

Taça de Fundo
Coimbra, 28/1/2024

Prova 1 Femin., 800m Livres 12 anos e mais velhos
28/01/2024 - 9:30 Resultados

Recordes Nacionais 50m Open	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	23/06/2018
Recordes Nacionais 50m Sen	8:29.33	DURAES, Diana Margarida	POR	Tarragona (ESP)	23/06/2018
Recordes Nacionais 50m 17	8:36.21	HOLUB, Tamila Hryhorivna	SCB	Coimbra	28/05/2016
Recordes Nacionais 50m 16	8:45.53	HOLUB, Tamila Hryhorivna	SCB	Coimbra	30/05/2015
Recordes Nacionais 50m Juv A	8:50.68	HOLUB, Tamila Hryhorivna	SCB	Oeiras	27/07/2014
Recordes Nacionais 50m Juv B	9:07.70	SILVA, Alexandra Maria	POR	Split (CRO)	10/09/1981
Recordes Nacionais 50m Inf A	9:14.85	SILVA, Alexandra Maria	POR	Skovde (SWE)	10/08/1980
Recordes Nacionais 50m Inf B	9:30.42	RUIVO, Filipa Vilas	DNMG	S. Joao da Madeira	25/07/2009

Lugar Ano Tempo final Pts

Inf A/B

1. NEVES, Joana Cura	11	Condeixa Clube	11:22.09	-
100m: 1:22.09 1:22.09	300m: 4:13.02 1:25.51	500m: 7:06.09 1:26.63	700m: 9:59.56 1:26.73	800m: 11:22.09 1:22.53
200m: 2:47.51 1:25.42	400m: 5:39.46 1:26.44	600m: 8:32.83 1:26.74		
2. NOGUEIRA, Maria Luisa	12	Academica de Coimbra	11:27.46	-
100m: 1:23.65 1:23.65	300m: 4:17.80 1:27.27	500m: 7:12.21 1:27.82	700m: 10:06.52 1:26.83	800m: 11:27.46 1:20.94
200m: 2:50.53 1:26.88	400m: 5:44.39 1:26.59	600m: 8:39.69 1:27.48		
3. FIGUEIREDO, Matilde Conde	11	Condeixa Clube	11:30.95	-
100m: 1:26.12 1:26.12	300m: 4:23.63 1:28.16	500m: 7:18.92 1:27.18	700m: 10:10.61 1:25.31	800m: 11:30.95 1:20.34
200m: 2:55.47 1:29.35	400m: 5:51.74 1:28.11	600m: 8:45.30 1:26.38		
4. LOBO, Maria Leonor	12	Condeixa Clube	11:44.82	-
100m: 1:26.54 1:26.54	300m: 4:28.64 1:31.16	500m: 7:30.09 1:30.10	700m: 10:23.18 1:25.20	800m: 11:44.82 1:21.64
200m: 2:57.48 1:30.94	400m: 5:59.99 1:31.35	600m: 8:57.98 1:27.89		
5. CORREIA, Margarida Paiva	12	Miranda do Corvo	12:35.56	-
100m: 1:27.54 1:27.54	300m: 4:40.79 1:36.56	500m: 7:54.41 1:36.58	700m: 11:05.48 1:34.83	800m: 12:35.56 1:30.08
200m: 3:04.23 1:36.69	400m: 6:17.83 1:37.04	600m: 9:30.65 1:36.24		
6. SOARES, Beatriz Pires	12	Miranda do Corvo	13:27.61	-
100m: 1:34.35 1:34.35	300m: 4:59.25 1:42.54	500m: 8:25.06 1:42.34	700m: 11:49.12 1:41.96	800m: 13:27.61 1:38.49
200m: 3:16.71 1:42.36	400m: 6:42.72 1:43.47	600m: 10:07.16 1:42.10		

Juv B

1. SANTOS, Rita Lucas	10	Condeixa Clube	10:04.52	9,00
100m: 1:12.04 1:12.04	300m: 3:45.31 1:17.04	500m: 6:19.51 1:16.54	700m: 8:52.54 1:16.73	800m: 10:04.52 1:11.98
200m: 2:28.27 1:16.23	400m: 5:02.97 1:17.66	600m: 7:35.81 1:16.30		
2. SIMOES, Maria Neto	10	Condeixa Clube	10:08.22	7,00
100m: 1:11.46 1:11.46	300m: 3:44.09 1:16.82	500m: 6:17.63 1:17.07	700m: 8:52.67 1:17.42	800m: 10:08.22 1:15.55
200m: 2:27.27 1:15.81	400m: 5:00.56 1:16.47	600m: 7:35.25 1:17.62		
3. PAIVA, Leonor Antunes	10	Nautico Academico	10:18.74	6,00
100m: 1:12.97 1:12.97	300m: 3:49.00 1:17.63	500m: 6:25.60 1:18.59	700m: 9:02.66 1:18.27	800m: 10:18.74 1:16.08
200m: 2:31.37 1:18.40	400m: 5:07.01 1:18.01	600m: 7:44.39 1:18.79		
4. GANTE, Maria Ines	10	Nautico Academico	10:34.39	5,00
100m: 1:15.63 1:15.63	300m: 3:57.66 1:20.66	500m: 6:38.12 1:19.74	700m: 9:18.81 1:20.04	800m: 10:34.39 1:15.58
200m: 2:37.00 1:21.37	400m: 5:18.38 1:20.72	600m: 7:58.77 1:20.65		
5. CARVALHO, Mariana Bagagem	10	Miranda do Corvo	10:47.96	4,00
100m: 1:13.38 1:13.38	300m: 3:55.50 1:21.54	500m: 6:41.51 1:23.29	700m: 9:27.24 1:22.71	800m: 10:47.96 1:20.72
200m: 2:33.96 1:20.58	400m: 5:18.22 1:22.72	600m: 8:04.53 1:23.02		
6. SILVA, Leonor Mosca	10	Columbifila Cantanhedense	10:50.02	3,00
100m: 1:15.99 1:15.99	300m: 3:59.45 1:22.26	500m: 6:45.92 1:23.31	700m: 9:30.76 1:22.21	800m: 10:50.02 1:19.26
200m: 2:37.19 1:21.20	400m: 5:22.61 1:23.16	600m: 8:08.55 1:22.63		
7. FERNANDES, Maria Miguel	10	Columbifila Cantanhedense	10:53.84	2,00
100m: 1:18.06 1:18.06	300m: 4:03.68 1:23.52	500m: 6:49.12 1:22.61	700m: 9:33.49 1:21.43	800m: 10:53.84 1:20.35
200m: 2:40.16 1:22.10	400m: 5:26.51 1:22.83	600m: 8:12.06 1:22.94		
8. LOPES, Isabella Scavone	10	Miranda do Corvo	11:00.89	1,00
100m: 1:18.59 1:18.59	300m: 4:04.98 1:22.94	500m: 6:52.45 1:23.76	700m: 9:40.29 1:24.88	800m: 11:00.89 1:20.60
200m: 2:42.04 1:23.45	400m: 5:28.69 1:23.71	600m: 8:15.41 1:22.96		

Taça de Fundo
Coimbra, 28/1/2024

Prova 1, Femin., 800m Livres, Juv B

Lugar	Ano		Tempo final		Pts
9. RODRIGUES, Maria Ines	10 Condeixa Clube		11:01.08		-
100m: 1:18.02 1:18.02	300m: 4:07.27 1:24.93	500m: 6:57.12 1:25.07	700m: 9:43.06 1:22.75	800m: 11:01.08 1:18.02	
200m: 2:42.34 1:24.32	400m: 5:32.05 1:24.78	600m: 8:20.31 1:23.19			
10. LIMA, Sara Marques	10 CASPAE		11:04.96		-
100m: 1:16.94 1:16.94	300m: 4:03.73 1:23.92	500m: 6:53.59 1:24.86	700m: 9:44.72 1:26.44	800m: 11:04.96 1:20.24	
200m: 2:39.81 1:22.87	400m: 5:28.73 1:25.00	600m: 8:18.28 1:24.69			
11. SILVESTRE, Mariana Bernardo	10 Nautico Academico		11:07.44		-
100m: 1:18.50 1:18.50	300m: 4:06.82 1:24.09	500m: 6:55.53 1:24.47	700m: 9:45.53 1:25.03	800m: 11:07.44 1:21.91	
200m: 2:42.73 1:24.23	400m: 5:31.06 1:24.24	600m: 8:20.50 1:24.97			
12. ALMEIDA, Leonor Sobreiro	10 CASPAE		11:34.85		-
100m: 1:22.48 1:22.48	300m: 4:17.86 1:28.22	500m: 7:13.86 1:27.33	700m: 10:10.01 1:27.86	800m: 11:34.85 1:24.84	
200m: 2:49.64 1:27.16	400m: 5:46.53 1:28.67	600m: 8:42.15 1:28.29			

Juv A

1. MATIAS, Alana Costa	09 Uniao Coimbra		9:58.17		9,00
100m: 1:09.18 1:09.18	300m: 3:41.01 1:15.99	500m: 6:11.80 1:15.22	700m: 8:43.99 1:16.26	800m: 9:58.17 1:14.18	
200m: 2:25.02 1:15.84	400m: 4:56.58 1:15.57	600m: 7:27.73 1:15.93			
2. CAVALEIRO, Leonor Mercês	09 Columbofila Cantanhedense		10:14.84		7,00
100m: 1:12.67 1:12.67	300m: 3:48.65 1:18.33	500m: 6:25.14 1:17.87	700m: 8:59.66 1:17.03	800m: 10:14.84 1:15.18	
200m: 2:30.32 1:17.65	400m: 5:07.27 1:18.62	600m: 7:42.63 1:17.49			
3. SANTOS, Caetana Amado	09 Miranda do Corvo		10:40.68		6,00
100m: 1:14.62 1:14.62	300m: 3:56.43 1:20.88	500m: 6:40.18 1:21.86	700m: 9:23.41 1:21.21	800m: 10:40.68 1:17.27	
200m: 2:35.55 1:20.93	400m: 5:18.32 1:21.89	600m: 8:02.20 1:22.02			

Jun

1. MANO, Leonor Mil	07 Nautico Academico		9:46.62		9,00
100m: 1:09.19 1:09.19	300m: 3:38.14 1:14.47	500m: 6:07.21 1:13.90	700m: 8:35.72 1:13.89	800m: 9:46.62 1:10.90	
200m: 2:23.67 1:14.48	400m: 4:53.31 1:15.17	600m: 7:21.83 1:14.62			
2. AGUILAR, Marta Andre	07 Nautico Academico		9:53.61		7,00
100m: 1:09.36 1:09.36	300m: 3:35.16 1:13.29	500m: 6:05.08 1:15.36	700m: 8:37.83 1:16.33	800m: 9:53.61 1:15.78	
200m: 2:21.87 1:12.51	400m: 4:49.72 1:14.56	600m: 7:21.50 1:16.42			
3. FERNANDES, Laura Carvalho	08 Nautico Academico		10:06.87		6,00
100m: 1:12.39 1:12.39	300m: 3:45.01 1:17.05	500m: 6:17.98 1:17.38	700m: 8:52.66 1:17.20	800m: 10:06.87 1:14.21	
200m: 2:27.96 1:15.57	400m: 5:00.60 1:15.59	600m: 7:35.46 1:17.48			
4. CORTESAO, Maria Manuel	08 Nautico Academico		10:18.62		5,00
100m: 1:11.17 1:11.17	300m: 3:46.56 1:18.21	500m: 6:23.48 1:18.74	700m: 9:01.06 1:18.85	800m: 10:18.62 1:17.56	
200m: 2:28.35 1:17.18	400m: 5:04.74 1:18.18	600m: 7:42.21 1:18.73			
5. NEVES, Rita Isabel	08 Condeixa Clube		10:18.86		4,00
100m: 1:11.87 1:11.87	300m: 3:45.68 1:17.56	500m: 6:23.09 1:19.92	700m: 9:02.73 1:19.32	800m: 10:18.86 1:16.13	
200m: 2:28.12 1:16.25	400m: 5:03.17 1:17.49	600m: 7:43.41 1:20.32			
6. SOARES, Julia Maria	08 Miranda do Corvo		10:35.49		3,00
100m: 1:13.17 1:13.17	300m: 3:53.12 1:20.28	500m: 6:35.55 1:21.73	700m: 9:17.05 1:20.10	800m: 10:35.49 1:18.44	
200m: 2:32.84 1:19.67	400m: 5:13.82 1:20.70	600m: 7:56.95 1:21.40			
7. DUARTE, Cristiana Sofia	07 Academica de Coimbra		10:36.58		2,00
100m: 1:09.92 1:09.92	300m: 3:51.92 1:22.66	500m: 6:35.92 1:21.50	700m: 9:17.69 1:20.53	800m: 10:36.58 1:18.89	
200m: 2:29.26 1:19.34	400m: 5:14.42 1:22.50	600m: 7:57.16 1:21.24			

Sen

1. RODRIGUES, Helena Nunes	03 Condeixa Clube		9:21.63		9,00
100m: 1:05.19 1:05.19	300m: 3:25.52 1:10.46	500m: 5:48.52 1:11.40	700m: 8:12.07 1:11.79	800m: 9:21.63 1:09.56	
200m: 2:15.06 1:09.87	400m: 4:37.12 1:11.60	600m: 7:00.28 1:11.76			

Taça de Fundo
Coimbra, 28/1/2024

Prova 1, Femin., 800m Livres, Sen

Lugar	Ano	Tempo final	Pts
2. FARIA, Leonor Verissimo	06 Nautico Academico	9:43.16	7,00
100m: 1:08.49 1:08.49	300m: 3:34.21 1:13.00	500m: 6:01.30 1:13.78	700m: 8:29.96 1:14.22
200m: 2:21.21 1:12.72	400m: 4:47.52 1:13.31	600m: 7:15.74 1:14.44	800m: 9:43.16 1:13.20
3. FERREIRA, Maria Neto	06 Nautico Academico	9:46.26	6,00
100m: 1:08.49 1:08.49	300m: 3:35.16 1:13.58	500m: 6:03.75 1:14.25	700m: 8:34.09 1:14.86
200m: 2:21.58 1:13.09	400m: 4:49.50 1:14.34	600m: 7:19.23 1:15.48	800m: 9:46.26 1:12.17
4. MONTEIRO, Ana Carolina	04 Uniao Coimbra	10:02.68	5,00
100m: 1:10.35 1:10.35	300m: 3:41.28 1:16.11	500m: 6:14.52 1:16.49	700m: 8:46.98 1:16.41
200m: 2:25.17 1:14.82	400m: 4:58.03 1:16.75	600m: 7:30.57 1:16.05	800m: 10:02.68 1:15.70

Prova 2

Masc., 1500m Livres

13 anos e mais velhos

28/01/2024 - 10:20

Resultados

Recordes Nacionais 50m Open	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	30/03/2017
Recordes Nacionais 50m Sen	15:15.12	PINA, Guilherme Filipe	SCP	Coimbra	30/03/2017
Recordes Nacionais 50m 18	15:23.46	PINA, Guilherme Filipe	POR	Hodmezovasarhely (HUN)	07/07/2016
Recordes Nacionais 50m 17	15:43.45	PINA, Guilherme Filipe	POR	Singapore (SGP)	30/08/2015
Recordes Nacionais 50m Juv A	15:45.55	SANTA, Gustavo Manuel	POR	Tampere (FIN)	23/07/2009
Recordes Nacionais 50m Juv B	16:11.75	PEREIRA, Rui Silva	POR	Coimbra	27/05/2023
Recordes Nacionais 50m Inf A	16:43.48	OLIVEIRA, Pedro Fontoura	CFB	Rio Maior	19/06/2004
Recordes Nacionais 50m Inf B	17:21.58	OLIVEIRA, Pedro Fontoura	CFB	Restelo	27/07/2003

Lugar

Ano

Tempo final

Pts

Inf A/B

1. PEREIRA, Lourenco Simao	10	Miranda do Corvo	20:03.41	-
100m: 1:16.32 1:16.32	500m: 6:38.36 1:20.42	900m: 11:58.88 1:20.24	1300m: 17:23.09 1:21.58	
200m: 2:37.30 1:20.98	600m: 7:58.07 1:19.71	1000m: 13:19.21 1:20.33	1400m: 18:44.97 1:21.88	
300m: 3:58.01 1:20.71	700m: 9:18.10 1:20.03	1100m: 14:39.88 1:20.67	1500m: 20:03.41 1:18.44	
400m: 5:17.94 1:19.93	800m: 10:38.64 1:20.54	1200m: 16:01.51 1:21.63		
2. SILVA, Hugo Ferreira	11	Academica de Coimbra	20:53.98	-
100m: 1:20.32 1:20.32	500m: 6:57.03 1:24.60	900m: 12:34.51 1:23.64	1300m: 18:09.96 1:23.94	
200m: 2:44.86 1:24.54	600m: 8:22.10 1:25.07	1000m: 13:58.63 1:24.12	1400m: 19:34.47 1:24.51	
300m: 4:08.27 1:23.41	700m: 9:46.75 1:24.65	1100m: 15:21.85 1:23.22	1500m: 20:53.98 1:19.51	
400m: 5:32.43 1:24.16	800m: 11:10.87 1:24.12	1200m: 16:46.02 1:24.17		
3. DINIS, Bernardo Bento	11	Condeixa Clube	21:05.39	-
100m: 1:18.46 1:18.46	500m: 7:01.07 1:25.95	900m: 12:43.59 1:25.18	1300m: 18:23.80 1:25.45	
200m: 2:43.23 1:24.77	600m: 8:27.19 1:26.12	1000m: 14:08.43 1:24.84	1400m: 19:48.26 1:24.46	
300m: 4:09.22 1:25.99	700m: 9:52.78 1:25.59	1100m: 15:33.75 1:25.32	1500m: 21:05.39 1:17.13	
400m: 5:35.12 1:25.90	800m: 11:18.41 1:25.63	1200m: 16:58.35 1:24.60		
4. MARQUES, Goncalo Nunes	11	Condeixa Clube	21:42.08	-
100m: 1:24.86 1:24.86	500m: 7:22.32 1:29.16	900m: 13:13.55 1:26.92	1300m: 18:56.94 1:26.27	
200m: 2:54.16 1:29.30	600m: 8:51.53 1:29.21	1000m: 14:40.19 1:26.64	1400m: 20:22.21 1:25.27	
300m: 4:23.84 1:29.68	700m: 10:18.44 1:26.91	1100m: 16:05.46 1:25.27	1500m: 21:42.08 1:19.87	
400m: 5:53.16 1:29.32	800m: 11:46.63 1:28.19	1200m: 17:30.67 1:25.21		
5. ARAUJO, Dinis Goncalves	10	Uniao Coimbra	21:53.82	-
100m: 1:18.90 1:18.90	500m: 7:10.17 1:28.22	900m: 13:03.73 1:28.31	1300m: 18:58.52 1:29.00	
200m: 2:46.16 1:27.26	600m: 8:38.75 1:28.58	1000m: 14:32.19 1:28.46	1400m: 20:27.15 1:28.63	
300m: 4:14.23 1:28.07	700m: 10:06.94 1:28.19	1100m: 16:00.43 1:28.24	1500m: 21:53.82 1:26.67	
400m: 5:41.95 1:27.72	800m: 11:35.42 1:28.48	1200m: 17:29.52 1:29.09		
6. FERRAZ, Leonardo Fonseca	11	Academica de Coimbra	22:40.71	-
100m: 1:21.29 1:21.29	500m: 7:23.09 1:30.66	900m: 13:32.47 1:32.14	1300m: 19:41.86 1:31.99	
200m: 2:50.50 1:29.21	600m: 8:56.06 1:32.97	1000m: 15:03.56 1:31.09	1400m: 21:12.20 1:30.34	
300m: 4:21.38 1:30.88	700m: 10:28.09 1:32.03	1100m: 16:37.81 1:34.25	1500m: 22:40.71 1:28.51	
400m: 5:52.43 1:31.05	800m: 12:00.33 1:32.24	1200m: 18:09.87 1:32.06		

Taça de Fundo
Coimbra, 28/1/2024

Prova 2, Masc., 1500m Livres, Inf A/B

Lugar	Nome		Ano	Clube		Tempo final	Pts					
7.	PEREIRA, Pedro Emanuel		10	Academica de Coimbra		24:05.04	-					
	100m:	1:27.17	1:27.17	500m:	7:47.84	1:36.96	900m:	14:16.35	1:37.31	1300m:	20:53.05	1:39.54
	200m:	3:01.47	1:34.30	600m:	9:23.11	1:35.27	1000m:	15:55.71	1:39.36	1400m:	22:32.10	1:39.05
	300m:	4:36.83	1:35.36	700m:	11:01.39	1:38.28	1100m:	17:34.55	1:38.84	1500m:	24:05.04	1:32.94
	400m:	6:10.88	1:34.05	800m:	12:39.04	1:37.65	1200m:	19:13.51	1:38.96			
8.	CHANTRE, Guilherme Goncalves		11	Miranda do Corvo		24:13.95	-					
	100m:	1:28.10	1:28.10	500m:	7:49.20	1:37.02	900m:	14:20.46	1:37.92	1300m:	20:57.36	1:39.62
	200m:	3:01.81	1:33.71	600m:	9:26.15	1:36.95	1000m:	15:58.90	1:38.44	1400m:	22:35.59	1:38.23
	300m:	4:36.83	1:35.02	700m:	11:04.04	1:37.89	1100m:	17:37.53	1:38.63	1500m:	24:13.95	1:38.36
	400m:	6:12.18	1:35.35	800m:	12:42.54	1:38.50	1200m:	19:17.74	1:40.21			
9.	SANTOS, Jorge Miguel		10	Miranda do Corvo		24:14.25	-					
	100m:	1:26.42	1:26.42	500m:	7:49.58	1:36.96	900m:	14:24.50	1:40.45	1300m:	21:06.16	1:40.95
	200m:	3:00.89	1:34.47	600m:	9:27.50	1:37.92	1000m:	16:05.58	1:41.08	1400m:	22:46.66	1:40.50
	300m:	4:37.31	1:36.42	700m:	11:04.68	1:37.18	1100m:	17:45.78	1:40.20	1500m:	24:14.25	1:27.59
	400m:	6:12.62	1:35.31	800m:	12:44.05	1:39.37	1200m:	19:25.21	1:39.43			
10.	ESTEVES, Ruben Silva		11	Condeixa Clube		25:04.98	-					
	100m:	1:35.72	1:35.72	500m:	8:23.98	1:41.18	900m:	15:12.17	1:42.88	1300m:	21:58.70	1:40.11
	200m:	3:17.79	1:42.07	600m:	10:05.09	1:41.11	1000m:	16:55.20	1:43.03	1400m:	23:37.06	1:38.36
	300m:	5:00.34	1:42.55	700m:	11:46.70	1:41.61	1100m:	18:37.16	1:41.96	1500m:	25:04.98	1:27.92
	400m:	6:42.80	1:42.46	800m:	13:29.29	1:42.59	1200m:	20:18.59	1:41.43			

Juv B

1.	GASPAR, Joao Nuno		09	Condeixa Clube		18:53.91	9,00					
	100m:	1:08.43	1:08.43	500m:	6:13.30	1:17.20	900m:	11:21.64	1:17.07	1300m:	16:25.01	1:17.12
	200m:	2:23.24	1:14.81	600m:	7:31.14	1:17.84	1000m:	12:38.15	1:16.51	1400m:	17:43.90	1:18.89
	300m:	3:39.24	1:16.00	700m:	8:48.55	1:17.41	1100m:	13:54.35	1:16.20	1500m:	18:53.91	1:10.01
	400m:	4:56.10	1:16.86	800m:	10:04.57	1:16.02	1200m:	15:07.89	1:13.54			
2.	GASPAR, Guilherme Andre		09	Nautico Academico		19:44.48	7,00					
	100m:	1:11.12	1:11.12	500m:	6:26.52	1:19.48	900m:	11:48.91	1:20.43	1300m:	17:08.35	1:20.72
	200m:	2:30.06	1:18.94	600m:	7:47.09	1:20.57	1000m:	13:08.39	1:19.48	1400m:	18:26.99	1:18.64
	300m:	3:47.79	1:17.73	700m:	9:08.14	1:21.05	1100m:	14:28.32	1:19.93	1500m:	19:44.48	1:17.49
	400m:	5:07.04	1:19.25	800m:	10:28.48	1:20.34	1200m:	15:47.63	1:19.31			
3.	PEREIRA, Tomas Rafael		09	Nautico Academico		20:06.88	6,00					
	100m:	1:10.48	1:10.48	500m:	6:30.95	1:20.28	900m:	11:58.01	1:22.68	1300m:	17:26.82	1:22.07
	200m:	2:28.83	1:18.35	600m:	7:50.60	1:19.65	1000m:	13:20.01	1:22.00	1400m:	18:47.67	1:20.85
	300m:	3:49.23	1:20.40	700m:	9:13.27	1:22.67	1100m:	14:42.83	1:22.82	1500m:	20:06.88	1:19.21
	400m:	5:10.67	1:21.44	800m:	10:35.33	1:22.06	1200m:	16:04.75	1:21.92			
4.	MOITA, Tiago Janeiro		09	Nautico Academico		20:50.40	5,00					
	100m:	1:17.71	1:17.71	500m:	6:48.59	1:23.47	900m:	12:23.48	1:22.92	1300m:	18:02.17	1:25.39
	200m:	2:39.60	1:21.89	600m:	8:12.51	1:23.92	1000m:	13:47.99	1:24.51	1400m:	19:27.43	1:25.26
	300m:	4:02.24	1:22.64	700m:	9:36.82	1:24.31	1100m:	15:11.74	1:23.75	1500m:	20:50.40	1:22.97
	400m:	5:25.12	1:22.88	800m:	11:00.56	1:23.74	1200m:	16:36.78	1:25.04			
5.	COSTA, Jose Pedro		09	Nautico Academico		20:55.26	4,00					
	100m:	1:17.06	1:17.06	500m:	6:49.00	1:24.19	900m:	12:28.79	1:26.56	1300m:	18:11.40	1:23.84
	200m:	2:37.98	1:20.92	600m:	8:13.48	1:24.48	1000m:	13:55.83	1:27.04	1400m:	19:33.84	1:22.44
	300m:	4:00.91	1:22.93	700m:	9:37.25	1:23.77	1100m:	15:22.77	1:26.94	1500m:	20:55.26	1:21.42
	400m:	5:24.81	1:23.90	800m:	11:02.23	1:24.98	1200m:	16:47.56	1:24.79			
6.	SOUSA, Francisco Antunes		09	Columbifila Cantanhedense		21:14.86	3,00					
	100m:	1:13.62	1:13.62	500m:	6:48.62	1:26.16	900m:	12:37.41	1:27.62	1300m:	18:27.60	1:27.62
	200m:	2:36.19	1:22.57	600m:	8:15.28	1:26.66	1000m:	14:04.68	1:27.27	1400m:	19:54.13	1:26.53
	300m:	3:58.45	1:22.26	700m:	9:42.44	1:27.16	1100m:	15:32.14	1:27.46	1500m:	21:14.86	1:20.73
	400m:	5:22.46	1:24.01	800m:	11:09.79	1:27.35	1200m:	16:59.98	1:27.84			
7.	COELHO, Joao Rodrigo		09	Academica de Coimbra		22:22.85	2,00					
	100m:	1:27.70	1:27.70	500m:	7:32.86	1:30.83	900m:	13:31.91	1:30.29	1300m:	19:33.70	1:30.22
	200m:	2:59.69	1:31.99	600m:	9:02.30	1:29.44	1000m:	15:02.81	1:30.90	1400m:	21:02.25	1:28.55
	300m:	4:30.72	1:31.03	700m:	10:32.32	1:30.02	1100m:	16:33.66	1:30.85	1500m:	22:22.85	1:20.60
	400m:	6:02.03	1:31.31	800m:	12:01.62	1:29.30	1200m:	18:03.48	1:29.82			

Taça de Fundo
Coimbra, 28/1/2024

Prova 2, Masc., 1500m Livres, Juv B

Lugar	Ano	Tempo final	Pts
8. SILVA, Ricardo Cesar	09 Academica de Coimbra	22:25.54	1,00
100m: 1:20.40 1:20.40	500m: 7:25.18 1:33.18	900m: 13:33.51 1:32.32	1300m: 19:36.02 1:29.34
200m: 2:49.71 1:29.31	600m: 8:57.09 1:31.91	1000m: 15:03.15 1:29.64	1400m: 21:04.21 1:28.19
300m: 4:20.71 1:31.00	700m: 10:29.29 1:32.20	1100m: 16:35.21 1:32.06	1500m: 22:25.54 1:21.33
400m: 5:52.00 1:31.29	800m: 12:01.19 1:31.90	1200m: 18:06.68 1:31.47	

Juv A

1. SOUSA, Guilherme Simoes	08 Nautico Academico	18:02.43	9,00
100m: 1:06.27 1:06.27	500m: 5:51.87 1:12.18	900m: 10:42.41 1:13.34	1300m: 15:37.04 1:13.33
200m: 2:17.40 1:11.13	600m: 7:04.24 1:12.37	1000m: 11:55.91 1:13.50	1400m: 16:51.12 1:14.08
300m: 3:28.16 1:10.76	700m: 8:16.49 1:12.25	1100m: 13:09.85 1:13.94	1500m: 18:02.43 1:11.31
400m: 4:39.69 1:11.53	800m: 9:29.07 1:12.58	1200m: 14:23.71 1:13.86	

2. PEREIRA, Salvador Correia	08 Condeixa Clube	18:28.08	7,00
100m: 1:05.59 1:05.59	500m: 5:50.97 1:12.70	900m: 10:43.87 1:14.57	1300m: 15:54.20 1:17.58
200m: 2:16.55 1:10.96	600m: 7:02.75 1:11.78	1000m: 12:01.85 1:17.98	1400m: 17:11.87 1:17.67
300m: 3:26.14 1:09.59	700m: 8:15.99 1:13.24	1100m: 13:19.42 1:17.57	1500m: 18:28.08 1:16.21
400m: 4:38.27 1:12.13	800m: 9:29.30 1:13.31	1200m: 14:36.62 1:17.20	

3. PASCOAL, Martim Nobre	08 Columbofila Cantanhedense	18:32.42	6,00
100m: 1:09.51 1:09.51	500m: 6:05.01 1:14.24	900m: 11:04.41 1:14.90	1300m: 16:02.76 1:14.81
200m: 2:23.25 1:13.74	600m: 7:19.19 1:14.18	1000m: 12:18.83 1:14.42	1400m: 17:18.54 1:15.78
300m: 3:36.56 1:13.31	700m: 8:34.33 1:15.14	1100m: 13:33.32 1:14.49	1500m: 18:32.42 1:13.88
400m: 4:50.77 1:14.21	800m: 9:49.51 1:15.18	1200m: 14:47.95 1:14.63	

4. MAIA, Samuel Dinis	08 Miranda do Corvo	18:35.99	5,00
100m: 1:08.01 1:08.01	500m: 6:05.77 1:15.61	900m: 11:06.91 1:15.63	1300m: 16:08.17 1:15.82
200m: 2:21.25 1:13.24	600m: 7:20.96 1:15.19	1000m: 12:21.58 1:14.67	1400m: 17:23.68 1:15.51
300m: 3:35.08 1:13.83	700m: 8:36.90 1:15.94	1100m: 13:36.31 1:14.73	1500m: 18:35.99 1:12.31
400m: 4:50.16 1:15.08	800m: 9:51.28 1:14.38	1200m: 14:52.35 1:16.04	

5. PEREIRA, Francisco Fernandes	08 Academica de Coimbra	18:54.55	4,00
100m: 1:11.51 1:11.51	500m: 6:15.89 1:16.13	900m: 11:22.72 1:16.96	1300m: 16:27.95 1:16.40
200m: 2:26.41 1:14.90	600m: 7:32.33 1:16.44	1000m: 12:39.57 1:16.85	1400m: 17:43.95 1:16.00
300m: 3:42.94 1:16.53	700m: 8:48.89 1:16.56	1100m: 13:55.63 1:16.06	1500m: 18:54.55 1:10.60
400m: 4:59.76 1:16.82	800m: 10:05.76 1:16.87	1200m: 15:11.55 1:15.92	

6. SILVA, Rodrigo Mosca	08 Columbofila Cantanhedense	18:55.29	3,00
100m: 1:10.31 1:10.31	500m: 6:17.64 1:17.18	900m: 11:24.13 1:17.11	1300m: 16:28.48 1:16.26
200m: 2:26.16 1:15.85	600m: 7:33.28 1:15.64	1000m: 12:40.64 1:16.51	1400m: 17:44.05 1:15.57
300m: 3:43.38 1:17.22	700m: 8:50.59 1:17.31	1100m: 13:56.02 1:15.38	1500m: 18:55.29 1:11.24
400m: 5:00.46 1:17.08	800m: 10:07.02 1:16.43	1200m: 15:12.22 1:16.20	

7. RIBEIRO, Tiago Cravino	08 Nautico Academico	21:10.55	2,00
100m: 1:13.97 1:13.97	500m: 6:49.45 1:24.37	900m: 12:28.30 1:25.25	1300m: 18:19.72 1:27.75
200m: 2:37.86 1:23.89	600m: 8:13.31 1:23.86	1000m: 13:55.47 1:27.17	1400m: 19:46.59 1:26.87
300m: 4:01.30 1:23.44	700m: 9:37.32 1:24.01	1100m: 15:22.76 1:27.29	1500m: 21:10.55 1:23.96
400m: 5:25.08 1:23.78	800m: 11:03.05 1:25.73	1200m: 16:51.97 1:29.21	

Jun

1. OLIVEIRA, Marco Dimitar	07 Nautico Academico	17:30.89	9,00
100m: 1:03.85 1:03.85	500m: 5:42.12 1:09.97	900m: 10:24.80 1:10.79	1300m: 15:10.12 1:11.55
200m: 2:13.50 1:09.65	600m: 6:52.63 1:10.51	1000m: 11:35.48 1:10.68	1400m: 16:21.18 1:11.06
300m: 3:22.75 1:09.25	700m: 8:03.24 1:10.61	1100m: 12:46.85 1:11.37	1500m: 17:30.89 1:09.71
400m: 4:32.15 1:09.40	800m: 9:14.01 1:10.77	1200m: 13:58.57 1:11.72	

2. PEREIRA, Tomas Veiga	06 Nautico Academico	17:39.66	7,00
100m: 1:05.98 1:05.98	500m: 5:50.16 1:11.66	900m: 10:33.94 1:11.19	1300m: 15:17.84 1:11.34
200m: 2:16.81 1:10.83	600m: 7:01.07 1:10.91	1000m: 11:44.90 1:10.96	1400m: 16:29.03 1:11.19
300m: 3:27.11 1:10.30	700m: 8:11.91 1:10.84	1100m: 12:55.48 1:10.58	1500m: 17:39.66 1:10.63
400m: 4:38.50 1:11.39	800m: 9:22.75 1:10.84	1200m: 14:06.50 1:11.02	

Taça de Fundo
Coimbra, 28/1/2024

Prova 2, Masc., 1500m Livres, Jun

Lugar			Ano					Tempo final	Pts			
3.	FRAZAO, Francisco Couto		06	Academica de Coimbra				17:52.21	6,00			
	100m:	1:06.26	1:06.26	500m:	5:53.25	1:11.87	900m:	10:42.53	1:12.72	1300m:	15:29.22	1:11.71
	200m:	2:17.84	1:11.58	600m:	7:04.93	1:11.68	1000m:	11:54.64	1:12.11	1400m:	16:41.74	1:12.52
	300m:	3:29.24	1:11.40	700m:	8:17.39	1:12.46	1100m:	13:05.66	1:11.02	1500m:	17:52.21	1:10.47
	400m:	4:41.38	1:12.14	800m:	9:29.81	1:12.42	1200m:	14:17.51	1:11.85			
4.	MARQUES, Jose Miguel		06	Condeixa Clube				17:58.99	5,00			
	100m:	1:08.62	1:08.62	500m:	5:56.85	1:11.32	900m:	10:43.09	1:12.37	1300m:	15:34.49	1:13.20
	200m:	2:21.34	1:12.72	600m:	7:07.56	1:10.71	1000m:	11:55.96	1:12.87	1400m:	16:48.15	1:13.66
	300m:	3:33.73	1:12.39	700m:	8:19.21	1:11.65	1100m:	13:08.12	1:12.16	1500m:	17:58.99	1:10.84
	400m:	4:45.53	1:11.80	800m:	9:30.72	1:11.51	1200m:	14:21.29	1:13.17			
5.	FERREIRA, Joao Rafael		06	Nautico Academico				18:38.56	4,00			
	100m:	1:07.25	1:07.25	500m:	6:01.94	1:15.10	900m:	11:06.42	1:16.41	1300m:	16:09.93	1:15.72
	200m:	2:19.87	1:12.62	600m:	7:17.35	1:15.41	1000m:	12:22.51	1:16.09	1400m:	17:25.70	1:15.77
	300m:	3:32.93	1:13.06	700m:	8:33.57	1:16.22	1100m:	13:38.68	1:16.17	1500m:	18:38.56	1:12.86
	400m:	4:46.84	1:13.91	800m:	9:50.01	1:16.44	1200m:	14:54.21	1:15.53			
6.	MARQUES, Joao Ferreira		06	Academica de Coimbra				18:40.52	3,00			
	100m:	1:07.20	1:07.20	500m:	5:56.11	1:12.95	900m:	10:58.25	1:16.83	1300m:	16:08.25	1:17.47
	200m:	2:18.65	1:11.45	600m:	7:10.03	1:13.92	1000m:	12:16.26	1:18.01	1400m:	17:24.95	1:16.70
	300m:	3:30.13	1:11.48	700m:	8:25.94	1:15.91	1100m:	13:33.65	1:17.39	1500m:	18:40.52	1:15.57
	400m:	4:43.16	1:13.03	800m:	9:41.42	1:15.48	1200m:	14:50.78	1:17.13			
7.	MARQUES, Duarte Cachulo		07	Condeixa Clube				18:55.69	2,00			
	100m:	1:02.73	1:02.73	500m:	5:54.79	1:17.09	900m:	11:06.42	1:18.58	1300m:	16:23.80	1:17.37
	200m:	2:12.30	1:09.57	600m:	7:13.11	1:18.32	1000m:	12:27.25	1:20.83	1400m:	17:40.86	1:17.06
	300m:	3:23.96	1:11.66	700m:	8:30.14	1:17.03	1100m:	13:46.14	1:18.89	1500m:	18:55.69	1:14.83
	400m:	4:37.70	1:13.74	800m:	9:47.84	1:17.70	1200m:	15:06.43	1:20.29			
8.	LIMA, Rodrigo Marques		07	CASPAE				19:19.43	1,00			
	100m:	1:10.67	1:10.67	500m:	6:21.99	1:18.10	900m:	11:34.13	1:17.86	1300m:	16:49.14	1:19.17
	200m:	2:28.10	1:17.43	600m:	7:39.67	1:17.68	1000m:	12:52.70	1:18.57	1400m:	18:06.01	1:16.87
	300m:	3:46.13	1:18.03	700m:	8:58.09	1:18.42	1100m:	14:11.89	1:19.19	1500m:	19:19.43	1:13.42
	400m:	5:03.89	1:17.76	800m:	10:16.27	1:18.18	1200m:	15:29.97	1:18.08			
Sen												
1.	MARQUES, Gustavo Pires		04	Uniao Coimbra				17:23.55	9,00			
	100m:	1:02.38	1:02.38	500m:	5:38.52	1:09.65	900m:	10:19.03	1:10.49	1300m:	15:01.59	1:11.41
	200m:	2:11.10	1:08.72	600m:	6:48.29	1:09.77	1000m:	11:29.34	1:10.31	1400m:	16:12.91	1:11.32
	300m:	3:19.97	1:08.87	700m:	7:58.46	1:10.17	1100m:	12:39.43	1:10.09	1500m:	17:23.55	1:10.64
	400m:	4:28.87	1:08.90	800m:	9:08.54	1:10.08	1200m:	13:50.18	1:10.75			
2.	MARTINS, Antonio Pedro		05	Uniao Coimbra				18:24.80	7,00			
	100m:	1:10.30	1:10.30	500m:	6:00.94	1:12.92	900m:	10:55.85	1:13.83	1300m:	15:57.52	1:15.22
	200m:	2:23.10	1:12.80	600m:	7:13.95	1:13.01	1000m:	12:10.79	1:14.94	1400m:	17:13.28	1:15.76
	300m:	3:35.62	1:12.52	700m:	8:27.63	1:13.68	1100m:	13:25.90	1:15.11	1500m:	18:24.80	1:11.52
	400m:	4:48.02	1:12.40	800m:	9:42.02	1:14.39	1200m:	14:42.30	1:16.40			
3.	GERALDO, Tomas Cardoso		05	Condeixa Clube				18:44.18	6,00			
	100m:	1:07.82	1:07.82	500m:	6:05.74	1:15.79	900m:	11:11.98	1:17.77	1300m:	16:15.62	1:16.43
	200m:	2:21.25	1:13.43	600m:	7:20.78	1:15.04	1000m:	12:28.16	1:16.18	1400m:	17:30.39	1:14.77
	300m:	3:35.44	1:14.19	700m:	8:37.29	1:16.51	1100m:	13:43.81	1:15.65	1500m:	18:44.18	1:13.79
	400m:	4:49.95	1:14.51	800m:	9:54.21	1:16.92	1200m:	14:59.19	1:15.38			
4.	MERUJE, Joaquim Agra		01	Academica de Coimbra				18:58.38	5,00			
	100m:	1:09.29	1:09.29	500m:	6:14.27	1:16.86	900m:	11:23.02	1:15.71	1300m:	16:27.38	1:16.50
	200m:	2:24.50	1:15.21	600m:	7:32.13	1:17.86	1000m:	12:38.44	1:15.42	1400m:	17:43.97	1:16.59
	300m:	3:40.65	1:16.15	700m:	8:49.91	1:17.78	1100m:	13:54.68	1:16.24	1500m:	18:58.38	1:14.41
	400m:	4:57.41	1:16.76	800m:	10:07.31	1:17.40	1200m:	15:10.88	1:16.20			