

XIV Memorial Luis Lopes Conceição Infantis
Coimbra, 11-11-2023

1 - 1ª Jornada - 1ª Sessão

11-11-2023 - 10:00

Prova 1 11-11-2023 - 10:00	Masc., 400m Livres				Inf A e B Resultados
Rec. Nacional Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16-12-2021
Rec. Nacional Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29-03-2014
Rec. Nacional Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04-04-2003

Lugar			Ano					Tempo final	Pts		
1.	Lucas Pinto, RIBEIRO		10	Ginasio de Vila Real				4:53.39	9,00		
	50m:	33.82 33.82	150m:	1:48.22	37.25	250m:	3:02.80	37.17	350m:	4:17.33	37.70
	100m:	1:10.97 37.15	200m:	2:25.63	37.41	300m:	3:39.63	36.83	400m:	4:53.39	36.06
2.	Lourenco Simao, PEREIRA		10	Miranda do Corvo				5:00.85	7,00		
	50m:	33.54 33.54	150m:	1:49.24	37.61	250m:	3:04.95	37.87	350m:	4:22.90	38.71
	100m:	1:11.63 38.09	200m:	2:27.08	37.84	300m:	3:44.19	39.24	400m:	5:00.85	37.95
3.	Afonso Brandao, OLIVEIRA		10	Columbofila Cantanhedense				5:27.00	6,00		
	50m:	37.29 37.29	150m:	2:01.40	42.28	250m:	3:25.87	42.62	350m:	4:49.17	41.33
	100m:	1:19.12 41.83	200m:	2:43.25	41.85	300m:	4:07.84	41.97	400m:	5:27.00	37.83
4.	Goncalo Nunes, MARQUES		11	Condeixa Aqua Clube				5:30.11	5,00		
	50m:	39.36 39.36	150m:	2:03.55	42.08	250m:	3:28.41	42.70	350m:	4:52.48	41.60
	100m:	1:21.47 42.11	200m:	2:45.71	42.16	300m:	4:10.88	42.47	400m:	5:30.11	37.63
5.	Diogo Teixeira, LOPES		11	Columbofila Cantanhedense				5:32.90	4,00		
	50m:	37.93 37.93	150m:	2:03.26	43.30	250m:	3:29.90	43.18	350m:	4:54.98	42.00
	100m:	1:19.96 42.03	200m:	2:46.72	43.46	300m:	4:12.98	43.08	400m:	5:32.90	37.92
6.	Andre Filipe, COSTA		10	Vigor da Mocidade				5:38.84	3,00		
	50m:	37.12 37.12	150m:	2:02.54	43.75	250m:	3:31.59	43.66	350m:	4:57.40	43.07
	100m:	1:18.79 41.67	200m:	2:47.93	45.39	300m:	4:14.33	42.74	400m:	5:38.84	41.44
7.	Vicente Abrantes, DIOGO		11	Columbofila Cantanhedense				5:40.03	2,00		
	50m:	38.50 38.50	150m:	2:05.63	43.98	250m:	3:33.21	43.48	350m:	4:59.84	43.12
	100m:	1:21.65 43.15	200m:	2:49.73	44.10	300m:	4:16.72	43.51	400m:	5:40.03	40.19
8.	Francisco Marques, PEREIRA		11	Columbofila Cantanhedense				5:43.34	1,00		
	50m:	38.36 38.36	150m:	2:05.63	43.03	250m:	3:34.13	43.75	350m:	5:01.51	43.60
	100m:	1:22.60 44.24	200m:	2:50.38	44.75	300m:	4:17.91	43.78	400m:	5:43.34	41.83
9.	David Pereira, MARQUES		11	Columbofila Cantanhedense				5:46.15	-		
	50m:	39.86 39.86	150m:	2:08.33	43.93	250m:	3:36.61	43.39	350m:	5:04.67	44.10
	100m:	1:24.40 44.54	200m:	2:53.22	44.89	300m:	4:20.57	43.96	400m:	5:46.15	41.48
10.	Francisco Duarte, RODRIGUES		11	Louzan Natacao/EFAPEL				5:46.96	-		
	50m:	40.22 40.22	150m:	2:09.66	44.71	250m:	3:38.27	43.75	350m:	5:06.91	44.05
	100m:	1:24.95 44.73	200m:	2:54.52	44.86	300m:	4:22.86	44.59	400m:	5:46.96	40.05
11.	Simao Simoes, DIOGO		10	CASPAE				5:49.16	-		
	50m:	41.04 41.04	150m:	2:09.59	44.62	250m:	3:39.49	44.76	350m:	5:09.72	44.68
	100m:	1:24.97 43.93	200m:	2:54.73	45.14	300m:	4:25.04	45.55	400m:	5:49.16	39.44
12.	Daniel Nunes, FREITAS		11	Columbofila Cantanhedense				6:06.57	-		
	50m:	40.67 40.67	150m:	2:14.13	47.46	250m:	3:47.89	46.68	350m:	5:22.32	47.52
	100m:	1:26.67 46.00	200m:	3:01.21	47.08	300m:	4:34.80	46.91	400m:	6:06.57	44.25

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Prova 2 Femin., 400m Livres Inf A e B
11-11-2023 - 10:15 Resultados

Rec. Nacional Open	4:04.61	Diana Margarida, DURAES	POR	Copenhagen (DEN)	17-12-2017
Rec. Nacional Inf A	4:25.30	Alexandra Maria, SILVA	FCP	Porto	19-07-1980
Rec. Nacional Inf B	4:38.40	Filipa Vilas, RUIVO	DNMG	Alcobaça	13-06-2009

Lugar	Ano	Tempo final	Pts
1. Filipa Ferreira, LOISAS	11	5:23.87	9,00
50m: 36.32 36.32	150m: 1:57.05 41.24	250m: 3:20.00 41.05	350m: 4:43.21 42.01
100m: 1:15.81 39.49	200m: 2:38.95 41.90	300m: 4:01.20 41.20	400m: 5:23.87 40.66
2. Sara Ferreira, SANTOS	11	5:25.77	7,00
50m: 36.67 36.67	150m: 1:56.90 40.62	250m: 3:21.08 42.54	350m: 4:45.77 42.42
100m: 1:16.28 39.61	200m: 2:38.54 41.64	300m: 4:03.35 42.27	400m: 5:25.77 40.00
3. Beatriz Oliveira, PORTULEZ	11	5:26.27	6,00
50m: 37.80 37.80	150m: 1:59.03 40.39	250m: 3:22.81 42.00	350m: 4:46.69 41.65
100m: 1:18.64 40.84	200m: 2:40.81 41.78	300m: 4:05.04 42.23	400m: 5:26.27 39.58
4. Laura Duarte, NEVES	11	5:26.35	5,00
50m: 38.31 38.31	150m: 2:01.20 42.15	250m: 3:24.08 40.51	350m: 4:48.31 41.50
100m: 1:19.05 40.74	200m: 2:43.57 42.37	300m: 4:06.81 42.73	400m: 5:26.35 38.04
5. Ines Rua, FERNANDES	11	5:36.01	4,00
50m: 39.79 39.79	150m: 2:04.98 43.11	250m: 3:30.87 43.09	350m: 4:55.61 42.25
100m: 1:21.87 42.08	200m: 2:47.78 42.80	300m: 4:13.36 42.49	400m: 5:36.01 40.40
6. Maria Leonor, LOBO	12	5:42.65	3,00
50m: 39.16 39.16	150m: 2:04.99 43.53	250m: 3:32.51 43.70	350m: 5:01.31 44.58
100m: 1:21.46 42.30	200m: 2:48.81 43.82	300m: 4:16.73 44.22	400m: 5:42.65 41.34
7. Camila Beatriz, CAMILO	11	5:44.81	2,00
50m: 40.16 40.16	150m: 2:07.11 43.98	250m: 3:35.54 44.27	350m: 5:03.06 43.19
100m: 1:23.13 42.97	200m: 2:51.27 44.16	300m: 4:19.87 44.33	400m: 5:44.81 41.75
8. Leonor Ribeiro, FERREIRA	12	5:59.30	1,00
50m: 39.50 39.50	150m: 2:09.30 45.70	250m: 3:42.61 46.89	350m: 5:16.45 45.59
100m: 1:23.60 44.10	200m: 2:55.72 46.42	300m: 4:30.86 48.25	400m: 5:59.30 42.85
9. Clara Lopes, FERNANDES	12	6:11.31	-
50m: 43.42 43.42	150m: 2:18.14 48.09	250m: 3:54.15 47.86	350m: 5:28.89 46.96
100m: 1:30.05 46.63	200m: 3:06.29 48.15	300m: 4:41.93 47.78	400m: 6:11.31 42.42
10. Ana Isabel, CRUZ	11	7:02.17	-
50m: 49.61 49.61	150m: 2:39.60 55.61	250m: 4:27.35 54.44	350m: 6:12.51 51.88
100m: 1:43.99 54.38	200m: 3:32.91 53.31	300m: 5:20.63 53.28	400m: 7:02.17 49.66
11. Beatriz Pires, SOARES	12	7:03.79	-
50m: 47.27 47.27	150m: 2:34.92 54.38	250m: 4:24.55 54.77	350m: 6:13.82 55.07
100m: 1:40.54 53.27	200m: 3:29.78 54.86	300m: 5:18.75 54.20	400m: 7:03.79 49.97
DNS Maria Pedro, PINTO	12	Cumbofila Cantanhedense	-

Prova 3 Masc., 200m Bruços Inf A e B
11-11-2023 - 10:30 Resultados

Rec. Nacional Open	2:05.59	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	25-11-2012
Rec. Nacional Inf A	2:29.20	Paulo Rodrigues, ALVES	CDN	Funchal	01-08-2018
Rec. Nacional Inf B	2:37.57	Tomas Miguel, FREITAS	CDN	Funchal	13-07-2003

Lugar	Ano	Tempo final	Pts
1. Santiago Marques, PEREIRA	10	2:56.79	9,00
50m: 40.17 40.17	100m: 1:25.09 44.92	150m: 2:10.76 45.67	200m: 2:56.79 46.03
2. Francisco Martins, SIMOES	10	2:58.70	7,00
50m: 40.70 40.70	100m: 1:26.49 45.79	150m: 2:13.42 46.93	200m: 2:58.70 45.28
3. Pedro Filipe, ALMEIDA	11	3:04.96	6,00
50m: 41.00 41.00	100m: 1:27.92 46.92	150m: 2:16.42 48.50	200m: 3:04.96 48.54

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Prova 3, Masc., 200m Bruços, Inf A e B

Lugar	Ano	Tempo final	Pts
4. Rodrigo Sousa, BRAZ 50m: 45.53 45.53 100m: 1:33.70 48.17 150m: 2:23.12 49.42 200m: 3:12.70 49.58	10 Nautico Academico	3:12.70	5,00
5. Hugo Ferreira, SILVA 50m: 47.50 47.50 100m: 1:38.74 51.24 150m: 2:28.16 49.42 200m: 3:18.27 50.11	11 Academica de Coimbra	3:18.27	4,00
6. Miguel Tomas, GOMES 50m: 46.84 46.84 100m: 1:38.05 51.21 150m: 2:29.44 51.39 200m: 3:19.12 49.68	10 Nautico Academico	3:19.12	3,00
7. Bernardo Bento, DINIS 50m: 44.72 44.72 100m: 1:36.61 51.89 150m: 2:29.27 52.66 200m: 3:19.51 50.24	11 Condeixa Aqua Clube	3:19.51	2,00
8. Martim Oliveira, DIAS 50m: 45.26 45.26 100m: 1:36.84 51.58 150m: 2:28.88 52.04 200m: 3:19.56 50.68	11 Nautico Academico	3:19.56	1,00
9. Afonso Jose, MIRANDA 50m: 45.69 45.69 100m: 1:37.03 51.34 150m: 2:28.85 51.82 200m: 3:19.81 50.96	11 Louzan Natacao/EFAPEL	3:19.81	-
10. Leonardo Fonseca, FERRAZ 50m: 49.69 49.69 100m: 1:43.94 54.25 150m: 2:38.26 54.32 200m: 3:31.88 53.62	11 Academica de Coimbra	3:31.88	-
11. Ruben Silva, ESTEVES 50m: 49.92 49.92 100m: 1:45.70 55.78 150m: 2:41.12 55.42 200m: 3:35.29 54.17	11 Condeixa Aqua Clube	3:35.29	-
12. Bernardo Silva, NEVES 50m: 52.44 52.44 100m: 1:51.93 59.49 150m: 2:51.07 59.14 200m: 3:50.48 59.41	11 Nautico Academico	3:50.48	-
13. Francisco Diogo, SANTOS 50m: 50.09 50.09 100m: 1:49.88 59.79 150m: 2:50.97 1:01.09 200m: 3:52.30 1:01.33	10 CASPAE	3:52.30	-
DSQ Rodrigo Miguel, MATIAS <i>SW 7.6 - O/A atleta tocou na parede com as mãos alternadamente na viragem aos 100 metros.</i>	10 Nautico Academico		-
DSQ Jorge Miguel, SANTOS <i>SW 7.1 - O/A atleta efectuou mais do que uma pernada de golfinho, após a viragem aos 25 metros.</i>	10 Miranda do Corvo		-

Prova 4
11-11-2023 - 10:45

Femin., 200m Bruços

Inf A e B
Resultados

Rec. Nacional Open	2:22.12	Raquel Gomes, PEREIRA	SAD	Algés	29-06-2019
Rec. Nacional Inf A	2:36.86	Clara Gomes, PEREIRA	SAD	Algés	06-06-2015
Rec. Nacional Inf B	2:45.30	Clara Gomes, PEREIRA	SAD	Algés	14-06-2014

Lugar	Ano	Tempo final	Pts
1. Eva Miranda, ALMEIDA 50m: 45.04 45.04 100m: 1:35.56 50.52 150m: 2:26.01 50.45 200m: 3:16.14 50.13	11 Columbofila Cantanhedense	3:16.14	9,00
2. Joana Cura, NEVES 50m: 47.00 47.00 100m: 1:38.28 51.28 150m: 2:28.05 49.77 200m: 3:17.98 49.93	11 Condeixa Aqua Clube	3:17.98	7,00
3. Leonor Simoes, SOUSA 50m: 46.12 46.12 100m: 1:37.49 51.37 150m: 2:28.48 50.99 200m: 3:18.49 50.01	12 Nautico Academico	3:18.49	6,00
4. Carolina Damas, PITA 50m: 45.77 45.77 100m: 1:36.55 50.78 150m: 2:28.41 51.86 200m: 3:20.01 51.60	11 Nautico Academico	3:20.01	5,00
5. Maria Luisa, NOGUEIRA 50m: 47.52 47.52 100m: 1:41.19 53.67 150m: 2:34.52 53.33 200m: 3:25.45 50.93	12 Academica de Coimbra	3:25.45	4,00
6. Carlota Francisco, SANTOS 50m: 51.77 51.77 100m: 1:47.54 55.77 150m: 2:41.53 53.99 200m: 3:36.35 54.82	11 Nautico Academico	3:36.35	3,00
7. Alice Silva, SENNA 50m: 49.85 49.85 100m: 1:45.08 55.23 150m: 2:42.49 57.41 200m: 3:38.57 56.08	12 Condeixa Aqua Clube	3:38.57	2,00
8. Margarida Paiva, CORREIA 50m: 49.93 49.93 100m: 1:45.04 55.11 150m: 2:41.71 56.67 200m: 3:39.38 57.67	12 Miranda do Corvo	3:39.38	1,00

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Prova 4, Femin., 200m Bruços, Inf A e B

Lugar	Ano	Tempo final	Pts
9. Ana Leonor, CARRETO 50m: 51.18 51.18 100m: 1:46.61 55.43 150m: 2:44.23 57.62 200m: 3:40.08 55.85	11 Nautico Academico	3:40.08	-
10. Maria Costa, RIBEIRO 50m: 50.95 50.95 100m: 1:47.72 56.77 150m: 2:45.63 57.91 200m: 3:40.92 55.29	12 Columbofila Cantanhedense	3:40.92	-
11. Emilia Matilde, GADANHA 50m: 55.16 55.16 100m: 1:55.22 1:00.06 150m: 2:56.38 1:01.16 200m: 3:56.22 59.84	12 Nautico Academico	3:56.22	-
12. Maria Eduarda, RIBEIRO 50m: 52.36 52.36 100m: 1:53.31 1:00.95 150m: 2:55.10 1:01.79 200m: 3:58.12 1:03.02	11 Louzan Natacao/EFAPEL	3:58.12	-
13. Maria Filipa, GOMES 50m: 1:06.52 1:06.52 100m: 2:21.64 1:15.12 150m: 3:36.14 1:14.50 200m: 4:52.08 1:15.94	12 Nautico Academico	4:52.08	-
DSQ Matilde Sofia, PEREIRA <i>SW 7.4 - O/A atleta executou pernadas alternadas durante o percurso.</i>	11 Nautico Academico		-
DNS Rita Cravino, RIBEIRO	11 Nautico Academico		-

Prova 5

Masc., 100m Costas

Inf A e B

11-11-2023 - 10:55

Resultados

Rec. Nacional Open	50.82	Gabriel Jose, LOPES	ALN	Leiria	11-12-2022
Rec. Nacional Inf A	59.50	Ricardo Lopes, SILVA	DNMG	Caldas da Rainha	10-06-2017
Rec. Nacional Inf B	1:04.13	Miguel Reis, OLIVEIRA	SCB	Braga	22-05-2022

Lugar	Ano	Tempo final	Pts
1. Lourenco Simao, PEREIRA 50m: 34.83 34.83 100m: 1:11.54 36.71	10 Miranda do Corvo	1:11.54	9,00
2. Francisco Martins, SIMOES 50m: 35.19 35.19 100m: 1:11.91 36.72	10 Nautico Academico	1:11.91	7,00
3. Rodrigo Miguel, MATIAS 50m: 39.00 39.00 100m: 1:20.61 41.61	10 Nautico Academico	1:20.61	6,00
4. Rodrigo Sousa, BRAZ 50m: 39.73 39.73 100m: 1:21.50 41.77	10 Nautico Academico	1:21.50	5,00
5. Diogo Teixeira, LOPES 50m: 40.19 40.19 100m: 1:21.58 41.39	11 Columbofila Cantanhedense	1:21.58	4,00
6. Simao Simoes, DIOGO 50m: 39.93 39.93 100m: 1:21.91 41.98	10 CASPAE	1:21.91	3,00
7. Miguel Tomas, GOMES 50m: 39.73 39.73 100m: 1:22.86 43.13	10 Nautico Academico	1:22.86	2,00
8. Francisco Duarte, RODRIGUES 50m: 42.19 42.19 100m: 1:26.26 44.07	11 Louzan Natacao/EFAPEL	1:26.26	1,00
9. Vicente Abrantes, DIOGO 50m: 41.82 41.82 100m: 1:26.64 44.82	11 Columbofila Cantanhedense	1:26.64	-
10. Afonso Brandao, OLIVEIRA 50m: 42.87 42.87 100m: 1:27.90 45.03	10 Columbofila Cantanhedense	1:27.90	-
11. Francisco Marques, PEREIRA 50m: 42.61 42.61 100m: 1:27.98 45.37	11 Columbofila Cantanhedense	1:27.98	-
12. Nuno Pinto, OLIVEIRA 50m: 42.88 42.88 100m: 1:28.84 45.96	10 Ginasio de Vila Real	1:28.84	-
13. Bernardo Silva, NEVES 50m: 44.43 44.43 100m: 1:30.80 46.37	11 Nautico Academico	1:30.80	-
14. David Pereira, MARQUES 50m: 43.95 43.95 100m: 1:31.29 47.34	11 Columbofila Cantanhedense	1:31.29	-

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Prova 5, Masc., 100m Costas, Inf A e B

Lugar	Ano	Tempo final	Pts
15. Manuel Gaspar, BRANCO 50m: 44.16 44.16 100m: 1:33.10 48.94	10 CASPAE	1:33.10	-
16. Duarte Santos, MATEUS 50m: 45.70 45.70 100m: 1:33.63 47.93	11 Condeixa Aqua Clube	1:33.63	-
17. Martim Oliveira, DIAS 50m: 45.89 45.89 100m: 1:34.17 48.28	11 Nautico Academico	1:34.17	-
18. Guilherme Goncalves, CHANTRE 50m: 47.09 47.09 100m: 1:35.48 48.39	11 Miranda do Corvo	1:35.48	-
19. Francisco Diogo, SANTOS 50m: 46.71 46.71 100m: 1:35.70 48.99	10 CASPAE	1:35.70	-
20. Daniel Nunes, FREITAS 50m: 47.10 47.10 100m: 1:36.94 49.84	11 Columbofila Cantanhedense	1:36.94	-
DNS Goncalo Rodrigues, FERNANDES	11 Louzan Natacao/EFAPEL		-

Prova 6

Femin., 100m Costas

Inf A e B

11-11-2023 - 11:05

Resultados

Rec. Nacional Open	58.39	Rafaela Gomes, AZEVEDO	SAD	Albufeira	14-11-2021
Rec. Nacional Inf A	1:04.85	Filipa Ramos, PEIXEIRA	SCP	Tomar	18-03-2016
Rec. Nacional Inf B	1:06.85	Carolina Miranda, FERNANDES	CGA	Mealhada	07-04-2017

Lugar	Ano	Tempo final	Pts
1. Laura Duarte, NEVES 50m: 41.18 41.18 100m: 1:22.32 41.14	11 Louzan Natacao/EFAPEL	1:22.32	9,00
2. Matilde Sofia, PEREIRA 50m: 41.51 41.51 100m: 1:23.74 42.23	11 Nautico Academico	1:23.74	7,00
3. Beatriz Oliveira, PORTULEZ 50m: 42.67 42.67 100m: 1:25.74 43.07	11 Columbofila Cantanhedense	1:25.74	6,00
4. Sara Ferreira, SANTOS 50m: 42.37 42.37 100m: 1:25.78 43.41	11 Columbofila Cantanhedense	1:25.78	5,00
5. Ines Rua, FERNANDES 50m: 43.17 43.17 100m: 1:26.35 43.18	11 Ginasio de Vila Real	1:26.35	4,00
6. Clara Lopes, FERNANDES 50m: 42.13 42.13 100m: 1:26.94 44.81	12 Louzan Natacao/EFAPEL	1:26.94	3,00
7. Carlota Francisco, SANTOS 50m: 43.09 43.09 100m: 1:27.72 44.63	11 Nautico Academico	1:27.72	2,00
8. Leonor Simoes, SOUSA 50m: 43.35 43.35 100m: 1:28.21 44.86	12 Nautico Academico	1:28.21	1,00
9. Ana Leonor, CARRETO 50m: 43.04 43.04 100m: 1:28.48 45.44	11 Nautico Academico	1:28.48	-
10. Maria Eduarda, RIBEIRO 50m: 46.88 46.88 100m: 1:34.72 47.84	11 Louzan Natacao/EFAPEL	1:34.72	-
11. Clara Sofia, SANFINS 50m: 47.14 47.14 100m: 1:37.12 49.98	11 Ginasio de Vila Real	1:37.12	-
12. Beatriz Pires, SOARES 50m: 49.20 49.20 100m: 1:39.92 50.72	12 Miranda do Corvo	1:39.92	-
13. Emilia Matilde, GADANHA 50m: 48.70 48.70 100m: 1:41.31 52.61	12 Nautico Academico	1:41.31	-
14. Renata Daniela, RANGEL 50m: 49.13 49.13 100m: 1:42.01 52.88	11 Ginasio de Vila Real	1:42.01	-

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Prova 6, Femin., 100m Costas, Inf A e B

Lugar	Ano	Tempo final	Pts
15. Ana Isabel, CRUZ 50m: 53.41 53.41 100m: 1:49.65 56.24	11 CASPAE	1:49.65	-
16. Maria Filipa, GOMES 50m: 55.16 55.16 100m: 1:52.82 57.66	12 Nautico Academico	1:52.82	-
DSQ Carolina Damas, PITA <i>SW 4.4 - Falsa Partida</i>	11 Nautico Academico		-
DNS Maria Pedro, PINTO	12 Columbofila Cantanhedense		-
DNS Rita Cravino, RIBEIRO	11 Nautico Academico		-

Prova 7
11-11-2023 - 11:20 Masc., 50m Mariposa Inf A e B Resultados

Rec. Nacional Open	21.71	Gustavo Pires, MARQUES	CUC	Albufeira	13-11-2022
Rec. Nacional Inf A	27.68	tempo limite,			
Rec. Nacional Inf B	28.73	tempo limite,			

Lugar	Ano	Tempo final	Pts
1. Lucas Pinto, RIBEIRO	10 Ginasio de Vila Real	31.54	9,00
2. Santiago Marques, PEREIRA	10 Columbofila Cantanhedense	32.25	7,00
3. Pedro Filipe, ALMEIDA	11 Columbofila Cantanhedense	34.76	6,00
4. Hugo Ferreira, SILVA	11 Academica de Coimbra	35.24	5,00
5. Afonso Jose, MIRANDA	11 Louzan Natacao/EFAPEL	38.20	4,00
6. Leonardo Fonseca, FERRAZ	11 Academica de Coimbra	40.99	3,00
7. Guilherme Goncalves, CHANTRE	11 Miranda do Corvo	43.74	2,00
8. Jorge Miguel, SANTOS	10 Miranda do Corvo	44.39	1,00
9. Ruben Silva, ESTEVES	11 Condeixa Aqua Clube	44.71	-
DSQ Nuno Pinto, OLIVEIRA <i>SW 8.4 - O/A atleta tocou na parede só com uma mão na viragem aos 25 metros.</i>	10 Ginasio de Vila Real		-
DNS Goncalo Rodrigues, FERNANDES	11 Louzan Natacao/EFAPEL		-

Prova 8
11-11-2023 - 11:25 Femin., 50m Mariposa Inf A e B Resultados

Rec. Nacional Open	26.12	Ana Margarida, GUEDES	GCVR	Felgueiras	23-04-2023
Rec. Nacional Inf A	29.31	tempo limite,			
Rec. Nacional Inf B	31.28	tempo limite,			

Lugar	Ano	Tempo final	Pts
1. Eva Miranda, ALMEIDA	11 Columbofila Cantanhedense	36.89	9,00
2. Filipa Ferreira, LOISAS	11 Columbofila Cantanhedense	37.29	7,00
Maria Luisa, NOGUEIRA	12 Academica de Coimbra	37.29	7,00
4. Camila Beatriz, CAMILO	11 Miranda do Corvo	38.43	5,00
5. Margarida Paiva, CORREIA	12 Miranda do Corvo	39.55	4,00
6. Leonor Ribeiro, FERREIRA	12 Columbofila Cantanhedense	41.13	3,00
7. Maria Costa, RIBEIRO	12 Columbofila Cantanhedense	47.49	2,00

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Prova 9 11-11-2023 - 11:25	Misto, 4 x 50m Estilos				Inf Misto Resultados
Rec. Nacional Open	1:46.76	Vitoria Sport Clube	VSC	Felgueiras	07-05-2022
Rec. Nacional 14 - 16	1:55.99	tempo limite			
Rec. Nacional 14 - 15	2:02.54	Clube Fluvial Vilacondense	CFV	Felgueiras	22-04-2023
Rec. Nacional 13 - 14	2:09.19	Foca-Clube Natacao de Felgueiras	FOCA	Pacos de Ferreira	11-07-2021
Rec. Nacional Inf Misto	2:09.19	Foca-Clube Natacao de Felgueiras	FOCA	Pacos de Ferreira	11-07-2021
Rec. Nacional 12 - 13	2:20.98	Futebol Clube do Porto	FCP	Pacos de Ferreira	11-07-2021

Lugar			Tempo final	Pts	
1. Condeixa Clube	Condeixa Aqua Clube		2:29.89	9,00	
Maria Leonor, LOBO	12	41.61	Joana Cura, NEVES	11	34.79
Bernardo Bento, DINIS	11	43.03	Goncalo Nunes, MARQUES	11	30.46
2. Columbofila Cantanhedense	Columbofila Cantanhedense		2:30.93	7,00	
Afonso Brandao, OLIVEIRA	10	40.17	Sara Ferreira, SANTOS	11	38.24
Santiago Marques, PEREIRA	10	38.77	Filipa Ferreira, LOISAS	11	33.75
3. Columbofila Cantanhedense	Columbofila Cantanhedense		2:32.00	6,00	
Diogo Teixeira, LOPES	11	37.76	Leonor Ribeiro, FERREIRA	12	40.11
Pedro Filipe, ALMEIDA	11	39.07	Maria Costa, RIBEIRO	12	35.06
4. Nautico Academico	Nautico Academico		2:32.07	5,00	
Matilde Sofia, PEREIRA	11	39.95	Miguel Tomas, GOMES	10	38.49
Francisco Martins, SIMOES	10	38.18	Ana Leonor, CARRETO	11	35.45
5. Miranda do Corvo	Miranda do Corvo		2:32.35	4,00	
Lourenco Simao, PEREIRA	10	33.79	Margarida Paiva, CORREIA	12	39.68
Jorge Miguel, SANTOS	10	45.40	Camila Beatriz, CAMILO	11	33.48
6. Nautico Academico	Nautico Academico		2:32.75	3,00	
Carolina Damas, PITA	11	37.29	Rodrigo Sousa, BRAZ	10	36.52
Rodrigo Miguel, MATIAS	10	43.35	Carlota Francisco, SANTOS	11	35.59
7. Louzan Natacao	Louzan Natacao/EFAPEL		2:36.14	2,00	
Clara Lopes, FERNANDES	12	41.05	Francisco Duarte, RODRIGUES	11	38.34
Afonso Jose, MIRANDA	11	43.95	Laura Duarte, NEVES	11	32.80
8. Nautico Academico	Nautico Academico		2:51.85	1,00	
Emilia Matilde, GADANHA	12	48.09	Bernardo Silva, NEVES	11	46.13
Martim Oliveira, DIAS	11	43.99	Leonor Simoes, SOUSA	12	33.64

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2 - 1ª Jornada - 2ª Sessão

11-11-2023 - 15:30

Prova 10 11-11-2023 - 15:30		Femin., 200m Estilos				Inf A e B Resultados	
Rec. Nacional Open	2:12.08	Victoria, KAMINSKAYA	POR	Copenhagen (DEN)	16-12-2017		
Rec. Nacional Inf A	2:21.36	Carolina Miranda, FERNANDES	CGA	Felgueiras	10-03-2018		
Rec. Nacional Inf B	2:28.04	Carolina Miranda, FERNANDES	CGA	Mealhada	08-04-2017		
Lugar	Ano		Tempo final		Pts		
1. Laura Duarte, NEVES	11	Louzan Natacao/EFAPEL	2:52.50	9,00			
50m: 38.62 38.62	100m: 1:23.48	44.86 150m: 2:12.85 49.37	200m: 2:52.50	39.65			
2. Sara Ferreira, SANTOS	11	Cumbofilha Cantanhedense	2:52.78	7,00			
50m: 38.96 38.96	100m: 1:22.95	43.99 150m: 2:14.29 51.34	200m: 2:52.78	38.49			
3. Carolina Damas, PITA	11	Nautico Academico	2:53.81	6,00			
50m: 38.44 38.44	100m: 1:21.45	43.01 150m: 2:13.45 52.00	200m: 2:53.81	40.36			
4. Leonor Simoes, SOUSA	12	Nautico Academico	2:55.11	5,00			
50m: 39.15 39.15	100m: 1:24.70	45.55 150m: 2:15.49 50.79	200m: 2:55.11	39.62			
5. Beatriz Oliveira, PORTULEZ	11	Cumbofilha Cantanhedense	2:58.51	4,00			
50m: 41.54 41.54	100m: 1:27.91	46.37 150m: 2:19.30 51.39	200m: 2:58.51	39.21			
6. Matilde Sofia, PEREIRA	11	Nautico Academico	2:58.84	3,00			
50m: 41.24 41.24	100m: 1:25.40	44.16 150m: 2:18.81 53.41	200m: 2:58.84	40.03			
7. Ana Leonor, CARRETO	11	Nautico Academico	3:04.77	2,00			
50m: 42.96 42.96	100m: 1:31.42	48.46 150m: 2:23.20 51.78	200m: 3:04.77	41.57			
8. Camila Beatriz, CAMILO	11	Miranda do Corvo	3:06.64	1,00			
50m: 39.15 39.15	100m: 1:29.18	50.03 150m: 2:23.73 54.55	200m: 3:06.64	42.91			
9. Margarida Paiva, CORREIA	12	Miranda do Corvo	3:13.25	-			
50m: 40.71 40.71	100m: 1:29.30	48.59 150m: 2:26.76 57.46	200m: 3:13.25	46.49			
10. Carlota Francisco, SANTOS	11	Nautico Academico	3:13.82	-			
50m: 46.11 46.11	100m: 1:33.08	46.97 150m: 2:29.29 56.21	200m: 3:13.82	44.53			
11. Leonor Ribeiro, FERREIRA	12	Cumbofilha Cantanhedense	3:14.02	-			
50m: 42.93 42.93	100m: 1:34.31	51.38 150m: 2:32.51 58.20	200m: 3:14.02	41.51			
12. Maria Costa, RIBEIRO	12	Cumbofilha Cantanhedense	3:17.35	-			
50m: 48.40 48.40	100m: 1:38.83	50.43 150m: 2:35.50 56.67	200m: 3:17.35	41.85			
13. Clara Lopes, FERNANDES	12	Louzan Natacao/EFAPEL	3:20.64	-			
50m: 47.39 47.39	100m: 1:35.05	47.66 150m: 2:34.88 59.83	200m: 3:20.64	45.76			
14. Emilia Matilde, GADANHA	12	Nautico Academico	3:31.91	-			
50m: 51.32 51.32	100m: 1:45.65	54.33 150m: 2:46.48 1:00.83	200m: 3:31.91	45.43			
DSQ Maria Filipa, GOMES	12	Nautico Academico		-			
<i>SW 8.4 - O/A atleta não tocou com as mãos na parede na viragem aos 150 metros.</i>							
DNS Maria Pedro, PINTO	12	Cumbofilha Cantanhedense		-			
DNS Rita Cravino, RIBEIRO	11	Nautico Academico		-			

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Prova 11 Masc., 200m Estilos Inf A e B
11-11-2023 - 15:45 Resultados

Rec. Nacional Open	1:53.45	Diogo Filipe, CARVALHO	POR	Netanya (ISR)	04-12-2015
Rec. Nacional Inf A	2:13.38	Tomas Miguel, FREITAS	CDN	Funchal	17-07-2004
Rec. Nacional Inf B	2:17.96	Andre Vilas, RUIVO	DNMG	Nazaré	02-06-2013

Lugar	Nome	Ano	Clube	Tempo final	Pts
1.	Francisco Martins, SIMOES	10	Nautico Academico	2:36.47	9,00
	50m: 34.15 34.15 100m: 1:14.09 39.94 150m: 2:00.80 46.71 200m: 2:36.47 35.67				
2.	Rodrigo Sousa, BRAZ	10	Nautico Academico	2:48.08	7,00
	50m: 36.88 36.88 100m: 1:19.67 42.79 150m: 2:09.99 50.32 200m: 2:48.08 38.09				
3.	Andre Filipe, COSTA	10	Vigor da Mocidade	2:49.99	6,00
	50m: 38.61 38.61 100m: 1:22.15 43.54 150m: 2:10.62 48.47 200m: 2:49.99 39.37				
4.	Miguel Tomas, GOMES	10	Nautico Academico	2:51.54	5,00
	50m: 40.05 40.05 100m: 1:23.43 43.38 150m: 2:13.68 50.25 200m: 2:51.54 37.86				
5.	Francisco Duarte, RODRIGUES	11	Louzan Natacao/EFAPEL	3:00.77	4,00
	50m: 40.52 40.52 100m: 1:27.89 47.37 150m: 2:21.69 53.80 200m: 3:00.77 39.08				
6.	Afonso Jose, MIRANDA	11	Louzan Natacao/EFAPEL	3:00.85	3,00
	50m: 41.24 41.24 100m: 1:28.57 47.33 150m: 2:20.11 51.54 200m: 3:00.85 40.74				
7.	Diogo Teixeira, LOPES	11	Columbofila Cantanhedense	3:01.67	2,00
	50m: 43.46 43.46 100m: 1:26.76 43.30 150m: 2:24.50 57.74 200m: 3:01.67 37.17				
8.	Afonso Brandao, OLIVEIRA	10	Columbofila Cantanhedense	3:02.36	1,00
	50m: 40.99 40.99 100m: 1:28.56 47.57 150m: 2:23.50 54.94 200m: 3:02.36 38.86				
9.	Francisco Marques, PEREIRA	11	Columbofila Cantanhedense	3:07.57	-
	50m: 40.98 40.98 100m: 1:28.93 47.95 150m: 2:26.33 57.40 200m: 3:07.57 41.24				
10.	David Pereira, MARQUES	11	Columbofila Cantanhedense	3:10.11	-
	50m: 42.07 42.07 100m: 1:33.34 51.27 150m: 2:29.37 56.03 200m: 3:10.11 40.74				
11.	Martim Oliveira, DIAS	11	Nautico Academico	3:10.13	-
	50m: 45.40 45.40 100m: 1:37.05 51.65 150m: 2:29.44 52.39 200m: 3:10.13 40.69				
12.	Vicente Abrantes, DIOGO	11	Columbofila Cantanhedense	3:10.27	-
	50m: 44.30 44.30 100m: 1:33.74 49.44 150m: 2:28.31 54.57 200m: 3:10.27 41.96				
13.	Leonardo Fonseca, FERRAZ	11	Academica de Coimbra	3:11.33	-
	50m: 41.75 41.75 100m: 1:31.92 50.17 150m: 2:29.31 57.39 200m: 3:11.33 42.02				
14.	Jorge Miguel, SANTOS	10	Miranda do Corvo	3:12.28	-
	50m: 45.68 45.68 100m: 1:36.73 51.05 150m: 2:29.08 52.35 200m: 3:12.28 43.20				
15.	Bernardo Silva, NEVES	11	Nautico Academico	3:15.58	-
	50m: 46.60 46.60 100m: 1:34.71 48.11 150m: 2:32.10 57.39 200m: 3:15.58 43.48				
16.	Francisco Diogo, SANTOS	10	CASPAE	3:19.95	-
	50m: 46.29 46.29 100m: 1:35.06 48.77 150m: 2:34.62 59.56 200m: 3:19.95 45.33				
17.	Daniel Nunes, FREITAS	11	Columbofila Cantanhedense	3:28.33	-
	50m: 50.48 50.48 100m: 1:43.84 53.36 150m: 2:44.65 1:00.81 200m: 3:28.33 43.68				
18.	Guilherme Goncalves, CHANTRE	11	Miranda do Corvo	3:32.69	-
	50m: 45.79 45.79 100m: 1:36.37 50.58 150m: 2:45.11 1:08.74 200m: 3:32.69 47.58				
DSQ	Rodrigo Miguel, MATIAS	10	Nautico Academico		-
	<i>SW 7.1 - O/A atleta efectuou mais do que uma pernada de golfinho, após a viragem aos 125 metros.</i>				

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Coimbra, 11-11-2023

Prova 12 Femin., 100m Livres Inf A e B
11-11-2023 - 16:00 Resultados

Rec. Nacional Open	54.66	Ana Pinho, RODRIGUES	ADS	Felgueiras	20-12-2019
Rec. Nacional Inf A	58.55	Carolina Miranda, FERNANDES	CGA	Felgueiras	11-03-2018
Rec. Nacional Inf B	1:00.13	Carolina Miranda, FERNANDES	CGA	Mealhada	08-04-2017

Lugar			Ano			Tempo final	Pts
1.	Joana Cura, NEVES		11	Condeixa Aqua Clube		1:08.92	9,00
	50m: 33.28 33.28	100m: 1:08.92		35.64			
2.	Filipa Ferreira, LOISAS		11	Columbofila Cantanhedense		1:12.92	7,00
	50m: 35.11 35.11	100m: 1:12.92		37.81			
3.	Maria Luisa, NOGUEIRA		12	Academica de Coimbra		1:13.86	6,00
	50m: 37.08 37.08	100m: 1:13.86		36.78			
4.	Maria Eduarda, RIBEIRO		11	Louzan Natacao/EFAPEL		1:21.26	5,00
	50m: 38.68 38.68	100m: 1:21.26		42.58			
5.	Renata Daniela, RANGEL		11	Ginasio de Vila Real		1:25.86	4,00
	50m: 41.48 41.48	100m: 1:25.86		44.38			
6.	Beatriz Pires, SOARES		12	Miranda do Corvo		1:31.94	3,00
	50m: 43.77 43.77	100m: 1:31.94		48.17			
7.	Clara Sofia, SANFINS		11	Ginasio de Vila Real		1:32.51	2,00
	50m: 44.39 44.39	100m: 1:32.51		48.12			
8.	Lara Caldeira, DUARTE		12	Louzan Natacao/EFAPEL		1:38.37	1,00
	50m: 47.12 47.12	100m: 1:38.37		51.25			

Prova 13 Masc., 100m Livres Inf A e B
11-11-2023 - 16:05 Resultados

Rec. Nacional Open	46.65	Diogo Matos, RIBEIRO	SLB	Leiria	11-12-2022
Rec. Nacional Inf A	54.35	Diogo Matos, RIBEIRO	CUC	S. António Cavaleiros	01-07-2018
Rec. Nacional Inf B	56.82	Rodolfo Junior, ALECRIM	ADBA	Leiria	20-05-2023

Lugar			Ano			Tempo final	Pts
1.	Lucas Pinto, RIBEIRO		10	Ginasio de Vila Real		1:02.15	9,00
	50m: 30.17 30.17	100m: 1:02.15		31.98			
2.	Santiago Marques, PEREIRA		10	Columbofila Cantanhedense		1:03.17	7,00
	50m: 30.76 30.76	100m: 1:03.17		32.41			
3.	Lourenco Simao, PEREIRA		10	Miranda do Corvo		1:04.46	6,00
	50m: 31.08 31.08	100m: 1:04.46		33.38			
4.	Pedro Filipe, ALMEIDA		11	Columbofila Cantanhedense		1:08.71	5,00
	50m: 31.89 31.89	100m: 1:08.71		36.82			
5.	Simao Simoes, DIOGO		10	CASPAE		1:10.48	4,00
	50m: 33.42 33.42	100m: 1:10.48		37.06			
6.	Manuel Gaspar, BRANCO		10	CASPAE		1:17.70	3,00
	50m: 36.43 36.43	100m: 1:17.70		41.27			
7.	Nuno Pinto, OLIVEIRA		10	Ginasio de Vila Real		1:24.53	2,00
	50m: 40.84 40.84	100m: 1:24.53		43.69			
8.	Carlos Martim, ANTUNES		10	Vigor da Mocidade		1:25.22	1,00
	50m: 41.56 41.56	100m: 1:25.22		43.66			
9.	Duarte Santos, MATEUS		11	Condeixa Aqua Clube		1:27.67	-
	50m: 41.78 41.78	100m: 1:27.67		45.89			
10.	Tiago Cordeiro, NEVES		11	Nautico Academico		1:30.74	-
	50m: 42.68 42.68	100m: 1:30.74		48.06			

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Prova 13, Masc., 100m Livres, Inf A e B

Lugar	Ano	Tempo final	Pts
11. Guilherme Lobo, MAGALHAES 50m: 48.33 48.33 100m: 1:42.36 54.03	10 Nautico Academico	1:42.36	-
DNS Goncalo Rodrigues, FERNANDES	11 Louzan Natacao/EFAPEL		-

Prova 14
11-11-2023 - 16:10

Femin., 200m Costas

Inf A e B
Resultados

Rec. Nacional Open	2:07.58	Camila Rodrigues, REBELO	ALN	Leiria	26-11-2021
Rec. Nacional Inf A	2:21.33	Rafaela Gomes, AZEVEDO	SAD	Algés	06-06-2015
Rec. Nacional Inf B	2:27.90	Carolina Miranda, FERNANDES	CGA	Mealhada	26-03-2017

Lugar	Ano	Tempo final	Pts
1. Carolina Damas, PITA 50m: 42.19 42.19 100m: 1:25.85 43.66 150m: 2:09.55 43.70 200m: 2:51.18 41.63	11 Nautico Academico	2:51.18	9,00
2. Matilde Sofia, PEREIRA 50m: 42.79 42.79 100m: 1:27.04 44.25 150m: 2:12.16 45.12 200m: 2:54.70 42.54	11 Nautico Academico	2:54.70	7,00
3. Ines Rua, FERNANDES 50m: 45.22 45.22 100m: 1:31.36 46.14 150m: 2:16.51 45.15 200m: 3:00.50 43.99	11 Ginasio de Vila Real	3:00.50	6,00
4. Leonor Simoes, SOUSA 50m: 44.77 44.77 100m: 1:32.67 47.90 150m: 2:20.49 47.82 200m: 3:02.90 42.41	12 Nautico Academico	3:02.90	5,00
5. Maria Leonor, LOBO 50m: 44.35 44.35 100m: 1:31.33 46.98 150m: 2:18.80 47.47 200m: 3:03.82 45.02	12 Condeixa Aqua Clube	3:03.82	4,00
6. Clara Lopes, FERNANDES 50m: 44.59 44.59 100m: 1:31.90 47.31 150m: 2:19.94 48.04 200m: 3:04.36 44.42	12 Louzan Natacao/EFAPEL	3:04.36	3,00
7. Ana Leonor, CARRETO 50m: 48.78 48.78 100m: 1:37.53 48.75 150m: 2:26.34 48.81 200m: 3:12.72 46.38	11 Nautico Academico	3:12.72	2,00
8. Leonor Ribeiro, FERREIRA 50m: 47.89 47.89 100m: 1:38.46 50.57 150m: 2:29.27 50.81 200m: 3:17.76 48.49	12 Columbofila Cantanhedense	3:17.76	1,00
9. Emilia Matilde, GADANHA 50m: 52.72 52.72 100m: 1:47.95 55.23 150m: 2:42.26 54.31 200m: 3:35.14 52.88	12 Nautico Academico	3:35.14	-
10. Maria Filipa, GOMES 50m: 57.05 57.05 100m: 1:55.83 58.78 150m: 2:55.40 59.57 200m: 3:52.44 57.04	12 Nautico Academico	3:52.44	-
DSQ Eva Miranda, ALMEIDA SW 4.4 - Falsa Partida	11 Columbofila Cantanhedense		-
DSQ Carlota Francisco, SANTOS SW 6.2 - O/A atleta perdeu a posição de costas aos 150 metros.	11 Nautico Academico		-
DNS Rita Cravino, RIBEIRO	11 Nautico Academico		-

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Prova 15 Masc., 200m Costas Inf A e B
11-11-2023 - 16:20 Resultados

Rec. Nacional Open	1:52.66	Gabriel Jose, LOPES	POR	Hangzhou (CHN)	16-12-2018
Rec. Nacional Inf A	2:09.17	Joao Alexandre, VITAL	ADRCIMM	Algés	29-06-2012
Rec. Nacional Inf B	2:15.27	Andre Vilas, RUIVO	DNMG	S. António Cavaleiros	16-03-2013

Lugar	Ano	Tempo final	Pts
1. Lourenco Simao, PEREIRA 50m: 36.97 36.97 100m: 1:16.09 39.12 150m: 1:54.89 38.80 200m: 2:32.36 37.47	10	Miranda do Corvo	2:32.36 9,00
2. Francisco Martins, SIMOES 50m: 36.55 36.55 100m: 1:16.22 39.67 150m: 1:56.37 40.15 200m: 2:34.70 38.33	10	Nautico Academico	2:34.70 7,00
3. Diogo Teixeira, LOPES 50m: 41.86 41.86 100m: 1:24.66 42.80 150m: 2:09.09 44.43 200m: 2:49.93 40.84	11	Columbofila Cantanhedense	2:49.93 6,00
4. Hugo Ferreira, SILVA 50m: 43.05 43.05 100m: 1:26.50 43.45 150m: 2:09.30 42.80 200m: 2:50.79 41.49	11	Academica de Coimbra	2:50.79 5,00
5. Rodrigo Sousa, BRAZ 50m: 40.94 40.94 100m: 1:24.64 43.70 150m: 2:08.30 43.66 200m: 2:51.03 42.73	10	Nautico Academico	2:51.03 4,00
6. Miguel Tomas, GOMES 50m: 41.66 41.66 100m: 1:26.88 45.22 150m: 2:10.72 43.84 200m: 2:52.52 41.80	10	Nautico Academico	2:52.52 3,00
7. Rodrigo Miguel, MATIAS 50m: 40.69 40.69 100m: 1:24.16 43.47 150m: 2:09.18 45.02 200m: 2:53.41 44.23	10	Nautico Academico	2:53.41 2,00
8. Simao Simoes, DIOGO 50m: 43.66 43.66 100m: 1:30.62 46.96 150m: 2:18.34 47.72 200m: 3:01.29 42.95	10	CASPAE	3:01.29 1,00
9. Ruben Silva, ESTEVES 50m: 47.60 47.60 100m: 1:37.82 50.22 150m: 2:26.96 49.14 200m: 3:12.08 45.12	11	Condeixa Aqua Clube	3:12.08 -
10. Bernardo Silva, NEVES 50m: 45.82 45.82 100m: 1:35.19 49.37 150m: 2:25.83 50.64 200m: 3:13.84 48.01	11	Nautico Academico	3:13.84 -
11. Martim Oliveira, DIAS 50m: 48.35 48.35 100m: 1:39.71 51.36 150m: 2:31.28 51.57 200m: 3:20.99 49.71	11	Nautico Academico	3:20.99 -
12. Guilherme Goncalves, CHANTRE 50m: 50.64 50.64 100m: 1:42.20 51.56 150m: 2:34.33 52.13 200m: 3:25.02 50.69	11	Miranda do Corvo	3:25.02 -

Prova 16 Femin., 100m Mariposa Inf A e B
11-11-2023 - 16:30 Resultados

Rec. Nacional Open	58.01	Mariana Pacheco, CUNHA	CNCE	Felgueiras	22-04-2023
Rec. Nacional Inf A	1:02.30	Carolina Miranda, FERNANDES	CGA	Felgueiras	11-03-2018
Rec. Nacional Inf B	1:05.51	Carolina Miranda, FERNANDES	CGA	Gafanha de Nazaré	06-05-2017

Lugar	Ano	Tempo final	Pts
1. Filipa Ferreira, LOISAS 50m: 37.87 37.87 100m: 1:21.71 43.84	11	Columbofila Cantanhedense	1:21.71 9,00
2. Maria Luisa, NOGUEIRA 50m: 38.27 38.27 100m: 1:22.45 44.18	12	Academica de Coimbra	1:22.45 7,00
3. Camila Beatriz, CAMILO 50m: 41.83 41.83 100m: 1:28.40 46.57	11	Miranda do Corvo	1:28.40 6,00
4. Margarida Paiva, CORREIA 50m: 42.74 42.74 100m: 1:31.42 48.68	12	Miranda do Corvo	1:31.42 5,00
5. Beatriz Oliveira, PORTULEZ 50m: 42.26 42.26 100m: 1:32.24 49.98	11	Columbofila Cantanhedense	1:32.24 4,00

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Prova 17 Masc., 100m Mariposa Inf A e B
11-11-2023 - 16:35 Resultados

Rec. Nacional Open	51.20	Fernando Souza, SILVA	CNF	Albufeira	12-11-2022
Rec. Nacional Inf A	59.56	Fabio Parrilha da, SILVA	CNAL	Leiria	07-04-2001
Rec. Nacional Inf B	1:01.78	Fabio Parrilha da, SILVA	CNAL	Penafiel	01-04-2000

Lugar			Ano			Tempo final	Pts
1.	Goncalo Nunes, MARQUES		11	Condeixa Aqua Clube		1:17.95	9,00
	50m:	36.26 36.26	100m:	1:17.95	41.69		
2.	Afonso Brandao, OLIVEIRA		10	Columbofila Cantanhedense		1:27.00	7,00
	50m:	40.32 40.32	100m:	1:27.00	46.68		
3.	Leonardo Fonseca, FERRAZ		11	Academica de Coimbra		1:32.62	6,00
	50m:	44.18 44.18	100m:	1:32.62	48.44		
4.	Bernardo Bento, DINIS		11	Condeixa Aqua Clube		1:35.83	5,00
	50m:	43.98 43.98	100m:	1:35.83	51.85		
5.	Daniel Nunes, FREITAS		11	Columbofila Cantanhedense		1:50.36	4,00
	50m:	50.28 50.28	100m:	1:50.36	1:00.08		
DSQ	David Pereira, MARQUES SW 4.4 - Falsa Partida		11	Columbofila Cantanhedense			-

Prova 18 Femin., 100m Bruços Inf A e B
11-11-2023 - 16:40 Resultados

Rec. Nacional Open	1:06.82	Ana Pinho, RODRIGUES	EDV	Estarreja	04-12-2021
Rec. Nacional Inf A	1:13.43	Raquel Gomes, PEREIRA	SANL	Abrantes	13-04-2013
Rec. Nacional Inf B	1:17.79	Mariana Ferrinha, CUNHA	AAC	Coimbra	19-03-1995

Lugar			Ano			Tempo final	Pts
1.	Laura Duarte, NEVES		11	Louzan Natacao/EFAPEL		1:30.56	9,00
	50m:	44.62 44.62	100m:	1:30.56	45.94		
2.	Eva Miranda, ALMEIDA		11	Columbofila Cantanhedense		1:32.36	7,00
	50m:	44.49 44.49	100m:	1:32.36	47.87		
3.	Maria Costa, RIBEIRO		12	Columbofila Cantanhedense		1:47.66	6,00
	50m:	51.39 51.39	100m:	1:47.66	56.27		
4.	Clara Sofia, SANFINS		11	Ginasio de Vila Real		1:47.90	5,00
	50m:	51.70 51.70	100m:	1:47.90	56.20		
5.	Maria Eduarda, RIBEIRO		11	Louzan Natacao/EFAPEL		1:50.68	4,00
	50m:	52.30 52.30	100m:	1:50.68	58.38		
6.	Beatriz Pires, SOARES		12	Miranda do Corvo		1:53.45	3,00
	50m:	56.13 56.13	100m:	1:53.45	57.32		
7.	Renata Daniela, RANGEL		11	Ginasio de Vila Real		1:58.97	2,00
	50m:	55.98 55.98	100m:	1:58.97	1:02.99		
8.	Lara Caldeira, DUARTE		12	Louzan Natacao/EFAPEL		2:02.67	1,00
	50m:	57.45 57.45	100m:	2:02.67	1:05.22		
DSQ	Sara Ferreira, SANTOS SW 7.1 - O/A atleta efectuou mais do que uma pernada de golfinho, após a viragem aos 75 metros.		11	Columbofila Cantanhedense			-
DNS	Maria Pedro, PINTO		12	Columbofila Cantanhedense			-

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Prova 19 Masc., 100m Bruços Inf A e B
11-11-2023 - 16:45 Resultados

Rec. Nacional Open	58.19	Carlos Esteves, ALMEIDA	POR	Chartres (FRA)	22-11-2012
Rec. Nacional Inf A	1:07.92	Andre Goncalo, SANTOS	LSC	Viseu	12-03-2011
Rec. Nacional Inf B	1:09.54	Andre Goncalo, SANTOS	LSC	Lousada	15-05-2010

Lugar			Ano			Tempo final	Pts
1.	Lucas Pinto, RIBEIRO		10	Ginasio de Vila Real		1:20.65	9,00
	50m: 37.99 37.99	100m: 1:20.65		42.66			
2.	Santiago Marques, PEREIRA		10	Columbofila Cantanhedense		1:21.83	7,00
	50m: 39.61 39.61	100m: 1:21.83		42.22			
3.	Pedro Filipe, ALMEIDA		11	Columbofila Cantanhedense		1:25.27	6,00
	50m: 40.37 40.37	100m: 1:25.27		44.90			
4.	Hugo Ferreira, SILVA		11	Academica de Coimbra		1:28.60	5,00
	50m: 43.45 43.45	100m: 1:28.60		45.15			
5.	Afonso Jose, MIRANDA		11	Louzan Natacao/EFAPEL		1:35.76	4,00
	50m: 45.79 45.79	100m: 1:35.76		49.97			
6.	Jorge Miguel, SANTOS		10	Miranda do Corvo		1:38.92	3,00
	50m: 46.79 46.79	100m: 1:38.92		52.13			
7.	Francisco Duarte, RODRIGUES		11	Louzan Natacao/EFAPEL		1:39.60	2,00
	50m: 48.13 48.13	100m: 1:39.60		51.47			
8.	Vicente Abrantes, DIOGO		11	Columbofila Cantanhedense		1:41.07	1,00
	50m: 47.45 47.45	100m: 1:41.07		53.62			
9.	Nuno Pinto, OLIVEIRA		10	Ginasio de Vila Real		1:45.89	-
	50m: 50.74 50.74	100m: 1:45.89		55.15			
10.	Manuel Gaspar, BRANCO		10	CASPAE		1:46.26	-
	50m: 48.43 48.43	100m: 1:46.26		57.83			
11.	Francisco Marques, PEREIRA		11	Columbofila Cantanhedense		1:48.50	-
	50m: 50.98 50.98	100m: 1:48.50		57.52			
12.	Francisco Diogo, SANTOS		10	CASPAE		1:51.00	-
	50m: 51.32 51.32	100m: 1:51.00		59.68			
13.	Duarte Santos, MATEUS		11	Condeixa Aqua Clube		1:51.96	-
	50m: 53.62 53.62	100m: 1:51.96		58.34			
DSQ	Guilherme Lobo, MAGALHAES		10	Nautico Academico			-
	<i>SW 7.1 - O/A atleta efectuou mais do que uma pernada de golfinho, após a partida.</i>						
DSQ	Tiago Cordeiro, NEVES		11	Nautico Academico			-
	<i>SW 7.6 - O/A atleta tocou na parede com as mãos alternadamente na viragem aos 50 metros.</i>						
DNS	Goncalo Rodrigues, FERNANDES		11	Louzan Natacao/EFAPEL			-

Prova 20 Misto, 4 x 50m Livres Inf Misto
11-11-2023 - 17:00 Resultados

Lugar			Ano			Tempo final	Pts
1.	Columbofila Cantanhedense			Columbofila Cantanhedense		2:08.62	9,00
	Santiago Marques, PEREIRA	10	29.14	Beatriz Oliveira, PORTULEZ	11	34.10	
	Afonso Brandao, OLIVEIRA	10	32.87	Eva Miranda, ALMEIDA	11	32.51	
2.	Condeixa Clube			Condeixa Aqua Clube		2:09.15	7,00
	Maria Leonor, LOBO	12	34.11	Joana Cura, NEVES	11	31.66	
	Bernardo Bento, DINIS	11	32.83	Goncalo Nunes, MARQUES	11	30.55	
3.	Nautico Academico			Nautico Academico		2:09.82	6,00
	Francisco Martins, SIMOES	10	29.64	Ana Leonor, CARRETO	11	34.99	
	Matilde Sofia, PEREIRA	11	32.87	Miguel Tomas, GOMES	10	32.32	

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Prova 20, Misto, 4 x 50m Livres, Inf Misto

Lugar				Tempo final	Pts
4.	Louzan Natacao		Louzan Natacao/EFAPEL	2:16.50	5,00
	Laura Duarte, NEVES	11	33.24 Francisco Duarte, RODRIGUES	11	32.90
	Clara Lopes, FERNANDES	12	37.11 Afonso Jose, MIRANDA	11	33.25
5.	Miranda do Corvo		Miranda do Corvo	2:19.85	4,00
	Lourenco Simao, PEREIRA	10	29.89 Jorge Miguel, SANTOS	10	36.94
	Margarida Paiva, CORREIA	12	38.37 Camila Beatriz, CAMILO	11	34.65
6.	Columbofila Cantanhedense		Columbofila Cantanhedense	2:25.75	3,00
	Francisco Marques, PEREIRA	11	35.94 Leonor Ribeiro, FERREIRA	12	37.53
	David Pereira, MARQUES	11	35.34 Maria Costa, RIBEIRO	12	36.94
7.	Nautico Academico		Nautico Academico	2:27.30	2,00
	Bernardo Silva, NEVES	11	37.29 Emilia Matilde, GADANHA	12	39.76
	Leonor Simoes, SOUSA	12	34.77 Martim Oliveira, DIAS	11	35.48
DSQ	Nautico Academico		Nautico Academico		-
	<i>SW 10.12 - Rendição antecipada do/a 2 atleta.</i>				
	Rodrigo Sousa, BRAZ, Carolina Damas, PITA, Carlota Francisco, SANTOS, Rodrigo Miguel, MATIAS				