES	04 Fundacao Beatriz Santos	<b>57.04</b>	489
50m: 27.90 27.90 100m: 57.04 29.14			
5. Dinis Miranda, DIOGO	04 Fundacao Beatriz Santos	<b>57.81</b>	469
50m: 27.72 27.72 100m: 57.81 30.09			
6. Rafael Alves, CAMPOS	04 S. Pedro Alva	<b>58.07</b>	463
50m: 27.81 27.81 100m: 58.07 30.26			
7. Alexandre Viegas, MARTINS	04 Uniao Coimbra	<b>59.04</b>	441
50m: 27.93 27.93 100m: 59.04 31.11			
8. Goncalo Daniel, OLIVEIRA	04 Fundacao Beatriz Santos	<b>59.38</b>	433
50m: 29.27 29.27 100m: 59.38 30.11			
9. Tiago Andre, POIARES	04 Fundacao Beatriz Santos	<b>1:01.11</b>	397
50m: 29.95 29.95 100m: 1:01.11 31.16			
10. Pedro Miguel, FLORIDO	04 Fundacao Beatriz Santos	<b>1:03.13</b>	360
50m: 30.81 30.81 100m: 1:03.13 32.32			
11. Carlos Martins, MARQUES	04 Uniao Coimbra	<b>1:04.28</b>	341
50m: 30.90 30.90 100m: 1:04.28 33.38			
12. Renato Maria, FERREIRA	04 Vigor da Mocidade	<b>1:05.46</b>	323
50m: 31.42 31.42 100m: 1:05.46 34.04			
13. Cristiano Rodrigues, FERNANDES	04 Louzan Natacao	<b>1:06.44</b>	309
50m: 32.06 32.06 100m: 1:06.44 34.38			
14. Afonso Corte-Real, GRILO	04 Fundacao Beatriz Santos	<b>1:06.67</b>	306
50m: 32.43 32.43 100m: 1:06.67 34.24			
DNS Goncalo Brites, MOITA	04 Uniao Coimbra		

Prova 5 Masc., 100m Livres Juvenis A  
11-05-2019 - 16:50 Resultados

Rec Nac Absoluto	47.61	Miguel Duarte, NASCIMENTO		Hangzhou (CHN)	2018
Rec Nac Juv A	50.82	Tiago Andre, VENANCIO	CNS	Braga	2003
Rec Reg ANC	53.28	Gustavo Almeida, MADUREIRA	AAC		2009

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Martim Miranda, MACHADO	03 Uniao Coimbra	<b>56.82</b>	494
50m: 27.73 27.73 100m: 56.82 29.09			
2. Manuel Baptista, SIMOES	03 Uniao Coimbra	<b>57.07</b>	488
50m: 27.12 27.12 100m: 57.07 29.95			
3. Alexandre Miguel, BRAS	03 S. Pedro Alva	<b>57.16</b>	485
50m: 27.09 27.09 100m: 57.16 30.07			

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Prova 5, Masc., 100m Livres, Juvenis A

Lugar	Ano	Tempo final	Pts
4. David Valdagua, COUTINHO 50m: 28.98 28.98 100m: 1:00.28 31.30	03 Columbofila Cantanhedense	<b>1:00.28</b>	414
5. Bernardo Jorge, VENTURA 50m: 29.68 29.68 100m: 1:00.45 30.77	03 Academica de Coimbra	<b>1:00.45</b>	410
6. Goncalo Pires, LOURENCO 50m: 29.73 29.73 100m: 1:00.97 31.24	03 Fundacao Beatriz Santos	<b>1:00.97</b>	400
7. Filipe Apostolo, GASPAR 50m: 30.08 30.08 100m: 1:01.38 31.30	03 Freguesia de Paiao	<b>1:01.38</b>	392
8. Ricardo Martins, CARVALHO 50m: 30.93 30.93 100m: 1:04.21 33.28	03 Fundacao Beatriz Santos	<b>1:04.21</b>	342
9. Tomas Alexandre, LARANJEIRA 50m: 32.30 32.30 100m: 1:08.89 36.59	03 S. Pedro Alva	<b>1:08.89</b>	277

Prova 5  
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Masc., 100m Livres

Juniores  
Resultados

Rec Nac Absoluto	47.61	Miguel Duarte, NASCIMENTO	Hangzhou (CHN)	2018
Rec Nac Jun18	48.38	Tiago Andre, VENANCIO	CNS Cantanhede	2004
Rec Nac Jun17	49.87	Tiago Andre, VENANCIO	CNS Estoril	2004
Rec Reg ANC Jun18	51.21	Mário Alexandre, PEREIRA	CNAC	2009
Rec Reg ANC Jun17	51.92	Gabriel José, LOPES	CDL	2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ricardo Jorge, DOMINGUES 50m: 26.26 26.26 100m: 54.46 28.20	02 Fundacao Beatriz Santos	<b>54.46</b>	561
2. Joao Neto, PEREIRA 50m: 26.50 26.50 100m: 54.63 28.13	02 Fundacao Beatriz Santos	<b>54.63</b>	556
3. Bernardo Vinagre, ARZILEIRO 50m: 27.10 27.10 100m: 55.61 28.51	01 Uniao Coimbra	<b>55.61</b>	527
4. Pedro Simoes, RODRIGUES 50m: 27.18 27.18 100m: 56.04 28.86	01 Uniao Coimbra	<b>56.04</b>	515
5. Vasco Pereira, BASTOS 50m: 28.24 28.24 100m: 56.66 28.42	02 Nautico Academico	<b>56.66</b>	498
6. Tomas Pedrosa, MIGUEL 50m: 27.29 27.29 100m: 56.87 29.58	02 Condeixa Clube	<b>56.87</b>	493
7. Miguel Freitas, OVIEDO 50m: 27.83 27.83 100m: 56.95 29.12	02 Academica de Coimbra	<b>56.95</b>	491
8. Gabriel Jose, JULIO 50m: 27.93 27.93 100m: 57.68 29.75	01 Academica de Coimbra	<b>57.68</b>	472
9. Joao Ventura, PAIS 50m: 27.86 27.86 100m: 58.09 30.23	02 Fundacao Beatriz Santos	<b>58.09</b>	463
10. Joao Pedro, DIAS 50m: 27.89 27.89 100m: 58.16 30.27	02 Fundacao Beatriz Santos	<b>58.16</b>	461
11. Duarte Anastacio, SOUSA 50m: 28.22 28.22 100m: 58.96 30.74	02 Uniao Coimbra	<b>58.96</b>	442
12. Alberto Antonio, SANTOS 50m: 28.36 28.36 100m: 59.51 31.15	01 S. Pedro Alva	<b>59.51</b>	430
13. Claudio Rafael, CORDEIRO 50m: 28.39 28.39 100m: 59.74 31.35	02 Individual ANC	<b>59.74</b>	425



Torneio Nadador Completo Juvenis, Juniores e Séniores  
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Prova 5, Masc., 100m Livres, Juniores

Lugar	Ano	Tempo final	Pts
14. Rui Joao, MARQUES 50m: 28.99 28.99 100m: 1:00.53 31.54	02 Nautico Academico	<b>1:00.53</b>	409
15. Diogo Miguel, PISCO 50m: 28.83 28.83 100m: 1:00.64 31.81	01 S. Pedro Alva	<b>1:00.64</b>	407
16. Gabriel Jose, FIGUEIRA 50m: 30.41 30.41 100m: 1:03.33 32.92	01 Academica de Coimbra	<b>1:03.33</b>	357
17. Goncalo Soares, RAMOS 50m: 30.72 30.72 100m: 1:04.46 33.74	02 Ginasio Figueirense	<b>1:04.46</b>	338
DNS Diogo Luis, BRED A	01 Academica de Coimbra		

Prova 5 Masc., 100m Livres Seniores Resultados

Rec Nac Absoluto	47.61	Miguel Duarte, NASCIMENTO		Hangzhou (CHN)	2018
Rec Nac Sen	47.61	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Reg ANC	49.13	Mário Alexandre, PEREIRA	CNAC		2015

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Gustavo Almeida, MADUREIRA 50m: 24.58 24.58 100m: 51.09 26.51	94 Academica de Coimbra	<b>51.09</b>	680
2. Miguel Diogo, AGOSTINHO 50m: 26.32 26.32 100m: 53.85 27.53	00 Fundacao Beatriz Santos	<b>53.85</b>	581
3. Rodrigo Ribeiro, GOMES 50m: 26.08 26.08 100m: 55.25 29.17	00 Fundacao Beatriz Santos	<b>55.25</b>	538
DNS Gabriel Jose, LOPES	97 Louzan Natacao		

Prova 5 Masc., 100m Livres Absoluto Resultados

Rec Nac Absoluto	47.61	Miguel Duarte, NASCIMENTO		Hangzhou (CHN)	2018
Rec Nac Sen	47.61	Miguel Duarte, NASCIMENTO	POR	Hangzhou (CHN)	2018
Rec Nac Jun18	48.38	Tiago Andre, VENANCIO	CNS	Cantanhede	2004
Rec Nac Jun17	49.87	Tiago Andre, VENANCIO	CNS	Estoril	2004
Rec Nac Juv A	50.82	Tiago Andre, VENANCIO	CNS	Braga	2003
Rec Nac Juv B	52.38	Diogo Matos, RIBEIRO	CUC	Felgueiras	2019
Rec Nac Inf A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	2018
Rec Nac Inf B	57.40	Tiago Filipe, PEREIRA	DNMG	Caldas da Rainha	2004
Rec Reg ANC Sen	49.13	Mário Alexandre, PEREIRA	CNAC		2015
Rec Reg ANC Jun18	51.21	Mário Alexandre, PEREIRA	CNAC		2009
Rec Reg ANC Jun17	51.92	Gabriel José, LOPES	CDL		2014
Rec Reg ANC Juv A	53.28	Gustavo Almeida, MADUREIRA	AAC		2009
Rec Reg ANC Juv B	52.38	Diogo Matos, RIBEIRO	CUC		2019
Rec Reg ANC Inf A	54.35	Diogo Matos, RIBEIRO	CUC		2018
Rec Reg ANC Inf B	58.55	Diogo Matos, RIBEIRO	CNAC		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Gustavo Almeida, MADUREIRA 50m: 24.58 24.58 100m: 51.09 26.51	94 Academica de Coimbra	<b>51.09</b>	680
2. Diogo Matos, RIBEIRO <i>Rec Nacional</i> 50m: 25.53 25.53 100m: 52.29 26.76	04 Uniao Coimbra	<b>52.29</b>	634
3. Miguel Diogo, AGOSTINHO 50m: 26.32 26.32 100m: 53.85 27.53	00 Fundacao Beatriz Santos	<b>53.85</b>	581
4. Ricardo Jorge, DOMINGUES 50m: 26.26 26.26 100m: 54.46 28.20	02 Fundacao Beatriz Santos	<b>54.46</b>	561

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 5, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
5. Joao Neto, PEREIRA 50m: 26.50 26.50 100m: 54.63 28.13	02 Fundacao Beatriz Santos	<b>54.63</b>	556
6. Rodrigo Ribeiro, GOMES 50m: 26.08 26.08 100m: 55.25 29.17	00 Fundacao Beatriz Santos	<b>55.25</b>	538
7. Bernardo Vinagre, ARZILEIRO 50m: 27.10 27.10 100m: 55.61 28.51	01 Uniao Coimbra	<b>55.61</b>	527
8. Pedro Simoes, RODRIGUES 50m: 27.18 27.18 100m: 56.04 28.86	01 Uniao Coimbra	<b>56.04</b>	515
9. Jose Diogo, DIAS 50m: 27.40 27.40 100m: 56.60 29.20	04 Fundacao Beatriz Santos	<b>56.60</b>	500
10. Vasco Pereira, BASTOS 50m: 28.24 28.24 100m: 56.66 28.42	02 Nautico Academico	<b>56.66</b>	498
11. Martim Miranda, MACHADO 50m: 27.73 27.73 100m: 56.82 29.09	03 Uniao Coimbra	<b>56.82</b>	494
12. Rui Mamede, SANTOS 50m: 27.55 27.55 100m: 56.86 29.31	04 Uniao Coimbra	<b>56.86</b>	493
13. Tomas Pedrosa, MIGUEL 50m: 27.29 27.29 100m: 56.87 29.58	02 Condeixa Clube	<b>56.87</b>	493
14. Miguel Freitas, OVIEDO 50m: 27.83 27.83 100m: 56.95 29.12	02 Academica de Coimbra	<b>56.95</b>	491
15. Gustavo Pires, MARQUES 50m: 27.90 27.90 100m: 57.04 29.14	04 Fundacao Beatriz Santos	<b>57.04</b>	489
16. Manuel Baptista, SIMOES 50m: 27.12 27.12 100m: 57.07 29.95	03 Uniao Coimbra	<b>57.07</b>	488
17. Alexandre Miguel, BRAS 50m: 27.09 27.09 100m: 57.16 30.07	03 S. Pedro Alva	<b>57.16</b>	485
18. Gabriel Jose, JULIO 50m: 27.93 27.93 100m: 57.68 29.75	01 Academica de Coimbra	<b>57.68</b>	472
19. Dinis Miranda, DIOGO 50m: 27.72 27.72 100m: 57.81 30.09	04 Fundacao Beatriz Santos	<b>57.81</b>	469
20. Rafael Alves, CAMPOS 50m: 27.81 27.81 100m: 58.07 30.26	04 S. Pedro Alva	<b>58.07</b>	463
21. Joao Ventura, PAIS 50m: 27.86 27.86 100m: 58.09 30.23	02 Fundacao Beatriz Santos	<b>58.09</b>	463
22. Joao Pedro, DIAS 50m: 27.89 27.89 100m: 58.16 30.27	02 Fundacao Beatriz Santos	<b>58.16</b>	461
23. Duarte Anastacio, SOUSA 50m: 28.22 28.22 100m: 58.96 30.74	02 Uniao Coimbra	<b>58.96</b>	442
24. Alexandre Viegas, MARTINS 50m: 27.93 27.93 100m: 59.04 31.11	04 Uniao Coimbra	<b>59.04</b>	441
25. Goncalo Daniel, OLIVEIRA 50m: 29.27 29.27 100m: 59.38 30.11	04 Fundacao Beatriz Santos	<b>59.38</b>	433
26. Alberto Antonio, SANTOS 50m: 28.36 28.36 100m: 59.51 31.15	01 S. Pedro Alva	<b>59.51</b>	430
27. Claudio Rafael, CORDEIRO 50m: 28.39 28.39 100m: 59.74 31.35	02 Individual ANC	<b>59.74</b>	425
28. David Valdagua, COUTINHO 50m: 28.98 28.98 100m: 1:00.28 31.30	03 Columbofila Cantanhedense	<b>1:00.28</b>	414

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 5, Masc., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
29. Bernardo Jorge, VENTURA 50m: 29.68 29.68 100m: 1:00.45 30.77	03 Academica de Coimbra	<b>1:00.45</b>	410
30. Rui Joao, MARQUES 50m: 28.99 28.99 100m: 1:00.53 31.54	02 Nautico Academico	<b>1:00.53</b>	409
31. Diogo Miguel, PISCO 50m: 28.83 28.83 100m: 1:00.64 31.81	01 S. Pedro Alva	<b>1:00.64</b>	407
32. Goncalo Pires, LOURENCO 50m: 29.73 29.73 100m: 1:00.97 31.24	03 Fundacao Beatriz Santos	<b>1:00.97</b>	400
33. Tiago Andre, POIARES 50m: 29.95 29.95 100m: 1:01.11 31.16	04 Fundacao Beatriz Santos	<b>1:01.11</b>	397
34. Filipe Apostolo, GASPAS 50m: 30.08 30.08 100m: 1:01.38 31.30	03 Freguesia de Paiao	<b>1:01.38</b>	392
35. Pedro Miguel, FLORIDO 50m: 30.81 30.81 100m: 1:03.13 32.32	04 Fundacao Beatriz Santos	<b>1:03.13</b>	360
36. Gabriel Jose, FIGUEIRA 50m: 30.41 30.41 100m: 1:03.33 32.92	01 Academica de Coimbra	<b>1:03.33</b>	357
37. Ricardo Martins, CARVALHO 50m: 30.93 30.93 100m: 1:04.21 33.28	03 Fundacao Beatriz Santos	<b>1:04.21</b>	342
38. Carlos Martins, MARQUES 50m: 30.90 30.90 100m: 1:04.28 33.38	04 Uniao Coimbra	<b>1:04.28</b>	341
39. Goncalo Soares, RAMOS 50m: 30.72 30.72 100m: 1:04.46 33.74	02 Ginasio Figueirense	<b>1:04.46</b>	338
40. Renato Maria, FERREIRA 50m: 31.42 31.42 100m: 1:05.46 34.04	04 Vigor da Mocidade	<b>1:05.46</b>	323
41. Cristiano Rodrigues, FERNANDES 50m: 32.06 32.06 100m: 1:06.44 34.38	04 Louzan Natacao	<b>1:06.44</b>	309
42. Afonso Corte-Real, GRILLO 50m: 32.43 32.43 100m: 1:06.67 34.24	04 Fundacao Beatriz Santos	<b>1:06.67</b>	306
43. Tomas Alexandre, LARANJEIRA 50m: 32.30 32.30 100m: 1:08.89 36.59	03 S. Pedro Alva	<b>1:08.89</b>	277
DNS Gabriel Jose, LOPES	97 Louzan Natacao		
DNS Diogo Luis, BRENDA	01 Academica de Coimbra		
DNS Goncalo Brites, MOITA	04 Uniao Coimbra		
EXH Francisco Miguel, MENDES 50m: 27.56 27.56 100m: 56.84 29.28	01 Nautico Academico	<b>56.84</b>	494
EXH Rodrigo Santos, LADEIRA 50m: 27.09 27.09 100m: 57.10 30.01	97 Fundacao Beatriz Santos	<b>57.10</b>	487
EXH Fabio Mondego, CENTEIO 50m: 28.05 28.05 100m: 58.05 30.00	94 Academica de Coimbra	<b>58.05</b>	463
EXH Francisco Vital, MARQUES 50m: 40.65 40.65 100m: 1:27.02 46.37	04 Nautico Academico	<b>1:27.02</b>	137

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 6 Femin., 100m Livres Juvenis B  
11-05-2019 - 17:05 Resultados

Rec Nac Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Juv B	58.73	Carolina Miranda, FERNANDES	POR	Vila Real St. Antonio	2018
Rec Reg ANC Absoluto	57.26	Matilde Freitas, MOREIRA	AAC		2018
Rec Reg ANC Juv B	59.09	Camila Rodrigues, REBELO	ALN		2016

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Mariana Carmo, ROSA		05	Louzan Natacao		<b>1:00.77</b>	565
	50m: 29.59 29.59	100m: 1:00.77		31.18			
2.	Marisa Isabel, NOBRE		05	Columbofila Cantanhedense		<b>1:01.57</b>	543
	50m: 30.28 30.28	100m: 1:01.57		31.29			
3.	Barbara Almeida, SIMOES		05	Uniao Coimbra		<b>1:06.06</b>	440
	50m: 32.08 32.08	100m: 1:06.06		33.98			
4.	Beatriz Sa, GAMA		05	Condeixa Clube		<b>1:10.45</b>	362
	50m: 33.97 33.97	100m: 1:10.45		36.48			
5.	Camila Cavaleiro, SILVA		05	Columbofila Cantanhedense		<b>1:10.50</b>	362
	50m: 34.75 34.75	100m: 1:10.50		35.75			
6.	Beatriz Pereira, MARQUES		05	Columbofila Cantanhedense		<b>1:10.60</b>	360
	50m: 34.55 34.55	100m: 1:10.60		36.05			
7.	Matilde Santos, CARDOSO		05	Fundacao Beatriz Santos		<b>1:11.18</b>	351
	50m: 34.14 34.14	100m: 1:11.18		37.04			
8.	Maria Fernandes, LOBO		05	Nautico Academico		<b>1:11.90</b>	341
	50m: 34.11 34.11	100m: 1:11.90		37.79			
9.	Maria Ines, ALVES		05	Academica de Coimbra		<b>1:12.83</b>	328
	50m: 35.21 35.21	100m: 1:12.83		37.62			
10.	Maria Costa, TEJO		05	Academica de Coimbra		<b>1:12.85</b>	328
	50m: 35.43 35.43	100m: 1:12.85		37.42			
11.	Maria Lucas, SANTOS		05	Condeixa Clube		<b>1:13.09</b>	324
	50m: 34.69 34.69	100m: 1:13.09		38.40			
12.	Helena Carolina, DINIS		05	Academica de Coimbra		<b>1:14.20</b>	310
	50m: 35.54 35.54	100m: 1:14.20		38.66			
13.	Rita Lima, PIRES		05	Nautico Academico		<b>1:14.36</b>	308
	50m: 35.87 35.87	100m: 1:14.36		38.49			
14.	Filipa Moniz, PISSARRO		05	Academica de Coimbra		<b>1:15.21</b>	298
	50m: 35.76 35.76	100m: 1:15.21		39.45			
DNS	Beatriz Ferreira, LOISAS		05	Columbofila Cantanhedense			

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 6, Femin., 100m Livres

Prova 6	Femin., 100m Livres				Juvenis A
11-05-2019 - 17:05					Resultados
Rec Nac Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Juv A	57.49	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Reg ANC Absoluto	57.26	Matilde Freitas, MOREIRA	AAC		2018
Rec Reg ANC Juv A	58.34	Alexandra Couto, FRAZÃO	FBSC		2017

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Joana Francisca, RODRIGUES	04	Uniao Coimbra			<b>1:01.34</b>	549
	50m: 29.69 29.69	100m: 1:01.34	31.65				
2.	Ana Carolina, MONTEIRO	04	Uniao Coimbra			<b>1:02.61</b>	516
	50m: 30.16 30.16	100m: 1:02.61	32.45				
3.	Maria Caetano, LAMAS	04	Miranda do Corvo			<b>1:03.97</b>	484
	50m: 30.95 30.95	100m: 1:03.97	33.02				
4.	Ana Filipa, SILVA	04	Academica de Coimbra			<b>1:05.49</b>	451
	50m: 31.92 31.92	100m: 1:05.49	33.57				
5.	Leonor Correia, CUNHA	04	Fundacao Beatriz Santos			<b>1:05.82</b>	444
	50m: 31.73 31.73	100m: 1:05.82	34.09				
6.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos			<b>1:05.84</b>	444
	50m: 32.17 32.17	100m: 1:05.84	33.67				
7.	Leonor Correia, PAIVA	04	Louzan Natacao			<b>1:06.11</b>	439
	50m: 32.02 32.02	100m: 1:06.11	34.09				
8.	Marta Domingues, GAMEIRO	04	Nautico Academico			<b>1:07.50</b>	412
	50m: 32.67 32.67	100m: 1:07.50	34.83				
9.	Mafalda Vestia, FIDALGO	04	Uniao Coimbra			<b>1:08.19</b>	400
	50m: 32.83 32.83	100m: 1:08.19	35.36				
10.	Daniela Portela, MENDES	04	Fundacao Beatriz Santos			<b>1:08.45</b>	395
	50m: 32.84 32.84	100m: 1:08.45	35.61				
11.	Maria Ines, DIONISIO	04	Fundacao Beatriz Santos			<b>1:09.09</b>	384
	50m: 33.42 33.42	100m: 1:09.09	35.67				
12.	Ines Dias, CRUZ	04	Condeixa Clube			<b>1:09.61</b>	376
	50m: 34.28 34.28	100m: 1:09.61	35.33				
13.	Maria Beatriz, RODRIGUES	04	Condeixa Clube			<b>1:11.20</b>	351
	50m: 35.23 35.23	100m: 1:11.20	35.97				
14.	Filipa Victor, VIEIRA	04	Academica de Coimbra			<b>1:11.36</b>	349
	50m: 34.74 34.74	100m: 1:11.36	36.62				
15.	Laura Rodrigues, MARGATO	04	Academica de Coimbra			<b>1:11.46</b>	347
	50m: 34.63 34.63	100m: 1:11.46	36.83				
16.	Leonor Horta, COSTA	04	Individual ANC			<b>1:11.82</b>	342
	50m: 34.28 34.28	100m: 1:11.82	37.54				
17.	Diana Costa, OLIVEIRA	04	Uniao Coimbra			<b>1:12.14</b>	337
	50m: 34.84 34.84	100m: 1:12.14	37.30				
18.	Beatriz Beja, AFONSO	04	Academica de Coimbra			<b>1:13.70</b>	316
	50m: 36.08 36.08	100m: 1:13.70	37.62				
19.	Ana Sofia, CASTANHEIRA	04	Condeixa Clube			<b>1:13.83</b>	315
	50m: 35.95 35.95	100m: 1:13.83	37.88				
20.	Joana Beatriz, RODRIGUES	04	Academica de Coimbra			<b>1:18.28</b>	264
	50m: 37.81 37.81	100m: 1:18.28	40.47				
21.	Maria Pedro, ASCENSO	04	Nautico Academico			<b>1:21.35</b>	235
	50m: 38.81 38.81	100m: 1:21.35	42.54				

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Prova 6, Femin., 100m Livres

Prova 6	Femin., 100m Livres				Juniores
11-05-2019 - 17:05					Resultados
Rec Nac Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Jun17	56.07	Ana Reis, SOUSA	SAD	Felgueiras	2018
Rec Nac Jun16	56.72	Ana Reis, SOUSA	CNLA	Porto	2017
Rec Reg ANC Absoluto	57.26	Matilde Freitas, MOREIRA	AAC		2018
Rec Reg ANC Jun17	57.84	Alexandra Couto, FRAZÃO	CAQC		2018
Rec Reg ANC Jun16	58.46	Mariana Cunha, GUERRA	ASSSCC		2013

Pontos: FINA 2018

Lugar			Ano		Tempo final	Pts
1.	Maria Carlota, REBELO		03	Louzan Natacao	<b>1:01.11</b>	555
	50m:	29.69 29.69	100m:	1:01.11 31.42		
2.	Camila Alexandra, SILVA		03	Columbofila Cantanhedense	<b>1:01.66</b>	541
	50m:	30.17 30.17	100m:	1:01.66 31.49		
3.	Beatriz Costa, TEJO		02	Academica de Coimbra	<b>1:01.82</b>	537
	50m:	30.03 30.03	100m:	1:01.82 31.79		
4.	Ines Mariana, PINHEIRO		03	Academica de Coimbra	<b>1:01.88</b>	535
	50m:	30.27 30.27	100m:	1:01.88 31.61		
5.	Sara Dias, NEVES		03	Miranda do Corvo	<b>1:02.74</b>	513
	50m:	30.55 30.55	100m:	1:02.74 32.19		
6.	Maria joao, PELAIO		03	Ginasio Figueirense	<b>1:02.89</b>	510
	50m:	30.93 30.93	100m:	1:02.89 31.96		
7.	Beatriz Almeida, PIRES		03	Uniao Coimbra	<b>1:03.91</b>	486
	50m:	30.76 30.76	100m:	1:03.91 33.15		
8.	Mariana Jacinto, SANTOS		03	Freguesia de Paiao	<b>1:04.09</b>	481
	50m:	31.16 31.16	100m:	1:04.09 32.93		
9.	Ines Pereira, SILVA		02	Fundacao Beatriz Santos	<b>1:04.32</b>	476
	50m:	30.82 30.82	100m:	1:04.32 33.50		
10.	Bruna Cruz, CARVALHO		03	S. Pedro Alva	<b>1:05.46</b>	452
	50m:	31.43 31.43	100m:	1:05.46 34.03		
11.	Beatriz Monteiro, TOMAS		03	Fundacao Beatriz Santos	<b>1:05.62</b>	449
	50m:	31.72 31.72	100m:	1:05.62 33.90		
12.	Ana Luisa, RODRIGUES		03	Louzan Natacao	<b>1:06.57</b>	430
	50m:	32.28 32.28	100m:	1:06.57 34.29		
13.	Ana Pereira, SOUSA		03	Ginasio Figueirense	<b>1:06.78</b>	426
	50m:	32.31 32.31	100m:	1:06.78 34.47		
14.	Barbara Azambujo, MELO		02	Academica de Coimbra	<b>1:06.95</b>	422
	50m:	31.68 31.68	100m:	1:06.95 35.27		
15.	Ines Matos, SOUSA		03	Uniao Coimbra	<b>1:06.99</b>	422
	50m:	32.56 32.56	100m:	1:06.99 34.43		
16.	Beatriz Carvalho, MARQUES		02	Academica de Coimbra	<b>1:09.99</b>	370
	50m:	34.02 34.02	100m:	1:09.99 35.97		

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Prova 6, Femin., 100m Livres

Prova 6 Femin., 100m Livres Seniores Resultados  
11-05-2019 - 17:05

Rec Nac Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Sen	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Reg ANC Absoluto	57.26	Matilde Freitas, MOREIRA	AAC		2018
Rec Reg ANC Sen	57.26	Matilde Freitas, MOREIRA	AAC		2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA 50m: 29.40 29.40 100m: 1:00.64 31.24	01 Academica de Coimbra	<b>1:00.64</b>	569
2. Sara Sofia, ALVES 50m: 30.13 30.13 100m: 1:01.67 31.54	01 Columbofila Cantanhedense	<b>1:01.67</b>	540

Prova 6 Femin., 100m Livres Absoluto Resultados  
11-05-2019 - 17:05

Rec Nac Absoluto	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Sen	55.12	Ana Pinho, RODRIGUES	ADS	Felgueiras	2018
Rec Nac Jun17	56.07	Ana Reis, SOUSA	SAD	Felgueiras	2018
Rec Nac Jun16	56.72	Ana Reis, SOUSA	CNLA	Porto	2017
Rec Nac Juv A	57.49	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Nac Juv B	58.73	Carolina Miranda, FERNANDES	POR	Vila Real St. Antonio	2018
Rec Nac Inf A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018
Rec Nac Inf B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	2017
Rec Reg ANC Absoluto	57.26	Matilde Freitas, MOREIRA	AAC		2018
Rec Reg ANC Sen	57.26	Matilde Freitas, MOREIRA	AAC		2014
Rec Reg ANC Jun17	57.84	Alexandra Couto, FRAZÃO	CAQC		2018
Rec Reg ANC Jun16	58.46	Mariana Cunha, GUERRA	ASSSCC		2013
Rec Reg ANC Juv A	58.34	Alexandra Couto, FRAZÃO	FBSC		2017
Rec Reg ANC Juv B	59.09	Camila Rodrigues, REBELO	ALN		2016
Rec Reg ANC Inf A	1:00.68	Camila Rodrigues, REBELO	ALN		2016
Rec Reg ANC Inf B	1:01.73	Mariana Cunha, GUERRA	ASSSCC		2010

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA 50m: 29.40 29.40 100m: 1:00.64 31.24	01 Academica de Coimbra	<b>1:00.64</b>	569
2. Mariana Carmo, ROSA 50m: 29.59 29.59 100m: 1:00.77 31.18	05 Louzan Natacao	<b>1:00.77</b>	565
3. Maria Carlota, REBELO 50m: 29.69 29.69 100m: 1:01.11 31.42	03 Louzan Natacao	<b>1:01.11</b>	555
4. Joana Francisca, RODRIGUES 50m: 29.69 29.69 100m: 1:01.34 31.65	04 Uniao Coimbra	<b>1:01.34</b>	549
5. Marisa Isabel, NOBRE 50m: 30.28 30.28 100m: 1:01.57 31.29	05 Columbofila Cantanhedense	<b>1:01.57</b>	543
6. Camila Alexandra, SILVA 50m: 30.17 30.17 100m: 1:01.66 31.49	03 Columbofila Cantanhedense	<b>1:01.66</b>	541
7. Sara Sofia, ALVES 50m: 30.13 30.13 100m: 1:01.67 31.54	01 Columbofila Cantanhedense	<b>1:01.67</b>	540
8. Beatriz Costa, TEJO 50m: 30.03 30.03 100m: 1:01.82 31.79	02 Academica de Coimbra	<b>1:01.82</b>	537
9. Ines Mariana, PINHEIRO 50m: 30.27 30.27 100m: 1:01.88 31.61	03 Academica de Coimbra	<b>1:01.88</b>	535
10. Ana Carolina, MONTEIRO 50m: 30.16 30.16 100m: 1:02.61 32.45	04 Uniao Coimbra	<b>1:02.61</b>	516

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Coimbra, 11- - 12-5-2019

Prova 6, Femin., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
11. Sara Dias, NEVES 50m: 30.55 30.55 100m: 1:02.74 32.19	03 Miranda do Corvo	<b>1:02.74</b>	513
12. Maria joao, PELAIO 50m: 30.93 30.93 100m: 1:02.89 31.96	03 Ginasio Figueirense	<b>1:02.89</b>	510
13. Beatriz Almeida, PIRES 50m: 30.76 30.76 100m: 1:03.91 33.15	03 Uniao Coimbra	<b>1:03.91</b>	486
14. Maria Caetano, LAMAS 50m: 30.95 30.95 100m: 1:03.97 33.02	04 Miranda do Corvo	<b>1:03.97</b>	484
15. Mariana Jacinto, SANTOS 50m: 31.16 31.16 100m: 1:04.09 32.93	03 Freguesia de Paiao	<b>1:04.09</b>	481
16. Ines Pereira, SILVA 50m: 30.82 30.82 100m: 1:04.32 33.50	02 Fundacao Beatriz Santos	<b>1:04.32</b>	476
17. Bruna Cruz, CARVALHO 50m: 31.43 31.43 100m: 1:05.46 34.03	03 S. Pedro Alva	<b>1:05.46</b>	452
18. Ana Filipa, SILVA 50m: 31.92 31.92 100m: 1:05.49 33.57	04 Academica de Coimbra	<b>1:05.49</b>	451
19. Beatriz Monteiro, TOMAS 50m: 31.72 31.72 100m: 1:05.62 33.90	03 Fundacao Beatriz Santos	<b>1:05.62</b>	449
20. Leonor Correia, CUNHA 50m: 31.73 31.73 100m: 1:05.82 34.09	04 Fundacao Beatriz Santos	<b>1:05.82</b>	444
21. Ana Catarina, SILVA 50m: 32.17 32.17 100m: 1:05.84 33.67	04 Fundacao Beatriz Santos	<b>1:05.84</b>	444
22. Barbara Almeida, SIMOES 50m: 32.08 32.08 100m: 1:06.06 33.98	05 Uniao Coimbra	<b>1:06.06</b>	440
23. Leonor Correia, PAIVA 50m: 32.02 32.02 100m: 1:06.11 34.09	04 Louzan Natacao	<b>1:06.11</b>	439
24. Ana Luisa, RODRIGUES 50m: 32.28 32.28 100m: 1:06.57 34.29	03 Louzan Natacao	<b>1:06.57</b>	430
25. Ana Pereira, SOUSA 50m: 32.31 32.31 100m: 1:06.78 34.47	03 Ginasio Figueirense	<b>1:06.78</b>	426
26. Barbara Azambujo, MELO 50m: 31.68 31.68 100m: 1:06.95 35.27	02 Academica de Coimbra	<b>1:06.95</b>	422
27. Ines Matos, SOUSA 50m: 32.56 32.56 100m: 1:06.99 34.43	03 Uniao Coimbra	<b>1:06.99</b>	422
28. Marta Domingues, GAMEIRO 50m: 32.67 32.67 100m: 1:07.50 34.83	04 Nautico Academico	<b>1:07.50</b>	412
29. Mafalda Vestia, FIDALGO 50m: 32.83 32.83 100m: 1:08.19 35.36	04 Uniao Coimbra	<b>1:08.19</b>	400
30. Daniela Portela, MENDES 50m: 32.84 32.84 100m: 1:08.45 35.61	04 Fundacao Beatriz Santos	<b>1:08.45</b>	395
31. Maria Ines, DIONISIO 50m: 33.42 33.42 100m: 1:09.09 35.67	04 Fundacao Beatriz Santos	<b>1:09.09</b>	384
32. Ines Dias, CRUZ 50m: 34.28 34.28 100m: 1:09.61 35.33	04 Condeixa Clube	<b>1:09.61</b>	376
33. Beatriz Carvalho, MARQUES 50m: 34.02 34.02 100m: 1:09.99 35.97	02 Academica de Coimbra	<b>1:09.99</b>	370
34. Beatriz Sa, GAMA 50m: 33.97 33.97 100m: 1:10.45 36.48	05 Condeixa Clube	<b>1:10.45</b>	362



Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 6, Femin., 100m Livres, Absoluto

Lugar	Ano	Tempo final	Pts
35. Camila Cavaleiro, SILVA 50m: 34.75 34.75 100m: 1:10.50	05	Columbofila Cantanhedense 35.75	<b>1:10.50</b> 362
36. Beatriz Pereira, MARQUES 50m: 34.55 34.55 100m: 1:10.60	05	Columbofila Cantanhedense 36.05	<b>1:10.60</b> 360
37. Matilde Santos, CARDOSO 50m: 34.14 34.14 100m: 1:11.18	05	Fundacao Beatriz Santos 37.04	<b>1:11.18</b> 351
38. Maria Beatriz, RODRIGUES 50m: 35.23 35.23 100m: 1:11.20	04	Condeixa Clube 35.97	<b>1:11.20</b> 351
39. Filipa Victor, VIEIRA 50m: 34.74 34.74 100m: 1:11.36	04	Academica de Coimbra 36.62	<b>1:11.36</b> 349
40. Laura Rodrigues, MARGATO 50m: 34.63 34.63 100m: 1:11.46	04	Academica de Coimbra 36.83	<b>1:11.46</b> 347
41. Leonor Horta, COSTA 50m: 34.28 34.28 100m: 1:11.82	04	Individual ANC 37.54	<b>1:11.82</b> 342
42. Maria Fernandes, LOBO 50m: 34.11 34.11 100m: 1:11.90	05	Nautico Academico 37.79	<b>1:11.90</b> 341
43. Diana Costa, OLIVEIRA 50m: 34.84 34.84 100m: 1:12.14	04	Uniao Coimbra 37.30	<b>1:12.14</b> 337
44. Maria Ines, ALVES 50m: 35.21 35.21 100m: 1:12.83	05	Academica de Coimbra 37.62	<b>1:12.83</b> 328
45. Maria Costa, TEJO 50m: 35.43 35.43 100m: 1:12.85	05	Academica de Coimbra 37.42	<b>1:12.85</b> 328
46. Maria Lucas, SANTOS 50m: 34.69 34.69 100m: 1:13.09	05	Condeixa Clube 38.40	<b>1:13.09</b> 324
47. Beatriz Beja, AFONSO 50m: 36.08 36.08 100m: 1:13.70	04	Academica de Coimbra 37.62	<b>1:13.70</b> 316
48. Ana Sofia, CASTANHEIRA 50m: 35.95 35.95 100m: 1:13.83	04	Condeixa Clube 37.88	<b>1:13.83</b> 315
49. Helena Carolina, DINIS 50m: 35.54 35.54 100m: 1:14.20	05	Academica de Coimbra 38.66	<b>1:14.20</b> 310
50. Rita Lima, PIRES 50m: 35.87 35.87 100m: 1:14.36	05	Nautico Academico 38.49	<b>1:14.36</b> 308
51. Filipa Moniz, PISSARRO 50m: 35.76 35.76 100m: 1:15.21	05	Academica de Coimbra 39.45	<b>1:15.21</b> 298
52. Joana Beatriz, RODRIGUES 50m: 37.81 37.81 100m: 1:18.28	04	Academica de Coimbra 40.47	<b>1:18.28</b> 264
53. Maria Pedro, ASCENSO 50m: 38.81 38.81 100m: 1:21.35	04	Nautico Academico 42.54	<b>1:21.35</b> 235
DNS Beatriz Ferreira, LOISAS	05	Columbofila Cantanhedense	
EXH Maria Miguel, GAMEIRO 50m: 31.66 31.66 100m: 1:05.55	03	Nautico Academico 33.89	<b>1:05.55</b> 450
EXH Sofia Tavares, JACINTO 50m: 34.99 34.99 100m: 1:13.50	03	Nautico Academico 38.51	<b>1:13.50</b> 319
EXH Laura Torrao, CARVALHO 50m: 36.42 36.42 100m: 1:16.62	05	Nautico Academico 40.20	<b>1:16.62</b> 282

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

2 - 2ª Jornada

12-05-2019 - 9:30

Prova 7 12-05-2019 - 9:30	Masc., 200m Estilos				Juvenis B Resultados
Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Juv B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	2003
Rec Reg ANC Absoluto	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Juv B	2:09.00	Diogo Matos, RIBEIRO	CUC		2018

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	Diogo Matos, RIBEIRO	04	Uniao Coimbra					<b>2:16.08</b>	522
	50m: 28.02 28.02	100m: 1:02.09	34.07	150m: 1:43.76	41.67	200m: 2:16.08	32.32		
2.	Dinis Miranda, DIOGO	04	Fundacao Beatriz Santos					<b>2:17.49</b>	506
	50m: 29.16 29.16	100m: 1:04.88	35.72	150m: 1:45.70	40.82	200m: 2:17.49	31.79		
3.	Jose Diogo, DIAS	04	Fundacao Beatriz Santos					<b>2:18.96</b>	491
	50m: 30.33 30.33	100m: 1:04.02	33.69	150m: 1:47.51	43.49	200m: 2:18.96	31.45		
4.	Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos					<b>2:19.21</b>	488
	50m: 30.06 30.06	100m: 1:05.80	35.74	150m: 1:48.62	42.82	200m: 2:19.21	30.59		
5.	Rui Mamede, SANTOS	04	Uniao Coimbra					<b>2:25.79</b>	425
	50m: 30.08 30.08	100m: 1:06.74	36.66	150m: 1:53.20	46.46	200m: 2:25.79	32.59		
6.	Alexandre Viegas, MARTINS	04	Uniao Coimbra					<b>2:26.96</b>	415
	50m: 29.79 29.79	100m: 1:07.20	37.41	150m: 1:54.41	47.21	200m: 2:26.96	32.55		
7.	Rafael Alves, CAMPOS	04	S. Pedro Alva					<b>2:27.35</b>	411
	50m: 31.70 31.70	100m: 1:10.32	38.62	150m: 1:53.01	42.69	200m: 2:27.35	34.34		
8.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos					<b>2:27.57</b>	410
	50m: 32.61 32.61	100m: 1:12.61	40.00	150m: 1:54.03	41.42	200m: 2:27.57	33.54		
9.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos					<b>2:29.24</b>	396
	50m: 32.36 32.36	100m: 1:12.81	40.45	150m: 1:56.73	43.92	200m: 2:29.24	32.51		
10.	Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos					<b>2:33.43</b>	364
	50m: 31.00 31.00	100m: 1:12.01	41.01	150m: 1:57.93	45.92	200m: 2:33.43	35.50		
11.	Afonso Corte-Real, GRILO	04	Fundacao Beatriz Santos					<b>2:36.36</b>	344
	50m: 34.50 34.50	100m: 1:13.29	38.79	150m: 2:01.93	48.64	200m: 2:36.36	34.43		
12.	Carlos Martins, MARQUES	04	Uniao Coimbra					<b>2:38.04</b>	333
	50m: 34.16 34.16	100m: 1:13.92	39.76	150m: 1:59.97	46.05	200m: 2:38.04	38.07		
13.	Renato Maria, FERREIRA	04	Vigor da Mocidade					<b>2:40.58</b>	318
	50m: 35.10 35.10	100m: 1:15.07	39.97	150m: 2:04.23	49.16	200m: 2:40.58	36.35		
14.	Cristiano Rodrigues, FERNANDES	04	Louzan Natacao					<b>2:42.83</b>	305
	50m: 36.42 36.42	100m: 1:18.72	42.30	150m: 2:05.85	47.13	200m: 2:42.83	36.98		
DNS	Goncalo Brites, MOITA	04	Uniao Coimbra						

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 7, Masc., 200m Estilos

Prova 7 Masc., 200m Estilos Juvenis A  
12-05-2019 - 9:30 Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Juv A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	2004
Rec Reg ANC Absoluto	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Juv A	2:10.12	Gabriel José, LOPES	CDL		2003

Pontos: FINA 2018

Lugar	Ano		Tempo final				Pts
1. Manuel Baptista, SIMOES	03	Uniao Coimbra	<b>2:16.46</b>				518
50m: 28.59 28.59	100m: 1:04.59	36.00	150m: 1:46.14	41.55	200m: 2:16.46	30.32	
2. Martim Miranda, MACHADO	03	Uniao Coimbra	<b>2:21.57</b>				464
50m: 29.63 29.63	100m: 1:05.73	36.10	150m: 1:50.38	44.65	200m: 2:21.57	31.19	
3. Alexandre Miguel, BRAS	03	S. Pedro Alva	<b>2:25.60</b>				426
50m: 30.13 30.13	100m: 1:10.29	40.16	150m: 1:51.23	40.94	200m: 2:25.60	34.37	
4. David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>2:27.46</b>				410
50m: 32.40 32.40	100m: 1:09.66	37.26	150m: 1:55.25	45.59	200m: 2:27.46	32.21	
5. Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos	<b>2:29.46</b>				394
50m: 31.36 31.36	100m: 1:12.22	40.86	150m: 1:54.41	42.19	200m: 2:29.46	35.05	
6. Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos	<b>2:34.05</b>				360
50m: 32.82 32.82	100m: 1:13.42	40.60	150m: 1:59.81	46.39	200m: 2:34.05	34.24	
7. Filipe Apostolo, GASPAS	03	Freguesia de Paiao	<b>2:35.67</b>				349
50m: 34.27 34.27	100m: 1:16.46	42.19	150m: 2:02.77	46.31	200m: 2:35.67	32.90	
8. Bernardo Jorge, VENTURA	03	Academica de Coimbra	<b>2:36.38</b>				344
50m: 33.21 33.21	100m: 1:13.98	40.77	150m: 2:03.03	49.05	200m: 2:36.38	33.35	
9. Tomas Alexandre, LARANJEIRA	03	S. Pedro Alva	<b>2:48.25</b>				276
50m: 35.72 35.72	100m: 1:17.82	42.10	150m: 2:07.74	49.92	200m: 2:48.25	40.51	

Prova 7 Masc., 200m Estilos Juniores  
12-05-2019 - 9:30 Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Jun18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	2015
Rec Nac Jun17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	2005
Rec Reg ANC Absoluto	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Jun18	2:00.59	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	2:03.28	Tomás Miguel, VELOSO	CNAC		2012

Pontos: FINA 2018

Lugar	Ano		Tempo final				Pts
1. Ricardo Jorge, DOMINGUES	02	Fundacao Beatriz Santos	<b>2:13.57</b>				552
50m: 27.54 27.54	100m: 1:02.10	34.56	150m: 1:42.77	40.67	200m: 2:13.57	30.80	
2. Pedro Simoes, RODRIGUES	01	Uniao Coimbra	<b>2:14.05</b>				547
50m: 28.77 28.77	100m: 1:03.80	35.03	150m: 1:41.95	38.15	200m: 2:14.05	32.10	
3. Bernardo Vinagre, ARZILEIRO	01	Uniao Coimbra	<b>2:17.08</b>				511
50m: 29.12 29.12	100m: 1:02.71	33.59	150m: 1:46.31	43.60	200m: 2:17.08	30.77	
4. Joao Ventura, PAIS	02	Fundacao Beatriz Santos	<b>2:19.00</b>				490
50m: 30.59 30.59	100m: 1:08.31	37.72	150m: 1:46.82	38.51	200m: 2:19.00	32.18	
5. Miguel Freitas, OVIEDO	02	Academica de Coimbra	<b>2:19.35</b>				486
50m: 29.72 29.72	100m: 1:05.82	36.10	150m: 1:48.46	42.64	200m: 2:19.35	30.89	
6. Tomas Pedrosa, MIGUEL	02	Condeixa Clube	<b>2:19.93</b>				480
50m: 29.15 29.15	100m: 1:05.32	36.17	150m: 1:47.44	42.12	200m: 2:19.93	32.49	
7. Duarte Anastacio, SOUSA	02	Uniao Coimbra	<b>2:22.48</b>				455
50m: 30.91 30.91	100m: 1:08.96	38.05	150m: 1:49.40	40.44	200m: 2:22.48	33.08	

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 7, Masc., 200m Estilos, Juniores

Lugar			Ano					Tempo final	Pts
8.	Vasco Pereira, BASTOS	02	Nautico Academico					<b>2:22.82</b>	452
	50m: 31.14 31.14	100m: 1:08.96	37.82	150m: 1:49.84	40.88	200m: 2:22.82	32.98		
9.	Joao Pedro, DIAS	02	Fundacao Beatriz Santos					<b>2:23.03</b>	450
	50m: 31.19 31.19	100m: 1:04.56	33.37	150m: 1:49.54	44.98	200m: 2:23.03	33.49		
10.	Claudio Rafael, CORDEIRO	02	Individual ANC					<b>2:26.22</b>	421
	50m: 30.25 30.25	100m: 1:09.73	39.48	150m: 1:53.02	43.29	200m: 2:26.22	33.20		
11.	Alberto Antonio, SANTOS	01	S. Pedro Alva					<b>2:26.36</b>	420
	50m: 28.80 28.80	100m: 1:04.68	35.88	150m: 1:50.87	46.19	200m: 2:26.36	35.49		
12.	Joao Neto, PEREIRA	02	Fundacao Beatriz Santos					<b>2:28.65</b>	401
	50m: 31.03 31.03	100m: 1:06.70	35.67	150m: 1:57.42	50.72	200m: 2:28.65	31.23		
13.	Diogo Miguel, PISCO	01	S. Pedro Alva					<b>2:29.06</b>	397
	50m: 31.01 31.01	100m: 1:10.93	39.92	150m: 1:55.30	44.37	200m: 2:29.06	33.76		
14.	Rui Joao, MARQUES	02	Nautico Academico					<b>2:29.32</b>	395
	50m: 32.03 32.03	100m: 1:11.45	39.42	150m: 1:56.61	45.16	200m: 2:29.32	32.71		
15.	Gabriel Jose, JULIO	01	Academica de Coimbra					<b>2:33.69</b>	362
	50m: 31.57 31.57	100m: 1:12.05	40.48	150m: 2:00.14	48.09	200m: 2:33.69	33.55		
16.	Gabriel Jose, FIGUEIRA	01	Academica de Coimbra					<b>2:34.41</b>	357
	50m: 31.15 31.15	100m: 1:13.67	42.52	150m: 2:00.04	46.37	200m: 2:34.41	34.37		
17.	Goncalo Soares, RAMOS	02	Ginasio Figueirense					<b>2:41.60</b>	312
	50m: 36.13 36.13	100m: 1:18.28	42.15	150m: 2:04.87	46.59	200m: 2:41.60	36.73		
DNS	Diogo Luis, BREDA	01	Academica de Coimbra						

Prova 7  
12-05-2019 - 9:30

Masc., 200m Estilos

Seniores  
Resultados

Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Sen	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Reg ANC Absoluto	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Sen	1:55.08	Gabriel José, LOPES	ALN		2018

Pontos: FINA 2018

Lugar			Ano					Tempo final	Pts
1.	Gabriel Jose, LOPES	97	Louzan Natacao					<b>1:58.93</b>	783
	50m: 26.15 26.15	100m: 55.39	29.24	150m: 1:30.27	34.88	200m: 1:58.93	28.66		
2.	Miguel Diogo, AGOSTINHO	00	Fundacao Beatriz Santos					<b>2:14.94</b>	536
	50m: 30.30 30.30	100m: 1:05.36	35.06	150m: 1:45.79	40.43	200m: 2:14.94	29.15		
3.	Gustavo Almeida, MADUREIRA	94	Academica de Coimbra					<b>2:15.38</b>	531
	50m: 27.40 27.40	100m: 1:02.50	35.10	150m: 1:45.25	42.75	200m: 2:15.38	30.13		
DSQ	Rodrigo Ribeiro, GOMES	00	Fundacao Beatriz Santos						
	<i>batimentos de golfinho no percurso de braços</i>								

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Coimbra, 11- - 12-5-2019

Prova 7, Masc., 200m Estilos

Prova 7 12-05-2019 - 9:30	Masc., 200m Estilos				Absoluto Resultados
Rec Nac Absoluto	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Sen	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	2015
Rec Nac Jun18	2:00.59	Gabriel Jose, LOPES	ALN	Coimbra	2015
Rec Nac Jun17	2:02.96	Diogo Filipe, CARVALHO	CGA	Mealhada	2005
Rec Nac Juv A	2:05.34	Diogo Filipe, CARVALHO	CGA	Aveiro	2004
Rec Nac Juv B	2:08.27	Diogo Filipe, CARVALHO	CGA	Fafe	2003
Rec Nac Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	2004
Rec Nac Inf B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	2013
Rec Reg ANC Absoluto	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Sen	1:55.08	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Jun18	2:00.59	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	2:03.28	Tomás Miguel, VELOSO	CNAC		2012
Rec Reg ANC Juv A	2:10.12	Gabriel José, LOPES	CDL		2003
Rec Reg ANC Juv B	2:09.00	Diogo Matos, RIBEIRO	CUC		2018
Rec Reg ANC Inf A	2:16.35	Gabriel José, LOPES	CDL		2011
Rec Reg ANC Inf B	2:23.23	Diogo Matos, RIBEIRO	CNAC		2017

Pontos: FINA 2018

Lugar					Ano					Tempo final	Pts	
1.	Gabriel Jose, LOPES				97	Louzan Natacao				<b>1:58.93</b>	783	
	50m:	26.15	26.15	100m:	55.39	29.24	150m:	1:30.27	34.88	200m:	1:58.93	28.66
2.	Ricardo Jorge, DOMINGUES				02	Fundacao Beatriz Santos				<b>2:13.57</b>	552	
	50m:	27.54	27.54	100m:	1:02.10	34.56	150m:	1:42.77	40.67	200m:	2:13.57	30.80
3.	Pedro Simoes, RODRIGUES				01	Uniao Coimbra				<b>2:14.05</b>	547	
	50m:	28.77	28.77	100m:	1:03.80	35.03	150m:	1:41.95	38.15	200m:	2:14.05	32.10
4.	Miguel Diogo, AGOSTINHO				00	Fundacao Beatriz Santos				<b>2:14.94</b>	536	
	50m:	30.30	30.30	100m:	1:05.36	35.06	150m:	1:45.79	40.43	200m:	2:14.94	29.15
5.	Gustavo Almeida, MADUREIRA				94	Academica de Coimbra				<b>2:15.38</b>	531	
	50m:	27.40	27.40	100m:	1:02.50	35.10	150m:	1:45.25	42.75	200m:	2:15.38	30.13
6.	Diogo Matos, RIBEIRO				04	Uniao Coimbra				<b>2:16.08</b>	522	
	50m:	28.02	28.02	100m:	1:02.09	34.07	150m:	1:43.76	41.67	200m:	2:16.08	32.32
7.	Manuel Baptista, SIMOES				03	Uniao Coimbra				<b>2:16.46</b>	518	
	50m:	28.59	28.59	100m:	1:04.59	36.00	150m:	1:46.14	41.55	200m:	2:16.46	30.32
8.	Bernardo Vinagre, ARZILEIRO				01	Uniao Coimbra				<b>2:17.08</b>	511	
	50m:	29.12	29.12	100m:	1:02.71	33.59	150m:	1:46.31	43.60	200m:	2:17.08	30.77
9.	Dinis Miranda, DIOGO				04	Fundacao Beatriz Santos				<b>2:17.49</b>	506	
	50m:	29.16	29.16	100m:	1:04.88	35.72	150m:	1:45.70	40.82	200m:	2:17.49	31.79
10.	Jose Diogo, DIAS				04	Fundacao Beatriz Santos				<b>2:18.96</b>	491	
	50m:	30.33	30.33	100m:	1:04.02	33.69	150m:	1:47.51	43.49	200m:	2:18.96	31.45
11.	Joao Ventura, PAIS				02	Fundacao Beatriz Santos				<b>2:19.00</b>	490	
	50m:	30.59	30.59	100m:	1:08.31	37.72	150m:	1:46.82	38.51	200m:	2:19.00	32.18
12.	Gustavo Pires, MARQUES				04	Fundacao Beatriz Santos				<b>2:19.21</b>	488	
	50m:	30.06	30.06	100m:	1:05.80	35.74	150m:	1:48.62	42.82	200m:	2:19.21	30.59
13.	Miguel Freitas, OVIEDO				02	Academica de Coimbra				<b>2:19.35</b>	486	
	50m:	29.72	29.72	100m:	1:05.82	36.10	150m:	1:48.46	42.64	200m:	2:19.35	30.89
14.	Tomas Pedrosa, MIGUEL				02	Condeixa Clube				<b>2:19.93</b>	480	
	50m:	29.15	29.15	100m:	1:05.32	36.17	150m:	1:47.44	42.12	200m:	2:19.93	32.49
15.	Martim Miranda, MACHADO				03	Uniao Coimbra				<b>2:21.57</b>	464	
	50m:	29.63	29.63	100m:	1:05.73	36.10	150m:	1:50.38	44.65	200m:	2:21.57	31.19
16.	Duarte Anastacio, SOUSA				02	Uniao Coimbra				<b>2:22.48</b>	455	
	50m:	30.91	30.91	100m:	1:08.96	38.05	150m:	1:49.40	40.44	200m:	2:22.48	33.08

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
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Prova 7, Masc., 200m Estilos, Absoluto

Lugar			Ano					Tempo final	Pts
17.	Vasco Pereira, BASTOS	02	Nautico Academico					<b>2:22.82</b>	452
	50m: 31.14 31.14	100m: 1:08.96	37.82	150m: 1:49.84	40.88	200m: 2:22.82	32.98		
18.	Joao Pedro, DIAS	02	Fundacao Beatriz Santos					<b>2:23.03</b>	450
	50m: 31.19 31.19	100m: 1:04.56	33.37	150m: 1:49.54	44.98	200m: 2:23.03	33.49		
19.	Alexandre Miguel, BRAS	03	S. Pedro Alva					<b>2:25.60</b>	426
	50m: 30.13 30.13	100m: 1:10.29	40.16	150m: 1:51.23	40.94	200m: 2:25.60	34.37		
20.	Rui Mamede, SANTOS	04	Uniao Coimbra					<b>2:25.79</b>	425
	50m: 30.08 30.08	100m: 1:06.74	36.66	150m: 1:53.20	46.46	200m: 2:25.79	32.59		
21.	Claudio Rafael, CORDEIRO	02	Individual ANC					<b>2:26.22</b>	421
	50m: 30.25 30.25	100m: 1:09.73	39.48	150m: 1:53.02	43.29	200m: 2:26.22	33.20		
22.	Alberto Antonio, SANTOS	01	S. Pedro Alva					<b>2:26.36</b>	420
	50m: 28.80 28.80	100m: 1:04.68	35.88	150m: 1:50.87	46.19	200m: 2:26.36	35.49		
23.	Alexandre Viegas, MARTINS	04	Uniao Coimbra					<b>2:26.96</b>	415
	50m: 29.79 29.79	100m: 1:07.20	37.41	150m: 1:54.41	47.21	200m: 2:26.96	32.55		
24.	Rafael Alves, CAMPOS	04	S. Pedro Alva					<b>2:27.35</b>	411
	50m: 31.70 31.70	100m: 1:10.32	38.62	150m: 1:53.01	42.69	200m: 2:27.35	34.34		
25.	David Valdagua, COUTINHO	03	Columbofila Cantanhedense					<b>2:27.46</b>	410
	50m: 32.40 32.40	100m: 1:09.66	37.26	150m: 1:55.25	45.59	200m: 2:27.46	32.21		
26.	Tiago Andre, POIARES	04	Fundacao Beatriz Santos					<b>2:27.57</b>	410
	50m: 32.61 32.61	100m: 1:12.61	40.00	150m: 1:54.03	41.42	200m: 2:27.57	33.54		
27.	Joao Neto, PEREIRA	02	Fundacao Beatriz Santos					<b>2:28.65</b>	401
	50m: 31.03 31.03	100m: 1:06.70	35.67	150m: 1:57.42	50.72	200m: 2:28.65	31.23		
28.	Diogo Miguel, PISCO	01	S. Pedro Alva					<b>2:29.06</b>	397
	50m: 31.01 31.01	100m: 1:10.93	39.92	150m: 1:55.30	44.37	200m: 2:29.06	33.76		
29.	Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos					<b>2:29.24</b>	396
	50m: 32.36 32.36	100m: 1:12.81	40.45	150m: 1:56.73	43.92	200m: 2:29.24	32.51		
30.	Rui Joao, MARQUES	02	Nautico Academico					<b>2:29.32</b>	395
	50m: 32.03 32.03	100m: 1:11.45	39.42	150m: 1:56.61	45.16	200m: 2:29.32	32.71		
31.	Goncalo Pires, LOURENCO	03	Fundacao Beatriz Santos					<b>2:29.46</b>	394
	50m: 31.36 31.36	100m: 1:12.22	40.86	150m: 1:54.41	42.19	200m: 2:29.46	35.05		
32.	Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos					<b>2:33.43</b>	364
	50m: 31.00 31.00	100m: 1:12.01	41.01	150m: 1:57.93	45.92	200m: 2:33.43	35.50		
33.	Gabriel Jose, JULIO	01	Academica de Coimbra					<b>2:33.69</b>	362
	50m: 31.57 31.57	100m: 1:12.05	40.48	150m: 2:00.14	48.09	200m: 2:33.69	33.55		
34.	Ricardo Martins, CARVALHO	03	Fundacao Beatriz Santos					<b>2:34.05</b>	360
	50m: 32.82 32.82	100m: 1:13.42	40.60	150m: 1:59.81	46.39	200m: 2:34.05	34.24		
35.	Gabriel Jose, FIGUEIRA	01	Academica de Coimbra					<b>2:34.41</b>	357
	50m: 31.15 31.15	100m: 1:13.67	42.52	150m: 2:00.04	46.37	200m: 2:34.41	34.37		
36.	Filipe Apostolo, GASPAR	03	Freguesia de Paiao					<b>2:35.67</b>	349
	50m: 34.27 34.27	100m: 1:16.46	42.19	150m: 2:02.77	46.31	200m: 2:35.67	32.90		
37.	Afonso Corte-Real, GRILO	04	Fundacao Beatriz Santos					<b>2:36.36</b>	344
	50m: 34.50 34.50	100m: 1:13.29	38.79	150m: 2:01.93	48.64	200m: 2:36.36	34.43		
38.	Bernardo Jorge, VENTURA	03	Academica de Coimbra					<b>2:36.38</b>	344
	50m: 33.21 33.21	100m: 1:13.98	40.77	150m: 2:03.03	49.05	200m: 2:36.38	33.35		
39.	Carlos Martins, MARQUES	04	Uniao Coimbra					<b>2:38.04</b>	333
	50m: 34.16 34.16	100m: 1:13.92	39.76	150m: 1:59.97	46.05	200m: 2:38.04	38.07		
40.	Renato Maria, FERREIRA	04	Vigor da Mocidade					<b>2:40.58</b>	318
	50m: 35.10 35.10	100m: 1:15.07	39.97	150m: 2:04.23	49.16	200m: 2:40.58	36.35		

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
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Prova 7, Masc., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
41. Goncalo Soares, RAMOS	02	<b>2:41.60</b>	312
50m: 36.13 36.13 100m: 1:18.28 42.15 150m: 2:04.87 46.59 200m: 2:41.60 36.73			
42. Cristiano Rodrigues, FERNANDES	04	<b>2:42.83</b>	305
50m: 36.42 36.42 100m: 1:18.72 42.30 150m: 2:05.85 47.13 200m: 2:42.83 36.98			
43. Tomas Alexandre, LARANJEIRA	03	<b>2:48.25</b>	276
50m: 35.72 35.72 100m: 1:17.82 42.10 150m: 2:07.74 49.92 200m: 2:48.25 40.51			
DSQ Rodrigo Ribeiro, GOMES	00		
<i>batimentos de golfinho no percurso de bruços</i>			
DNS Diogo Luis, BRENDA	01		
DNS Goncalo Brites, MOITA	04		
EXH Lucas Pereira, BASTOS	00	<b>2:08.76</b>	617
50m: 27.93 27.93 100m: 1:01.44 33.51 150m: 1:37.99 36.55 200m: 2:08.76 30.77			
EXH Rodrigo Alexandre, PATRICIO	98	<b>2:25.13</b>	431
50m: 29.07 29.07 100m: 1:09.27 40.20 150m: 1:51.97 42.70 200m: 2:25.13 33.16			

Prova 8

Femin., 200m Estilos

Juvenis B

12-05-2019 - 9:55

Resultados

Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac Juv B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018
Rec Reg ANC Absoluto	2:19.89	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Juv B	2:23.40	Camila Rodrigues, REBELO	ALN		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Marisa Isabel, NOBRE	05	<b>2:27.26</b>	566
50m: 32.87 32.87 100m: 1:09.99 37.12 150m: 1:54.26 44.27 200m: 2:27.26 33.00			
2. Mariana Carmo, ROSA	05	<b>2:29.33</b>	543
50m: 32.18 32.18 100m: 1:10.13 37.95 150m: 1:56.17 46.04 200m: 2:29.33 33.16			
3. Barbara Almeida, SIMOES	05	<b>2:44.81</b>	404
50m: 34.38 34.38 100m: 1:16.58 42.20 150m: 2:06.23 49.65 200m: 2:44.81 38.58			
4. Beatriz Pereira, MARQUES	05	<b>2:49.68</b>	370
50m: 39.57 39.57 100m: 1:24.04 44.47 150m: 2:12.89 48.85 200m: 2:49.68 36.79			
5. Maria Ines, ALVES	05	<b>2:51.14</b>	361
50m: 38.87 38.87 100m: 1:25.31 46.44 150m: 2:11.74 46.43 200m: 2:51.14 39.40			
6. Camila Cavaleiro, SILVA	05	<b>2:52.60</b>	351
50m: 40.21 40.21 100m: 1:24.72 44.51 150m: 2:14.74 50.02 200m: 2:52.60 37.86			
7. Maria Lucas, SANTOS	05	<b>2:52.86</b>	350
50m: 36.92 36.92 100m: 1:22.62 45.70 150m: 2:11.44 48.82 200m: 2:52.86 41.42			
8. Maria Fernandes, LOBO	05	<b>2:56.08</b>	331
50m: 39.23 39.23 100m: 1:25.86 46.63 150m: 2:18.17 52.31 200m: 2:56.08 37.91			
9. Rita Lima, PIRES	05	<b>2:56.31</b>	330
50m: 41.20 41.20 100m: 1:25.91 44.71 150m: 2:15.60 49.69 200m: 2:56.31 40.71			
10. Maria Costa, TEJO	05	<b>2:57.17</b>	325
50m: 41.24 41.24 100m: 1:28.14 46.90 150m: 2:17.63 49.49 200m: 2:57.17 39.54			
11. Helena Carolina, DINIS	05	<b>2:57.83</b>	321
50m: 38.87 38.87 100m: 1:25.27 46.40 150m: 2:17.92 52.65 200m: 2:57.83 39.91			
12. Matilde Santos, CARDOSO	05	<b>3:00.26</b>	308
50m: 40.29 40.29 100m: 1:24.95 44.66 150m: 2:20.06 55.11 200m: 3:00.26 40.20			

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Prova 8, Femin., 200m Estilos, Juvenis B

Lugar	Ano	Tempo final	Pts
13. Filipa Moniz, PISSARRO 50m: 45.40 45.40 100m: 1:32.31 46.91 150m: 2:23.74 51.43 200m: 3:06.62 42.88	05 Academica de Coimbra	<b>3:06.62</b>	278
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		
DNS Beatriz Sa, GAMA	05 Condeixa Clube		

Prova 8 Femin., 200m Estilos Juvenis A  
12-05-2019 - 9:55 Resultados

Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac Juv A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019
Rec Reg ANC Absoluto	2:19.89	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Juv A	2:21.52	Camila Rodrigues, REBELO	ALN		2018

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Ana Carolina, MONTEIRO 50m: 31.90 31.90 100m: 1:11.69 39.79 150m: 1:55.03 43.34 200m: 2:29.99 34.96	04 Uniao Coimbra	<b>2:29.99</b>	536
2. Joana Francisca, RODRIGUES 50m: 31.52 31.52 100m: 1:10.98 39.46 150m: 1:58.05 47.07 200m: 2:32.57 34.52	04 Uniao Coimbra	<b>2:32.57</b>	509
3. Maria Caetano, LAMAS 50m: 32.76 32.76 100m: 1:12.88 40.12 150m: 1:57.43 44.55 200m: 2:32.82 35.39	04 Miranda do Corvo	<b>2:32.82</b>	507
4. Leonor Correia, CUNHA 50m: 33.84 33.84 100m: 1:11.61 37.77 150m: 1:56.32 44.71 200m: 2:33.40 37.08	04 Fundacao Beatriz Santos	<b>2:33.40</b>	501
5. Leonor Correia, PAIVA 50m: 33.53 33.53 100m: 1:10.65 37.12 150m: 1:57.55 46.90 200m: 2:34.87 37.32	04 Louzan Natacao	<b>2:34.87</b>	487
6. Ana Catarina, SILVA 50m: 35.47 35.47 100m: 1:17.89 42.42 150m: 2:02.73 44.84 200m: 2:37.64 34.91	04 Fundacao Beatriz Santos	<b>2:37.64</b>	461
7. Daniela Portela, MENDES 50m: 32.44 32.44 100m: 1:14.53 42.09 150m: 2:01.26 46.73 200m: 2:39.86 38.60	04 Fundacao Beatriz Santos	<b>2:39.86</b>	442
8. Marta Domingues, GAMEIRO 50m: 37.38 37.38 100m: 1:19.53 42.15 150m: 2:04.84 45.31 200m: 2:41.82 36.98	04 Nautico Academico	<b>2:41.82</b>	427
9. Mafalda Vestia, FIDALGO 50m: 34.94 34.94 100m: 1:17.79 42.85 150m: 2:06.19 48.40 200m: 2:43.71 37.52	04 Uniao Coimbra	<b>2:43.71</b>	412
10. Leonor Horta, COSTA 50m: 37.96 37.96 100m: 1:19.86 41.90 150m: 2:10.28 50.42 200m: 2:49.39 39.11	04 Individual ANC	<b>2:49.39</b>	372
11. Ana Filipa, SILVA 50m: 36.94 36.94 100m: 1:19.75 42.81 150m: 2:12.47 52.72 200m: 2:49.51 37.04	04 Academica de Coimbra	<b>2:49.51</b>	371
12. Maria Ines, DIONISIO 50m: 34.77 34.77 100m: 1:20.99 46.22 150m: 2:12.97 51.98 200m: 2:49.93 36.96	04 Fundacao Beatriz Santos	<b>2:49.93</b>	368
13. Ines Dias, CRUZ 50m: 34.99 34.99 100m: 1:18.99 44.00 150m: 2:11.22 52.23 200m: 2:50.43 39.21	04 Condeixa Clube	<b>2:50.43</b>	365
14. Laura Rodrigues, MARGATO 50m: 41.85 41.85 100m: 1:24.50 42.65 150m: 2:16.71 52.21 200m: 2:55.75 39.04	04 Academica de Coimbra	<b>2:55.75</b>	333
15. Ana Sofia, CASTANHEIRA 50m: 40.80 40.80 100m: 1:28.31 47.51 150m: 2:17.06 48.75 200m: 2:56.67 39.61	04 Condeixa Clube	<b>2:56.67</b>	328
16. Beatriz Beja, AFONSO 50m: 40.11 40.11 100m: 1:27.93 47.82 150m: 2:21.23 53.30 200m: 3:00.37 39.14	04 Academica de Coimbra	<b>3:00.37</b>	308
17. Diana Costa, OLIVEIRA 50m: 39.93 39.93 100m: 1:25.00 45.07 150m: 2:21.14 56.14 200m: 3:02.85 41.71	04 Uniao Coimbra	<b>3:02.85</b>	296
18. Maria Beatriz, RODRIGUES 50m: 41.61 41.61 100m: 1:26.24 44.63 150m: 2:23.62 57.38 200m: 3:04.01 40.39	04 Condeixa Clube	<b>3:04.01</b>	290



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Prova 8, Femin., 200m Estilos, Juvenis A

Lugar	Ano	Tempo final	Pts
19. Joana Beatriz, RODRIGUES 50m: 39.23 39.23 100m: 1:28.39 49.16 150m: 2:25.43 57.04 200m: 3:05.86 40.43	04 Academica de Coimbra	<b>3:05.86</b>	281
20. Maria Pedro, ASCENSO 50m: 46.90 46.90 100m: 1:37.51 50.61 150m: 2:36.13 58.62 200m: 3:20.23 44.10	04 Nautico Academico	<b>3:20.23</b>	225
DSQ Filipa Victor, VIEIRA <i>Falsa partida</i>	04 Academica de Coimbra		

Prova 8 Femin., 200m Estilos Juniores Resultados  
12-05-2019 - 9:55

Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	2017
Rec Nac Jun17	2:16.22	Raquel Gomes, PEREIRA	SAD	Algés	2016
Rec Nac Jun16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	2009
Rec Reg ANC Absoluto	2:19.89	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Jun17	2:21.88	Ana Rita, QUEIROZ	CAQC		2018
Rec Reg ANC Jun16	2:19.89	Camila Rordrigues, REBELO	ALN		2018

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Maria Carlota, REBELO 50m: 31.21 31.21 100m: 1:07.77 36.56 150m: 1:49.46 41.69 200m: 2:23.49 34.03	03 Louzan Natacao	<b>2:23.49</b>	612
2. Sara Dias, NEVES 50m: 31.74 31.74 100m: 1:09.66 37.92 150m: 1:53.57 43.91 200m: 2:27.54 33.97	03 Miranda do Corvo	<b>2:27.54</b>	563
3. Beatriz Monteiro, TOMAS 50m: 32.40 32.40 100m: 1:11.61 39.21 150m: 1:55.43 43.82 200m: 2:30.69 35.26	03 Fundacao Beatriz Santos	<b>2:30.69</b>	528
4. Beatriz Costa, TEJO 50m: 32.07 32.07 100m: 1:13.59 41.52 150m: 1:58.22 44.63 200m: 2:32.15 33.93	02 Academica de Coimbra	<b>2:32.15</b>	513
5. Maria joao, PELAIO 50m: 33.54 33.54 100m: 1:13.89 40.35 150m: 1:56.96 43.07 200m: 2:32.95 35.99	03 Ginasio Figueirense	<b>2:32.95</b>	505
6. Camila Alexandra, SILVA 50m: 33.79 33.79 100m: 1:15.97 42.18 150m: 2:01.67 45.70 200m: 2:34.53 32.86	03 Columbofila Cantanhedense	<b>2:34.53</b>	490
7. Ines Pereira, SILVA 50m: 30.89 30.89 100m: 1:09.79 38.90 150m: 1:57.52 47.73 200m: 2:34.71 37.19	02 Fundacao Beatriz Santos	<b>2:34.71</b>	488
8. Bruna Cruz, CARVALHO 50m: 33.48 33.48 100m: 1:13.98 40.50 150m: 1:57.91 43.93 200m: 2:35.18 37.27	03 S. Pedro Alva	<b>2:35.18</b>	484
9. Ines Mariana, PINHEIRO 50m: 31.36 31.36 100m: 1:11.83 40.47 150m: 1:59.91 48.08 200m: 2:35.25 35.34	03 Academica de Coimbra	<b>2:35.25</b>	483
10. Ana Pereira, SOUSA 50m: 34.86 34.86 100m: 1:16.44 41.58 150m: 1:59.13 42.69 200m: 2:36.27 37.14	03 Ginasio Figueirense	<b>2:36.27</b>	474
11. Ana Luisa, RODRIGUES 50m: 34.74 34.74 100m: 1:14.00 39.26 150m: 2:01.46 47.46 200m: 2:38.32 36.86	03 Louzan Natacao	<b>2:38.32</b>	456
12. Mariana Jacinto, SANTOS 50m: 32.74 32.74 100m: 1:13.24 40.50 150m: 2:03.36 50.12 200m: 2:38.77 35.41	03 Freguesia de Paiao	<b>2:38.77</b>	452
13. Ines Matos, SOUSA 50m: 34.21 34.21 100m: 1:16.03 41.82 150m: 2:05.13 49.10 200m: 2:41.32 36.19	03 Uniao Coimbra	<b>2:41.32</b>	431
14. Barbara Azambujo, MELO 50m: 34.55 34.55 100m: 1:15.07 40.52 150m: 2:04.04 48.97 200m: 2:42.32 38.28	02 Academica de Coimbra	<b>2:42.32</b>	423
15. Beatriz Almeida, PIRES 50m: 34.97 34.97 100m: 1:18.85 43.88 150m: 2:05.74 46.89 200m: 2:42.54 36.80	03 Uniao Coimbra	<b>2:42.54</b>	421
16. Beatriz Carvalho, MARQUES 50m: 39.08 39.08 100m: 1:23.42 44.34 150m: 2:13.51 50.09 200m: 2:53.31 39.80	02 Academica de Coimbra	<b>2:53.31</b>	347

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Prova 8, Femin., 200m Estilos

Prova 8 Femin., 200m Estilos Seniores Resultados

Rec	Nac	Time	Nome	País	Cidade	Ano
Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhague (DEN)	2017	
Rec Nac Sen	2:12.08	Victoria, KAMINSKAYA	POR	Copenhague (DEN)	2017	
Rec Reg ANC Absoluto	2:19.89	Camila Rodrigues, REBELO	ALN		2018	
Rec Reg ANC Sen	2:21.75	Teresa Miguel, VELOSO	CNAC		2018	

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>2:30.60</b>	529
50m: 31.96 31.96	100m: 1:09.59 37.63	150m: 1:55.62 46.03	200m: 2:30.60 34.98
2. Sara Sofia, ALVES	01 Columbofila Cantanhedense	<b>2:37.94</b>	459
50m: 33.98 33.98	100m: 1:16.88 42.90	150m: 2:04.43 47.55	200m: 2:37.94 33.51

Prova 8 Femin., 200m Estilos Absoluto Resultados

Rec	Nac	Time	Nome	País	Cidade	Ano
Rec Nac Absoluto	2:12.08	Victoria, KAMINSKAYA	POR	Copenhague (DEN)	2017	
Rec Nac Sen	2:12.08	Victoria, KAMINSKAYA	POR	Copenhague (DEN)	2017	
Rec Nac Jun17	2:16.22	Raquel Gomes, PEREIRA	SAD	Algés	2016	
Rec Nac Jun16	2:14.94	Maria Carolina, ROSA	SCP	S. António Cavaleiros	2009	
Rec Nac Juv A	2:18.13	Mariana Pacheco, CUNHA	CFP	Felgueiras	2019	
Rec Nac Juv B	2:19.79	Mariana Pacheco, CUNHA	CFP	Felgueiras	2018	
Rec Nac Inf A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	2018	
Rec Nac Inf B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	2017	
Rec Reg ANC Absoluto	2:19.89	Camila Rodrigues, REBELO	ALN		2018	
Rec Reg ANC Sen	2:21.75	Teresa Miguel, VELOSO	CNAC		2018	
Rec Reg ANC Jun17	2:21.88	Ana Rita, QUEIROZ	CAQC		2018	
Rec Reg ANC Jun16	2:19.89	Camila Rodrigues, REBELO	ALN		2018	
Rec Reg ANC Juv A	2:21.52	Camila Rodrigues, REBELO	ALN		2018	
Rec Reg ANC Juv B	2:23.40	Camila Rodrigues, REBELO	ALN		2017	
Rec Reg ANC Inf A	2:29.55	Mariana Cunha, GUERRA	ASSSCC		2011	
Rec Reg ANC Inf B	2:34.63	Teresa Miguel, VELOSO	CNAC		2012	

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Maria Carlota, REBELO	03 Louzan Natacao	<b>2:23.49</b>	612
50m: 31.21 31.21	100m: 1:07.77 36.56	150m: 1:49.46 41.69	200m: 2:23.49 34.03
2. Marisa Isabel, NOBRE	05 Columbofila Cantanhedense	<b>2:27.26</b>	566
50m: 32.87 32.87	100m: 1:09.99 37.12	150m: 1:54.26 44.27	200m: 2:27.26 33.00
3. Sara Dias, NEVES	03 Miranda do Corvo	<b>2:27.54</b>	563
50m: 31.74 31.74	100m: 1:09.66 37.92	150m: 1:53.57 43.91	200m: 2:27.54 33.97
4. Mariana Carmo, ROSA	05 Louzan Natacao	<b>2:29.33</b>	543
50m: 32.18 32.18	100m: 1:10.13 37.95	150m: 1:56.17 46.04	200m: 2:29.33 33.16
5. Ana Carolina, MONTEIRO	04 Uniao Coimbra	<b>2:29.99</b>	536
50m: 31.90 31.90	100m: 1:11.69 39.79	150m: 1:55.03 43.34	200m: 2:29.99 34.96
6. Matilde Freitas, MOREIRA	01 Academica de Coimbra	<b>2:30.60</b>	529
50m: 31.96 31.96	100m: 1:09.59 37.63	150m: 1:55.62 46.03	200m: 2:30.60 34.98
7. Beatriz Monteiro, TOMAS	03 Fundacao Beatriz Santos	<b>2:30.69</b>	528
50m: 32.40 32.40	100m: 1:11.61 39.21	150m: 1:55.43 43.82	200m: 2:30.69 35.26
8. Beatriz Costa, TEJO	02 Academica de Coimbra	<b>2:32.15</b>	513
50m: 32.07 32.07	100m: 1:13.59 41.52	150m: 1:58.22 44.63	200m: 2:32.15 33.93
9. Joana Francisca, RODRIGUES	04 Uniao Coimbra	<b>2:32.57</b>	509
50m: 31.52 31.52	100m: 1:10.98 39.46	150m: 1:58.05 47.07	200m: 2:32.57 34.52
10. Maria Caetano, LAMAS	04 Miranda do Corvo	<b>2:32.82</b>	507
50m: 32.76 32.76	100m: 1:12.88 40.12	150m: 1:57.43 44.55	200m: 2:32.82 35.39

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Prova 8, Femin., 200m Estilos, Absoluto

Lugar			Ano					Tempo final	Pts
11.	Maria joao, PELAIO	03	Ginasio Figueirense				<b>2:32.95</b>	505	
	50m: 33.54 33.54	100m: 1:13.89	40.35	150m: 1:56.96	43.07	200m: 2:32.95	35.99		
12.	Leonor Correia, CUNHA	04	Fundacao Beatriz Santos				<b>2:33.40</b>	501	
	50m: 33.84 33.84	100m: 1:11.61	37.77	150m: 1:56.32	44.71	200m: 2:33.40	37.08		
13.	Camila Alexandra, SILVA	03	Columbofila Cantanhedense				<b>2:34.53</b>	490	
	50m: 33.79 33.79	100m: 1:15.97	42.18	150m: 2:01.67	45.70	200m: 2:34.53	32.86		
14.	Ines Pereira, SILVA	02	Fundacao Beatriz Santos				<b>2:34.71</b>	488	
	50m: 30.89 30.89	100m: 1:09.79	38.90	150m: 1:57.52	47.73	200m: 2:34.71	37.19		
15.	Leonor Correia, PAIVA	04	Louzan Natacao				<b>2:34.87</b>	487	
	50m: 33.53 33.53	100m: 1:10.65	37.12	150m: 1:57.55	46.90	200m: 2:34.87	37.32		
16.	Bruna Cruz, CARVALHO	03	S. Pedro Alva				<b>2:35.18</b>	484	
	50m: 33.48 33.48	100m: 1:13.98	40.50	150m: 1:57.91	43.93	200m: 2:35.18	37.27		
17.	Ines Mariana, PINHEIRO	03	Academica de Coimbra				<b>2:35.25</b>	483	
	50m: 31.36 31.36	100m: 1:11.83	40.47	150m: 1:59.91	48.08	200m: 2:35.25	35.34		
18.	Ana Pereira, SOUSA	03	Ginasio Figueirense				<b>2:36.27</b>	474	
	50m: 34.86 34.86	100m: 1:16.44	41.58	150m: 1:59.13	42.69	200m: 2:36.27	37.14		
19.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos				<b>2:37.64</b>	461	
	50m: 35.47 35.47	100m: 1:17.89	42.42	150m: 2:02.73	44.84	200m: 2:37.64	34.91		
20.	Sara Sofia, ALVES	01	Columbofila Cantanhedense				<b>2:37.94</b>	459	
	50m: 33.98 33.98	100m: 1:16.88	42.90	150m: 2:04.43	47.55	200m: 2:37.94	33.51		
21.	Ana Luisa, RODRIGUES	03	Louzan Natacao				<b>2:38.32</b>	456	
	50m: 34.74 34.74	100m: 1:14.00	39.26	150m: 2:01.46	47.46	200m: 2:38.32	36.86		
22.	Mariana Jacinto, SANTOS	03	Freguesia de Paiao				<b>2:38.77</b>	452	
	50m: 32.74 32.74	100m: 1:13.24	40.50	150m: 2:03.36	50.12	200m: 2:38.77	35.41		
23.	Daniela Portela, MENDES	04	Fundacao Beatriz Santos				<b>2:39.86</b>	442	
	50m: 32.44 32.44	100m: 1:14.53	42.09	150m: 2:01.26	46.73	200m: 2:39.86	38.60		
24.	Ines Matos, SOUSA	03	Uniao Coimbra				<b>2:41.32</b>	431	
	50m: 34.21 34.21	100m: 1:16.03	41.82	150m: 2:05.13	49.10	200m: 2:41.32	36.19		
25.	Marta Domingues, GAMEIRO	04	Nautico Academico				<b>2:41.82</b>	427	
	50m: 37.38 37.38	100m: 1:19.53	42.15	150m: 2:04.84	45.31	200m: 2:41.82	36.98		
26.	Barbara Azambujo, MELO	02	Academica de Coimbra				<b>2:42.32</b>	423	
	50m: 34.55 34.55	100m: 1:15.07	40.52	150m: 2:04.04	48.97	200m: 2:42.32	38.28		
27.	Beatriz Almeida, PIRES	03	Uniao Coimbra				<b>2:42.54</b>	421	
	50m: 34.97 34.97	100m: 1:18.85	43.88	150m: 2:05.74	46.89	200m: 2:42.54	36.80		
28.	Mafalda Vestia, FIDALGO	04	Uniao Coimbra				<b>2:43.71</b>	412	
	50m: 34.94 34.94	100m: 1:17.79	42.85	150m: 2:06.19	48.40	200m: 2:43.71	37.52		
29.	Barbara Almeida, SIMOES	05	Uniao Coimbra				<b>2:44.81</b>	404	
	50m: 34.38 34.38	100m: 1:16.58	42.20	150m: 2:06.23	49.65	200m: 2:44.81	38.58		
30.	Leonor Horta, COSTA	04	Individual ANC				<b>2:49.39</b>	372	
	50m: 37.96 37.96	100m: 1:19.86	41.90	150m: 2:10.28	50.42	200m: 2:49.39	39.11		
31.	Ana Filipa, SILVA	04	Academica de Coimbra				<b>2:49.51</b>	371	
	50m: 36.94 36.94	100m: 1:19.75	42.81	150m: 2:12.47	52.72	200m: 2:49.51	37.04		
32.	Beatriz Pereira, MARQUES	05	Columbofila Cantanhedense				<b>2:49.68</b>	370	
	50m: 39.57 39.57	100m: 1:24.04	44.47	150m: 2:12.89	48.85	200m: 2:49.68	36.79		
33.	Maria Ines, DIONISIO	04	Fundacao Beatriz Santos				<b>2:49.93</b>	368	
	50m: 34.77 34.77	100m: 1:20.99	46.22	150m: 2:12.97	51.98	200m: 2:49.93	36.96		
34.	Ines Dias, CRUZ	04	Condeixa Clube				<b>2:50.43</b>	365	
	50m: 34.99 34.99	100m: 1:18.99	44.00	150m: 2:11.22	52.23	200m: 2:50.43	39.21		

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Prova 8, Femin., 200m Estilos, Absoluto

Lugar	Ano	Tempo final	Pts
35. Maria Ines, ALVES 50m: 38.87 38.87 100m: 1:25.31 46.44 150m: 2:11.74 46.43 200m: 2:51.14 39.40	05 Academica de Coimbra	<b>2:51.14</b>	361
36. Camila Cavaleiro, SILVA 50m: 40.21 40.21 100m: 1:24.72 44.51 150m: 2:14.74 50.02 200m: 2:52.60 37.86	05 Columbofila Cantanhedense	<b>2:52.60</b>	351
37. Maria Lucas, SANTOS 50m: 36.92 36.92 100m: 1:22.62 45.70 150m: 2:11.44 48.82 200m: 2:52.86 41.42	05 Condeixa Clube	<b>2:52.86</b>	350
38. Beatriz Carvalho, MARQUES 50m: 39.08 39.08 100m: 1:23.42 44.34 150m: 2:13.51 50.09 200m: 2:53.31 39.80	02 Academica de Coimbra	<b>2:53.31</b>	347
39. Laura Rodrigues, MARGATO 50m: 41.85 41.85 100m: 1:24.50 42.65 150m: 2:16.71 52.21 200m: 2:55.75 39.04	04 Academica de Coimbra	<b>2:55.75</b>	333
40. Maria Fernandes, LOBO 50m: 39.23 39.23 100m: 1:25.86 46.63 150m: 2:18.17 52.31 200m: 2:56.08 37.91	05 Nautico Academico	<b>2:56.08</b>	331
41. Rita Lima, PIRES 50m: 41.20 41.20 100m: 1:25.91 44.71 150m: 2:15.60 49.69 200m: 2:56.31 40.71	05 Nautico Academico	<b>2:56.31</b>	330
42. Ana Sofia, CASTANHEIRA 50m: 40.80 40.80 100m: 1:28.31 47.51 150m: 2:17.06 48.75 200m: 2:56.67 39.61	04 Condeixa Clube	<b>2:56.67</b>	328
43. Maria Costa, TEJO 50m: 41.24 41.24 100m: 1:28.14 46.90 150m: 2:17.63 49.49 200m: 2:57.17 39.54	05 Academica de Coimbra	<b>2:57.17</b>	325
44. Helena Carolina, DINIS 50m: 38.87 38.87 100m: 1:25.27 46.40 150m: 2:17.92 52.65 200m: 2:57.83 39.91	05 Academica de Coimbra	<b>2:57.83</b>	321
45. Matilde Santos, CARDOSO 50m: 40.29 40.29 100m: 1:24.95 44.66 150m: 2:20.06 55.11 200m: 3:00.26 40.20	05 Fundacao Beatriz Santos	<b>3:00.26</b>	308
46. Beatriz Beja, AFONSO 50m: 40.11 40.11 100m: 1:27.93 47.82 150m: 2:21.23 53.30 200m: 3:00.37 39.14	04 Academica de Coimbra	<b>3:00.37</b>	308
47. Diana Costa, OLIVEIRA 50m: 39.93 39.93 100m: 1:25.00 45.07 150m: 2:21.14 56.14 200m: 3:02.85 41.71	04 Uniao Coimbra	<b>3:02.85</b>	296
48. Maria Beatriz, RODRIGUES 50m: 41.61 41.61 100m: 1:26.24 44.63 150m: 2:23.62 57.38 200m: 3:04.01 40.39	04 Condeixa Clube	<b>3:04.01</b>	290
49. Joana Beatriz, RODRIGUES 50m: 39.23 39.23 100m: 1:28.39 49.16 150m: 2:25.43 57.04 200m: 3:05.86 40.43	04 Academica de Coimbra	<b>3:05.86</b>	281
50. Filipa Moniz, PISSARRO 50m: 45.40 45.40 100m: 1:32.31 46.91 150m: 2:23.74 51.43 200m: 3:06.62 42.88	05 Academica de Coimbra	<b>3:06.62</b>	278
51. Maria Pedro, ASCENSO 50m: 46.90 46.90 100m: 1:37.51 50.61 150m: 2:36.13 58.62 200m: 3:20.23 44.10	04 Nautico Academico	<b>3:20.23</b>	225
DSQ Filipa Victor, VIEIRA <i>Falsa partida</i>	04 Academica de Coimbra		
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		
DNS Beatriz Sa, GAMA	05 Condeixa Clube		
EXH Matilde Domingues, GAMEIRO 50m: 34.34 34.34 100m: 1:15.47 41.13 150m: 2:04.32 48.85 200m: 2:41.09 36.77	97 Nautico Academico	<b>2:41.09</b>	432
EXH Maria Beatriz, JORGE 50m: 34.86 34.86 100m: 1:17.57 42.71 150m: 2:08.07 50.50 200m: 2:48.13 40.06	00 Nautico Academico	<b>2:48.13</b>	380
EXH Laura Torrao, CARVALHO 50m: 44.45 44.45 100m: 1:33.82 49.37 150m: 2:28.45 54.63 200m: 3:13.46 45.01	05 Nautico Academico	<b>3:13.46</b>	249

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Prova 9 Masc., 100m Costas Juvenis B  
12-05-2019 - 10:25 Resultados

Rec Nac Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Juv B	57.38	Gabriel Jose, LOPES	CDL	Coimbra	2012
Rec Reg ANC	57.38	Gabriel José, LOPES	CDL		2012

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts
1. Diogo Matos, RIBEIRO	04	Uniao Coimbra	<b>59.29</b>	561
50m: 29.06 29.06	100m: 59.29	30.23		
2. Jose Diogo, DIAS	04	Fundacao Beatriz Santos	<b>1:03.13</b>	464
50m: 30.86 30.86	100m: 1:03.13	32.27		
3. Gustavo Pires, MARQUES	04	Fundacao Beatriz Santos	<b>1:04.47</b>	436
50m: 31.88 31.88	100m: 1:04.47	32.59		
4. Dinis Miranda, DIOGO	04	Fundacao Beatriz Santos	<b>1:04.78</b>	430
50m: 32.23 32.23	100m: 1:04.78	32.55		
5. Alexandre Viegas, MARTINS	04	Uniao Coimbra	<b>1:08.17</b>	369
50m: 32.93 32.93	100m: 1:08.17	35.24		
6. Rui Mamede, SANTOS	04	Uniao Coimbra	<b>1:09.00</b>	355
50m: 33.30 33.30	100m: 1:09.00	35.70		
7. Carlos Martins, MARQUES	04	Uniao Coimbra	<b>1:11.93</b>	314
50m: 35.03 35.03	100m: 1:11.93	36.90		
8. Renato Maria, FERREIRA	04	Vigor da Mocidade	<b>1:12.11</b>	311
50m: 34.51 34.51	100m: 1:12.11	37.60		
9. Tiago Andre, POIARES	04	Fundacao Beatriz Santos	<b>1:12.66</b>	304
50m: 36.38 36.38	100m: 1:12.66	36.28		
10. Rafael Alves, CAMPOS	04	S. Pedro Alva	<b>1:12.69</b>	304
50m: 35.32 35.32	100m: 1:12.69	37.37		
11. Cristiano Rodrigues, FERNANDES	04	Louzan Natacao	<b>1:14.58</b>	281
50m: 37.82 37.82	100m: 1:14.58	36.76		
12. Goncalo Daniel, OLIVEIRA	04	Fundacao Beatriz Santos	<b>1:14.82</b>	279
50m: 36.97 36.97	100m: 1:14.82	37.85		
13. Afonso Corte-Real, GRILLO	04	Fundacao Beatriz Santos	<b>1:15.23</b>	274
50m: 37.06 37.06	100m: 1:15.23	38.17		
14. Pedro Miguel, FLORIDO	04	Fundacao Beatriz Santos	<b>1:18.03</b>	246
50m: 38.03 38.03	100m: 1:18.03	40.00		
DNS Goncalo Brites, MOITA	04	Uniao Coimbra		

Prova 9 Masc., 100m Costas Juvenis A  
12-05-2019 - 10:25 Resultados

Rec Nac Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Juv A	56.45	Diogo Gomes, SOUSA	CNCVG	Porto	2010
Rec Reg ANC	57.92	Gabriel José, LOPES	CDL		2003

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts
1. Manuel Baptista, SIMOES	03	Uniao Coimbra	<b>1:05.54</b>	415
50m: 31.54 31.54	100m: 1:05.54	34.00		
2. Martim Miranda, MACHADO	03	Uniao Coimbra	<b>1:05.69</b>	412
50m: 31.68 31.68	100m: 1:05.69	34.01		
3. David Valdagua, COUTINHO	03	Columbofila Cantanhedense	<b>1:08.01</b>	371
50m: 33.10 33.10	100m: 1:08.01	34.91		

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Prova 9, Masc., 100m Costas, Juvenis A

Lugar	Ano	Tempo final	Pts
4. Alexandre Miguel, BRAS 50m: 34.74 34.74 100m: 1:11.35 36.61	03 S. Pedro Alva	<b>1:11.35</b>	321
5. Bernardo Jorge, VENTURA 50m: 36.33 36.33 100m: 1:14.91 38.58	03 Academica de Coimbra	<b>1:14.91</b>	278
6. Goncalo Pires, LOURENCO 50m: 37.26 37.26 100m: 1:15.72 38.46	03 Fundacao Beatriz Santos	<b>1:15.72</b>	269
7. Tomas Alexandre, LARANJEIRA 50m: 37.51 37.51 100m: 1:16.09 38.58	03 S. Pedro Alva	<b>1:16.09</b>	265
8. Ricardo Martins, CARVALHO 50m: 37.62 37.62 100m: 1:17.59 39.97	03 Fundacao Beatriz Santos	<b>1:17.59</b>	250
9. Filipe Apostolo, GASPAS 50m: 39.88 39.88 100m: 1:19.01 39.13	03 Freguesia de Paiao	<b>1:19.01</b>	237

Prova 9  
12-05-2019 - 10:25

Masc., 100m Costas

Juniores  
Resultados

Rec Nac Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Jun18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	2009
Rec Nac Jun17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	2014
Rec Reg ANC Jun18	54.02	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	54.97	Gabriel José, LOPES	CDL		2014

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Bernardo Vinagre, ARZILEIRO 50m: 29.06 29.06 100m: 58.81 29.75	01 Uniao Coimbra	<b>58.81</b>	574
2. Joao Pedro, DIAS 50m: 29.32 29.32 100m: 1:00.41 31.09	02 Fundacao Beatriz Santos	<b>1:00.41</b>	530
3. Pedro Simoes, RODRIGUES 50m: 29.86 29.86 100m: 1:00.67 30.81	01 Uniao Coimbra	<b>1:00.67</b>	523
4. Ricardo Jorge, DOMINGUES 50m: 29.89 29.89 100m: 1:00.91 31.02	02 Fundacao Beatriz Santos	<b>1:00.91</b>	517
5. Joao Neto, PEREIRA 50m: 30.15 30.15 100m: 1:01.75 31.60	02 Fundacao Beatriz Santos	<b>1:01.75</b>	496
6. Alberto Antonio, SANTOS 50m: 30.04 30.04 100m: 1:02.25 32.21	01 S. Pedro Alva	<b>1:02.25</b>	484
7. Tomas Pedrosa, MIGUEL 50m: 31.00 31.00 100m: 1:05.55 34.55	02 Condeixa Clube	<b>1:05.55</b>	415
8. Joao Ventura, PAIS 50m: 33.91 33.91 100m: 1:08.41 34.50	02 Fundacao Beatriz Santos	<b>1:08.41</b>	365
9. Duarte Anastacio, SOUSA 50m: 33.75 33.75 100m: 1:08.49 34.74	02 Uniao Coimbra	<b>1:08.49</b>	363
10. Miguel Freitas, OVIEDO 50m: 33.38 33.38 100m: 1:09.45 36.07	02 Academica de Coimbra	<b>1:09.45</b>	349
11. Claudio Rafael, CORDEIRO 50m: 35.32 35.32 100m: 1:10.56 35.24	02 Individual ANC	<b>1:10.56</b>	332
12. Gabriel Jose, JULIO 50m: 33.95 33.95 100m: 1:11.15 37.20	01 Academica de Coimbra	<b>1:11.15</b>	324
13. Vasco Pereira, BASTOS 50m: 35.35 35.35 100m: 1:11.81 36.46	02 Nautico Academico	<b>1:11.81</b>	315

Torneio Nadador Completo Juvenis, Juniores e Séniores  
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Prova 9, Masc., 100m Costas, Juniores

Lugar	Ano	Tempo final	Pts
14. Diogo Miguel, PISCO 50m: 35.28 35.28 100m: 1:13.03 37.75	01 S. Pedro Alva	<b>1:13.03</b>	300
15. Gabriel Jose, FIGUEIRA 50m: 35.92 35.92 100m: 1:14.00 38.08	01 Academica de Coimbra	<b>1:14.00</b>	288
16. Rui Joao, MARQUES 50m: 36.65 36.65 100m: 1:14.88 38.23	02 Nautico Academico	<b>1:14.88</b>	278
17. Goncalo Soares, RAMOS 50m: 36.76 36.76 100m: 1:17.14 40.38	02 Ginasio Figueirense	<b>1:17.14</b>	254
DNS Diogo Luis, BRENDA	01 Academica de Coimbra		

Prova 9 Masc., 100m Costas Seniores Resultados

Rec Nac Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Sen	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Reg ANC	51.48	Gabriel José, LOPES	ALN		2018

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Gabriel Jose, LOPES 50m: 26.38 26.38 100m: 53.54 27.16	97 Louzan Natacao	<b>53.54</b>	761
2. Miguel Diogo, AGOSTINHO 50m: 29.17 29.17 100m: 1:00.67 31.50	00 Fundacao Beatriz Santos	<b>1:00.67</b>	523
3. Gustavo Almeida, MADUREIRA 50m: 30.08 30.08 100m: 1:01.16 31.08	94 Academica de Coimbra	<b>1:01.16</b>	511
4. Rodrigo Ribeiro, GOMES 50m: 33.49 33.49 100m: 1:09.08 35.59	00 Fundacao Beatriz Santos	<b>1:09.08</b>	354

Prova 9 Masc., 100m Costas Absoluto Resultados

Rec Nac Absoluto	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Sen	51.48	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	2018
Rec Nac Jun18	53.88	Alexis Manacas, SANTOS	SCP	Leiria	2009
Rec Nac Jun17	54.97	Gabriel Jose, LOPES	CDL	Coimbra	2014
Rec Nac Juv A	56.45	Diogo Gomes, SOUSA	CNCVG	Porto	2010
Rec Nac Juv B	57.38	Gabriel Jose, LOPES	CDL	Coimbra	2012
Rec Nac Inf A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	2017
Rec Nac Inf B	1:04.62	Jose Diogo, DIAS	FBSC	Coimbra	2017
Rec Reg ANC Sen	51.48	Gabriel José, LOPES	ALN		2018
Rec Reg ANC Jun18	54.02	Gabriel José, LOPES	ALN		2015
Rec Reg ANC Jun17	54.97	Gabriel José, LOPES	CDL		2014
Rec Reg ANC Juv A	57.92	Gabriel José, LOPES	CDL		2003
Rec Reg ANC Juv B	57.38	Gabriel José, LOPES	CDL		2012
Rec Reg ANC Inf A	1:01.91	Gabriel José, LOPES	CDL		2011
Rec Reg ANC Inf B	1:04.42	José Diogo, DIAS	FBSC		2017

Pontos: FINA 2018

Lugar	Ano	Tempo final	Pts
1. Gabriel Jose, LOPES 50m: 26.38 26.38 100m: 53.54 27.16	97 Louzan Natacao	<b>53.54</b>	761
2. Bernardo Vinagre, ARZILEIRO 50m: 29.06 29.06 100m: 58.81 29.75	01 Uniao Coimbra	<b>58.81</b>	574
3. Diogo Matos, RIBEIRO 50m: 29.06 29.06 100m: 59.29 30.23	04 Uniao Coimbra	<b>59.29</b>	561
4. Joao Pedro, DIAS 50m: 29.32 29.32 100m: 1:00.41 31.09	02 Fundacao Beatriz Santos	<b>1:00.41</b>	530

Torneio Nadador Completo Juvenis, Juniores e Séniores  
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Prova 9, Masc., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
5. Miguel Diogo, AGOSTINHO 50m: 29.17 29.17 100m: 1:00.67 31.50	00 Fundacao Beatriz Santos	<b>1:00.67</b>	523
Pedro Simoes, RODRIGUES 50m: 29.86 29.86 100m: 1:00.67 30.81	01 Uniao Coimbra	<b>1:00.67</b>	523
7. Ricardo Jorge, DOMINGUES 50m: 29.89 29.89 100m: 1:00.91 31.02	02 Fundacao Beatriz Santos	<b>1:00.91</b>	517
8. Gustavo Almeida, MADUREIRA 50m: 30.08 30.08 100m: 1:01.16 31.08	94 Academica de Coimbra	<b>1:01.16</b>	511
9. Joao Neto, PEREIRA 50m: 30.15 30.15 100m: 1:01.75 31.60	02 Fundacao Beatriz Santos	<b>1:01.75</b>	496
10. Alberto Antonio, SANTOS 50m: 30.04 30.04 100m: 1:02.25 32.21	01 S. Pedro Alva	<b>1:02.25</b>	484
11. Jose Diogo, DIAS 50m: 30.86 30.86 100m: 1:03.13 32.27	04 Fundacao Beatriz Santos	<b>1:03.13</b>	464
12. Gustavo Pires, MARQUES 50m: 31.88 31.88 100m: 1:04.47 32.59	04 Fundacao Beatriz Santos	<b>1:04.47</b>	436
13. Dinis Miranda, DIOGO 50m: 32.23 32.23 100m: 1:04.78 32.55	04 Fundacao Beatriz Santos	<b>1:04.78</b>	430
14. Manuel Baptista, SIMOES 50m: 31.54 31.54 100m: 1:05.54 34.00	03 Uniao Coimbra	<b>1:05.54</b>	415
15. Tomas Pedrosa, MIGUEL 50m: 31.00 31.00 100m: 1:05.55 34.55	02 Condeixa Clube	<b>1:05.55</b>	415
16. Martim Miranda, MACHADO 50m: 31.68 31.68 100m: 1:05.69 34.01	03 Uniao Coimbra	<b>1:05.69</b>	412
17. David Valdagua, COUTINHO 50m: 33.10 33.10 100m: 1:08.01 34.91	03 Columbofila Cantanhedense	<b>1:08.01</b>	371
18. Alexandre Viegas, MARTINS 50m: 32.93 32.93 100m: 1:08.17 35.24	04 Uniao Coimbra	<b>1:08.17</b>	369
19. Joao Ventura, PAIS 50m: 33.91 33.91 100m: 1:08.41 34.50	02 Fundacao Beatriz Santos	<b>1:08.41</b>	365
20. Duarte Anastacio, SOUSA 50m: 33.75 33.75 100m: 1:08.49 34.74	02 Uniao Coimbra	<b>1:08.49</b>	363
21. Rui Mamede, SANTOS 50m: 33.30 33.30 100m: 1:09.00 35.70	04 Uniao Coimbra	<b>1:09.00</b>	355
22. Rodrigo Ribeiro, GOMES 50m: 33.49 33.49 100m: 1:09.08 35.59	00 Fundacao Beatriz Santos	<b>1:09.08</b>	354
23. Miguel Freitas, OVIEDO 50m: 33.38 33.38 100m: 1:09.45 36.07	02 Academica de Coimbra	<b>1:09.45</b>	349
24. Claudio Rafael, CORDEIRO 50m: 35.32 35.32 100m: 1:10.56 35.24	02 Individual ANC	<b>1:10.56</b>	332
25. Gabriel Jose, JULIO 50m: 33.95 33.95 100m: 1:11.15 37.20	01 Academica de Coimbra	<b>1:11.15</b>	324
26. Alexandre Miguel, BRAS 50m: 34.74 34.74 100m: 1:11.35 36.61	03 S. Pedro Alva	<b>1:11.35</b>	321
27. Vasco Pereira, BASTOS 50m: 35.35 35.35 100m: 1:11.81 36.46	02 Nautico Academico	<b>1:11.81</b>	315
28. Carlos Martins, MARQUES 50m: 35.03 35.03 100m: 1:11.93 36.90	04 Uniao Coimbra	<b>1:11.93</b>	314



Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 9, Masc., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
29. Renato Maria, FERREIRA 50m: 34.51 34.51 100m: 1:12.11	04 Vigor da Mocidade	<b>1:12.11</b>	311
30. Tiago Andre, POIARES 50m: 36.38 36.38 100m: 1:12.66	04 Fundacao Beatriz Santos	<b>1:12.66</b>	304
31. Rafael Alves, CAMPOS 50m: 35.32 35.32 100m: 1:12.69	04 S. Pedro Alva	<b>1:12.69</b>	304
32. Diogo Miguel, PISCO 50m: 35.28 35.28 100m: 1:13.03	01 S. Pedro Alva	<b>1:13.03</b>	300
33. Gabriel Jose, FIGUEIRA 50m: 35.92 35.92 100m: 1:14.00	01 Academica de Coimbra	<b>1:14.00</b>	288
34. Cristiano Rodrigues, FERNANDES 50m: 37.82 37.82 100m: 1:14.58	04 Louzan Natacao	<b>1:14.58</b>	281
35. Goncalo Daniel, OLIVEIRA 50m: 36.97 36.97 100m: 1:14.82	04 Fundacao Beatriz Santos	<b>1:14.82</b>	279
36. Rui Joao, MARQUES 50m: 36.65 36.65 100m: 1:14.88	02 Nautico Academico	<b>1:14.88</b>	278
37. Bernardo Jorge, VENTURA 50m: 36.33 36.33 100m: 1:14.91	03 Academica de Coimbra	<b>1:14.91</b>	278
38. Afonso Corte-Real, GRILLO 50m: 37.06 37.06 100m: 1:15.23	04 Fundacao Beatriz Santos	<b>1:15.23</b>	274
39. Goncalo Pires, LOURENCO 50m: 37.26 37.26 100m: 1:15.72	03 Fundacao Beatriz Santos	<b>1:15.72</b>	269
40. Tomas Alexandre, LARANJEIRA 50m: 37.51 37.51 100m: 1:16.09	03 S. Pedro Alva	<b>1:16.09</b>	265
41. Goncalo Soares, RAMOS 50m: 36.76 36.76 100m: 1:17.14	02 Ginasio Figueirense	<b>1:17.14</b>	254
42. Ricardo Martins, CARVALHO 50m: 37.62 37.62 100m: 1:17.59	03 Fundacao Beatriz Santos	<b>1:17.59</b>	250
43. Pedro Miguel, FLORIDO 50m: 38.03 38.03 100m: 1:18.03	04 Fundacao Beatriz Santos	<b>1:18.03</b>	246
44. Filipe Apostolo, GASPAR 50m: 39.88 39.88 100m: 1:19.01	03 Freguesia de Paiao	<b>1:19.01</b>	237
DNS Diogo Luis, BREDAS	01 Academica de Coimbra		
DNS Goncalo Brites, MOITAS	04 Uniao Coimbra		
EXH Lucas Pereira, BASTOS 50m: 29.65 29.65 100m: 1:00.96	00 Nautico Academico	<b>1:00.96</b>	516
EXH Fabio Mondego, CENTEIO 50m: 31.76 31.76 100m: 1:06.30	94 Academica de Coimbra	<b>1:06.30</b>	401
EXH Francisco Vital, MARQUES 50m: 48.44 48.44 100m: 1:39.33	04 Nautico Academico	<b>1:39.33</b>	119

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 10 Femin., 100m Costas Juvenis B  
12-05-2019 - 10:45 Resultados

Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Juv B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	2011
Rec Reg ANC Absoluto	1:02.05	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Juv B	1:03.70	Camila Rodrigues, REBELO	ALN		2017

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Marisa Isabel, NOBRE	05	Cumbofilas Cantanhedense	<b>1:09.28</b>	501		
	50m: 34.41 34.41	100m: 1:09.28	34.87				
2.	Mariana Carmo, ROSA	05	Louzan Natacao	<b>1:10.29</b>	479		
	50m: 34.29 34.29	100m: 1:10.29	36.00				
3.	Barbara Almeida, SIMOES	05	Uniao Coimbra	<b>1:14.63</b>	400		
	50m: 35.82 35.82	100m: 1:14.63	38.81				
4.	Beatriz Sa, GAMA	05	Condeixa Clube	<b>1:19.02</b>	337		
	50m: 38.91 38.91	100m: 1:19.02	40.11				
5.	Matilde Santos, CARDOSO	05	Fundacao Beatriz Santos	<b>1:23.38</b>	287		
	50m: 40.58 40.58	100m: 1:23.38	42.80				
6.	Camila Cavaleiro, SILVA	05	Cumbofilas Cantanhedense	<b>1:23.83</b>	282		
	50m: 41.91 41.91	100m: 1:23.83	41.92				
7.	Rita Lima, PIRES	05	Nautico Academico	<b>1:23.92</b>	281		
	50m: 40.56 40.56	100m: 1:23.92	43.36				
8.	Helena Carolina, DINIS	05	Academica de Coimbra	<b>1:24.01</b>	281		
	50m: 41.21 41.21	100m: 1:24.01	42.80				
9.	Beatriz Pereira, MARQUES	05	Cumbofilas Cantanhedense	<b>1:24.36</b>	277		
	50m: 42.11 42.11	100m: 1:24.36	42.25				
10.	Maria Costa, TEJO	05	Academica de Coimbra	<b>1:24.42</b>	276		
	50m: 42.29 42.29	100m: 1:24.42	42.13				
11.	Maria Ines, ALVES	05	Academica de Coimbra	<b>1:24.99</b>	271		
	50m: 42.12 42.12	100m: 1:24.99	42.87				
	Maria Fernandes, LOBO	05	Nautico Academico	<b>1:24.99</b>	271		
	50m: 41.70 41.70	100m: 1:24.99	43.29				
13.	Filipa Moniz, PISSARRO	05	Academica de Coimbra	<b>1:25.62</b>	265		
	50m: 42.22 42.22	100m: 1:25.62	43.40				
14.	Maria Lucas, SANTOS	05	Condeixa Clube	<b>1:26.09</b>	261		
	50m: 41.16 41.16	100m: 1:26.09	44.93				
DNS	Beatriz Ferreira, LOISAS	05	Cumbofilas Cantanhedense				

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 10, Femin., 100m Costas

Prova 10 12-05-2019 - 10:45	Femin., 100m Costas				Juvenis A Resultados
Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Juv A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	2011
Rec Reg ANC Absoluto	1:02.05	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Juv A	1:02.75	Camila Rodrigues, REBELO	ALN		2018

Pontos: FINA 2018

Lugar			Ano			Tempo final	Pts
1.	Leonor Correia, PAIVA	04	Louzan Natacao	<b>1:07.69</b>	537		
	50m: 33.17 33.17	100m: 1:07.69	34.52				
2.	Joana Francisca, RODRIGUES	04	Uniao Coimbra	<b>1:10.60</b>	473		
	50m: 34.68 34.68	100m: 1:10.60	35.92				
3.	Ana Carolina, MONTEIRO	04	Uniao Coimbra	<b>1:11.44</b>	457		
	50m: 34.62 34.62	100m: 1:11.44	36.82				
4.	Leonor Correia, CUNHA	04	Fundacao Beatriz Santos	<b>1:11.68</b>	452		
	50m: 35.42 35.42	100m: 1:11.68	36.26				
5.	Maria Caetano, LAMAS	04	Miranda do Corvo	<b>1:13.16</b>	425		
	50m: 35.47 35.47	100m: 1:13.16	37.69				
6.	Ines Dias, CRUZ	04	Condeixa Clube	<b>1:16.15</b>	377		
	50m: 37.35 37.35	100m: 1:16.15	38.80				
7.	Daniela Portela, MENDES	04	Fundacao Beatriz Santos	<b>1:16.16</b>	377		
	50m: 36.66 36.66	100m: 1:16.16	39.50				
8.	Ana Catarina, SILVA	04	Fundacao Beatriz Santos	<b>1:16.89</b>	366		
	50m: 38.15 38.15	100m: 1:16.89	38.74				
9.	Ana Filipa, SILVA	04	Academica de Coimbra	<b>1:18.19</b>	348		
	50m: 38.60 38.60	100m: 1:18.19	39.59				
10.	Leonor Horta, COSTA	04	Individual ANC	<b>1:19.40</b>	332		
	50m: 38.31 38.31	100m: 1:19.40	41.09				
11.	Marta Domingues, GAMEIRO	04	Nautico Academico	<b>1:19.43</b>	332		
	50m: 39.68 39.68	100m: 1:19.43	39.75				
12.	Mafalda Vestia, FIDALGO	04	Uniao Coimbra	<b>1:19.85</b>	327		
	50m: 39.12 39.12	100m: 1:19.85	40.73				
13.	Laura Rodrigues, MARGATO	04	Academica de Coimbra	<b>1:21.09</b>	312		
	50m: 39.87 39.87	100m: 1:21.09	41.22				
14.	Filipa Victor, VIEIRA	04	Academica de Coimbra	<b>1:21.10</b>	312		
	50m: 40.90 40.90	100m: 1:21.10	40.20				
15.	Maria Beatriz, RODRIGUES	04	Condeixa Clube	<b>1:23.72</b>	283		
	50m: 41.43 41.43	100m: 1:23.72	42.29				
16.	Diana Costa, OLIVEIRA	04	Uniao Coimbra	<b>1:24.13</b>	279		
	50m: 41.49 41.49	100m: 1:24.13	42.64				
17.	Maria Ines, DIONISIO	04	Fundacao Beatriz Santos	<b>1:26.58</b>	256		
	50m: 41.84 41.84	100m: 1:26.58	44.74				
18.	Ana Sofia, CASTANHEIRA	04	Condeixa Clube	<b>1:27.47</b>	249		
	50m: 43.04 43.04	100m: 1:27.47	44.43				
19.	Beatriz Beja, AFONSO	04	Academica de Coimbra	<b>1:27.69</b>	247		
	50m: 43.87 43.87	100m: 1:27.69	43.82				
20.	Joana Beatriz, RODRIGUES	04	Academica de Coimbra	<b>1:31.00</b>	221		
	50m: 44.83 44.83	100m: 1:31.00	46.17				
21.	Maria Pedro, ASCENSO	04	Nautico Academico	<b>1:38.85</b>	172		
	50m: 47.61 47.61	100m: 1:38.85	51.24				

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Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 10, Femin., 100m Costas

Prova 10 12-05-2019 - 10:45	Femin., 100m Costas				Juniores Resultados
Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Jun17	1:01.22	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	2018
Rec Nac Jun16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	2013
Rec Reg ANC Absoluto	1:02.05	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Jun17	1:05.30	Adriana Correia, LOPES	CNAC		2011
Rec Reg ANC Jun16	1:02.05	Camila Rodrigues, REBELO	ASSSCC		2018

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts
1. Maria Carlota, REBELO	03	Louzan Natacao	<b>1:08.76</b>	512
50m: 33.29 33.29	100m: 1:08.76	35.47		
2. Beatriz Monteiro, TOMAS	03	Fundacao Beatriz Santos	<b>1:09.29</b>	500
50m: 33.76 33.76	100m: 1:09.29	35.53		
3. Sara Dias, NEVES	03	Miranda do Corvo	<b>1:09.31</b>	500
50m: 33.78 33.78	100m: 1:09.31	35.53		
4. Ines Pereira, SILVA	02	Fundacao Beatriz Santos	<b>1:10.46</b>	476
50m: 34.51 34.51	100m: 1:10.46	35.95		
5. Barbara Azambujo, MELO	02	Academica de Coimbra	<b>1:11.19</b>	461
50m: 34.37 34.37	100m: 1:11.19	36.82		
6. Mariana Jacinto, SANTOS	03	Freguesia de Paiao	<b>1:11.63</b>	453
50m: 35.06 35.06	100m: 1:11.63	36.57		
7. Ines Mariana, PINHEIRO	03	Academica de Coimbra	<b>1:12.94</b>	429
50m: 35.64 35.64	100m: 1:12.94	37.30		
8. Ana Luisa, RODRIGUES	03	Louzan Natacao	<b>1:13.19</b>	425
50m: 35.95 35.95	100m: 1:13.19	37.24		
9. Maria joao, PELAIO	03	Ginasio Figueirense	<b>1:13.90</b>	412
50m: 36.58 36.58	100m: 1:13.90	37.32		
10. Bruna Cruz, CARVALHO	03	S. Pedro Alva	<b>1:13.93</b>	412
50m: 36.15 36.15	100m: 1:13.93	37.78		
11. Beatriz Costa, TEJO	02	Academica de Coimbra	<b>1:15.11</b>	393
50m: 36.75 36.75	100m: 1:15.11	38.36		
12. Ana Pereira, SOUSA	03	Ginasio Figueirense	<b>1:17.69</b>	355
50m: 37.91 37.91	100m: 1:17.69	39.78		
13. Beatriz Almeida, PIRES	03	Uniao Coimbra	<b>1:17.91</b>	352
50m: 37.73 37.73	100m: 1:17.91	40.18		
14. Ines Matos, SOUSA	03	Uniao Coimbra	<b>1:19.18</b>	335
50m: 38.93 38.93	100m: 1:19.18	40.25		
15. Camila Alexandra, SILVA	03	Columbifila Cantanhedense	<b>1:19.55</b>	331
50m: 39.68 39.68	100m: 1:19.55	39.87		
16. Beatriz Carvalho, MARQUES	02	Academica de Coimbra	<b>1:20.14</b>	323
50m: 39.28 39.28	100m: 1:20.14	40.86		
DNS Sofia Tavares, JACINTO	03	Nautico Academico		

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 10, Femin., 100m Costas

Prova 10	Femin., 100m Costas				Seniores
12-05-2019 - 10:45					Resultados
Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Sen	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Reg ANC Absoluto	1:02.05	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Sen	1:05.02	Ana Carolina, NEVES	AAC		2018

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts
1. Matilde Freitas, MOREIRA	01	Academica de Coimbra	<b>1:08.80</b>	511
50m: 33.20 33.20	100m: 1:08.80	35.60		
2. Sara Sofia, ALVES	01	Columbofila Cantanhedense	<b>1:17.68</b>	355
50m: 38.20 38.20	100m: 1:17.68	39.48		

Prova 10	Femin., 100m Costas				Absoluto
12-05-2019 - 10:45					Resultados

Rec Nac Absoluto	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Sen	1:00.64	Ana Sofia, LEITE	GCVR	Porto	2015
Rec Nac Jun17	1:01.22	Rafaela Gomes, AZEVEDO	SAD	Felgueiras	2018
Rec Nac Jun16	1:01.55	Ines Camacho, FERNANDES	SCP	Porto	2013
Rec Nac Juv A	1:01.43	Ines Camacho, FERNANDES	SCP	Mealhada	2011
Rec Nac Juv B	1:02.96	Ines Camacho, FERNANDES	SCP	Alapraia	2011
Rec Nac Inf A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	2016
Rec Nac Inf B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	2017
Rec Reg ANC Absoluto	1:02.05	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Sen	1:05.02	Ana Carolina, NEVES	AAC		2018
Rec Reg ANC Jun17	1:05.30	Adriana Correia, LOPES	CNAC		2011
Rec Reg ANC Jun16	1:02.05	Camila Rodrigues, REBELO	ASSSCC		2018
Rec Reg ANC Juv A	1:02.75	Camila Rodrigues, REBELO	ALN		2018
Rec Reg ANC Juv B	1:03.70	Camila Rodrigues, REBELO	ALN		2017
Rec Reg ANC Inf A	1:06.31	Camila Rodrigues, REBELO	ALN		2016
Rec Reg ANC Inf B	1:11.48	Camila Rodrigues, REBELO	ALN		2015

Pontos: FINA 2018

Lugar	Ano		Tempo final	Pts
1. Leonor Correia, PAIVA	04	Louzan Natacao	<b>1:07.69</b>	537
50m: 33.17 33.17	100m: 1:07.69	34.52		
2. Maria Carlota, REBELO	03	Louzan Natacao	<b>1:08.76</b>	512
50m: 33.29 33.29	100m: 1:08.76	35.47		
3. Matilde Freitas, MOREIRA	01	Academica de Coimbra	<b>1:08.80</b>	511
50m: 33.20 33.20	100m: 1:08.80	35.60		
4. Marisa Isabel, NOBRE	05	Columbofila Cantanhedense	<b>1:09.28</b>	501
50m: 34.41 34.41	100m: 1:09.28	34.87		
5. Beatriz Monteiro, TOMAS	03	Fundacao Beatriz Santos	<b>1:09.29</b>	500
50m: 33.76 33.76	100m: 1:09.29	35.53		
6. Sara Dias, NEVES	03	Miranda do Corvo	<b>1:09.31</b>	500
50m: 33.78 33.78	100m: 1:09.31	35.53		
7. Mariana Carmo, ROSA	05	Louzan Natacao	<b>1:10.29</b>	479
50m: 34.29 34.29	100m: 1:10.29	36.00		
8. Ines Pereira, SILVA	02	Fundacao Beatriz Santos	<b>1:10.46</b>	476
50m: 34.51 34.51	100m: 1:10.46	35.95		
9. Joana Francisca, RODRIGUES	04	Uniao Coimbra	<b>1:10.60</b>	473
50m: 34.68 34.68	100m: 1:10.60	35.92		
10. Barbara Azambujo, MELO	02	Academica de Coimbra	<b>1:11.19</b>	461
50m: 34.37 34.37	100m: 1:11.19	36.82		

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 10, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
11. Ana Carolina, MONTEIRO 50m: 34.62 34.62 100m: 1:11.44 36.82	04 Uniao Coimbra	<b>1:11.44</b>	457
12. Mariana Jacinto, SANTOS 50m: 35.06 35.06 100m: 1:11.63 36.57	03 Freguesia de Paiao	<b>1:11.63</b>	453
13. Leonor Correia, CUNHA 50m: 35.42 35.42 100m: 1:11.68 36.26	04 Fundacao Beatriz Santos	<b>1:11.68</b>	452
14. Ines Mariana, PINHEIRO 50m: 35.64 35.64 100m: 1:12.94 37.30	03 Academica de Coimbra	<b>1:12.94</b>	429
15. Maria Caetano, LAMAS 50m: 35.47 35.47 100m: 1:13.16 37.69	04 Miranda do Corvo	<b>1:13.16</b>	425
16. Ana Luisa, RODRIGUES 50m: 35.95 35.95 100m: 1:13.19 37.24	03 Louzan Natacao	<b>1:13.19</b>	425
17. Maria joao, PELAIO 50m: 36.58 36.58 100m: 1:13.90 37.32	03 Ginasio Figueirense	<b>1:13.90</b>	412
18. Bruna Cruz, CARVALHO 50m: 36.15 36.15 100m: 1:13.93 37.78	03 S. Pedro Alva	<b>1:13.93</b>	412
19. Barbara Almeida, SIMOES 50m: 35.82 35.82 100m: 1:14.63 38.81	05 Uniao Coimbra	<b>1:14.63</b>	400
20. Beatriz Costa, TEJO 50m: 36.75 36.75 100m: 1:15.11 38.36	02 Academica de Coimbra	<b>1:15.11</b>	393
21. Ines Dias, CRUZ 50m: 37.35 37.35 100m: 1:16.15 38.80	04 Condeixa Clube	<b>1:16.15</b>	377
22. Daniela Portela, MENDES 50m: 36.66 36.66 100m: 1:16.16 39.50	04 Fundacao Beatriz Santos	<b>1:16.16</b>	377
23. Ana Catarina, SILVA 50m: 38.15 38.15 100m: 1:16.89 38.74	04 Fundacao Beatriz Santos	<b>1:16.89</b>	366
24. Sara Sofia, ALVES 50m: 38.20 38.20 100m: 1:17.68 39.48	01 Columbofila Cantanhedense	<b>1:17.68</b>	355
25. Ana Pereira, SOUSA 50m: 37.91 37.91 100m: 1:17.69 39.78	03 Ginasio Figueirense	<b>1:17.69</b>	355
26. Beatriz Almeida, PIRES 50m: 37.73 37.73 100m: 1:17.91 40.18	03 Uniao Coimbra	<b>1:17.91</b>	352
27. Ana Filipa, SILVA 50m: 38.60 38.60 100m: 1:18.19 39.59	04 Academica de Coimbra	<b>1:18.19</b>	348
28. Beatriz Sa, GAMA 50m: 38.91 38.91 100m: 1:19.02 40.11	05 Condeixa Clube	<b>1:19.02</b>	337
29. Ines Matos, SOUSA 50m: 38.93 38.93 100m: 1:19.18 40.25	03 Uniao Coimbra	<b>1:19.18</b>	335
30. Leonor Horta, COSTA 50m: 38.31 38.31 100m: 1:19.40 41.09	04 Individual ANC	<b>1:19.40</b>	332
31. Marta Domingues, GAMEIRO 50m: 39.68 39.68 100m: 1:19.43 39.75	04 Nautico Academico	<b>1:19.43</b>	332
32. Camila Alexandra, SILVA 50m: 39.68 39.68 100m: 1:19.55 39.87	03 Columbofila Cantanhedense	<b>1:19.55</b>	331
33. Mafalda Vestia, FIDALGO 50m: 39.12 39.12 100m: 1:19.85 40.73	04 Uniao Coimbra	<b>1:19.85</b>	327
34. Beatriz Carvalho, MARQUES 50m: 39.28 39.28 100m: 1:20.14 40.86	02 Academica de Coimbra	<b>1:20.14</b>	323

Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 10, Femin., 100m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
35. Laura Rodrigues, MARGATO 50m: 39.87 39.87 100m: 1:21.09 41.22	04 Academica de Coimbra	<b>1:21.09</b>	312
36. Filipa Victor, VIEIRA 50m: 40.90 40.90 100m: 1:21.10 40.20	04 Academica de Coimbra	<b>1:21.10</b>	312
37. Matilde Santos, CARDOSO 50m: 40.58 40.58 100m: 1:23.38 42.80	05 Fundacao Beatriz Santos	<b>1:23.38</b>	287
38. Maria Beatriz, RODRIGUES 50m: 41.43 41.43 100m: 1:23.72 42.29	04 Condeixa Clube	<b>1:23.72</b>	283
39. Camila Cavaleiro, SILVA 50m: 41.91 41.91 100m: 1:23.83 41.92	05 Columbofila Cantanhedense	<b>1:23.83</b>	282
40. Rita Lima, PIRES 50m: 40.56 40.56 100m: 1:23.92 43.36	05 Nautico Academico	<b>1:23.92</b>	281
41. Helena Carolina, DINIS 50m: 41.21 41.21 100m: 1:24.01 42.80	05 Academica de Coimbra	<b>1:24.01</b>	281
42. Diana Costa, OLIVEIRA 50m: 41.49 41.49 100m: 1:24.13 42.64	04 Uniao Coimbra	<b>1:24.13</b>	279
43. Beatriz Pereira, MARQUES 50m: 42.11 42.11 100m: 1:24.36 42.25	05 Columbofila Cantanhedense	<b>1:24.36</b>	277
44. Maria Costa, TEJO 50m: 42.29 42.29 100m: 1:24.42 42.13	05 Academica de Coimbra	<b>1:24.42</b>	276
45. Maria Ines, ALVES 50m: 42.12 42.12 100m: 1:24.99 42.87	05 Academica de Coimbra	<b>1:24.99</b>	271
Maria Fernandes, LOBO 50m: 41.70 41.70 100m: 1:24.99 43.29	05 Nautico Academico	<b>1:24.99</b>	271
47. Filipa Moniz, PISSARRO 50m: 42.22 42.22 100m: 1:25.62 43.40	05 Academica de Coimbra	<b>1:25.62</b>	265
48. Maria Lucas, SANTOS 50m: 41.16 41.16 100m: 1:26.09 44.93	05 Condeixa Clube	<b>1:26.09</b>	261
49. Maria Ines, DIONISIO 50m: 41.84 41.84 100m: 1:26.58 44.74	04 Fundacao Beatriz Santos	<b>1:26.58</b>	256
50. Ana Sofia, CASTANHEIRA 50m: 43.04 43.04 100m: 1:27.47 44.43	04 Condeixa Clube	<b>1:27.47</b>	249
51. Beatriz Beja, AFONSO 50m: 43.87 43.87 100m: 1:27.69 43.82	04 Academica de Coimbra	<b>1:27.69</b>	247
52. Joana Beatriz, RODRIGUES 50m: 44.83 44.83 100m: 1:31.00 46.17	04 Academica de Coimbra	<b>1:31.00</b>	221
53. Maria Pedro, ASCENSO 50m: 47.61 47.61 100m: 1:38.85 51.24	04 Nautico Academico	<b>1:38.85</b>	172
DNS Beatriz Ferreira, LOISAS	05 Columbofila Cantanhedense		
DNS Sofia Tavares, JACINTO	03 Nautico Academico		
EXH Maria Miguel, GAMEIRO 50m: 37.33 37.33 100m: 1:17.65 40.32	03 Nautico Academico	<b>1:17.65</b>	355
EXH Laura Torrao, CARVALHO 50m: 44.10 44.10 100m: 1:28.91 44.81	05 Nautico Academico	<b>1:28.91</b>	237

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
Coimbra, 11- - 12-5-2019

Prova 11 Masc., 4 x 200m Livres Juvenis B  
12-05-2019 - 11:15 Resultados

Rec Nac Absoluto	7:10.67	Sporting Clube de Portugal	SCP	Felgueiras	2018
Rec Nac Juv	7:49.50	Associação Naval Amorense		Algés	2012
Rec Nac Juv B	8:01.08	Assoc Desp Cult Rec Bairro dos ArADBA	airia	Caldas da Rainha	2019
Rec Reg ANC Absoluto	7:20.33	Clube Náutico Académico de Coimbc	CNAC		2014
Rec Reg ANC Juv	8:15.75	Clube Náutico Académico de Coimbra			2017
Rec Reg ANC Juv B	8:18.07	Fundação Beatriz Santos Clube	FBSC		2018

Pontos: FINA 2018

Lugar					Tempo final	Pts
1.	Uniao Coimbra Juv B		Uniao Coimbra		<b>8:32.52</b>	<b>508</b>
	Diogo Matos, RIBEIRO	04	26.98	56.46	1:25.71	1:54.74
	Rui Mamede, SANTOS	04	27.44	59.74	1:33.88	2:07.37
	Alexandre Viegas, MARTINS	04	29.49	1:02.40	1:37.05	2:11.06
	Carlos Martins, MARQUES	04	31.17	1:06.43	1:44.18	2:19.35

Prova 12 Femin., 4 x 200m Livres Absoluto  
12-05-2019 - 11:25 Resultados

Rec Nac Absoluto	8:08.99	Sport Alges e Dafundo	SAD	Algés	2018
Rec Nac Sen	8:09.45	Sport Alges e Dafundo	SAD	Porto	2017
Rec Nac Jun	8:24.59	Futebol Clube do Porto	FCP	Felgueiras	2018
Rec Nac Jun	8:24.59	Futebol Clube do Porto	FCP	Felgueiras	2018
Rec Nac Juv A	8:48.75	Assoc Desp Cult Rec Bairro dos ArADBA	airia	Tomar	2018
Rec Nac Juv A	8:48.75	Assoc Desp Cult Rec Bairro dos ArADBA	airia	Tomar	2018
Rec Nac Juv	8:48.75	Assoc Desp Cult Rec Bairro dos ArADBA	airia	Tomar	2018
Rec Nac Juv	8:48.75	Assoc Desp Cult Rec Bairro dos ArADBA	airia	Tomar	2018
Rec Nac Juv B	8:52.76	Sport Alges e Dafundo	SAD	Algés	2011
Rec Nac Inf A	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	2011
Rec Nac Inf	9:05.75	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Viseu	2011
Rec Nac Inf B	9:32.41	Grupo Desp. Natacao V. N. Famalic	GDNVNF	Ponte da Barca	2010
Rec Reg ANC Absoluto	8:35.39	Clube Náutico Académico de Coimbc	CNAC		2009
Rec Reg ANC Sen	8:42.47	Clube Náutico Académico de Coimbc	CNAC		2013
Rec Reg ANC Jun	8:53.19	Associação Académica Coimbra	AAC		2015
Rec Reg ANC Jun16	8:59.48	Clube Náutico Académico de Coimbc	CNAC		2012
Rec Reg ANC Juv A	9:04.30	Clube Náutico Académico de Coimbc	CNAC		2011
Rec Reg ANC Juv A	9:04.30	Tempo limite			2011
Rec Reg ANC Juv	9:00.62	Clube União 1919	CUC	Oeiras	2018
Rec Reg ANC Juv B	9:04.30	Clube Náutico Académico de Coimbc	CNAC		2011
Rec Reg ANC Inf A	9:17.96	Clube Náutico Académico de Coimbc	CNAC		2010
Rec Reg ANC Inf	9:17.96	Clube Náutico Académico	CNAC		2010
Rec Reg ANC Inf B	9:55.61	Clube Náutico Académico	CNAC		2010

Pontos: FINA 2018

Lugar					Tempo final	Pts
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Torneio Nadador Completo Juvenis, Juniores e Séniores  
Coimbra, 11- - 12-5-2019

Prova 13 Misto, 4 x 200m Livres Juvenis  
12-05-2019 - 11:25 Resultados

Rec Nac Absoluto	59:00.00	start						
Rec Nac Jun	59:00.00	start						
Rec Nac Juv A	59:00.00	start						
Rec Nac 14 - 16	59:00.00	start						
Rec Nac Juv B	59:00.00	start						
Rec Nac Inf A	59:00.00	start						
Rec Nac 12 - 14	59:00.00	start						
Rec Reg ANC Jun	8:20.70	Condeixa Aqua Clube	CAQC					2018
Rec Reg ANC Juv A	9:32.29	Fundação Beatriz Santos	FBSC					2018
Rec Reg ANC 14 - 16	8:44.38	Fundação Beatriz Santos	FBSC					2018
Rec Reg ANC Inf A	9:12.51	Tempo Limite						
Rec Reg ANC 12 - 14	9:12.51	Tempo Limite						
Rec Reg ANC Absoluto	8:20.70	Condeixa Aqua Clube	CAQC					2018

Pontos: FINA 2018

Lugar						Tempo final	Pts
1.	Uniao Coimbra Juv	Uniao Coimbra				<b>8:33.33</b>	
	<i>Rec Nacional</i>						
	Martim Miranda, MACHADO	03	28.27	59.21	1:29.94	2:01.02	2:01.02
	Manuel Baptista, SIMOES	03	28.49	1:01.46	1:34.67	2:07.50	2:07.50
	Ana Carolina, MONTEIRO	04	29.63	1:02.57	1:37.16	2:12.28	2:12.28
	Joana Francisca, RODRIGUES	04	30.36	1:04.35	1:39.15	2:12.53	2:12.53
2.	Fundacao Beatriz Santos Juv	Fundacao Beatriz Santos				<b>8:44.36</b>	
	Goncalo Andre, GOMES	03	27.26	58.11	1:30.06	2:01.88	2:01.88
	Leonor Correia, CUNHA	04	31.71	1:07.34	1:44.41	2:21.09	2:21.09
	Jose Diogo, DIAS	04	27.55	58.53	1:31.29	2:03.56	2:03.56
	Ana Catarina, SILVA	04	31.91	1:06.99	1:43.05	2:17.83	2:17.83

Prova 13 Misto, 4 x 200m Livres Jun  
12-05-2019 - 11:25 Resultados

Rec Nac Absoluto	59:00.00	start						
Rec Nac 18 +	59:00.00	start						
Rec Nac Jun	59:00.00	start						
Rec Nac Juv A	59:00.00	start						
Rec Nac 14 - 16	59:00.00	start						
Rec Reg ANC 18 +	8:45.61	Associaç~ao Academica Coimbra	AAC					2018
Rec Reg ANC Jun	8:20.70	Condeixa Aqua Clube	CAQC					2018
Rec Reg ANC Juv A	9:32.29	Fundação Beatriz Santos	FBSC					2018
Rec Reg ANC 14 - 16	8:44.38	Fundação Beatriz Santos	FBSC					2018
Rec Reg ANC Absoluto	8:20.70	Condeixa Aqua Clube	CAQC					2018

Pontos: FINA 2018

Lugar						Tempo final	Pts
1.	Fundacao Beatriz Santos Jun	Fundacao Beatriz Santos				<b>8:36.32</b>	
	<i>Rec Nacional</i>						
	Ricardo Jorge, DOMINGUES	02	27.48	58.30	1:29.66	2:00.37	2:00.37
	Ines Pereira, SILVA	02	31.26	1:05.72	1:41.99	2:18.46	2:18.46
	Beatriz Monteiro, TOMAS	03	31.44	1:06.76	1:43.76	2:20.99	2:20.99
	Joao Neto, PEREIRA	02	26.31	55.62	1:25.87	1:56.50	1:56.50
2.	Academica de Coimbra Jun	Academica de Coimbra				<b>8:36.84</b>	
	Miguel Freitas, OVIEDO	02	28.41	59.72	1:31.07	2:01.64	2:01.64
	Gabriel Jose, JULIO	01	28.84	1:01.38	1:34.57	2:08.96	2:08.96
	Ines Mariana, PINHEIRO	03	30.64	1:04.24			
	Beatriz Costa, TEJO	02					
3.	Uniao Coimbra Jun	Uniao Coimbra				<b>8:40.77</b>	
	Bernardo Vinagre, ARZILEIRO	01	28.84	1:00.10	1:32.40	2:04.57	2:04.57
	Pedro Simoes, RODRIGUES	01	26.89	57.10	1:28.62	2:00.80	2:00.80
	Ines Matos, SOUSA	03	32.28	1:07.57	1:43.86	2:19.84	2:19.84
	Beatriz Almeida, PIRES	03	30.08	1:04.38	1:40.20	2:15.56	2:15.56

Torneio Nadador Completo Juvenis, Juniores e Sêniores  
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Prova 13, Misto, 4 x 200m Livres

Prova 13	Misto, 4 x 200m Livres				Senior
12-05-2019 - 11:25					Resultados
Rec Nac Absoluto	59:00.00	start			
Rec Nac 18 +	59:00.00	start			
Rec Nac Jun	59:00.00	start			
Rec Reg ANC 18 +	8:45.61	Associaç~ao Academica Coimbra	AAC		2018
Rec Reg ANC Jun	8:20.70	Condeixa Aqua Clube	CAQC		2018
Rec Reg ANC Absoluto	8:20.70	Condeixa Aqua Clube	CAQC		2018

Pontos: FINA 2018

Lugar	Fundacao Beatriz Santos				Tempo final	Pts
1. Fundacao Beatriz Santos Sen <i>Rec Nacional</i>					<b>8:34.75</b>	
Miguel Diogo, AGOSTINHO	00	27.92	58.88	1:30.37	1:59.50	1:59.50
Joana Beatriz, BERNARDO	99	31.22	1:05.76	1:41.26	2:16.64	2:16.64
Rodrigo Ribeiro, GOMES	00	26.80	56.17	1:27.43	1:59.24	1:59.24
Emilia Matos, PEREIRA	99	32.23	1:07.42	1:43.50	2:19.37	2:19.37